



**Criterion** : VI - Governance, Leadership and Management

**Metric** : 6.5.1 – IQAC – Institutionalizing the Quality Assurance Strategies – Programmes for Support-Staff

**Year** : 2015 - 2020



## CAPACITY BUILDING PROGRAMMES ORGANISED BY IQAC FOR THE SUPPORT-STAFF

The support-staff of Fatima College were exposed to an enriching experience on **14 June 2019**. Rev. Dr. Steephan. C, Assistant Professor, Department of Psychology, Anugraha Institute of Social Sciences, Dindigul addressed the audience on the **strategies of escaping stress** that is caused in the work environment. He also insisted the importance of working systematically in order to get better results. He also spoke on the importance of **work life balance**.





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### SKILL TRAINING PROGRAMME ORGANISED BY IQAC DEC. 09, 2019

A **Skill Development Programme** was organised by the IQAC for the support staff of Fatima College on **09.12.2019**. 25 Support Staff participated in the programme and benefitted.

The Resource Person, Ms. Bapitha demonstrated making of doormats out of waste cloth. The participants found the session fruitful and enjoyed making the mats. This was followed by games which too had enthusiastic participation. Prizes were given to the winning participants and gifts were given to all the members. The members thanked the IQAC team and also suggested that they can also be taught many more skills which would enable them to set up some profitable business after their retirement.







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### THE SUPPORT STAFF HAPPILY DISPLAYING THE MATS MADE AFTER THE SKILL TRAINING SESSION

On **28.07.2018**, the IQAC organised three sessions for the Support Staff.

In the first session, **Dr. Sr. Francis Pauline**, Counselor spoke on **Self-Motivation & Emotional Stability**.

The second session was handled by **Dr. Saira Banu**, Assistant Coordinator, IQAC & Associate Professor, the Research Centre of English, who shared her views on one aspect of successful Interpersonal Relationships, namely **Forgiveness**. The participants shared many personal stories.

The third session was handled by **Dr. Velanganni Matharasi**, Director of Physical Education who shared several health tips and simple relaxation exercises. She conducted fun-filled games which acted as real stress-busters.





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The programme gave a refreshingly different experience for the Support-Staff, who took a day off from their routine in order to get physically and emotionally recharged for better performance at their workplace.

**Vijaya Kumar, cultivation trainer, V-Tech Mushroom, Sathrapatti** trained the Support-Staff in **Mushroom Cultivation** - Dec. 01, 2018



A skill training programme on Soap Powder and Phenoyl preparation for support-staff was organised on **30. 01. 2019.**







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**Dr. S. Sukumari, Assistant Professor, Dept. of Chemistry** provided the training for Soap Powder preparation and Phenoyl making at the Chemistry Lab. Twenty Three Support -Staff benefited from the session.

