

FATIMA COLLEGE (AUTONOMOUS), MADURAI-18
PG DEPARTMENT OF COMPUTER APPLICATIONS

Title : Guest Lecture on “Self – realization”
Date : 22.03.2017
Resource Person : Ms. T. Lily Pradeema, Counsellor & Trainer, BEZEL Education, Trichy
No. of Participants : 60
Focus on : **Entrepreneurship & Skill Development**
Outcome :

- The students were taught how to analyse their negative thoughts and weaknesses.
- They were instructed about how to get a clear perception of their personality including strengths, thoughts, beliefs, motivation and emotions.

Report:

The Resource person Ms. T. Lily Pradeema, Counsellor & Trainer, BEZEL Education, Trichy, gave tips to practice and develop self-control and she spoke about the importance of knowing our strength, weakness and how to face our problems. Developing courage to face problems will give the youngsters the confidence in handling the problems. She also highlighted the difference between sympathy and empathy.



FATIMA COLLEGE

(AUTONOMOUS)

**(COLLEGE WITH POTENTIAL FOR EXCELLANCE)
(RE-ACCREDITED WITH 'A' GRADE BY NAAC)**

MADURAI-625 018.



SELF AWARENESS AND SELF REALIZATION

ON

DATE: 22.03.2017

BY

T. LILY PRADEEMA,

**COUNSELING AND TRAINER, BEZEL EDUCATION,
TRICHY.**

VENUE : SANJOSE 8

TIME : 2.00 P.M - 4.00 P.M.

List of participants

S.No	Roll Number	Name
1.	2015MCA01	ANITT XAVIER
2.	2015MCA02	LIMNA PETER
3.	2015MCA03	SAHAYA SASIKALA J
4.	2016MCA01L	ABINAYA R
5.	2016MCA02L	AFFRIN K
6.	2016MCA03L	AISHWARYA M
7.	2016MCA04L	ANGEL PRIYADHARSHINI R
8.	2016MCA05L	ASIFA A
9.	2016MCA06L	ATCHAYA K
10.	2016MCA07L	BHAVANI S
11.	2016MCA08L	BHUVANESHWARI M
12.	2016MCA09L	DHARANI M
13.	2016MCA10L	DIVYA N
14.	2016MCA11L	GAYATHRI K
15.	2016MCA12L	GEETHA T
16.	2016MCA13L	JANANI B
17.	2016MCA15L	JEYAPRADEEPA M
18.	2016MCA16L	KALAIVANI I
19.	2016MCA18L	KANYA V
20.	2016MCA19L	KARTHIKA B
21.	2016MCA20L	KEERTHANA P
22.	2016MCA21L	KEERTHANA R (08.03.96)
23.	2016MCA22L	KEERTHANA R (26.03.96)
24.	2016MCA23L	KRUTHIKA B
25.	2016MCA24L	LAKSHMI PRIYA S
26.	2016MCA25L	LAVANYA V.M

27.	2016MCA26L	MADHURAVENI NACHIYAR K
28.	2016MCA27L	MALATHI M
29.	2016MCA28L	MEENA M
30.	2016MCA29L	MEENA S
31.	2016MCA30L	MONIKA DEVI M
32.	2016MCA31L	MUTHU MEENA P
33.	2016MCA32L	MUTHUSELVI S
34.	2016MCA33L	NAMBIYAMMAL S
35.	2016MCA34L	NASRIN FATIMA M
36.	2016MCA35L	NIRANJANA P
37.	2016MCA36L	NITHIYA K
38.	2016MCA37L	NITHYA T
39.	2016MCA39L	PARAVATHA VARDHINI M
40.	2016MCA40L	PAVITHRA S
41.	2016MCA41L	PRAVEENA E
42.	2016MCA42L	RAHINI D
43.	2016MCA43L	RAJAGOKILA R
44.	2016MCA44L	RANJITHAPRIYA K
45.	2016MCA45L	REVATHY R
46.	2016MCA46L	RUBY CLARAJ
47.	2016MCA47L	SARANYA T
48.	2016MCA48L	SHAMILI M
49.	2016MCA49L	SHANDEYA R
50.	2016MCA50L	SHRIN S
51.	2016MCA51L	SHYAMALA K
52.	2016MCA52L	SHYAMALADEVI M
53.	2016MCA53L	SIVASANKARI M
54.	2016MCA54L	SNEHA S
55.	2016MCA55L	SOUNDHARA PRIYA P
56.	2016MCA56L	SUGIRITHA G

57.	2016MCA57L	SURYA SUBA DHARSHINI G
58.	2016MCA58L	THASLIMA BARVEEN S
59.	2016MCA59L	VENCIYA A
60.	2016MCA60L	JASMINE