FATIMA COLLEGE (AUTONOMOUS), MADURAI-18 PG DEPARTMENT OF COMPUTER APPLICATIONS

SELF - AND INTERVIEWS MOTIVATION, COMMUNICATION

Name: Mr. J. Jegan Prakash Date: 11.07.2018

Designation: Motivational and Professional Level Trainer, Time: 2.00 p.m - 4.00 p.m

Venue

SJ Seminar Hall

English Clinic, S.S.Colony, Madurai.

Phone No. : 96881 32992 **No. of participants: 77**

Key Points Highlighted:

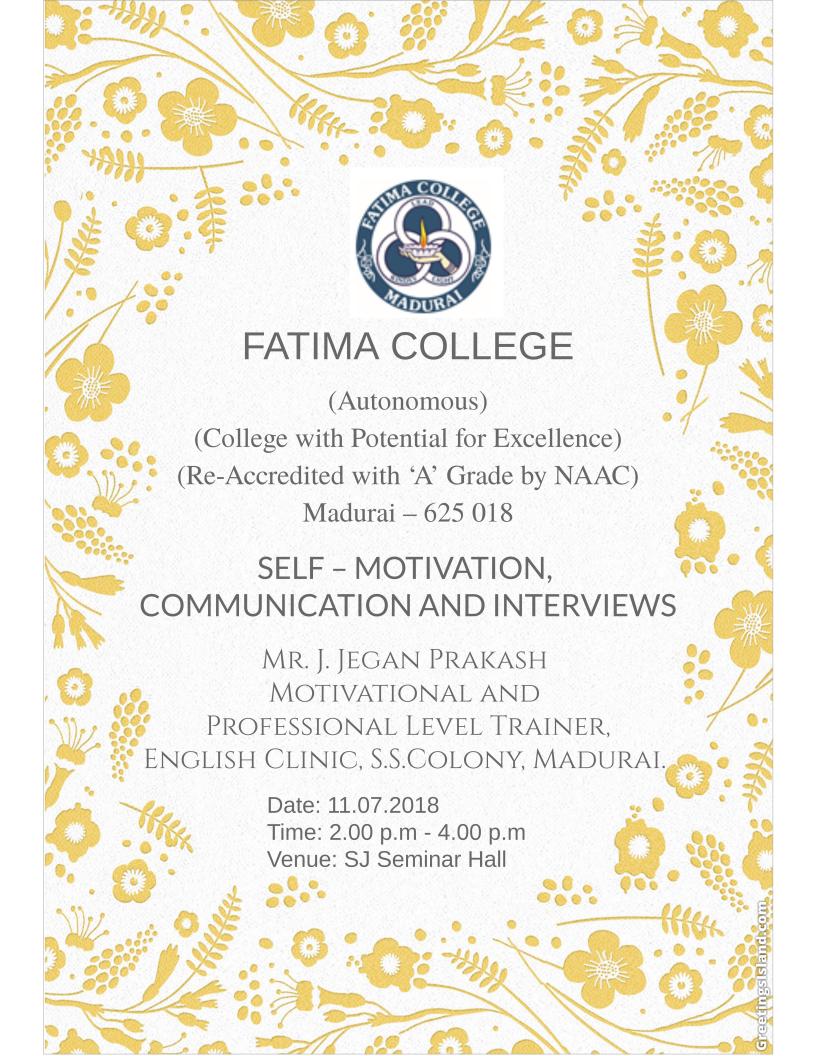
- ✓ What is Self Motivation?
- ✓ Why there is a need for Self-Motivation?
- ✓ The elements of motivation.
- ✓ Need for improving communication skills.

The session focused on 'Self-motivation' which is a key life skill and something that everybody is interested in. It also plays a main part of emotional intelligence. The four elements that make up motivation are Personal drive that helps to achieve the desire, Commitment to personal or organizational goals, Initiative, which he defined as 'readiness to act on opportunities' and Optimism, the ability to keep going and pursue goals in the face of setbacks. He also focused on certain specific things to can improve communication skills like Listening more, have a clear body language, be brief and specific, take notes, maintain a positive attitude and smile always.

OUTCOME:

- ✓ Students can succeed with their goals and reap the many benefits that come with making successful and important changes in their life.
- ✓ Focusing on themselves leads to increase confidence and motivation.
- ✓ Students can try to maintain their passion and motivation to make their dreams come true.





