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## SOUVENIR

One Day National Conference on  
**Entrepreneurial Skills  
Enhancement in Textile & Fashion,  
Home Science and Science** 15<sup>th</sup> December, 2018

*Golden Jubilee Celebration*

Organised by



Department of Home Science  
**YESHWANT MAHAVIDYALAYA, WARDHA**  
Reaccredited with B++ Grade by NAAC



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## HOME SCIENCE EDUCATION: A HARBINGER OF WOMEN EMPOWERMENT

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Empowerment is referred to as a process that aims at creating conditions for the self determination of a particular person or group(1). Empowerment is the process as well as the result of the process whereby the powerless or less powerful members of the society gain greater access and control over material and knowledge resources and challenge the ideologies of

discrimination and subordination, which justify its unequal distribution. Women's powerlessness arises from their illiteracy, lack of awareness, lack of information and knowledge, lack of skills, overall lack of self esteem and self confidence, lack of money and lack of job opportunities. Home Science education paves way towards becoming powerful.

### EMPOWERMENT



Empowerment is a multifaceted phenomenon. There are four levels of empowerment:

- ❖ Empowerment within the person
- ❖ Empowerment in family or close relationships
- ❖ Empowerment in organisation or institution
- ❖ Empowerment in the society

### EDUCATION AND EMPOWERMENT:

Education is an important factor leading to empowerment of women. Empowerment will occur only if education is used creatively by active participation in the economy and society (2). Data from around the world show that increased education is associated with the empowerment of women. Educated women are more effective in improving their own well-being and that of their family. They are better equipped to extract the most benefit from existing services and opportunities and to generate alternative opportunities, roles and support structures(3).

Education of women, therefore, occupies top priority amongst various measures taken to improve the status of

women in India. In recent years, the focus of women has shifted from equipping themselves to perform the traditional roles of home makers and mothers to recognising their worth as producers, making a major contribution to family and national income. Economic independence of women leads to their empowerment (4). Economic empowerment helps women to depend on themselves and also to claim their legal rights especially to land and other properties. Economic empowerment will definitely lead to political and social empowerment. Indian Government has also taken a lot of initiatives for the economic empowerment of women. Reservation in education and jobs, special incentives for women, maternity leave facilities, special



National Conference on  
**ENTREPRENEURIAL SKILLS ENHANCEMENT IN  
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15<sup>th</sup> December, 2018  
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