



Criterion : III – Research, Innovations and Extension

Metric : 3.6.3 & 3.6.4 Extension Activities

Year : 2015 – 2016



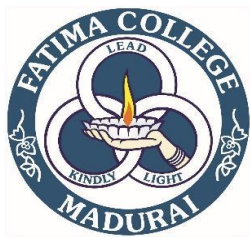
**Fatima College (Autonomous), Madurai
ROSA - Reach Out to Society through Action
Health & Hygiene**

Name of the Department : B.Com CA and Zoology
Name of the village : Maniyangi village
Name of the Activity : Health Awareness program
Number of Beneficiaries : 125
Number of Students involved : 68
Date of the Activity : 29-01-2016

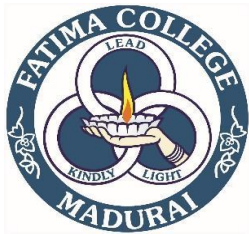
Students of the Department of Zoology and B. Com CA created awareness on Nutrition and Health to improve their lifestyle through healthy practices and taught Yoga Asanas to the school children and villagers. Body mass index of the people was calculated by measuring the Height and weight of the people and the haemoglobin content was also checked. A rally was also conducted insisting the importance of healthy food for healthy life. Anaemic people were advised to take balanced diet. A demo was given on the preparation of herbal medicines and simple home remedies for common ailments. Students shared their knowledge on medicinal properties of plants. They also displayed various traditional herbal medicines and explained the medicinal properties to the people. The students also collected data about the public who are in need of free legal service.

PARTICIPANT LIST

S.NO	REGISTER.NO	NAMES
1.	2014Z01	AADHI ESWARI B
2.	2014Z02	ABINAYA M
3.	2014Z03	AKSHAYA S
4.	2014Z04	ALICEVIMALA M
5.	2014Z05	ANUSHA J
6.	2014Z06	BHARATHI B
7.	2014Z07	BHARATHI K
8.	2014Z08	BRINTHA R
9.	2014Z09	CHITRADEVI V
10.	2014Z10	HARISMA B R
11.	2014Z11	HELEN E


Criterion : III – Research, Innovations and Extension
Metric : 3.6.3 & 3.6.4 Extension Activities
Year : 2015 – 2016


12.	2014Z13	HEMALATHA M
13.	2014Z14	ISVARYA M
14.	2014Z15	JAYA SUPA SOORIYA J
15.	2014Z16	KANIMOZHI J
16.	2014Z17	KANMANI T
17.	2014Z18	KANNAMMAL K
18.	2014Z19	KAROLINE MERCY N
19.	2014Z20	KARPAGAVALLI S
20.	2014Z21	KARTHIKA K
21.	2014Z22	KASTHURI M
22.	2014Z23	KEERTHIGA@VISA J
23.	2014Z24	KIRUTHIGA M
24.	2014Z25	KODEESWARI A
25.	2014Z26	MAJUBA M
26.	2014Z27	MANO RANJANI S
27.	2014Z28	NAGARANI N
28.	2014Z29	NAJIYA AFRIN M
29.	2014Z31	NANTHINI R
30.	2014Z32	NARMATHA B
31.	2014Z33	NASRIN FATHIMA A
32.	2014Z34	NIHARA PARVEEN M
33.	2014Z35	NISHMA A
34.	2014AB58	AISHWARYA T
35.	2014AB59	ALAGUMEENA M
36.	2014AB60	AMBIKA R



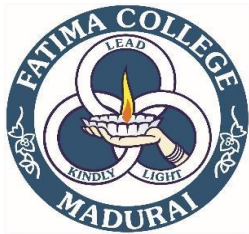
Criterion : III – Research, Innovations and Extension

Metric : 3.6.3 & 3.6.4 Extension Activities

Year : 2015 – 2016



37.	2014AB61	BALAMANI G
38.	2014AB62	BASI LA PARVEEN S
39.	2014AB63	CHITHRA BANU R
40.	2014AB64	DEVI ARCHANA K
41.	2014AB65	DIVYA BHARATHI N
42.	2014AB58	AISHWARYA T
43.	2014AB59	ALAGUMEENA M
44.	2014AB60	AMBIKA R
45.	2014AB61	BALAMANI G
46.	2014AB62	BASI LA PARVEEN S
47.	2014AB63	CHITHRA BANU R
48.	2014AB64	DEVI ARCHANA K
49.	2014AB65	DIVYA BHARATHI N
50.	2014AB66	ESTHER DYANA A
51.	2014AB67	GAYATHRI B(28.11.1996)
52.	2014AB69	HEENA RAWAL D
53.	2014AB70	HEMALATHA M
54.	2014AB71	HEMARAJESHWARI M
55.	2014AB72	INFANTA S
56.	2014AB73	ISHWARYA M
57.	2014AB74	JENIFADEVI G
58.	2014AB75	JENIFER S
59.	2014AB76	JOSEPHINE AJILA J
60.	2014AB85	MICHEL AROCKIYA NANDHINI W
61.	2014AB86	NAGALAKSHMI N



Criterion : III – Research, Innovations and Extension

Metric : 3.6.3 & 3.6.4 Extension Activities

Year : 2015 – 2016



62.	2014AB87	NANDHINI G
63.	2014AB88	NISHA DEVI R
64.	2014AB89	NITHYA P
65.	2014AB90	POOJA RAWAL J
66.	2014AB91	PRIYANKA A
67.	2014AB92	RAJA SUMATHI J
68.	2014AB93	RAMYA U