

## INAUGURATION

### Presidential address

**Dr. Sr. Ignatius Mary,**  
Secretary,  
Fatima College (A), Madurai.

### Chief guest

**Dr.N.J.Manivannan..DCH.,**  
Hospital Superintendent,  
Government Headquarters Hospital,  
Usilampatty, Madurai District.

**Venue:** Jubilee Hall **Time:** 9:30am

## VALEDICTION

### Felicitation

**Mr. GK. Arulsujanesh**  
Managing Director,  
Annapoorna Mitthai,  
Byepass road, Madurai.  
**Venue:** Jubilee Hall **Time:** 3:00pm.

### Programme Coordinators

Dr. K. Karthiga  
Dr. C. Priyalatha  
Assistant Professors

### Organizing Committee

Dr. S. Santhi, Associate Professor & Head  
Dr. P. Magdalene Virjini  
Dr. C. Helen  
Mrs. D. Mouna  
Mrs. J. Josephine Jesintha  
Dr.M. Angel  
Ms.G. Swadhi Subhashree  
Ms. D. Abinaya  
Assistant Professors,  
**The Research Centre of Home Science**

## FATIMA COLLEGE (AUTONOMOUS)

Re- Accredited with 'A++' by NAAC ( Cycle – IV)  
Mary Land, Madurai – 625018.



Staff and Students of

The Research Centre of Home Science

Cordially invite you for

## NUTRIFEST 2K24

An Inter – Collegiate Meet to commemorate

National Nutrition Week – 2024



**THEME:**

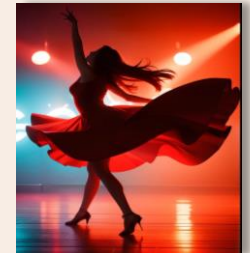
**NUTRITIOUS DIETS FOR EVERYONE**

**September 19, 2024**

## COMPETITIONS



**POSTER MAKING**



**FOOD SPIN**



**NUTRI QUIZ**



**FOOD MEMES**



**TASTY TRICKS**



**MISS NUTRIFEST**

## POSTER MAKING

**No. of. Participant :** 1 per college  
**Poster Size :** Full chart size  
**Venue :** Textile Lab  
**Time :** 10.30 am - 11:30 am

## NUTRI QUIZ

**No. of. Participants:** 1 team per college  
(2 students in a team)  
**Venue :** Smart Room  
**Time :** 11:30 am – 12.30 pm

## TASTY TRICKS

Basic vessels will be provided  
Display crockeries should be brought by the participant.  
Pre- prepared food will not be permitted.  
Only one “Nutritious Snack” for one serving should be prepared.  
**No. of. Participant:** 1 per college  
**Venue :** Food Science Lab  
**Time :** 10:30 am -11:30 am

## FOOD SPIN

**No. of. Participants:** 1 team per college  
(6 students in a team)  
**Duration :** 4 minutes  
Participant should wear modest costumes.  
Song /music should be brought in pen drive.  
**Venue:** Jubilee Hall  
**Time:** 10:30 am -11:30 am

## FOOD MEMES

Topic will be given on the spot.  
**No. of. Participant:** 1 per college  
**Venue :** Textile Lab  
**Time :** 11:30 am – 12.30 pm

## MISS NUTRIFEST

**No. of. Participant :** 1 per College  
**Duration :** 3 min,  
Background music is permitted.  
**Round 1 :**IBW & Hb level  
(Biochemistry lab 10:30 am-11:30 am)  
**Round 2 :**Ramp walk & Question session  
**Venue :** Jubilee Hall  
**Time :** 2:00 pm-3:00 pm

## GENERAL GUIDELINES

- ❖ Registration fee of Rs 150/- will be collected from each participant.
- ❖ Participants list to be sent to the following email ID:  
fcnutrifest2024@gmail.com.
- ❖ Last date to send the participants list is 16.09.2024.
- ❖ Participants are requested to bring their identity card.
- ❖ Refreshments & lunch will be provided to the participants.
- ❖ Each participant can be enrolled in only one competition.
- ❖ The decision of the judges is final.
- ❖ Registration time is 8: 30am.
- ❖ Participant should adhere to the theme- **NUTRITIOUS DIETS FOR EVERYONE.**

Designed by

M. Jothi Lakshmi  
S. Sivasankari

II M.Sc Human Nutrition & Nutraceuticals