



Criterion : V – Student Support and Progression

Metric : 5.1.3 – Capacity Enhancement & Skill Development

Year : 2015 - 2020



5.1.3 Following Capacity development and skills enhancement activities are organised for improving students capability (8)

Name of the capability enhancement program	Date of implementation (DD-MM-YYYY)	Number of students enrolled	Name of the agencies/consultants involved with contact details (if any)
Life Skills			
2019-2020			
Yoga and Meditation for Excellence - On International Yoga Day	21.06.2019	4105	Mrs. R Suriya Praba , Yoga Trainer, Madurai
Scientific & Yoga Meditation	24.06.2019	34	Mrs. N. Rama Rani , Yoga Trainer, Anaiyur, Madurai
Millet Eateries - Environment Education Club	11.07.2019 to 31.07.2019	1091	Environment Education Students , Fatima College, Madurai
Awareness Programme on Cervical Cancer	17.07.2019	1115	Mr. Ramanathan L. Srinivasan , Director, Sree Vinayaga Screens, Madurai Dr. Mythily Prathibah Pandian and Mrs. Meenakshi Arvind , A globe trotter and an avid reader, Coimbatore
You are, What you eat	18.07.2019	75	Dr. K.Karthiga , Assistant Professor, Department of Home Science and Nutrition, Fatima College, Madurai-18
Fractures and Precautions	25.07.2019	156	Dr.Karthick Pandian , Physiotherapist, Sri Sai Physio, Madurai.
Awareness Programme on Environment - Can we Recover the Lost Paradise?	08.08.2019	220	Dr. J.Jerald Wilson , Assistant Professor, Department of Food and Technology, Arul Anandar College, Karumathur, Madurai.
Road Safety Programme	10.08.2019	164	Ms. Paul Thai , Inspector of Traffic (South), Madurai
Solid Waste Management	22.08.2019	229	Mr. K. Thirupathi , Professor, KM College of Pharmacy & Managing Director, KT Greens, (Solid Waste Management Unit), Temple City Group of Hotels, Madurai

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Fit India Movement	29.08.2019	1058	Dr. Sr. Bindu Antony, Vice Principal, Fatima College, Dr. Arasammal, Vice Principal, Fatima College
Poshan MAAH - The Journey to Healthy living-Be Healthy & Stay Healthy	04.09.2019	824	Dr. Vasantha Esther Rani, Head & Associate Professor of Research Centre of Home Science, Fatima College
Blood Donation Camp	19.09.2019	824	Dr. Vasantha Kumari, Medial Officer, Blood Bank, Government Rajaji Hospital, Madurai
Preparation of Liquid Decomposer	27.09.2019	38	Green Club, Fatima College, Madurai.
Awareness on Eye Care	10.10.2019	824	Ms. R. Meenakshi Sundaram, Senior Manager - Clinical Services, Aravind Eye Hospital, Madurai
First Aid Training	15.10.2019	220	Dr. Mohamed Firdhouse, Government Hospital, Dharmapuri
Aloe Vera & Planting for Herbal Product Preparation	16.10.2019	26	Green Club, Fatima College, Madurai.
Dengue Awareness - Distribution of Immunity Booster Drink -Nilavembu	24.10.2019	164	Eco-Sustainability Club, Fatima College, Madurai.
Training in Manufacturing (Level 1)-Food Safety Supervisor	30.11.2019	25	Dr. Poonkodi, Head, Professor, FOSTAC-Training Partner, Dept. Food Science & Nutrition, Periyar University, Salem
Stress Management and Open the Door to Happiness	06.12.2019	277	Mrs. Andresia Michaeline K, Corporate Trainer/Students Counsellor, Dindigul Mrs. S. Kathija Yasmine, TEFL, Founder –Skill theatre, Madurai
Music therapy for Cancer Patients - Motivational Program (Service for Cancer Patients Through Music Therapy)	Twice in a Month	3	Dr. Angel, AICUF Co-ordinator, Fatima College, Madurai.
Awareness Programme on Road Safety Measures – Flash Mob at Goripalayam and Railway Station	25.09.2019 & 06.01.2020	70	Department of Journalism & Mass Communication, Fatima College, Madurai

