

# SOFT SKILLS 2019-2020

NAAC -4<sup>th</sup>CYCLE - Self Study Report (SSR)

- Criterion : V–Student Support and Progression
  - : 5.1.3-Capacity Enhancement & Skill Development
  - : 2019 2020

Metric

Year

# **STUDENT INDUCTION PROGRAMME** 19.06.2019 to 25.06.2019

## No. of Participants- 1102

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#### FATIMA COLLEGE (AUTONOMOUS), MADURAI

STUDENT INDUCTION PROGRAMME ORGANISED BY IQAC

#### JUNE 19 - 25, 2019

Time	8.30 a.m 1.30	1.30 - 2.30 p.m.		Sessions - I		Sessions - II		Incharge Staff		
Date	p.m.	1.30 - 2.30 p		2.30 - 3.00 p.m.		2.30 - 4.00 p.m.				
19.06.2019 (Wednesday)	<ul> <li>Orientation</li> <li>EAT</li> <li>Campus Tour</li> </ul>	Lunch		Dr. S. Vidya, ICAC Coordinator & Associate Professor, Department of Computer Science	Introduc	tion to SIP	Dr. Saira Banu, Associate Professor, The Research Centre of English	<ul> <li>Icebreaking sessions</li> <li>Know your college</li> <li>Video about College</li> </ul>	Dr. L. Meena, Dept. of MBA	
	1.30 - 2.00 p.m.	Session - III		Session - IV		Session - V				
	1.30 - 2.00 p.m.	2.00 - 2.30 p.m.		2.30 - 3.15 p.m.		3.15 - 4.00 p.m.				
20.06.2019 (Thursday)	Ms. Jovika Sharon, former union president 2018-19	Dr. Mary Magdalene Abraham, Associate Professor, The Research Centre of English	What it is to be a Fatimite	Mr. H. Vincent, Placement Officer	Plac	ement	Dr. Velankanni Matharasi, Physical Director	Fitness	Dr. Arul Micheal Selvl, The Research Centre of Tamil	
LACC.	Session - VI			Session - VII		Session - VIII		The result of the		
		.30 - 2.15 p.m.		2.15 - 3.00 p.m.		3.00 - 4.00 p.m.				
21.06.2019 (Friday)	Dr. S. J. Kala, Dean of Arts, Associate Professor, The Research Centre of English	Curriculum	1	Ms. G. Revathi, Assistant Professor, The Research Centre of Tamil	77 1995 7	nmental udies	Dr. S. Ivy Jeno, Associate Professor, The Research Centre of Economics	MAM	Ms. B. Chandirika, Dept. of MCA	
22.06.2019 (Saturday)	Session - IX Talent Hunting & Performance (Union Students)					Mr. H. Vincent, Placement Officer				
24.06.2019 (Monday)	Session - X Part - V					Ms. Sujatha, Librarian				
(institution)		Session - XI	Session - XII							
8-1	1.30 - 2.00 p.m.			2.00 - 4.00 p.m.				A Distance of the second second		
25.06.2019 (Tuesday)	Dr. Vasantha Esther Ranl, Dean of Research, Associate Professor & Head, Dept. of Home Science with FBT	sther Slate Research ad,		<ul> <li>Ms. A. Sheela Roselin, Assistant Professor, Dept. of Maths &amp;</li> <li>Ms. A. Mable Jasmine Shobha, Assistant Professor, Dept. of B.Com. CA</li> </ul>		Value	Feedback		Ms. A. Shobha, Dept. of B.Com. CA	

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IQAC CO-ORDINATOR Fatima College (Autonomaus), Madural-625018,



## FATIMA COLLEGE

(Autonomous) Re-Accredited with 'A' Grade by NAAC (3<sup>rd</sup> Cycle) 94<sup>th</sup> Rank in India Ranking 2019 (NIRF) by MHRD Mary Land, Madurai – 625 018.

#### Report on Student Induction Programme organized by IQAC

#### June 19 - 25, 2019

The IQAC of Fatima College organized a Student Induction Programme from June 19 – 25, 2019. The sessions were planned following the UGC guidelines for the conduct of the programme. The entire week was meticulously planned and split into twelve sessions to get the newly admitted students oriented and accustomed to the culture and curriculum of Fatima College and to provide them with various information related to college. The SIP (Student Induction Programme) began with Dr. S. Vidya, Associate Professor of Computer Science and Coordinator IQAC, introducing the objectives and purpose of SIP to the first year students. The second session was handled by Dr. S. Saira Banu, Associate Professor of English and Assistant IQAC Coordinator who conducted few ice-breaking sessions and shared some basic information about the college. A video about the college was also shown to the girls.

On the second day the students were oriented about 'What it is to be a Fatimite'. This session was effectively handled by Dr. Mary Magdalene Abraham, Associate Professor of English and Assistant IQAC Coordinator, Fatima College. Session IV was handled by Mr. H. Vincent, Placement Coordinator, who spoke on the various job opportunities for students. Mr. Vincent listed the various renowned companies that come every year for campus recruitment. He also spoke on the various training sessions on career guidance conducted for the students to equip them for the job market. He also made the students aware about the effective functioning of the Placement Cell of Fatima College.

The sessions on the following days were as follows:

- Dr. R. Velankanni Matharasi, Physical Directress, spoke on the importance of mental and physical fitness,
- Dr. S. J. Kala, Dean of Arts, Associate Professor of English, Fatima College enlightened the students about the curriculum pattern of the college

• Ms. G. Revathi, Assistant Professor of Tamil, Fatima College, briefed on the activities undertaken by the Environmental Education Cell and made the students conscious about the need to safeguard our nature.

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 Dr. Ivy Jeno, Associate Professor of Economics, Fatima College oriented the students about MAM (Meditation in Action Movement). MAM is a forum in Fatima College that teaches yoga and meditation to all students.

There was a separate session by the Students' Union in which the student office bearers engaged the students with talent hunting and making them perform acts of their interest.

