

Fatima College (College with Potential for Excellence, Re-accredited with 'A' grade by NAAC-3rd cycle, 94th Rank in India ranking 2019-NIRF by MHRD) is an Autonomous College affiliated to Madurai Kamaraj University. It is a minority institution established and run by St. Joseph's Society of Madurai (of the Congregation for the Sisters of St. Joseph of Lyons). The college renders its service with the vision of empowering women through quality education based on Christian values.

The Research Centre of Home Science, Fatima College was established in the year 1961. Since its inception it has rendered valuable service to the student community and society. To commemorate the "National Nutrition Week", the Research Centre of Home Science and Bethshan Special School is jointly organizing "NUTRIFEST" 2019 - An Inter Special - School Meet on 13 September.

The highlight of the event is to create knowledge and awareness on nutrition which plays a crucial role in overcoming the health related issues and also in the holistic development of the Special Children which will enable them to face the challenges encountered in their lives.



FATIMA COLLEGE (Autonomous)

Re-Accredited with 'A' Grade by NAAC (3rd cycle)
94th Rank in India Ranking 2019 (NIRF) by MHRD
Mary Land, Madurai - 18



NUTRIFEST 2019

RAINBOW FOODS FOR RADIANT HEALTH



September 13, 2019

Organized by

**Research Centre of Home Science
&
Bethshan Special School, Madurai-18**

Details of Competitions

Nutri Quiz

- *Number of participants: 1
- *Simple questions on “Food & Health” will be asked.
- *Venue : Smart Room
- *Time : 10.15-11.15am

Nutri-Relay

- *Number of participants: 2
- *Venue : In front of Home Science Dept.
- *Time : 10.30-11.00am

Doll Making

- *Number of participants: 1
- *Dough will be provided
- *Venue : FSN Lab
- *Time : 11.00-11.30am

Colouring Art

- *Number of participants: 1
- *Design paper & crayons will be provided.
- *Venue : Textile Lab
- *Time : 11.30-12.00noon

Fruits & Vegetables Grouping

- *Number of participants: 1
- *Fruits & vegetables will be provided.
- *Venue : Cottage
- *Time : 12.00-12.30pm

Nutri Prince/Princess

- *Number of participants: 1
- *Background music will be provided
- *A preliminary check will be done on BMI and Hb
- *The participants can come dressed depicting the theme “Food & Nutrition”
- *The participants may be allowed to talk for 1 or 2 minutes.
- *Venue :Jubilee Hall
- *Time :02.00-03.00pm

Inauguration

(Time - 9.30 a.m.)

Lighting the Lamp

Prayer Song

Welcome Address

Inaugural Address

Dr. Sr. Bindu Antony,
Vice Principal, Fatima College,
Madurai.

Felicitation

Mr. A. Jeyapal,
Programme Coordinator,
Bethshan Special School,
Madurai.

Vote of Thanks

Valediction

(Time - 3.00 p.m.)

Prayer Song

Welcome Address

Presidential Address

Dr. Sr. M. Francisca Flora,
Secretary,
Fatima College, Madurai.

Felicitation

Mr. L. Murali Krishnan,
Director,
Kalyani Associates (P) Ltd., Madurai.

Valedictory Address

Mr. M. Raghuram,
Director - Operations,
ARC Group of Companies, Madurai.

Prize Distribution

Crowning of Nutri Prince / Princess

Vote of Thanks

National Anthem