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POSITION : ASSOCIATE PROFESSOR & VICE PRINCIPAL
FACULTY OF : HOME SCIENCE WITH FOOD BIOTECHNOLOGY
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DATE OF BIRTH : 14.07.1957
LANGUAGES PROFICIENCY



READ : TAMIL, ENGLISH, MALAYALAM & HINDI
WRITE : TAMIL, ENGLISH, MALAYALAM & HINDI
SPEAK : TAMIL, ENGLISH, MALAYALAM & HINDI

1. QUALIFICATION

S. No.	DEGREE / DIPLOMA / CERTIFICATE	DISCIPLINE	NAME OF THE INSTITUTION	YEAR OF PASSING
1.	U.G.	HOME SCIENCE	FATIMA COLLEGE, MADURAI	1993
2.	P.G.	FAMILY AND COMMUNITY SCIENCE	AVINASHILINGAM HOME SCIENCE COLLEGE FOR WOMEN COIMBATORE	1995
3.	PH.D.	HOME SCIENCE	GANDHIGRAM DEEMED UNIVERSITY	2008

2. TEACHING EXPERIENCE

S. No.	INSTITUTION	FROM – TO
1.	FATIMA COLLEGE, MADURAI - UG	1995 - TILL DATE
2.	FATIMA COLLEGE, MADURAI - PG	2007 - TILL DATE

3. POSITION HELD IN FATIMA

S. No.	NAME OF THE POSITION	DURATION
1.	WARDEN IN THE HOSTEL	1997 - 2000, 2008 – 2009 & 2013 - TILL DATE
2.	VICE PRINCIPAL	2008 - TILL DATE
3.	MEMBER, IQAC MEMBER	2008 - TILL DATE
4.	GOVERNING BODY MEMBER	2008 - TILL DATE
5.	PLANNING AND EVALUATION COMMITTEE	2008 - TILL DATE
6.	AWARDS COMMITTEE MEMBER	2008 - TILL DATE
7.	STUDENTS GRIEVANCES COMMITTEE	2008 - TILL DATE

8.	ACADEMIC COUNCIL MEMBER,	2008 - TILL DATE
9.	RESEARCH CELL	2009 - TILL DATE
10.	ADMISSION COMMITTEE	2009 - TILL DATE
11.	STUDENTS WELFARE AND EXTRA-CURRICULAR ACTIVITIES COMMITTEE	2009 - TILL DATE
12.	COLLEGE COUNCIL	2009 - TILL DATE
13.	PART V COORDINATOR	2009 - 2010 & 2014 - TILL DATE
14.	PROGRAM COORDINATOR	2010 - TILL DATE

4. POSITION HELD OUTSIDE

S. No.	NAME OF THE INSTITUTION	NAME OF THE POSITION	DURATION
1.	HOME SCIENCE ASSOCIATION OF INDIA	LIFE MEMBER	1995 - TILL DATE
2.	IGNOU	RECOGNIZED GUIDE FOR M.SC.	2009 - TILL DATE

5. AREAS OF SPECIALIZATION

➤ FAMILY AND COMMUNITY SCIENCE

6. ORIENTATION/REFRESHER/TRAINING PROGRAMMES/FDP ATTENDED

S. No.	PROGRAMMES	THEME	ORGANIZED BY	YEAR
1.	ORIENTATION COURSE	NEWLY APPOINTED COLLEGE LECTURES	ALL INDIA ASSOCIATION FOR CHRISTIAN HIGHER EDUCATION	MAY 9 – 18, 1998
2.	TRAINING PROGRAMME	DETECTION AND PREVENTION OF FOOD ADULTERATION	STELLA MARIS COLLEGE, CHENNAI	NOV. 30 & DEC. 2, 2000
3.	ORIENTATION PROGRAM	-	ACADEMIC STAFF COLLEGE, MKU	2003
4.	REFRESHER COURSE	RECENT TRENDS IN HOME SCIENCE	GANDHIGRAM RURAL UNIVERSITY	DEC, 2004
5.	REFRESHER COURSE	ENVIRONMENTAL EDUCATION & GREEN TECHNOLOGY	ACADEMIC STAFF COLLEGE, PONDICHERRY	01.09.2012 - 21.09.2012

