

FATIMA COLLEGE (AUTONOMOUS), MADURAI-18

Fatima Incubation & Entrepreneurship Skill Training and Animation (FIESTA)

Title : Skill Training Program on Wood Pressed Oil Extraction Method

Date : 23.02.2019

Resource Person : Dr. J. Asnet Mary, Faculty-in-charge of Oil extraction unit, Fatima College, Madurai

No. of Participants : 22

Focus on : **Entrepreneurship & Skill Development**

Outcome

- were **explained the composition of oil**, good cholesterol, bad cholesterol, the significance of smoke point and selection of cooking oil based on cooking method
- were given **demonstration of oil extraction from sesame seeds.**
- had **hands on experience in extracting wood pressed oil**

Report:

Oil Extraction unit of **Fatima Incubation & Entrepreneurship Skill Training and Animation** (FIESTA) offered skill training programme on Oil extraction method for college students. The first training for Fatima College students was conducted on 6th February, 2019. A total of 12 students participated after their regular classes. Dr. J. Asnet Mary, Faculty-in-charge of Oil extraction unit explained the composition of oil, good cholesterol, bad cholesterol, the significance of smoke point and selection of cooking oil based on cooking method. She highlighted how wood pressed oil is manufactured and their benefits. Mrs. Annam and Mrs. Jeya demonstrated oil extraction from sesame seeds. Students gained hands-on-experience in measuring the seeds, extracting, and removing of oil cakes from the rotor. After the oil was obtained, it was kept for sedimentation for two days under bright sun. The students came on the fourth day for bottling the oil so that it is ready for sale. Students felt that the training was very useful and interesting. They understood the basics of oil and their proper usage and the bad effects of using refined oil and the advantages of using wood pressed oil. All the students were given certificates.



FATIMA COLLEGE

(Autonomous)

Re-Accredited with “A’ Grade by NAAC
Mary Land, Madurai- 625018, Tamil Nadu.

Fatima Incubation & Entrepreneurship Skill Training and Animation (FIESTA)

Skill Training Program on Wood Pressed Oil Extraction Method

Date	: 23.02.2019
Resource person	: Dr. Asnet Mary Fatima College. Madurai
Venue	: Oil Extraction Unit, Fatima College, Madurai



Measuring the groundnut seeds for grinding process



Skill training Programme - Oil Extraction

LIST OF STUDENT PARTICIPANTS

S. No	REGNO	NAMES
1.	2016N20	P.KRISHNAVENI
2.	2018Z24	R.SARANYA
3.	2018Z06	R.BRINDHAA
4.	2018Z13	G.KEERTHI
5.	2018Z23	P.REVATHY
6.	2018Z28	U.SATHYA
7.	2017Z26	U.MEENALOSHINI
8.	2017Z30	R.NIVASHINY
9.	2017Z46	S.VARSHINI
10.	2017Z36	K.SANGAVI
11.	2017Z43	P.SWEATHA
12.	2017Z37	N.SHALINI
13.	2017Z08	P.ASVITHA
14.	2017Z14	S.HARSHINI PRIYA
15.	2017Z15	P.INDIRA PRIYADHARSHINI
16.	2017Z17	S.JARINA
17.	2017Z23	A.KIRUBA ROOBALA
18.	2017Z47	S.YAFIYA
19.	2017Z39	S.SHARON ESTHER
20.	2017Z31	V.M.NIVETHA
21.	2017Z32	S.PADMAJA
22.	2016Z12	C.DIVYA