There was also an exclusive session on:

- Orienting the girls about the various activities carried out by the Part V. The girls were informed about NCC, NSS, AICUF, Rotaract, YRC and other Part - V Activities. This session was to make the students aware about the society's well being.
- The final day of the Induction Programme had two sessions, the first one handled by Dr. Vasantha Esther Rani, Associate Professor & Head of Home Science and Dean of Research. Dr. Vasantha spoke about Research and its scope to the students.
- Ms. A. Sheela Roselin, Assistant Professor of Mathematics and Ms. A. Mable Jasmine Shoba, Assistant Professor of Commerce with Computer Applications jointly oriented the girls about the Ethical Studies Cell of Fatima College and how they will be learning good values amidst academics.

The Induction Programme came to a close with a feedback session. The feedback was positive and the students felt integrated into the Fatima College Community.

Ice-breaking session during students Induction Programme 19-25 June 2019



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Yoga and fitness demo in Students Induction Programme June 19-25, 2019

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NAAC -4<sup>th</sup>CYCLE - Self Study Report (SSR)

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# TRAINING ON HUMAN RESOURCE SKILLS 28.06.2019

## No. of Participants- 51

ADU



#### Fatima College (Autonomous) Mary Land, Madurai -18

## Department of M.B.A Guest Lecture on "HR Skills" 28.06.2019

Name	:	R. Afzal Ahamed
Designation	:	General Manager & Soft Skill Trainer
<b>Official Address</b>	:	SSL Education pvt. Ltd
<b>Contact Numbers</b>	:	8489123138, 9003114560
E-Mail ID	:	amsum@rediffmail.com
Qualification	:	MFC, M.PHIL

Department of MBA has arranged a guest lecture for the students of II MBA, delivered by the resource person Mr. AFZAL AHMED, SSI institution, Madurai on 28.06.19 from 2.00 to 4.00 pm at San Jose block.

#### **Highlights:**

Mr. Afzal Ahmed highlighted in his speech about various job opportunities available to students and how one should appear in an interview confidently. He gave guidance about the gestures that one should carry while attending an interview. He also conducted some games which are used by the companies to screen the candidates.

#### **Outcomes:**

Through this session students got to know more knowledge in appearing for an interview and also it has changed the perception towards the interview difficulties.



Mr. R. Afzal Ahamed , General Manager, SSL Education pvt. Ltd , Madurai delivering lecture to the participants June 28, 2019

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Signature of the HOD with Seal OEPARTMENT OF MANAGEMENT STUDIES FATIMA COLLEGE (AUTONOMOUS) MADURAI-625 018

#### NAAC -4<sup>th</sup>CYCLE - Self Study Report (SSR)

**Criterion** : V–Student Support and Progression

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ADU

- : 5.1.3-Capacity Enhancement & Skill Development
- : 2019 2020

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# **INTERVIEW ETIQUETTES** 23.07.2019

# No. of Participants- 34

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#### Fatima College (Autonomous) Mary Land, Madurai -18

#### **INTERVIEW ETIQUETTES**

Name	: Mr. Zenith.	Date	: 23.07.2019
Designation	: BUSINESS DEVELOPMENT MANAGER,	Time	: 10.00 a.m - 12.00 noon
	Voice Training and Research, Madurai.	Venue	: SJ Seminar Hall
Phone No.	: 7010189343		

#### **KEY POINTS HIGHLIGHTED:**

- ✓ The tips and tricks to focus on interviews.
- ✓ How to get selected in different levels?
- ✓ What are the strategies to move towards success?
- ✓ Views to improve interview performance.
- ✓ Interviews and Body language.

The Session taught us how to answer appropriately for the questions being asked in the interviews, the expected qualifications, attitudes, knowledge needed for the posts and also about the gestures, posters etc. The resource person gave us a brief idea on preparing a best resume and clarified our doubts about the points to be added in the resume. He also differentiated resume with curriculum vitae and bio-data. He instructed us how to prepare for interviews and the manner in which we have to answer. He explained about how to use English sentences in right way. He said about the stress interviews conducted before as examples. He said us not to tell or write our weakness explicitly.

#### **OUTCOME:**

✓ We were able to gain knowledge about the interviews conducted in the companies.

 The session was very informative to us and helped us to improve ourselves for facing the interviews.



INTERVIEW ETIQUETTES, JULY 23, 2019, MR. ZENITH, VOICE TRAINING AND RESEARCH PVT. LTD., MADURAI.

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PG Department of Computer Applications Fatima College (Autonomous), Madurai-18

NAAC – 4<sup>th</sup> CYCLE – Self Study Report (SSR)



# FIXED MIND VS GROWTH MIND 24.07.2019

## **No. of Participants-47**



#### Fatima College (Autonomous) Mary Land, Madurai -18

### Department of M.B.A

#### Guest Lecture on "Fixed Mind vs Growth Mind"

#### 24.07.2019

Name	:	Ms. S. Gnana Priya
Designation	:	Counsellor & Healer, Joint Secretary,Women Entrepreneur
Official Address	:	Joint Secretory
<b>Contact Numbers</b>	:	9940875300
E-Mail ID	:	priyaatma@gmail.com
Qualification	:	M.Sc Psychology , Arhatic Yoga Level one Practioner

Department of MBA has arranged a guest lecture for MBA students on "FIXED MINDSET vs. GROWTH MINDSET" delivered by the resource person MRS. S. GNANA PRIYA which was held on 24.07.2019 from 2pm to 4pm at SJ5 hall.

#### **Highlights:**

MRS. S.GNANA PRIYA vocalized about her views of individual mindset, where it gave more knowledge about individual growth perception of mind set. She also insisted the quotes of Vivekananda "All power is within you, you can do anything and everything". She asked the students to volunteer and experimented the healing therapy which showed greater results. Students had a feedback session at the end.

#### **Outcomes:**

Students have understood the various mindsets and get the basic healing therapy. They have understood the importance of positive attitude and positive thoughts.