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Hands on Training - Preparation of Herbal Beauty Products From Aloe Vera	10.01.2020	52	Dr. B. Vinosha , Assistant Professor, Department of Chemistry, Fatima College, Madurai Dr. V. Bharathy , Assistant Professor, Department of Zoology, Fatima College, Madurai
Practice Meditation	13.01.2020	198	Mr.S.Harikrishnan , Sahaj Marg Meditation Centre, Madurai
Awareness Program on Health and Hygiene	30.01.2020	958	Dr. B. Kayalvizhi , Obstetrician and Gynecologist, Government Hospital, Cumbum, Theni
Medical Nutrition Therapy	07.02.2020	35	Mr. Kevin Kumar , Senior Research Fellow, Department of Biotechnology, Madurai Kamaraj University, Madurai
Awareness on Corona Virus	13.02.2020	824	Dr. G. Uma , Vice Principal (Shift I), Part V Coordinator Fatima College, Madurai -18
Awareness on Corona Virus - Novel Corona Virus 2019	13.02.2020	958	Dr. Aabidha Thaslim , Assistant Professor of English SF and Coordinator, Youth Red Cross, Fatima College, Madurai
Water Conservation	20.02.2020	160	Mr.Yogesh Karthick , Meiporul Foundation, 4/268 Gurusamy Nagar, Karadipatti, Nagamalai Pudukkottai, Madurai-625 019
Human Wellbeing – Struggles and Challenges	24.02.2020	166	Dr. Synthia Mary Mathew , Professor and Head, Dept. of Social Sciences, Lady Doak College, Madurai
Awareness Program on Eye Donation	27.02.2020	824	Mr. D. Saravanan , Manager, Eye Bank, Aravind Eye Hospital, Madurai
The importance of Psychotherapy education for Teachers	27.05.2020	222	Mrs. Francisca Laser , School Staff Developer in Innova Primary, Singapore
Novelties in Nutraceuticals	05.06.2020	166	Dr. A. Premkumar , Guest Scientist, Dept.of Molecular Biology & Genetics Faculty of Science, Istanbul University, Turkey.
2018-2019			
Meditation in Action Movement	21.06.2018 to 28.02.2019	1108	Mrs. Indira Baskaran Mrs. Maria Selvam, Anaiyur , Madurai
International Day Against Drug Abuse and Illicit Trafficking	26.06.2018	165	Mr.Davidson Devasirvatham , Commissioner of Police, Madurai

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World Blood Donors day /Uthiram'18 Marathon - Awareness on Blood Donation	06.07.2018	250	Thiru. S. Davidson Devasirvatham , Commissioner of Police, Madurai
Millet Eateries	12.07.2018 - 07.02.2019	1289	Students of Environment Education , Fatima College, Madurai
Green Coverage	30.07.2018	216	Dr. S.Rajendran , Associate Professor Department of Botany, Saraswathi Narayanan College, Perungudi, Madurai
Demo on Salt Adulteration	31.07.2018	273	Mrs.N. Meenambal , Zonal Secretary of Consumer forum , PLV – District Court Legal Aid Service Authority Mrs. C.Thangam , Member, Women Consumer Protection Association, Madurai.
Breast Feeding: Foundation of Life	06.08.2018	1773	Dr. S. Balasankar , Professor & Head, Government Rajaji Hospital, Madurai Dr. M. S. Rajarajeswaran , Professor, Government Rajaji Hospital, Madurai
Be a Champion - Sports Students	29.08.2018	102	Dr. Augustus Samuel Dodd , Medical Superintendent, Grace Kennett Hospital, Madurai.
Demonstration on Food Adulteration	31.08.2018	70	Dr. Karthika , Assistant Professor of Home Science Fatima College, Madurai Ms. J. Josephine Jesintha , Assistant Professor of Home Science, Fatima College, Madurai
Blood Donation Drive - Importance of Blood Donation	10.09.2018	998	Dr. Mercy Joyston , Assistant Professor, Department of Transfusion Medicine, Madurai Medical College
Awareness on Zoonosis Disease	20.09.2018	202	Dr. G. Suresh Kumar , Veterinary Doctor, Madurai
Awareness on Herbal Medicine	17.10.2018	203	Dr.Guru Moorthy , Accupuncture Clinic, Kulamangalam, Madurai.