FATIMA COLLEGE (Autonomous), Madurai <u>Communication & Interview skills</u>

S. No.	Reg. No.	Name
1.	2018MCA01	NAGAPAVITHRA N
2.	2018MCA02	SNEHA V
3.	2017MCA01	DHOOTHANI J
4.	2017MCA02	KALAISELVI B
5.	2017MCA03	KANIMOZHI M
6.	2017MCA04	NAVEENA DEVI R
7.	2017MCA07	SOWMIYA V
8.	2018MCA01L	ABINAYA M
9.	2018MCA02L	ABINAYA R
10.	2018MCA03L	ALAA SUSHANA N
11.	2018MCA04L	ANNAPOORANI G
12.	2018MCA05L	ANTONY STEFFI M
13.	2018MCA06L	DEEPTHI N S
14.	2018MCA07L	DIVYA MEENAKSHI M
15.	2018MCA08L	JENITHA J
16.	2018MCA09L	JEYAPREETHA R
17.	2018MCA10L	LOGAMANI M
18.	2018MCA11L	MEENAKSHI P
19.	2018MCA12L	MEENALAKSHMI S
20.	2018MCA13L	MERLIN JOSI J
21.	2018MCA14L	NAGALAKSHMI ALIAS MONIKA D
22.	2018MCA15L	NAVODHITHA N
23.	2018MCA16L	NIVETHITHA
24.	2018MCA17L	PERIN PRINCY D
25.	2018MCA18L	PRIYA R
26.	2018MCA19L	RAJESWARI S

27.	2018MCA20L	SARANYA M
28.	2018MCA21L	SHANTHA P
29.	2018MCA22L	SRIMATHI S
30.	2018MCA23L	SRIVIDHYA C S
31.	2018MCA24L	UMAYAL S
32.	2018MCA25L	YOHAMADHU R
33.	2018MCA26L	YUVASHREE S
34.	2016MCA60L	JASMINE BEGAM J
35.	2017MCA01L	AFSHAN THASMILA M
36.	2017MCA02L	AISHWARYA S
37.	2017MCA03L	ANTON ABIA A
38.	2017MCA04L	ASHIKA NANDHINI R V
39.	2017MCA05L	BETZY J G
40.	2017MCA06L	DIVYA SNEHA V
41.	2017MCA07L	FRANGLINE JOE PUNITHA MARY A
42.	2017MCA08L	HAMSAVARSHINI N
43.	2017MCA09L	HEMA LATHA S
44.	2017MCA10L	KAMALISRI B
45.	2017MCA11L	KARTHIKA K
46.	2017MCA12L	KASTHURI K
47.	2017MCA13L	KAVITHA G
48.	2017MCA14L	KEERTHANA B
49.	2017MCA15L	KIRUBARANI S
50.	2017MCA16L	LALITHA V
51.	2017MCA17L	LEELAMBIKA M
52.	2017MCA18L	MATHIVATHANI G
53.	2017MCA19L	MOUNIKA S
54.	2017MCA20L	NAGA RAJALAKSHMI P
55.	2017MCA21L	NANDHINI R
56.	2017MCA22L	NAVARANJITHA A

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57.	2017MCA23L	PANDI SELVI @ POORNIMA S
58.	2017MCA24L	PAVITHRA S
59.	2017MCA25L	PRAKATHI P
60.	2017MCA26L	PRIYADHARSHINI A
61.	2017MCA27L	PRIYADHARSHINI P (19.07.1997)
62.	2017MCA28L	PRIYA DARSHINI P (28.12.1995)
63.	2017MCA29L	PRIYANKA S (19.07.1996)
64.	2017MCA30L	PRIYANKA S (01.11.1996)
65.	2017MCA31L	RESHMI S
66.	2017MCA32L	ROSLIN SOFIA V
67.	2017MCA33L	SARUMATHY C
68.	2017MCA34L	SELVAELAKIYA P
69.	2017MCA35L	SELVARANI K
70.	2017MCA36L	SHALMA LOBO J
71.	2017MCA37L	SHANMUGA PRIYA M
72.	2017MCA38L	SHARMILA M
73.	2017MCA39L	SIVAHAMI C
74.	2017MCA40L	SURUTHI RAJAM V
75.	2017MCA41L	SURYA CHANDRAMATHI V
76.	2017MCA42L	VETRISELVI B
77.	2017MCA43L	VILVARANJINI T
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