#### Guest Lecture on "Fixed Mind vs Growth Mind"



Ms. S. Gnana Priya, Counsellor & Healer, Joint Secretary, Women Entrepreneur, Madurai

Signature of the HOD with Seal DEPARTMENT OF MANAGEMENT STUDIES FATIMA COLLEGE (AUTONOMOUS) MADURAI-625 018

NAAC – 4<sup>th</sup> CYCLE – Self Study Report (SSR)





# SOFT SKILLS -OFF-CLASS PG COURSE 2019-2020

**No. of Participants- 235** 



THE RESEARCH CENTRE OF ENGLISH

#### I PG – OFF CLASS PROGRAMME

#### **SEMESTER I**

#### SOFT SKILLS

#### SYLLABUS (2014 onwards)

No. of Credits – 4

No. of Hours - 40

#### **1. GENERAL OBJECTIVE:**

To enable the learners improve their interpersonal skills, skills of language in order to face the challenges in a competitive world

#### **2. SPECIFIC OBJECTIVES:**

To enable them learn the different types of Soft Skills

To facilitate acquiring of skills required for interviews, group discussion and public speaking

#### **3. UNITS**

#### **UNIT-1- INTRODUCTION**

What are Soft Skills?

Social Soft Skills

Thinking Soft Skills

Practising Soft Skills

#### UNIT - II - ART OF LISTENING

Kinds of Listening Factors that hamper Listening Advantages of active Listening

#### UNIT - III - ART OF SPEAKING

Channels of Communication Tips for Effective Communication Tips for Powerful Presentation Public Speaking Tips

#### **UNIT-IV-INTERVIEW SKILLS**

Types of Interview

Interview Panel

Dress code at Interview

Post Interview Etiquette

#### **UNIT - V - GROUP DISCUSSION**

Types of Group Discussion Initiating a Group Discussion Behaviour in a Group Discussion Non Verbal Communication in Group Discussion

#### 4. TEXT BOOK PRESCRIBED

Alex K. Soft Skills Know yourself and Know the World. Delhi: S. Chand & Company.Ltd, 2008.

#### **REFERENCE BOOKS :**

- Kumar Suresh E, Sreehari P & Savithri J. *Essential English*. Hyderabad: Orient Blackswan Private Limited, 2011
- 2. Tengse, Ajay R. Soft Skills. Hyderabad: Orient Blackswan Private Limited, 2015

#### **5. EVALUATION PATTERN:**

#### INTERNAL ASSESSMENT ONLY

Written Test	-	50
Interview	-	25
Group Discussion	-	25
TOTAL	-	100

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Associate Professor The Research Centre of English Fatima College Madurai

NAAC – 4<sup>th</sup> CYCLE – Self Study Report (SSR)





# LEDERSHIP TRAINING PROGRAMME 02.08.2019

## **No. of Participants-73**



Fatima College (Autonomous) Mary Land, Madurai -18

#### LEADERSHIP TRAINING PROGRAMME

#### 2 AUGUST 2019

Two leadership training programs were organized on 2<sup>nd</sup>August 2019 and 14<sup>th</sup>February 2020, **Ms. Andresia Michaceline**, Corporate Trainer, student counsellor and **Dr.Rajarajeswari**, Assistant Professor and Head, Department of Business Administration, Sri Meenakshi Govt. Arts College for Women, Madurai were invited as resource persons.





Ms. Andresia Michaceline, corporate trainer, Dindigul

(2<sup>nd</sup> Aug. 2019)

Student Union Coordinator

NAAC – 4<sup>th</sup> CYCLE – Self Study Report (SSR)



# STUDENTS' RESOURCE FORUM 13.08.2019

## **No. of Participants - 2698**

### Fatima College (Autonomous)

College with Potential for Excellence Re-accredited with 'A' Grade by NAAC (III Cycle) 94th Rank in India Ranking 2019 (NIRF) by MHRD Mary Land, Madurai - 18. Tamil Nadu.



The Research Advisory Committee, Fatima College cordially invites you for the

> *Inauguration* of the

#### The Students' Research Forum

**Dr.M. Rajesh** Assistant Professor, Department of Zoology The American College, Madurai

#### Inaugurates

Dr. Sr. M. Francisca Flora Secretary, Fatima College

#### Felicitates

and

#### Dr. Mary Magdalene Abraham

Associate Professor, The Research Center of English, Fatima College Motivates

Blooming Researchers

On

13th August, 2019, 12.30 pm © Jubilee Hall

### FATIMA COLLEGE

(AUTONOMOUS) Inauguration – Agenda

#### Lighting the Lamp

- Prayer
- Welcome Address
- Report (2017 2018)
- : Ms. Thamarai, I M.A English
- : Ms. S. Pradeepa, I M.Sc HNN
- Investiture Ceremony
  - President (UG) Devi Priya, III B.A Sociology
  - President (PG) Ms. Thamarai, M.A I Year, English
  - Secretary (UG) Fathima Shazadhi, III B.Sc H.Sc
  - Secretary (PG) Ms. S. Pradeepa, I M.Sc HNN
  - Introducing the Chief Guest : Dr. Vasantha Esther Rani,

Dean of Research, Fatima College

Presidential Address : Dr. Sr. G. Celine Sahaya Mary

Principal, Fatima College

: Dr. Sr. M. Francisca Flora

#### Secretary, Fatima College

**: Dr. M. Rajesh,** Asst. Professor, Dept. of Zoology, The American college, Madurai

- : Dr. Mary Magdalene Abraham Associate Professor, The Research Center of English, Fatima
- Vote of Thanks
  - Master of Ceremony
- : Ms. S. Pradeepa, I M.Sc HNN

: Devi Priya, III B.A Sociology Fathima Shazadhi, III B.Sc H.Sc

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- - Felicitation
  - Inaugural Address

  - Motivational Talk

#### **Inauguraiton of SRF**

#### Date: 13.08.2019

#### Venue : Jubilee Hall

The Inauguration of the Student Research Forum had an auspicious start with a prayer and illumination of the lamp on 13<sup>th</sup> August 2019 at Jubilee hall.

A warm welcome is the charm of the heart. Miss. Thamarai of I M.A., English, gave the welcome address. She cordially greeted the gathering. Continuing the welcome address, Miss Pradeepa of I M.Sc., Human Nutrition and Nutraceuticals gave the annual report of the research activities for the academic year 2018-2019. There was an investiture ceremony where, Miss. Devi priya of III B.A., Sociology, was elected Student President and Miss Fatima shazadhi of III B.Sc., Home Science with Food biotechnology as the Secretary for UG and Miss. Thamarai of I M.A., English, was elected Student President and Miss Pradeepa of I M.Sc., Human Nutrition and Nutraceuticals as the Secretary for PG.

