



**Criterion : III – Research, Innovations and Extension**

**Metric : 3.6.3 & 3.6.4 Extension Activities**

**Year : 2019 – 2020**



## ROSA - REACH OUT TO SOCIETY THROUGH ACTION

### AWARENESS PROGRAMMES

<b>Name of the Department</b>	: History
<b>Name of the village</b>	: Samabakulam
<b>Name of the Activity</b>	: Awareness on keeping the body fit
<b>Number of Beneficiaries</b>	: 10
<b>Number of Students involved</b>	: 25
<b>Date of the Activity</b>	: 21-09-2019

On 21.09.2019 the Department of History went to Sambakulam with 25 Students from 3<sup>rd</sup> B.A. They cleaned the surrounding and assembled the small children from their houses. The students were divided into various groups for cursive writing. Each student wrote 2 pages with the guidance of the college students. 10 students learnt cursive writing. 10 students below 2<sup>nd</sup> standard learnt oral rhymes. After that the students were taught simple exercises to keep the body and mind fit.



**Giving exercise practice to the students**



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### LIST OF PARTICIPANTS

S.NO	REGISTER NO	NAMES
1.	2017H30	NAGALAKSHMI K
2.	2017H31	NAGAVEERAJOTHI S
3.	2017H32	NANDHINI J
4.	2017H33	NAVEENA A
5.	2017H34	NESA PRIYA B
6.	2017H35	NIVETHA M
7.	2017H36	NIVETHA S
8.	2017H37	PONLAKSHMI P
9.	2017H38	POOPPANDI G
10.	2017H39	PRIYA R
11.	2017H40	PRIYADHARSHINI G
12.	2017H41	RAMALAKSHMI A
13.	2017H42	RENUGADEVI S
14.	2017H43	RIZWANA S
15.	2017H44	ROSER LESLY S
16.	2017H45	SAKUNTHALA P
17.	2017H46	SANDHIYA R
18.	2017H47	SANTHIYA T
19.	2017H48	SARANYA V
20.	2017H49	SATHIYADEVI S
21.	2017H50	SELVAKANI P
22.	2017H52	SHALINI YASIKA A
23.	2017H54	SHARMILA V



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24.	2017H55	SIVARANJANI S
25.	2017H56	SUREKA DEVI K