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Present trend of HIV	12.12.2018	165	Mr. R.Sakthi Anand , Programme Manager, RUSS Foundation, Madurai Mrs.V.Suganthi Counsellor RUSS Foundation Mrs. C.Tamil Selvi Social Worker RUSS Foundation Mrs. N. Hemalatha Christyal Social Worker RUSS Foundation Mr. J.Vigneshwaran Monitoring RUSS Foundation
Awareness Programme on “Hepatitis” - Preventive Measures of Hepatitis	13.12.2018	82	Dr. Prof. Arthur Joseph Asirvatham, MD (General Medicine), D. Diab, Arthur Asirvatham Hospitals
Session on “Mental Health: Secret to Happiness”	20.12.2018	499	Rev. Dr. Sr. Francis Pauline , Student Counselor, Fatima College
Key Factors of Successful Projects	21.12.2018	77	Ms. L. Senthilakshmi , Executive Director, Tandem Infotech, Madurai.
Herbal Cosmetology	28.01.2019	176	Dr. J. Jeyavenkatesh , Chairman, Kokila Siddha Hospital & Research Centre, Thirumangalam, Madurai
Programme on Menstrual Hygiene	29.01.2019	710	Dr. K. Catherine , Dept. of Chemistry, Fatima College, Madurai.
General Medical Check Up	08.02.2019	110	Dr. Sr. Diana Theresa, MBBS Sr. Francis & Sr. Thangam
Tamil Medicine Exhibition on <i>Iyarkaiku Thirumpuvom</i>	20.03.2019	226	The Research Centre of Tamil , Fatima College, Madurai
2017-2018			
Need for Yoga in daily life Yoga to Unlock Inner Strength	21.06.2017	1371	Mrs. Thanga Japamalai @ Indira , Founder and Head of Indira Yoga Center, Nagamalai, Madurai
Commercialization of Food Products	30.06.2017	40	Mr. Ashok Kumar , Director, Business Promotion Unit, Chamber of Commerce, Madurai
World Breastfeeding Week - “Breastfeeding: A Key to Sustainable Development”.	05.08.2017	1669	Dr. R. Priyadharshini , Consultant, Gynaecologist, ESI Hospital, Madurai
Millet Eateries	06.07.2017 - 08.02.2018	1277	Environment Education , Fatima College, Madurai

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Life Skills	10.07.2017	48	Ms. A. Amalorpava Jemma , Engineer Lead, Texas-78750
Congenital Disorders of Vitamins: Transport and Metabolism	29.07.2017	143	Dr. B. Ashokkumar , Assistant Professor, Department of Genetic Engineering, School of Biotechnology, Madurai Kamaraj University, Madurai
Awareness Programme on Water Conservation	03.08.2017	515	Dr. B. Balaji , Assistant Professor, Thiagarajar College of Engineering, Madurai
Life Management	24.08.2017	113	Mr. Ko @ Raja , ORATOR, 7GF, Akaash, PARSN Shrishi Apartments, Madurai
Blood Donation Camp	24.08.2017	515	Dr. Mercy Joyston , Assistant Professor, Department of Transfusion Medicine, Madurai Medical College
Conservation of Animals	15.09.2017	75	Mr. N. Ravindran , Founder, Iragugal Trust, Member, Nature Green Forum, Madurai
Contamination, Spoilage & Preservation of Milk, Fruits and Vegetables	09.10.2017	49	Mr. Immanuel Suresh , Assistant Professor, Department of Microbiology, The American College, Madurai
Life Skill Orientation	12.10.2017	49	Ms. Dafne & Mr. Shiva , Trainers, KPSMK Institute of Training, Research & Development, Madurai
Awareness Programme on AIDS	21.12.2017	515	Ms. R. Nalina Devi , ICTC Counsellor, RCH Coordinator, ESI, Madurai
Value of Life	12.02.2018	167	Dr. M. Kannan , Director-Research, M.S. Chellamuthu Institute of Mental Health & Rehabilitation, Madurai
2016-2017			
International Yoga Day	21.06.2016	92	ANO Lt. Dr. Antony Amala Jayaseeli
Better Nutrition: Eat right with Delight	08.09.2016	180	Dr. V. Ramanujam , M.D, Professor, Head, Dept. of Psychiatry, Vellammal Medical College, Madurai
Managing Disaster - A Strategic Perspective	29.09.2016 - 30.09.2016	120	Mr. Pradeep Meya , Director, MAC, Singapore Ms.Mathilide, Health officer, France Mr. Samuel Rukomia Kanguru, Kenya
Awareness Session on Healthy Eating Habits	06.10.2016	912	Dr. V. Sarojini , Assistant Professor, Madurai Medical College, Madurai

