

# FATIMA COLLEGE (AUTONOMOUS) MADURAI – 18 ACTION PLAN FOR GENDER SENSITIZATION - 2023-2024

### WOMEN EMPOWERMENT CELL

#### **ACTION PLAN - 2023 -2024**

The cell periodically plans various programme to enhance women empowerment

- ❖ To empower the status of women through education, raising awareness, literacy, and training.
- To make life-determining decisions through the different problems in society by conducting group discussions.
- To organize seminar on women empowerment related issues and challenges.
- ❖ To conduct awareness programme about the problems of women and in particular regarding gender discrimination.
- To conduct guest lectures to assert the importance of spiritual, economic, social, racial and gender equality.
- To encourage students to participate in competitions meant to develop the self confidence of Women.
- To motivate students to participate in various activities and express their views for maintaining dignity and respect of women and never to physically or mentally abuse any women.

VICE PRINCIPAL /
FATIMA COLLEGE (AUTONOMOUS)

MADURAI-625 018

## NATIONAL SERVICE SCHEME (NSS)

## ACTION PLAN - 2023 -2024

S.NO.	DATE	DAY	ACTIVITY
1.	22.06.2023	Thursday	Yoga Day
2.	20.07.2023	Thursday	Inauguration
3.	27.07.2023	Thursday	Human chain to show
			solidarity with the victims
			of Manipur violence
4.	29.07.2023	Saturday	Walkathon
5.	09.08.2023	Wednesday	Meri Maati Mera Desh
6.	15.08.2023	Tuesday	Independence Day
			Celebration
7.	24.08.2023	Thursday	Awareness Programme
8.	14.09.2023	Thursday	Awareness Programme
9.	26.09.2023	Tuesday	Swachhta Pakhwada
			Activity
10.	03.10.2023	Tuesday	Swachhta Pakhwada
		5	Activity
11.	18.10.2023	Wednesday	Amrit Kalash Yatra
12.	24.01.2024-30.01.2024	Wednesday	NSS Special Camp
13.	08.02.2024	Thursday	Career Advancement
			Programme
14.	15.02.2024	Thursday	Career Advancement
			Programme
15.	29.02.2024	Thursday	Awareness Programme
16.	07.03.2024	Thursday	Blood Donation Camp
17.	11.03.2024	Monday	Awareness Rally

VICE PRINCIPAL
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MADURAL-628 (118)

# ALL INDIA CATHOLIC UNIVERSITY FEDERATION (AICUF) ACTION PLAN - 2023-2024

## **ACTIVITIES PLANNED:**

- Part V Inauguration for the academic year 2023 2024
- ❖ To know about the History, Origin, Vision and Mission of AICUF, initially, a Motivational lecture will be given on the topic "A Motivational Introduction to AICUF."
- Election will be conducted to create AICUF union for the year 2023-24.
- Workshop will be conducted to explore the multi talent of the students
- ❖ A Guest Lecture will be given on the topic "Psychological Aspects of Individual Changes in the Present Scenario."
- ❖ A debate will be conducted on the topic "Mobile phone –Boon or Bane for young minds."
- ❖ A Guest Lecture will be given on the topic 'Tribal Rights Violations in India."
- ❖ A Guest Lecture will be given on the topic "Student Suicides- The root Cause."
- ❖ A Guest Lecture will be arranged on the topic "Leadership Quality.".
- Articles from all I UG and II UG students will be collected to publish the AICUF magazine 'OLI VELICHAM'.
- Psychological Skill development Program will be given for students to enhance their performance and tackle the critical situations.

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## YOUTH RED CROSS (YRC)

## **ACTION PLAN - 2023-2024**

## **ACTIVITIES PLANNED:**

S.No	Month	PROGRAMME	
1.	July	Part V – Inauguration	
2.		Office Bearers Election	
3.	August First Aid Kit Preparation		
4.		Awareness on Diseases and Prevention Measures	
5.	September	Home Visit	
6.		Blood Donation Camp	
7.	October	Cyber Security	
8.	November	Importance of Girl Children	
9.	December	Smoking and de-addiction	
10.	-	Child Proofing	
11.	January	Healthy Life Style	
12.		Disaster preparedness	
13.	February	Capacity building	
14.	March	Fire Safety Rules	
15.		CPR: Steps for Adults, Children, Babies	

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### REACH OUT TO SOCIETY THROUGH ACTION (ROSA)

#### ACTION PLAN - 2023-2024

#### **ACTIVITES PLANNED:**

- ❖ To empower rural communities by leveraging the skills, knowledge, and enthusiasm of college students while promoting sustainable development and improving the quality of life in rural areas.
- ❖ Identifying the impeding issues of the corresponding villages.
- ❖ Awareness about Sanitation and cleanliness
- Tutoring about the basic cleanliness
- Providing, Skill Oriented Training, Phenyl making, Terracotta Jewellery making, Embroidery, Nutritious Food products preparation
- Conduct tree-planting drives, clean-up campaigns, and awareness programs on waste management.
- ❖ Awareness on Medical schemes available to Women & Infants.
- ❖ Organize literacy programs, workshops, and skill development sessions (e.g. computer basics, tailoring, farming techniques)
- Support self-help groups (SHGs) and cooperative societies by providing financial literacy and entrepreneurial training.
- Imbibing Patriotism among the students by celebration of Independence Day and Republic Day.
- Active Participation in the Gram Sabha Meetings to gain knowledge on local governance and make need-based plans for the village.
- Plan follow-up visits to review progress and provide additional support.
- Promoting team spirit among the students by conducting competitions.
- Channelizing the women work force into entrepreneurship, through skill training programs.
- ❖ Educate students about rural customs, traditions, and challenges to foster mutual respect and understanding.

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