

Criterion : III – Research, Innovations and Extension

Metric : 3.6.3 & 3.6.4 Extension Activities

**Year** : 2015 – 2016



# YOUTH RED CROSS of FATIMA COLLEGE REPORT ON SAY NO TO SOFT DRINKS AND JUNK FOOD

Date: 23-07-2015

Time: 10 A.M - 12 P.M

Venue: Fatima College

No. of Participants: 60

A campaign was organized by the Youth red Cross to give awareness about the junk foods and soft drinks which are sought after by people specially during the last few years and how far such food have their adverse effect on health of the people especially children under the age of 15. Students of YRC asked other students to avoid taking soft drinks and junk foods and to maintain good health. Students of YRC came up with facts and made posters by using charts. All the students read the posters and benefitted from them.

**OUTCOME:** Students were able to learn the toxic effects cool drinks and other junk foods have on humans.

#### **PHOTOS**

Students tie posters with information for display and awareness





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#### Here is one sample of colorful poster



One of the students of Youth Red Cross tie the poster to a tree as a part of the campaign



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#### **BENEFICIARY LIST**

S.NO.	REG. NO.	NAME
1.	2015BB14	DHARSHINI G
2.	2015BB15	DHARSHINI K
3.	2015BB16	FARZANA YASMIN P
4.	2015BB17	GAYATHRI B
5.	2015BB18	GEETHA P
6.	2015BB19	HENNA EMARALD J
7.	2015BB20	ISHWARYA LAKSHMI R
8.	2015BB21	JENIFER A
9.	2015BB22	JONCY MERCY C
10.	2015BB23	JYOTI D
11.	2015BB24	KANAGAVALLI V



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12.	2015LB38	LEELAVATHI N
13.	2015LB39	MADHUMITHA P
14.	2015LB40	MARIA SHAMILY P
15.	2015LB41	MATHU MITHA N
16.	2015LB42	MERCY ABISHAKA A
17.	2015LB43	MUTHUBARATHI M
18.	2015LB44	MUTHU LAKSHMI R
19.	2015LB45	MUTHUMEENAA S
20.	2015LB46	NIVETHA M
21.	2015LB47	OVIYA PRIYADHARSHINI A
22.	2015MB96	GOMATHY N
23.	2015MB97	HARSHA P
24.	2015MB98	HEMALATHA C
25.	2015MB99	HILDA MERLIN C
26.	2013BO01	AGNES VERONICA V
27.	2013BO02	AISHWARYA M
28.	2013BO03	AMALA PRISKILA JENIFER A
29.	2013BO04	AMALA SEELI S
30.	2013BO05	ANANTHI M
31.	2013BO06	ANUPRIYA G
32.	2013BO19	MADHURAVENI NACHIYAR K
33.	2013BO20	MEENA PRIYADHARSHINI S
34.	2013BO21	MEENA S
35.	2013BO22	MERLINASHA G



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36.	2013BO23	PANDIPRIYA T
37.	2013BO24	PAVALA DURGA S
38.	2013BO25	PRATHIBA R
39.	2013BO26	PREETHIKAMATCHI S
40.	2013BO27	PRISCILLANANCY J A
41.	2013BO28	PRIYA R
42.	2013BO29	PRIYADHARSHINI R
43.	2013BO30	PRIYANKA D
44.	2013BO31	PRIYANKA I
45.	2013BO32	PUNITHAPRIYA V
46.	2013BO33	RACHEL LEON K
47.	2013BO34	RENUKA DEVI B
48.	2013BO35	RUBY CLARA J
49.	2013BO36	SANGEETHA D
50.	2013BO37	SARANYA M
51.	2013BO38	SHALMA K I S
52.	2013BO39	SHAMILI M
53.	2013BO40	SHANDEYA R
54.	2013BO41	SHANMUGAPRIYA S
55.	2013BO42	SHRIN S
56.	2013BO43	SRIRANJANI S
57.	2013BO44	SURYA SUBA DHARSHINI G
58.	2013BO45	TAJNISHA H
59.	2013BO46	THARANI T



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