Dr. Vasantha Esther Rani, Dean of Research, Fatima College Introduced the Chiefguest and the guest of honours. Dr.Sr.G. Celine Sahaya Mary the Principal congratulated the Research Advisory Committee for its efforts. She exhorted the students to achieve goals by facing and overcoming challenges and contributing to the field of education through research. She also urged the students to reach out the society. Dr.Sr.M. Francisca Flora the Secretary congratulated the RAC for promoting the research culture. She insisted that teachers and administrators keep researching for enhancing the institutional standards. She encouraged the budding researchers to look for alternatives for resources which are being depleted.

Dr.M.Rajesh, District President, Tamil Nadu Science Forum, Madurai was the chief guest for the inaugural function. He gave many revolutionary ideas and the students were very much involved and impressed by his renowned speech. His talk tapped the research mind in us. He emphasized that the power of science is for the comfort of the common man and not for complicating life. The resource person fired the research appetite of the members by recalling the contribution of Indian Scientists. He concluded by reminding the researchers of their commitment to research. Miss Pradeepa of I M.Sc., Human Nutrition and Nutraceuticals delieverd the vote of thanks.

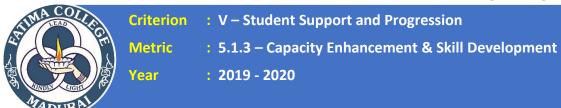


Student Research Forum had inaugurated on 13 th August 2019 at Jubilee hall

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Research Dean : Dr. Vasantha Esther Rani

NAAC – 4<sup>th</sup> CYCLE – Self Study Report (SSR)





## HANDS-ON-TRAINING SESSION-GANDHIAN ECONOMICS -VILLAGE INDUSTRIES

### 26.08.2019

## **NUMBER OF PARTICIPANTS - 207**

#### FATIMA COLLEGE (AUTONOMOUS), MADURAI -625018



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#### WE CORDIALLY INVITE YOU ALL TO THE INAUGURATION OF ECOMETRICS ASSOCIATION ORGANISED BY RESEARCH CENTRE OF ECONOMICS FATIMA COLLEGE, MADURAI-18

#### **TOPIC : GANDHIAN ECONOMICS – VILLAGE INDUSTRIES**

#### CHIEF GUEST: Mr. R. NATARAJAN,

Educational officer and Public Information officer, Gandhi Memorial Museum, Madurai.

Date: 26.08.2019

Time: 9.30am

Venue: Jubilee Hall.

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## TOPIC: Hands-on-Training Session on <u>GANDHIAN ECONOMICS</u> – <u>VILLAGE INDUSTRIES</u> (KVIC)

#### PARTICIPANTS: 207 Students

On 26.8.2019, Ecometrics Association was inaugurated by Mr. R. Natarajan, Education officer, Gandhi Memorial Museum, Madurai-625020. He delivered a special lecture on Gandhian Economics – Village industries (KVIC). He taught the preparation procedures of Herbal products like Shampoos, Sikakai, washing gel and Jigarthanda to start their own business.

#### **Photos**



Mr. R. Natarajan, Education officer,Gandhi Memorial Museum, Madurai addressed the students about village industries on 26.08.2019 at Jubilee Hall, Fatima College, Madurai

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COORDINATOR OF CLUB ACTIVITIES THE RESEARCH CENTRE OF ECONOMICS FATIMA COLLEGE

NAAC – 4<sup>th</sup> CYCLE – Self Study Report (SSR)



# SESSION ON BETTER THE BALANCE BETTER THE WORLD

## 12.09.2019

## **No. of Participants -300**



FATIMA COLLEGE (Autonomous), MADURAI-18. ROTARACT Club of Fatima College

Session on "Better the Balance Better the World"

**DATE : 12/09/2019 Time :** 10 AM – 12 PM. **Venue :** S J seminar Hall

**Chief Guest:** Mrs. **GLORY DEBORAH. C**, Founder /Secretary, NEW CREATIONS TRUST (A versatile social worker & trainer with excellent handson experience in Home based care for PLHIV, Targeted Intervention amongst high risk groups like FSW, MSM, TG and passion for working with Children with administration & team management concepts with outstanding inter-personal communication, negotiation and people management skills.

#### "A gender-equal society would be one where the word 'gender' does not exist: where everyone can be themselves."

On 12<sup>th</sup> September 2019 a session on 'Better The Balance Better The World' was organized to insist the importance of gender equality. Mrs. GLORY DEBORAH. C, Founder /Secretary, NEW CREATIONS TRUST, handled the session. Gender equality would not only give freedom to women but also contribute to society, ultimately creating a sustainable future for individuals and families.

She listed out some incidents happened in Madurai against women. She insisted that gender equality helps prevent violence against women & girls and makes our communities safer and healthier. She insisted the following points.

- Inequality between the genders doesn't just affect individuals, it affects the society.
- Where there's more gender equality, there's more peace.
- Sharing household work leads to happier relationships.

Gender equality makes children's lives better.

Finally, she concluded that gender equality does not mean taking feminism in a wrong way. Empowering themselves and family in all ways is the real meaning of 'Gender Equality'.

**Outcome:** Students understood the exact meaning of 'Gender equality'. They also had an insight about gender equality. Empowering themselves and family can lead to gender equality.



