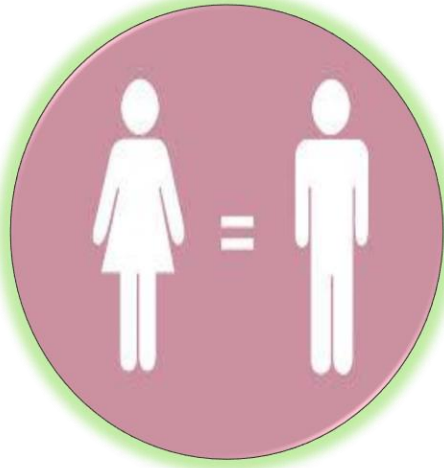


Criterion : III – Research, Innovations and Extension

Metric : 3.6.3 & 3.6.4 Extension Activities

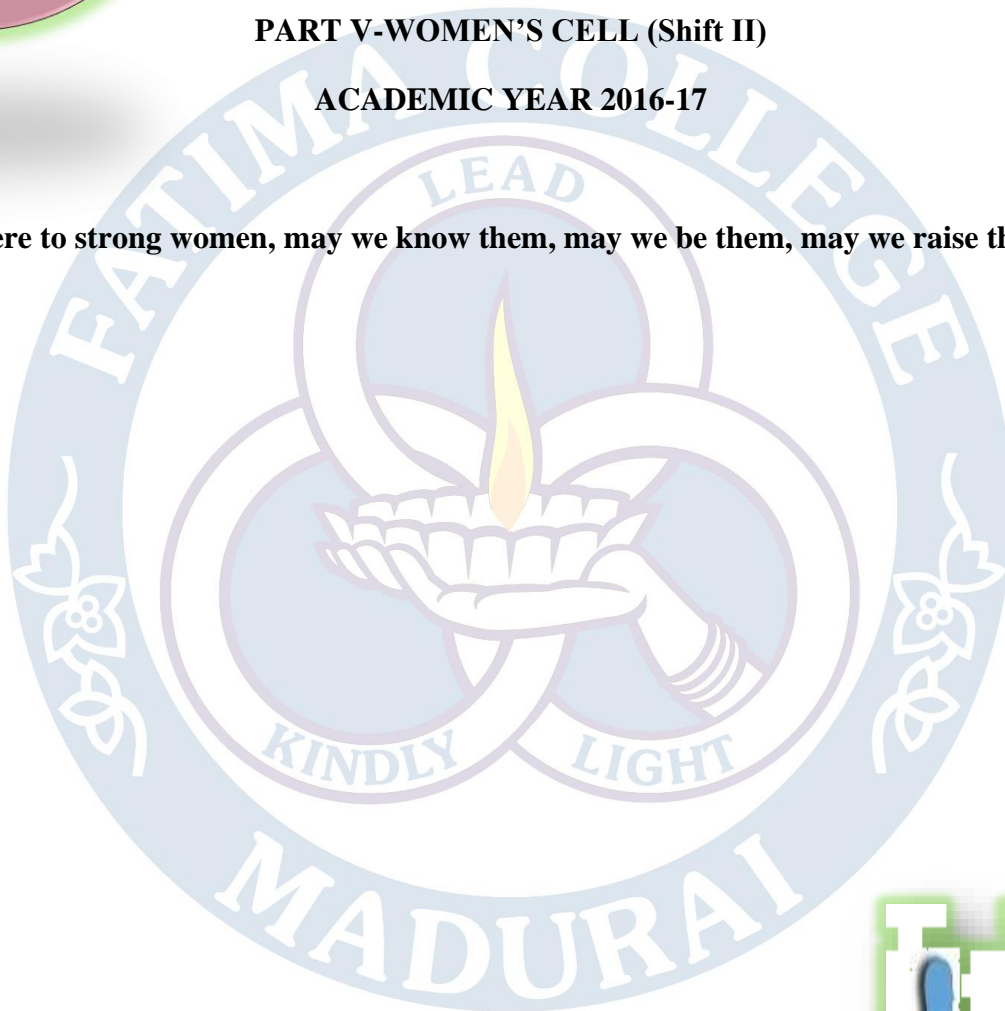
Year : 2016 – 2017



PART V-WOMEN'S CELL (Shift II)

ACADEMIC YEAR 2016-17

Here to strong women, may we know them, may we be them, may we raise them





Criterion : III – Research, Innovations and Extension

Metric : 3.6.3 & 3.6.4 Extension Activities

Year : 2016 – 2017



Session on Codependency

Date: 08-09-2016

I UG – 50 members of Women's Cell assembled in the San Jose Seminar Hall and the session began with a wrapping of last week's group discussion. A sand animation dedicated to Nirbhaya was screened. This was followed by the screening of a short film that speculates the age old adage "Boys don't cry" as the major cause of all crimes against women today.