7. NATIONAL/INTERNATIONAL SEMINAR, WORKSHOP & CONFERENCE

S. No.	PROGRAMMES	ORGANIZED BY	DATE	PARTICIPATED / PRESENTED	TITLE OF THE PAPER
1.	UGC SPONSORED STATE LEVEL SEMINAR ON "GERIATRIC CHALLENGES IN THE NEW MILLENNIUM"	DEPT. OF HOME SCIENCE, FATIMA COLLEGE, MADURAI	SEPTEMBER 7 & 8, 2000	PARTICIPATED	-
2.	UGC SPONSORED STATE LEVEL SEMINAR ON "COMPUTER APPLICATIONS IN NUTRITION & DIETETICS"	PSG COLLEGE OF ARTS AND SCIENCE, COIMBATORE	FEBRUARY 27 & 28, 2001	PARTICIPATED	-
3.	NATIONAL SEMINAR ON "VALUE EDUCATION"	NBCLC	MAY 9 – 17, 2003	PARTICIPATED	-

4.	STATE LEVEL SEMINAR ON "RESEARCH GUIDES IN COLLEGE AND MAJOR RESEARCH PROJECTS"	YADAVA COLLEGE	OCTOBER 6, 2003	PARTICIPATED	-
5.	UGC SPONSORED NATIONAL SEMINAR ON "OBESITY – THE WELL FED UNDERNOURISHED SYNDROME"	ST. TERESA'S COLLEGE, EKM	JULY 28 - 30, 2004	PARTICIPATED	-
6.	UGC SPONSORED NATIONAL SEMINAR ON "STRESS IN MODEL LIVING"	ST. TERESA'S COLLEGE, EKM	JANUARY 11 - 13, 2005	PARTICIPATED	-
7.	IAEA SPONSORED REGIONAL SEMINAR ON "CONTINUING EDUCATION CHANGING SCENARIO"	THE GANDHIGRAM RURAL UNIVERSITY	NOVEMBER 30 & DECEMBER 1, 2006	PRESENTED	CONTINUING EDUCATION PROGRAMME FOR INSTITUTIONALIZED AGED
8.	NATIONAL SEMINAR ON "MARGINALIZED GROUPS: AGED AND CHILDREN"	DEPT. OF SOCIAL WORK, FATIMA COLLEGE, MADURAI	JANUARY 5 & 6, 2007	PRESENTED	HEALTH ISSUES OF ELDERLY
9.	INTERNATIONAL CONFERENCE ON "EPIGENESIS – EMPOWERMENT FOR EXCELLENCE IN HOME SCIENCE"	LADY IRWIN COLLEGE, NEW DELHI	OCTOBER 4 – 6, 2007	PRESENTED	A PROMISING SUNSET YEARS
10.	UGC SPONSORED NATIONAL SEMINAR ON "HOME SCIENCE A PROMISING FUTURE AHEAD"	DEPT. OF HOME SCIENCE, FATIMA COLLEGE, MADURAI	DECEMBER 14 & 15, 2007	PARTICIPATED	-
11.	NATIONAL SEMINAR ON "INTERNAL QUALITY ASSURANCE SYSTEM- INNOVATIONS AND INITIATIVES"	IQAC, FATIMA COLLEGE, MADURAI	FEBRUARY 19 & 20, 2008	PARTICIPATED	-
12.	STATE LEVEL SEMINAR ON "GLOBAL WARMING : ISSUES AND ACTIONS"	DEPT. OF JOURNALISM AND SCIENCE COMMUNICATION, MADURAI KAMARJ UNIVERSITY	AUGUST 25, 2008	PARTICIPATED	-
13.	TANSCHER SPONSORED STATE LEVEL SEMINAR ON "ENTREPRENEURIAL AVENUES IN HOME SCIENCE"	DEPT. OF HOME SCIENCE, FATIMA COLLEGE, MADURAI	JANUARY 28, 2009	PARTICIPATED	-
14.	NATIONAL SEMINAR ON "ENHANCING AND SUSTAINING QUALITY IN HIGHER EDUCATION: INTERVENTION STRATEGIES"	IQAC, FATIMA COLLEGE, MADURAI	FEBRUARY 27, 2009	PARTICIPATED	-
15.	NATIONAL SEMINAR ON "OPPORTUNITIES AND CHALLENGES FOR WOMEN IN BUSINESS"	DEPT. OF COMMERCE, FATIMA COLLEGE, MADURAI	JANUARY 29, 2010	PRESENTED	WOMEN ENTREPRENEURS IN SMALL SCALE BUSINESS
16.	NATIONAL WORKSHOP ON "FASHION BUSINESS - EMERGING OPPORTUNITIES"	MADITSSIA, TAMIL NADU READY MADE GARMENTS AND DEPT. OF HOME SCIENCE AND FASHION DESIGNING, FATIMA COLLEGE, MADURAI	APRIL 11, 2010	PARTICIPATED	-
17.	NATIONAL SYMPOSIUM ON "FASHION INDUSTRY : PRODUCT AND DESIGN DEVELOPMENT"	DEPT OF HOME SCIENCE WITH FOOD BIOTECHNOLOGY, FATIMA COLLEGE	FEBRUARY 2, 2011	PARTICIPATED	-
18.	INTERNATIONAL CONFERENCE ON "ENVIRONMENTAL SUSTAINABILITY: CHALLENGES AND STRATEGIES"	DEPT. OF HISTORY, ECONOMICS, SOCIOLOGY & COMMERCE, FATIMA COLLEGE, MADURAI	FEBRUARY 17 & 18, 2011	PRESENTED	EFFECT OF AIR POLLUTION ON COLLEGE GOING STUDENTS
19.	UGC SPONSORED NATIONAL WORKSHOP ON "INNOVATIVE AND INTERACTIVE STRATEGIES FOR RESEARCH AND DEVELOPMENT IN A KNOWLEDGE SOCIETY"	DEPT. OF APPLIED RESEARCH, GANDHIGRAM DEEMED RURAL UNIVERSITY	MARCH 3 & 4, 2011	PRESENTED	STATUS OF THE ELDERLY IN MADURAI CITY – INCLUDE THE EXCLUDED
20.	NATIONAL SYMPOSIUM ON "FASHION INDUSTRY : PRODUCT AND DESIGN DEVELOPMENT"	DEPT. OF HOME SCIENCE WITH FOOD BIOTECHNOLOGY, FATIMA COLLEGE	FEB. 02, 2011	PARTICIPATED	-

