## NAAC - 4th CYCLE - Self Study Report



Criterion : III - Research, Innovations and Extension

Metric : 3.6.3 & 3.6.4 Extension Activities

Year : 2019 – 2020



## ROSA- REACH OUT TO SOCIETY THROUGH ACTION SKILL TRAINING PROGRAMMES

Name of the Department : Research Centre of Home Science

Name of the village : Thandalai

Name of the Activity : Jam preparation

Number of Beneficiaries : 25 Number of Students involved : 20

Date of the Activity : 21-09-2019

Students were taught the method of preparing jam from easily available fresh fruits in villages. By using this method, children were taught how to eat fruits without the loss of nutrients. The ladies identified this method to be effective in feeding the children with fruits as they can prepare jam whenever they need. They were pleased about the recipe as they were not aware that jam could be prepared in home using such simple steps.





## PARTICIPANTS' LIST

S.NO	REGISTER NO	NAMES
1.	2017N27	MUKIL A
2.	2017N28	NAZRIN BANU P
3.	2017N29	NIRAIMATHI R
4.	2017N30	NITHYA A
5.	2017N32	PAVITHRA G

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6.	2017N33	PAVITHRA P
7.	2017N34	PRAVEENA M
8.	2017N35	PRETHIKA S
9.	2017N37	RAFIYA HASEENA A
10.	2017N38	SADHIYA BEGUM H
11.	2017N39	SAROJINI S
12.	2017N40	SELVA POOJA P
13.	2017N42	SOWMIYA R
14.	2017N43	SOWMIYA DEVI K
15.	2017N44	SUBALAKSHMI M
16.	2017N45	THILOTHAMA J S
17.	2017N46	UDHAYA V
18.	2017N47	VASANTHI S
19.	2017N48	YAMI R
20.	2017N49	YAMUNA VALLI S