Having spent the last few weeks reflecting on serious concerns like rape, the faculty members thought it was about time to introduce the young minds to passive issues against women in the patriarchal society. While it is beyond question that violence against women needs our immediate and effective attention, it is equally true that smaller, less noticeable biases desperately need our attention and understanding too.

One such issue is codependency. Most Indian women, at least those of the previous generation, are co-dependent, as in they have moved from selflessness towards self-sacrifice, to the point that they have lost their identity for the welfare of their families. Women's cell members were introduced to this psychological issue using a video and a survey questionnaire.

Then the gathering proceeded to explore the causes of such willingness to give up oneself for the sake of others. Students suggested how low self-worth is a cause. They further raised points about how upbringing and beauty consciousness pose vital hurdles in the way of feminist goals. Along these lines, videos from the campaigns of brands like Dove (Real Beauty), Myntra (Change is Beautiful) and Vogue (Bold is Beautiful) were played.

The following ideas were put forth by the videos screened in this session:

- Beauty is a mindset.
- As such we are all more beautiful than we think.
- Causing a change does not always need a rebellion.
- But sometimes, when it is needed, just standing up for oneself is sufficient.

OUTCOME:

This session was useful in shaping young minds about the true goals of feminism, which is not just women's safety but women's total liberation.



Criterion : III – Research, Innovations and Extension

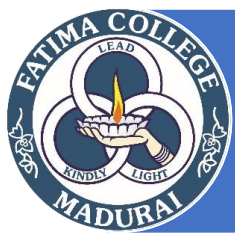
Metric : 3.6.3 & 3.6.4 Extension Activities

Year : 2016 – 2017



At the Discussion on Codependency





Criterion : III – Research, Innovations and Extension

Metric : 3.6.3 & 3.6.4 Extension Activities

Year : 2016 – 2017





Criterion : III – Research, Innovations and Extension

Metric : 3.6.3 & 3.6.4 Extension Activities

Year : 2016 – 2017



STUDENTS NAME LIST

SL.NO	REGISTER NO	NAME OF THE STUDENT
1.	2015AB38	SIVARANJANI R
2.	2015AB39	SIVASARANYA S
3.	2015AB40	SNEHA K
4.	2015AB11	BEEMA M
5.	2015AB12	CYPRIYA NICKETA LYCIA S
6.	2015AB13	DEVAYANI M
7.	2015AB14	DIVYA K
8.	2015AB15	DIVYA S
9.	2015AB16	ESTHER PRINCY A
10.	2015BO01	ABINAYASANGEETHA V
11.	2015BO02	AISHVARYA SHREE V G
12.	2015BO03	AKSHAYA S K
13.	2015BO04	ALAMELU S
14.	2015BO05	ANU BHARATHI M
15.	2015BO06	ATCHAYA K
16.	2015BO07	AYSHA SIDDIKA A
17.	2015BO08	BALAMEENA K
18.	2015BO09	BHAVANI G
19.	2015BO10	BHUVANESWARI T
20.	2015BO11	CHRISTY KOWSALYA A
21.	2015BO12	DEEPA K
22.	2015BO13	DEEPTHI N S
23.	2015BO14	DHAMINI K
24.	2015BO15	DIVYA E
25.	2015BO16	DIVYA M(02/02/1998)
26.	2015BO17	DIVYA M(30/03/1998)



Criterion : III – Research, Innovations and Extension

Metric : 3.6.3 & 3.6.4 Extension Activities

Year : 2016 – 2017



27.	2015BO18	DIVYA P
28.	2015BO19	FOUZAL HITHAYA R
29.	2015BO20	GABRIA M
30.	2015BO01	ABINAYASANGEETHA V
31.	2015IT33	NIVETHITHA P
32.	2015IT34	PANDEESWARI P
33.	2015IT35	POOJA S
34.	2015IT36	POORNA MEERA J
35.	2015IT37	PREETHIKA D
36.	2015IT38	PRIYA S
37.	2015IT39	PRIYADHARSHINI J
38.	2015IT40	RAMYALAKSHMI G
39.	2015IT41	RENUKA DEVI P
40.	2015IT42	ROSINIREN S
41.	2015IT43	SAHANA A
42.	2015IT44	SANGAVI K
43.	2015IT45	SANGEETHA B
44.	2015IT46	SANTHIYA S
45.	2015IT47	SANTHOSINI NEYA C
46.	2015IT48	SARANYA P
47.	2015IT49	SARITHA C
48.	2015IT50	SIVASANKARI P
49.	2015IT51	SRIVIDHYA C S
50.	2015IT52	SUBALAKSHMI G M