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Awareness on Food Products	07.10.2016	323	Mr. Jeyakumar , Food Safety Officer, Madurai Urban Mr.Chandra Mohan , Food Safety Officer, Vadipatti, Madurai.
Marching towards Aids Free Society	01.12.2016	168	Mrs. Glory , Programme, Co-ordinator, RUSS Foundation, Madurai
Awareness on AIDS	01.12.2016	875	Shri Jeyapandi , District Coordinator, RRC, Madurai.
Meta Cognition Skills	14.12.2016	112	Mrs. S. Santhi , Sub – Inspector of Police, Madurai
Interaction With Villagers About Mental Illness	02.02.2017	168	Ms.Buvana , Programme Co-ordinator, Santhmanas, Madurai Mr.Vignesh , Psychiatric School Social Worker, Santhmanas, Madurai
Seminar on First Aid	24.02.2017	50	Mr.Rajkumar , Member of Youth Red Cross
Health Management Using Yoga	27.02.2017	112	Mrs. Rani , Yoga Professor, TN Open University, Madurai
2015-2016			
International Yoga Day	21.06.2015	79	2 Tamil Nadu Bn NCC , Madurai, MGR Stadium, Race Course Grounds, Madurai
Dengue Awareness Campaign	21.07.2015	875	Shri. Varadharajan , Senior Entomologist, ICMR, Madurai.
World Breast Feeding Week	07.08.2015	1471	Dr. Priscilla Gunasekaran , Gynaecologist & Obstetrician, Aroma Hospital, Madurai
Safety for Women in Cities - Sexual Abuse	30.09.2015	156	Ms. Vinaita Sivakumar , Play Back Singer, Social Activist, Counsellor, Rotary Club of Tiruchirapalli
Awareness and Prevention of Disability	03.12.2015	156	Ms. Shamila Doris , Secretary, YMCA & Ms. Angel Selvaraj , Assistant Professor, YMCA
Awareness on Cancer	17.12.2015	875	Dr. Alagu Ganesan , Surgical Oncologist, Vadamalayan Hospitals, Madurai and Mrs. Reavathy, Executive, Vadamalayan Hospitals, Madurai
Homeopathy Treatment	07.01.2016	87	Dr.Malar , Homeopathy, Prathiga Hospital Madurai
Anaemia Detection among College Students	18.01.2016 to 22.01.2016	574	Mr. Cholan , DMLT Instructor, Fatima College(Autonomous), Madurai
Mechanism of Ageing	25.01.2016	138	Dr. S. Sudhakar , Associate Professor & Head, Department of Biotechnology, Manonmaniam Sundaranar University, Tirunelveli
Oil and Gas Conservation Fortnight	28.01.2016	201	Mr .P. Sreedhar , Deputy Manager, LPG, IOC Ltd

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Life Skills for Effective Leadership	09.02.2016	178	Dr. S. Thiagarajan , Head of the Department, Department of Economics , Sourashtra College, Madurai V.K.Boominathan , Former Head, P.G. Department of Commerce, Bishop Heber College, Tiruchi
Tuberculosis Awareness and Advocacy	11.02.2016	875	Mr. Lingusamy , Advocate, Partnership for TB care and control& Mr. Saravanan , District Coordinator, National Tuberculosis Control Programme
The Awareness Programme for Girls on the Concept of No Smoking	10.03.2016	83	Dr. Dheep , Founder, Top Kids Psychiatrist in Apollo Hospital, Madurai
Documentary Film - River Once	15.03.2016	44	I M.A English & DHAN Foundation , 1A, Vaidyanathapuram East, Kennet Cross Road, Madurai -16. dhanfoundation@ghan.org


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