

Criterion : III – Research, Innovations and Extension

Metric : 3.6.3 & 3.6.4 Extension Activities

Year : 2018 – 2019



NATIONAL SERVICE SCHEME Music Therapy for cancer patients

Date: 22-08-2018

Time : 2pm – 4pm

Venue : Government Rajaji Hospital, Madurai

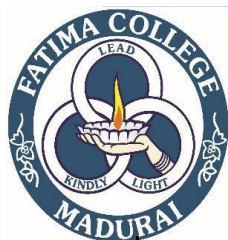
NO OF PARTICIPANTS: 20

Fatima College joined with Ashwin Maharaj Foundation, an NGO entrusted in music therapy sessions for the cancer patients at Government Rajaji Hospital, Madurai. Four NSS volunteers and 2 AICUF students were accompanied by Dr. Angel to visit Cancer Centre, Oncology division, Government Rajaji Hospital twice in a month to give music therapy for cancer patients. This music therapy is a part of a complementary medicine program in supportive cancer care which accompanies medical treatment. Music therapy for cancer patients—interactive music therapy techniques (instrumental improvisation, singing) as well as receptive music therapy techniques (listening to recorded or live music, music and visuals) are used to improve mood, decrease stress, pain, anxiety level and enhance relaxation. This therapy is an effective form of supporting cancer care for patients during the treatment process which is also basic for planning effective programs of rehabilitation to promote wellness, improve physical and emotional well-being and the quality of life.

OUTCOME: The students felt very happy with great satisfaction for being part of cancer patients for their treatment through music therapy.

Name List of Students

S.No.	MAJOR	NAME
1.	II MATHS	PANDILAKSHMI.T
2.	II MATHS	SWARNAMBIGAI.G
3.	I PHYSICS	M. SHRINIDHY
4.	I PHYSICS	M. SURIYA PRABHA
5.	II ECO	ABINAYA .N.
6.	II ECO	AFRINA FARZHANA .S.
7.	II ECO	ANGALAESWARI .C.
8.	II ENG	JEBA SANTHIYA A
9.	II ENG	JESWIN S
10.	II ENG	JOSEPHINE LINCY P
11.	II ENG	JUDI MARY J



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12.	II ZOOLOGY	ATCHAYA.M
13.	II ZOOLOGY	DEEPA PRABHA.B
14.	II ZOOLOGY	GUNA SHALINI.R
15.	II HSC	G. AMUTHA KEERTHANA
16.	II HSC	J.S. THILOTHAMA
17.	II HSC	R. MAHALAKSHMI
18.	II CSC	D.ANANTHA VALLI
19.	II CSC	G.ANGEL VINCY
20.	II CSC	A.S.AROKIA DAYANA KIRUBA

Students involved in music therapy for cancer patients in Government Rajaji Hospital