21.	INTERNATIONAL CONFERENCE ON "ENVIRONMENTAL SUSTAINABILITY: CHALLENGES AND STRATEGIES"	DEPT. OF HISTORY, ECONOMICS, SOCIOLOGY AND COMMERCE, FATIMA COLLEGE, MADURAI	FEB. 17 & 18, 2011	PRESENTED	EFFECT OF AIR POLLUTION ON COLLEGE GOING STUDENTS
22.	UGC SPONSORED NATIONAL WORKSHOP	GANDIGRAM RURAL UNIVERSITY	MARCH 3 & 4, 2011	PRESENTED	STATUS OF ELDERLY IN MADURAI CITY – INCLUDE THE EXCLUDED PRESENTED
23.	INTERNATIONAL FOURTH INDO KOREAN CONFERENCE ON "INTEGRATIVE BIO SCIENCES RESEARCH"	AVINASHILINGAM INSTITUTE FOR HOME SCIENCE AND HIGHER EDUCATION	FEBRUARY 10 & 11, 2012	PRESENTED	A PROFILE OF DIETARY SUFFICIENCY AND MEAL INTAKE PATTERN OF ADOLESCENT GIRLS
24.	UGC SPONSORED ALL INDIA WORKSHOP ON "RESEARCH METHODOLOGY AND TECHNOLOGY MANAGEMENT IN HIGHER EDUCATION"	PONDICHERRY UNIVERSITY	MARCH 14 & 15, 2013	PARTICIPATED	-
25.	UGC SPONSORED ALL INDIA WORKSHOP ON "RESEARCH METHODOLOGY & TECHNOLOGY MANAGEMENT IN HIGHER EDUCATION"	PONDICHERRY UNIVERSITY, ACADEMIC STAFF COLLEGE, PONDICHERRY	MARCH 14 & 15, 2013	PARTICIPATED	-
26.	NATIONAL CONFERENCE - INTERFAITH DIALOGUE	AIACHE ECUMENICAL CENTRE, NEW DELHI	FEB. 20 - 22, 2014	PARTICIPATED	-
27.	INTERNATIONAL SYMPOSIUM ON "IGNITING GLOBAL CHANGE THROUGH ECO-FRIENDLY APPROACH"	TARUMITRA, PATNA VENUE – FATIMA COLLEGE (AUTONOMOUS), MADURAI	FEB. 13, 2014	PARTICIPATED	-