Mrs. GLORY DEBORAH. C, Founder /Secretary, NEW CREATIONS TRUST, handled the session on Gender Equality - 12.09.2019



Mrs. GLORY DEBORAH. C, Founder /Secretary, NEW CREATIONS TRUST

V. Jare Varamani Sulelle. Signature of the Coordinator

Rotract Club

Fatima College, Madurai-18

NAAC – 4<sup>th</sup> CYCLE – Self Study Report (SSR)

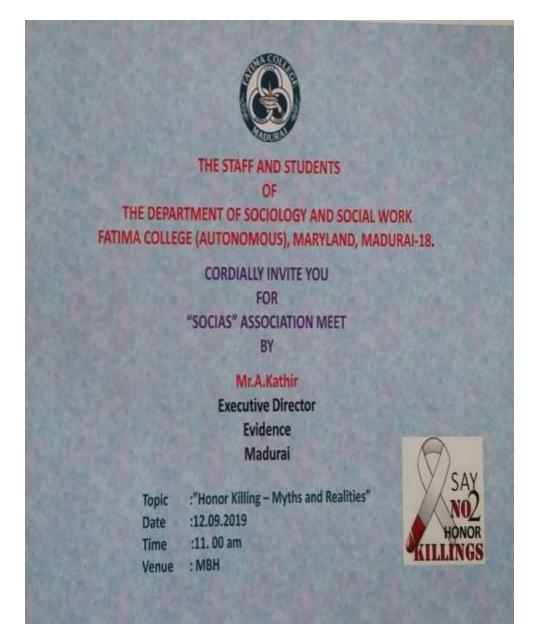


## **HONOUR KILLING-MYTHS AND**

# REALITIES

## 12.09.2019

## **No. of Participants -122**



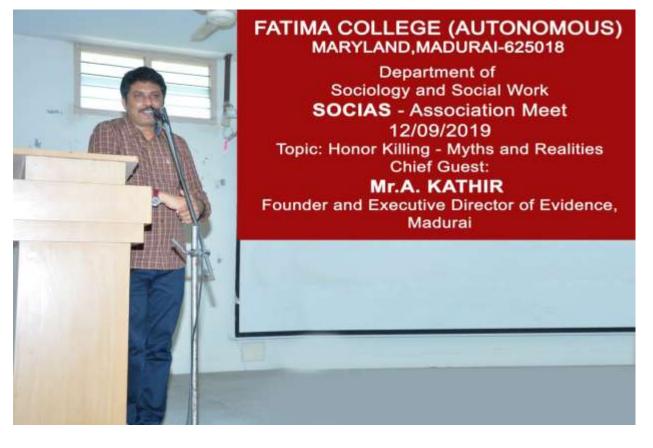
Socias Association Meet on "Honour Killing" conducted by Department of Sociology and Social Work on 12.09.2019.

Торіс	:	'Honour Killing'- Myths and Reality
Organized by	:	Department of Sociology and Social Work,
		Fatima College, Madurai- 18
<b>Resource Person</b>	:	Mr.A.Kathir, Founder and Executive Director, Evidence
Date	:	12.09. 2019
Time	:	11.00 a.m.
Venue	:	MBH

In order to give an awareness related to Honour Killing, the Department of Sociology and Social Work organized "SOCIAS" meet on the Topic 'Honour Killing'- Myths and Reality. The Chief Guest for the meet is Mr.A.Kathir, Founder and Executive Director, Evidence, Madurai.

In his speech, he mentioned that "The Topic is pertinent and need of the hour to discuss today". He emphasized the causes and consequences of honour Killing based on various discriminations in the society like Gender, Class and Caste. During last five years, there are 192 honour killings happened in our country, he said. Also he insisted that the intensity of the Caste consciousness among the people leads to honour killing more than any other reasons in the society. The parents are very much conscious about caste and they believe that the caste is more important than their children he said. As a Sociologists and Social Worker, the students must be aware about the reasons behind the social evils and they should raise questions towards the same to eliminate from the society he told.

Also he presented many case studies on honour killing which he dealt with based on caste discrimination. In 2011 the law related to Honour killing have been passed by our government he said. The students were really enlightened by his speech.





Mr.A.Kathir, Founder and Executive Director, Evidence, delivered the speech on 'Honour Killing'- Myths and Reality on 12.09.2019



Signature of Head of the Department Department of Social Work Fatima College, Madurai-18 NAAC - 4<sup>th</sup> CYCLE - Self Study Report (SSR)

# MOTIVATION TALK SUCCESSFUL MANTRAS FOR WINNING HARDSHIPS 16.09.2019 No. of Participants : 36



# FATIMA COLLEGE (AUTONOMOUS)

MARY LAND, MADURAI – 623 018

# EQUAL OPPORTUNITY CELL

The main objective of equal opportunity cell is to help and empower the persons with disabilities, students to participate equally in the academic, intellectual, social and cultural life of the college on an equal basis.

The empowerment of the weaker sections have been a priority area of concern for our institution. Our institution mission is to give preference to the rural, economically backward and first generation learners and to enable students to be employed in the technology oriented, competitive market.

Our college has always ensured that physically challenged and other weaker sections are not left behind in the learning process. The college ensures that disabled students avail all permissible assistance and other facilities and privilege.

# AIMS AND OBJECTIVES

- Effective implementation of Policies and Programmes for Disadvantaged groups.
- To promote diversity and inclusive practices on the campus and provide the disabled groups with adequate opportunities.
- To ensure a barrier free access to all buildings of colleges, departments, libraries, hostels and offices.
- > To provide psychological support through awareness programs and counselling.

## TARGET GROUP

Equal opportunity committee works for the welfare of deprived section such as differently abled person

### EQUAL OPPOURTUNITY CELL COMMITTEE

Equal opportunity cell comprises of chairperson, coordinator, staff members, parent representative and student representative.

Dr Sr. G. Celine SahayaMary : Principal, Chairperson.

Dr. S. Fatima Rosaline Mary : Coordinator

Dr. Sr. J. Arul Mary : Member

Dr. R. VelankanniMatharasi : Member

Ms.Sugi prince – II BA English : Member

Mr. N.S. Nixon Paul : Member, Parent

### FACILITIES FOR DISABLED STUDENTS

- Priority in admission policy.
- Assistive devices for students with disabilities i.eBrailee Reader, Brailee Books, Voice recognition software.
  - E-Learning Support Systems like jaws software, talking books and E- Text Books.
  - DVDs and Books on disability issues.
  - Provision of Special ramps. Disabled friendly toilets, Wheel Chairs.
  - Special coaching for the students who need extra help with their syllabi and studies with the support by conducting special classes after college hours by the teachers.
  - Providing scribes for the disabled students during tests and exams.
  - Special academic care for the students with the support of outstanding student volunteers.
  - Counselling on personal and psychological problems.
  - Capacity building sessions.
  - Encouraging them to get involved in extracurricular activities and sports and recognition for their achievements.

