

Criterion : III - Research, Innovations and Extension

Metric : 3.6.3 & 3.6.4 Extension Activities

Year : 2016 – 2017



GREEN CLUB REPORT 2016-2017

ACTIVITY – 1- INAUGURATION OF FIN

Date: 23-09-2016

Time :12 noon – 1: 30 pm

Venue : Jubilee Hall No of Participants : 50

Chief Guest:

1. Dr. ArunaDevaraj,

Research Guide and Director, MKU.

2. Mr.Rajendran,

Herbal Research & Training center, Periyakulam.

Fatimites Interconnecting with Nature (FIN)

Green club of Fatima College was inaugurated on September 23, 2016 for the undergraduate students. Green clubwas renamed as FIN (Fatimites Interconnecting with Nature). Dr. Aruna Devaraj, MKU Research Guide and Director &Mr. Rajendran, Herbal Research & Training center, Periyakulam were the chief guests of the day. She inaugurated the FIN activity with a talk on "Herbal Medicine for Holistic Health" in which she highlighted the importance of taking breakfast and a balanced diet through demonstration.

She introduced the theme in a very attractive manner by showcasing the vegetables and fruits of rainbow colourwhich are antioxidant rich and gave explanations about the health benefits and healing aspects of the same for various ailments. She also emphasized the students to utilize FIN meticulously for growing more number of trees and instill love for nature. Eventually towards the close of the session the nest boxes were distributed to the student volunteers of FIN in the name of five elements and Nilavembukudineer were supplied to all the participants and saplings were planted by Sr. Principal and the Chiefguest.

OUTCOME: Students have come to know about the importance of taking breakfast and a balanced diet and have shown passion for growing more trees with love and care.



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PHOTOS Distribution of Nest Box to the Student representatives of Five elements



Distribution of NilavembuKudineer to the participants





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Demonstration on the preparation of Health drink



Planting the saplings near bust of Sr. Mother Rose





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STUDENT NAME LIST

S. NO.	NAME	MAJOR
1.	ABARNA K	I B.SC HOME SCIENCE
2.	ABINITHAR	I B.SC HOME SCIENCE
3.	AMIRTHAVARSHNIV	I B.SC HOME SCIENCE
4.	ANIS FATHIMA A	I B.SC HOME SCIENCE
5.	ANUPRIYAY	I B.SC HOME SCIENCE
6.	ARUL PRIYAA	I B.SC HOME SCIENCE
7.	ATCHAYAR (EA)	I B.SC HOME SCIENCE
8.	FAZILA K	I B.SC HOME SCIENCE
9.	HAJIRAS	I B.SC HOME SCIENCE
10.	ISHWARYAT	I B.SC HOME SCIENCE
11.	KALEESWARIP	I B.SC HOME SCIENCE
12.	KAVI HARINIM	I B.SC HOME SCIENCE
13.	KEERTHIKAG	I B.SC HOME SCIENCE
14.	PAULIN K	I B.SC HOME SCIENCE
15.	PERIYANACHIP	I B.SC HOME SCIENCE
16.	PRADEEPAS	I B.SC HOME SCIENCE
17.	SABEERABEGU M	I B.SC HOME SCIENCE
18.	SANDHIYA GAYATHRIS	I B.SC HOME SCIENCE
19.	SANKARIK	I B.SC HOME SCIENCE
20.	SHERINRUFEEN A	I B.SC HOME SCIENCE
21.	SHNEHAS	I B.SC HOME SCIENCE
22.	SRIMATHIG	I B.SC HOME SCIENCE
23.	SUBHALAKSHMI S	I B.SC HOME SCIENCE



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24.	SWAATHIR	I B.SC HOME SCIENCE
25.	AARTHYP	II B.SC HOME SCIENCE
26.	AISHWARYAP	II B.SC HOME SCIENCE
27.	BHUVANESWARIS	II B.SC HOME SCIENCE
28.	DHANA LAKSHMIM	II B.SC HOME SCIENCE
29.	KEERTHANAG	II B.SC HOME SCIENCE
30.	NIVEDHAR	II B.SC HOME SCIENCE
31.	PRASANA DEVIA	II B.SC HOME SCIENCE
32.	SHOBIKAM (EAD)	II B.SC HOME SCIENCE
33.	SRIVIDHYAS	II B.SC HOME SCIENCE
34.	SUBRA JANANIG	II B.SC HOME SCIENCE
35.	SUDHAA	II B.SC HOME SCIENCE
36.	SULAIKAL AFREENS	II B.SC HOME SCIENCE
37.	SUNOFER BEENA AK	II B.SC HOME SCIENCE
38.	AISHWARYA .S	I B.SC., ZOOLOGY
39.	AMITHA JEEVA SHIYABIN.P	I B.SC., ZOOLOGY
40.	ARUNYA.A	I B.SC., ZOOLOGY
41.	AYYMMAL.P	I B.SC., ZOOLOGY
42.	BACKYALAKSHMI	I B.SC., ZOOLOGY
43.	DIVYA.C	I B.SC., ZOOLOGY
44.	DIVYA.T	I B.SC., ZOOLOGY
45.	DIVYA MEENAKSHI.K	I B.SC., ZOOLOGY
46.	EMMIMAL. J	I B.SC., ZOOLOGY
47.	GEETHA.A	I B.SC., ZOOLOGY
48.	JENIFER SANTHANAM.S	I B.SC., ZOOLOGY

NAAC - 4th CYCLE - Self Study Report



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49.	JEYA BHARATHAI.P	I B.SC., ZOOLOGY
50.	JEYAM.T	I B.SC., ZOOLOGY

