

FATIMA COLLEGE (AUTONOMOUS)

Re-Accredited with A++ by NAAC(Cycle-IV)

Mary Land, Madurai - 625018.



**PG and Research Department of
Home Science**

Cordially invite you for

Nutrifest 2025

An Inter - Collegiate Meet to commemorate
National Nutrition Week - 2025

THEME

**“Nutritious Food for All,
From Children to the Elderly”**



SEPTEMBER 03, 2025

INAUGURATION

Presidential Address : Dr. S. Santhi

Associate Professor & Head
PG & Research Department
of Home Science
Fatima College (Autonomous)
Madurai-18.

Felicitation : Dr. Sr. J. Arul Mary
Vice-Principal - I (Shift - I)
Fatima College (Autonomous)
Madurai-18.

Venue : Jubilee Hall Time : 9.00 am

VALEDICTION

Felicitation : Dr. Sr. Ignatius Mary
Secretary
Fatima College (Autonomous)
Madurai-18.

Valedictory Address



Chef. Mr. Deenadhayan

Chef Deena's Kitchen
Youtube & TV Cookery Host
Chennai.

Venue : Jubilee Hall Time : 3.00 pm

Convenor

Dr. S. Santhi
Associate Professor & Head

Organizing Secretaries

Dr. D. Mouna & Dr. M. Angel
Assistant Professors

Organizing Committee

Dr. K. Karthiga Dr. P. Magdalene Virjini
Dr. C. Priyalatha Dr. C. Helen
Mrs. J. Josephine Jesintha
Ms. K. Aarthiy Ms. D. Abinaya

Assistant Professors

**PG & Research Department of
Home Science**

**Home Science Association
Office Bearers**

Ms. K. Bhuvaneswari, II M.Sc. - Treasurer
Ms. P. Mini Kavitha, I M.Sc. - Secretary
Ms. S. Aathmica, III B.Sc. - President
Ms. M. Roobadhharshini, II B.Sc. - V. President
Ms. T. Vaishali, I B.Sc. - J. Secretary

Designed By

A. Jainual Juhaina & A. Jessica Angelin
I M.Sc. Human Nutrition and Nutraceuticals

1. POSTER MAKING (09:30 am - 10:30am)

- No. of Participant : 1
- Poster Size : Full chart size
- Topic will be given on the spot.
- Venue : Textile Lab

2. DANCE (09:30 am - 10:30am)

- No. of Participant: 6 members per team.
- Duration : 4 minutes
- Participant should wear modest costumes.
- Song /music should be brought in pen drive.
- Theme: Nutrifest 2025 theme.
- Venue: Jubilee Hall

3. PHOTOGRAPHY (09:30 am - 10:30am)

- No. of Participant : 1
- Topic will be given on the spot.
- Participants should bring the mobile.
- Venue: Cottage

4. FOOD MEMES (11:00 am - 12:00pm)

- No. of Participant: 1
- Topic will be given on the spot.
- Participants should bring the mobile.
- Venue : Textile Lab

5. FOOD HUNT (11:00 am - 12:00pm)

- No. of Participant: 1
- Venue: Jubilee Hall
- Time: 11.00 am- 12.00pm
- Theme : Nutrifest 2025 theme.

6. TASTY TRICKS (09:30 am - 10:30am)

- No. of Participants: 2
- Basic vessels will be provided
- Necessary ingredients and crockeries for display should be brought by the participants.
- Pre- prepared food will not be permitted. Only one **“Nutritious Quick Breakfast for an adolescent girl”** should be prepared.
- Venue : Food Science Lab

7. NUTRIQUIZ (09:30 am - 10:30am)

- No. of Participants: 2 members per team.
- Venue : Smart Room

8. SHORT FILM 9. AD ACT

- No. of Participants: 5 members per team.
- Short film and Ad Act should be a video of 4–5 minutes based on the theme; without animation or AI-generated voice.
- Video can be sent to the given Whatsapp number in MP4 format on or before 29.08.2025.
- Short film and Ad Act must be original, free from vulgar/offensive content and file should be named as TeamName_CollegeName.

Theme and Whatsapp number

- Short Film - “Healthy bites Happy Lives” 8825561106
- Ad act - Nutrifest 2025 theme; 7550379144

10. NUTRIQUEEN (12:00 pm - 01:00pm)

- No. of Participant : 1
- Duration : 3 min. Background music in pen drive and modest costumes should be brought by the participant.
- **Round 1** :IBW & Hb level (Biochemistry lab 10:30 am-11:30 am)
- **Round 2** :Ramp walk & Question session Venue :Jubilee Hall

GENERAL GUIDELINES

- Registration time is 8:30am.
- Registration fee : Rs 200/-per participant.
- Participants list is to be sent to the following email ID: fcnutrifest2025@gmail.com on or before **26.08.2025.**
- Participants are requested to bring their College identity card.
- Refreshments, lunch & certificates will be provided to the participants.
- **Each participant can enroll in only one competition.**
- **Multiple participants can be enrolled from a college for a single competition.**
- The decision of the judges will be the final.
- Participant should adhere to the Nutrifest 2025 theme - **“Nutritious Food for all, From Children to the Elderly.”**