#### **FUTURE PLANS**

Intend to arrange for more motivational programmes and to be equipped with E -learning and online supporting systems and assistive software and devices.



# Fatima College (Autonomous) Mary Land, Madurai -18

To help and empower the persons with disabilities and to Motivate Students to participate fully in the academic, intellectual, social and cultural life of the college on an equal basis. A motivational talk was delivered by the Equal Opportunity Cell Co-Ordinator, Dr. Fatima Rosaline Mary on 16.09.2019.

This session highlighted say motivation among the students, as well as the amenities, facilities and support offered by the college for their smooth functioning.

Equal Opportunity Cell members and 22 students attended this session.

# EQUAL OPPURTUNITY CELL

Dr.Sr. G.Celine Sahaya Mary DR.S. Fatima Roseline Dr. Sr. J. Arul Mary Dr. R. Velankanni Matharasi Me. Sugi Prince II B.A. English Mr. N.S. Nixson Paul, Parent

- : Principal, Chairperson
- : Coordinator
- : Member
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# COUNSELING



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NAAC – 4<sup>th</sup> CYCLE – Self Study Report (SSR)



# **MEMORY MANAGEMENT TECHNIQUES**

# 12.10.2019

# **No. of Participants -31**



# Fatima College (Autonomous) Mary Land, Madurai -18

# MEMORY MANAGEMENT TECHNIQUES

NAME	: R. Saranya Devi,	DATE	: 12.10.2019
DESIGNATION	: Guest Faculty of Computer Science,	TIME	: 2.00 – 4.00 p.m.
	MTWU <b>, Madurai.</b>	VENUE	: Seminar Hall
PHONE NO	: 9629961119		
PHONE NO	: 9629961119		

### **KEY POINTS HIGHLIGHTED:**

- ✓ What are memory management techniques?
- ✓ Commonly used memory management technique?
- ✓ How to fix memory management?
- ✓ What are the goals of memory management?
- ✓ What is the main function of the memory management unit?

The session focused on common memory management techniques. She explained how Swapping technique is used by an operating system for efficient management of memory space of a computer system. Swapping involves performing two tasks called swapping in and swapping out. The task of placing the pages or blocks of data from the hard disk to the main memory is called swapping in. 4 steps to fix memory management error in windows. Objectives of a Memory Management (MM) System

### OUTCOME :

- ✓ Students learnes about various techniques to manage memory.
- $\checkmark$  They also learned about fixing the memory management errors .



# MEMORY MANAGEMENT, OCT. 12, 2019, R. SARANYA DEVI, FACULTY OF COMPUTER SCIENCE, MOTHER TERESA WOMEN'S UNIVERSITY, MADURAI CAMPUS

B. OF (B. CHANDIRIKA)

HEAD, PG DEPT. OF COMPUTER APPLICATIONS FATIMA COLLEGE MADURAI - 18

NAAC – 4<sup>th</sup> CYCLE – Self Study Report (SSR)



# **WOMEN ENTREPRENEUR**

# 27.02.2020

# **No. of Participants -34**



# Fatima College (Autonomous) Mary Land, Madurai -18

### WOMEN ENTREPRENEUR

NAME	: K.R. Thangarajeswari	DATE	: 27.02.2020
DESIGNATION	: MANAGING DIRECTOR,	TIME	: 2.00 – 4.00 p.m.
	DREAMZONE, MADURAI.	VENUE	: Seminar Hall
PHONE NO	: 9994375055		

## **KEY POINTS HIGHLIGHTED:**

- ✓ Why are female entrepreneurs important?
- ✓ How can a woman become a successful entrepreneur?
- ✓ important motivation for a woman entrepreneur?
- ✓ How can a woman become a successful entrepreneur?

In this session, students learned about Women entrepreneurship which is the process for women to initiate a business, gather all resources, undertake risks, face challenges, provides employment to others and manages the business independently. She also explained about the most important transcendental motivation for women, according to the literature, is a desire to enjoy flexibility at work, which lets them deal with family issues and domestic chores better than a rigid schedule would allow. She advised students to be female entrepreneurs, so that can attract the best of the best - the best employees, the best mentors, the best clients, etc. Listen, be empathetic, be encouraging - be empowering in your entrepreneur endeavors.

### OUTCOME :

 Students learned about how juggling many tasks at the same time and still being able to produce excellent results. In today's ultra-fast paced business environment, you need the ability to quickly identify the allies and the enemies.



WOMEN ENTREPRENEUR, FEB. 27, 2020 MS. K. R. THANGARAJESWARI MANAGING DIRECTOR DREAMZONE, MADURAI.

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PG Department of Computer Application Fatima College, Madurai - 18

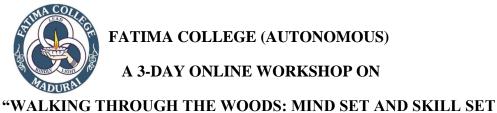
NAAC – 4<sup>th</sup> CYCLE – Self Study Report (SSR)



# **WALKING THROUGH THE WOODS**

# 16.07.2020 TO 18.07.2020

**No. of Participants -262** 



DEVELOPMENT" (16<sup>th</sup> July 2020 to 18<sup>th</sup> July 2020)

### REPORT

**The Department of Business Administration and Department of English (Shift II)** jointly organized a three day workshop on "Walking Through the Woods: Mind Set and Skill Set Development" from 16<sup>th</sup> to 18<sup>th</sup> July, 2020, 11.00 a.m. – 12.30 p.m. Prof. R.Raja Govindasamy, Former Principal of Thiagarajar College, Madurai, Academic Advisor and Life Skills Trainer and Dr. D.Helen Christina, Assistant Professor, Sri Meenakshi Government Arts College for Women, Madurai, Counsellor and Psychotherapist were the eminent resource persons of the three day workshop. 262 student participants of the self financing section of Fatima College enthusiastically took part in the Workshop. The workshop provided an overview of the skills essential for a career aspirant to cope with the competition that prevails today.