8. ARTICLES PUBLISHED IN JOURNALS/BOOKS

S. No.	JOURNAL/BOOK NAME	ARTICLE TITLE	MONTH/ YEAR	VOL. No.	ISSUE No.	PAGE No.	ISBN/ ISSN	PUBLISHER
1.	EXCELLENCE IN HOME SCIENCE: CONTEMPORARY ISSUES AND CONCERNS, COMPENDIUM OF PAPERS	A PROMISING SUNSET YEARS	2008	-	-	-	-	ACADEMIC EXCELLENCE, NEW DELHI, INDIA
2.	JOURNAL OF EXTENSION AND RESEARCH	HAPPY AGEING; PSYCHO-SOCIAL DIMENSIONS	2010	XII	2	-	-	THE PUBLICATION DIVISION GANDIGRAM
3.	STATUS OF THE ELDERLY IN MADURAI CITY – INCLUDE THE EXCLUDED (BOOK OF ABSTRACTS)	STATUS OF THE ELDERLY IN MADURAI CITY – INCLUDE THE EXCLUDED	MARCH 2011	-	-	21	-	GANDHIGRAM RURAL INSTITUTE, DEEMED UNIVERSITY, DINDIGUL

9. RESEARCH GUIDANCE

NO. OF RESEARCH ONGOING : 3

PH.D. GUIDANCE COMPLETED/ONGOING

S. No.	TITLE OF DISSERTATION	STUDENT NAME	ORGANIZATION	YEAR	AWARDED / ONGOING
1.	IMPACT OF PEER GROUP NUTRITION EDUCATION AMONG SCHOOL GOING GIRLS IN THOOTHUKUDI DISTRICT	SR. RUPA	HOLY CROSS COLLEGE, NAGERCOIL	2011	ONGOING

2.	NUTRITIONAL STATUS AND IMPACT OF NUTRITION EDUCATION AMONG THE BEEDI-ROLLER POPULATION IN TIRUNELVELI DISTRICT	MRS. NANCY	TUTICORIN	2012	ONGOING
3.	NUTRITIONAL STATUS AND IMPACT OF NUTRITION EDUCATION AMONG SALT WORKERS IN THOOTHUKUDI DISTRICT	MRS. MADURAVALLI	HOLY CROSS COLLEGE, NAGERCOIL	2012	ONGOING

10. BOOKS PUBLISHED

S. No.	BOOK NAME	YEAR	PUBLISHER	ISBN	PLACE
1.	LOTUS STEM TO ALLEVIATE ANEMIA	2009	LAMBERT ACADEMIC PUBLISHING	978-3-8454-3166-6	GERMANY
2.	HAPPY AGEING: A COMPARISON OF OLD AGE HOME AND OWN HOME INMATES.	2012	LAMBERT ACADEMIC PUBLISHING	978-3843354127	GERMANY

11. MEMBER OF THE BOARD OF STUDIES

- UNIVERSITY NOMINEE IN SRI MEENAKSHI GOVT. ARTS AND SCIENCE COLLEGE FOR WOMEN, MADURAI

12. MEMBERSHIP IN PROFESSIONAL BODIES

- LIFE MEMBER - HOME SCIENCE ASSOCIATION OF INDIA.

13. PATENTS

- LOTUS STEM TO ALLEVIATE ANEMIA