DAY 1 OF THE WORKSHOP

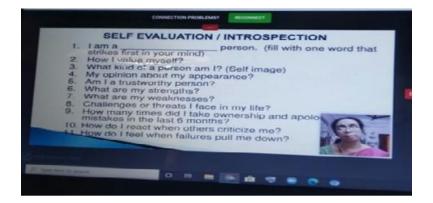
The first day of the workshop was entitled "The Woods are Lovely" (An Exercise in Values and Skills for Life and Career). The first session of the workshop was handled by Dr. D.Helen Christina. The speaker began her speech with associating the enchantments of a forest with the mysteries of life. She said that the forest could be both enchanting and dangerous. She compared adolescent life with the woods. She said one should have the mind set to admire the beauty of the forest that is the beauty of life. One should also learn to pass through the obstacles one has in life.

The speaker referred to World Health Organization's recent announcement about the ten types of life skills. One should update these ten skills of life. Like in the woods, we should choose the right way and right direction that help the individual to grow successful in life. The Speaker listed the hurdles in one's life namely cultural and religious restrictions. Dr. Helen spoke about the confused state of the youngsters in recent days. It is the mental health that clears paths of confusion the youngster/ the students face in the society.



Dr. D.Helen Christina unraveling the mysteries of life with apt examples

The speaker highlighted her expertise on "Self Awareness". One should be aware of his/ her thinking, his/ her gestures and people's opinion about himself / herself. The speaker switched to the other essential element of an individual namely Empathy. She also said that one should look for options in difficulties. The speaker also mentioned two types of thinking: Creative and Critical. One should leave what he/ she can't cope with and bring alterations in life. In the end of the session she uploaded 22 questions for the students to answer as the part of the workshop assignment. She concluded the session that at the end of the woods we should see the light and quoted Robert Frosts' verse, "Miles to Go Before I Sleep".



Self Evaluation Test given to Participants by Dr. Helen Christina

#### Samples of Assignments done and posted in Google Classroom

ingry,kind, honestly person. I v	alue myself:	
By my failures		
By my responsibility	Day 1	
my behaviors.	Assignment	4
and person I am:		
Angry		
Honestly		
Strong		the with
Bold		
Responsibility		130
fy appearance		
ty inner appearance		
I trieing to make my inner	appearance like good in all situation.	14
yes		
ly strength		
My parents		
My education		
My honestly		
Myself		
My Boldness		

#### PICTURE 1

2. I Value myself with my will power and my good behaviours.
3. I am an honest and emotional grot.
4. I am good hearted shost chubby grot.
5. yes
6. I motivate myself is my shength emy parents also
7. Suddenly Grying is my weatness and talking too much also.
8. 12th public exam is my challenge I take in my lifte. Because I'm unhealthy in that time. life. Because I'm unhealthig in that time.

#### PICTURE 2

Completed Assignments from participants sent to Google Classroom

Prof. R. Raja Govindasamy, spearheaded the second half of the first day workshop. His session on Skill Set was made interesting and lively with brain games, opinion polls, witty quotes and humour.



Prof. R.Raja Govindasamy's Session on Skill Set

Prof. R.Raja Govindasamy started the session by citing the words of the American poet Robert Frost "Woods are Lovely". With good will he greeted the participants and said life is a celebration – hence smile, appreciate good things in others and spread cheer all around.

On the onset, he remarked that Journey of life is akin to taking a walk in a bamboo forest. Accordingly to live better lives he proposed four functions of our life. Know thyself, understand others, accomplish things and also get things done. He assured the student participants that just like a shy caterpillar becomes a beautiful butterfly, all the sessions will help them to emerge from their doubts and fears as sprightly young aspirants.

The speaker started the session by referring to the monumental and historic event of man landing on the moon. It was Neil Armstrong who mustered courage, climbed down the ladder and stepped ahead to set foot on the unsure surface of the moon. With reference to this event he explained that a reversal of skill set is essential to cope with the cutthroat competition that prevails today.

The speaker then briefed on the real world skills and career skills. They are otherwise termed as ORTA skills. Observe, Read, Think and Act should be the mantra of life. The speaker then reckoned three obstacles - ignorance, indifference, inhibition which dampen the career skills of an individual. The speaker quoted the words of Dr. A.P.J. Abdul Kalam, former Indian President to indicate the value of team work.

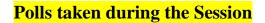
Prof.R.Raja Govindasamy then referred to the words of Steve Jobs, former CEO of Apple, Inc., "Life is all about connecting the dots." Being insightful will help one to realize one's strengths and weaknesses. The session was made further interesting by giving brain games and self-evaluation tests. A poll was also conducted to ensure active participation of the students.

14 ÷7=	6 X 2 =	8 + 2 =	9 + 6 =	8 - 4 =	12+ 2 =
14 - 7 =	8 + 4 =	9 +11 =	1 ÷1=	12 X 2 =	6 ÷ 6 =
6 X 5 =	10 - 2 =	4 x 3 =	8 X 7 =	20 –10 =	8 + 5 =
8 + 3 =	4 -1 =	6 ÷2 =	13 -1 =	9 -1 =	Tan

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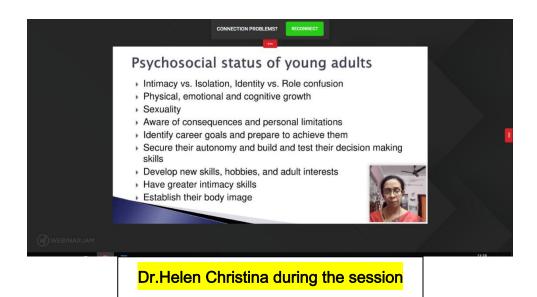
Interesting Brain Games given to the Student Participants



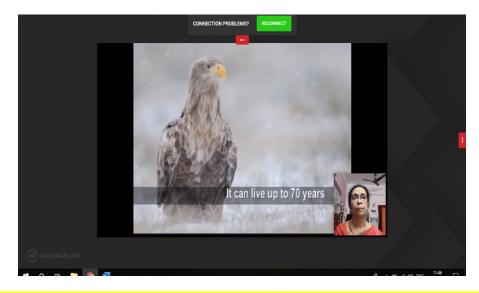


The speaker further introduced another set of skills termed ABCD skills - Accuracy, Brevity, Clarity and Delivery. To enhance these skills the participants were motivated to peruse medical literature and gadget manuals and also news items and cartoons in newspaper.

The Second Day of the Workshop was handled by Dr. Helen Christina, a counsellor and a psychotherapist. She spoke regarding mind set and skill development and stated "LIFE SKILLS FOR LIFE STYLE" that Outer Appearance of a Forest may be Beautiful, but we should cross the paths by facing hurdles and obstacles to reach our destiny. She started with the psychosocial status of young adults.

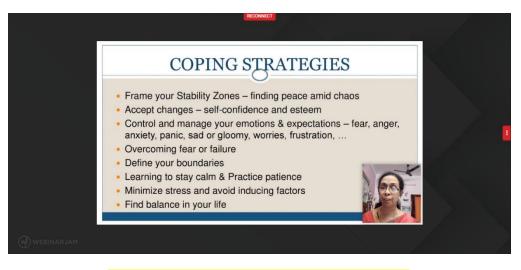


Then, the session moved on to the important theme "Focusing onLife Skills". Her session was made interesting with stories and anecdotes and impressive videos.



Video highlighting Experiencing Pains in our Life to get a Bright Future

The Speaker also pointed out that "**change is the only coping strategy**". Everyone must overcome his failures. One must possess the ability to bear the stress factor.



Dr.Helen Christina during the session

Dr. Helen spoke on the importance of Life Skills by quoting "Respect someone who really respects you".



The Speaker's focus on Life Skills

The Speaker presented her speech with more of real life examples. She also added few modules regarding such psychological attitude like fighting to survive and win. Her Speech really motivated the students and made them realise how important **Self Respect** is and it cannot be demanded, rather it must be earned.

During the discussion session at the end the queries of the students were clarified by Dr. Helen Chiristina and Mr.R. Raja Govindasamy. Both of them adeptly clarified the doubts and enlightened the minds of the Students.



Dr.Kumari, Head, Dept. of Business Administration moderating the session

The session was concluded with Dr. **Rubyleela, Department of Business Administration** delivering the vote of thanks.



Thanking Session

The third day of the workshop began with Prof. Raja Govindasamy who spoke on the topic: "Emerging from the Woods".



### Start of Day 3 of the Workshop

The speaker started with a question on the purpose of a hunter and a sage in the woods. And answered the hunter needed marksmanship and the sage aestheticism. He continued his speech by asking what job seekers and career aspirants acquire. They need employability skills, real world skills, transferable skills, career skills and core skills and personal attributes competences these are the skills that explore and exhibit a person as a suited individual. He further added that transferable skills relate to a person's behavior, values and motives. He quoted from swami Vivekananda, that in workplace you have to be soft as a flower and hard when demanding the job done; "only way to predict the future is the power to save the future", he quoted to stress his point that every individual has the power to save the future and gave some 16 questions to the students for self evaluation.

	Skill(6)	Definition	
1	Leadership	Motivating and empowering others	
2	Planning and organizing	Organizing events and using time	
3	Quality orientation	Ensuring standards are met	
4	Persuasiveness	Influencing and convincing others	
5	Technical competence	Possessing the required job skills	
6	Problem-solving	Analyzing issues, finding solutions	
7	Oral communication	Speaking clearly and fluently	
8	Written communication	Writing clearly and concisely	
9	Commercial awareness	Applying financial criteria to issues	
10	Creativity and innovation	Originating ideas and approaches	
11	Action orientation	Making decisions, taking action	
12	Strategic thinking	Understanding the impact of events	and the second se
13	Interpersonal sensitivity	Respecting others, interacting well	Real Property lies and the second
14	Flexibility	Adapting well to change	Come and Francis
15	Resilience	Remaining calm under pressure	
16	Personal motivation	Working hard for career goals	
	CONTRACTOR OF THE OWNER OWN		

Discussion on activity assigned in Google Classroom

The Speaker facilitated the students to answer the question "Tell Me About Yourself". He wanted the students to answer at their best with humility. He said that the skills needed for

creating an individual profile is leadership, planning and organizing, quality, persuasiveness, technical competence, problem solving, oral and written communication, commercial awareness, creativity and innovation, action orientation, strategic thinking, interpersonal sensitivity, flexibility, resilience, and personal motivation. He cited Indra Nooyi as an example for leadership. Regarding time management the chief speaker said"Put first things first", as the best principle for personal management.

To illustrate his point further he cited Jackie Chan's 10 rules for success,



The Speaker providing Real Life Examples

He clarified the students that transferable skills are capability skills. Sir quoted Dr. Schuller;s book "Tough Times Never Last, but Tough People Do" and insisted the students to have this capability and suggested the students to take brain storming test for possible solutions. This is the simple technique to emerge from the woods. He advised the students to have elevated pitch for oral and written communications. Entrepreneurial skills involve commercial awareness, creativity and innovation, action orientation and strategic thinking.

Personal qualities comprise of interpersonal sensitivity, flexibility, resilience, and personal motivation. He concluded quoted Steve Jobs "Stay Hungry Stay Foolish". To inspire the students the speaker of the occasion, played a video of Lenin an engineering graduate, turned parotta master. Success is not a fixed standard it is a journey of progress and after the self evaluation asked the students to emerge from the woods with flying colours. The program ended with a question answering session and Mrs. P.Sumedha, Head, Department of English (Shift II) proposed the vote of thanks. E-Certificates were distributed to all the participants who attended the Workshop on all the three days and submitted the assignments in Google Classroom.

P. Sumedh

P.SUMEDHA, M.A., M.Phil., Assistant Professor and Head Department of English (SF) Fatima College (Autonomous) Mary Land, Madurai-625 018.

S. L. Kumari

Head,BBA Department.

Head Department of Business Administration Fatima College (Autonomous) Madurai-18