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Mary Land, Madurai - 625018, Tamil Nadu



INTERNAL QUALITY ASSURANCE CELL (IQAC)

2023 - 2024





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2023 - 2024 - IQAC ACTIVITIES

IQAC spearheads good practices, innovative ideas, planning, implementation and gauges the outcome of academic and administrative performance of the college. It sets realistic and attainable benchmarks manifested in the following activities organized by IQAC.

<u>Programme</u>	RESOURCE PERSON(S) / TRAINER(S)	TOPIC & BENEFICIARIES	<u>Date</u>
	TEACHING STAFF		
Faculty Induction Programme for the newly appointed Teachers	Dr. Sr. M. Francisca Flora, Secretary, Fatima College	Culture of Fatima College: Make a difference (35 members)	Aug. 28 – 31, 2023
	Dr. Sr. G. Celine Sahaya Mary, Principal, Fatima College	Role of Teacher in Higher Education: Towards a New horizon	
	Dr. Sr. G. Jenita Rani, Vice Principal (Shift II), Fatima College	The Power Within You	
	Dr. M. Meenakumari, Assistant Professor & Head, Dept. of Sociology and Social Work & Dean of Arts	Strategies of Curriculum Development	
	Dr. S. J. Kala,Associate Professor of English,& Dean of Research	Interactive Classroom Teaching	
	Dr. S. Saira Banu, Associate Professor of English	Body Language and Presentation Skills	
	Dr. K. Rosemary Euphrasia, Associate Professor of Computer Science & IQAC Coordinator	Lateral Thinking	
	Dr. S. Vidya,Associate Professor ofComputer Science	Teachers' Quality: Prepare to Perform	
	Non-Teaching & Support Sta	AFF	
Capacity Building Programme (NTS)	Ms. AndresiaMichaeline Corporate Trainer	Stress Management - "Relax and Unroll"	March 09, 2024



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<u>Programme</u>	RESOURCE PERSON(S) / TRAINER(S)	TOPIC & BENEFICIARIES	<u>Date</u>
	Student Counsellor	(53)	
	Dindigul		-
Skill Development	Dr. M. Angel, The Research centre of Home	Cottage Healthy Food Products	
Programme	Science, Fatima College	(23)	
	STUDENTS	(23)	
Student Induction	♣ Dr. S. Saira Banu,	Session I: The Journey	June 19,
Programme (SIP) - Deeksharambh for	Associate Professor of English,	Begins (699 Students)	2023
All I UG & PG	 Dr. S. J. Kala, Associate Professor, The Research Centre of English Dean of Research 	Session-II: Holistic Formation at Fatima	June 20, 2023
	 Dr. Fernando Delishia, Associate Prof. & Head, The Research Centre of English 	Session-III: In Tune with Fatima	
	Dr. S. Vidya,Associate Professor ofComputer Science	Session-IV: Quality Standards	June 21, 2023
	Dr. G. VelankanniMatharasi, Directress of Physical Education	Session-V: Fitness	
	Dr. L. Meena Assistant Professor of Management Studies	Session-VI:Power of Positive Thinking	June 22, 2023
	Dr. C. Sujatha, Librarian	Session-VII: Rosa Mystica Library: An Overview	
	Dr. K. Rosemary Euphrasia, Associate Professor of Computer Science & IQAC Co- ordinator	Session-VIII: Dimensions for Progressive Life	June 23, 2023
	Ms. N. Sangeetha Rani, Assistant Professor of English	Session-IX: Cultural Activities	
	Dr. M. Pappa, Assistant Professor of Tamil	Session-X: Environmental science	
	Part V Coordinators	Session-XI: Part V Activities	June 26,



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PROGRAMME	RESOURCE PERSON(S) / TRAINER(S)	TOPIC & BENEFICIARIES	<u>Date</u>
	Dr. I. Jeya Sheela, Assistant Prof. of Physics	Session-XII: Student Council & Talents finding	2023
	 Fr. S K. Jose Robinson Director, Nanjil Career Academy, Mama Ada Centre, Azhagiamandapam, Nagercoil 	Session-XIII: Motivational Talk	June 27, 2023
	Deans of Academic Affairs	SIP – Session XIV:NME & CIA	June 28, 2023
	Ms. A. Sheela Roselin, Assistant Prof. of Mathematics	SIP – Session XV: Activities	
Career Guidance Programme	Mr. A. Kalaiselvam M.A., Assistant Director, Professional Employment and Career Guidance Centre, Madurai	Competitive Exams (Central and State Government) (III UG & II PG students) Career Opportunities for	Oct. 16, 2023
	Mr. V. Senthilnathan, District Employment Officer, District Employment and Career Guidance Centre, Madurai.	Graduates and Post Graduates	
	Mrs. M. Lakshmi Junior Employment Officer Professional Employment and Career Guidance Centre, Madurai.	Role of Employment Exchange Activities	
Skill Training Programme	Dr. J. Jone Celestina, Assistant Professor of Chemistry	Skill Training on preparation of Incense stick, Phenyl and Oil	Sep. 30, 2023
	Dr. J. Belinda Asha, Assistant Professor of Chemistry	(72 Students)	
	Ms. J. Thelma, Assistant Professor of Zoology		
	Ms. M. Angel, Assistant Professor of Home Science		
Signature Campaign on	* The Research Centre of Tamil	EnathuMozhi –	Oct. 20,



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<u>Programme</u>	RESOURCE PERSON(S) / TRAINER(S)	TOPIC & BENEFICIARIES	<u>Date</u>
Mozhi Orumai pattu Vizha –	and Hindi	EnathuKaiyeluthu	2023
2023			
	FATIMA RESOURCE TEAM (FRT		
A.There Marth Conservation	🌋 Dr. S. Saira Banu,		
A Three-Month Corporate Training Programme for the	Associate Professor of English	Corporate Training	
staff of Hi-tech Arai in	🌋 Dr. G. Priya &	Programme on	Feb. to
collaboration with ELTTC,	-	Functional English for Employees	Apr. 2024
The Research Centre of	* Dr. A. J. Aruna		72 Hours
English	Assistant Professors of	(33 staff of Hi-tech Arai)	
	English,Fatima College		
	TRAINING FOR COMPETITIVE EXAMIN	<u>ATIONS</u>	
UPSC IAS	Fr. S. K. Jose Robinson, Director,	49 Students	
TNPSC II	Nanjil Career Academy, Mama	60 Students	
Banking	Ada Centre, Nagercoil	100 Students	
	Foreign Languages	0	
 Japanese classes are beir 	ng handled by Ms. Vimala Solomon, I	Director, Surya Nihongo Gakl	ko Japanese

- Learning Institute, Madurai. Students from the Department of Computer Application (BCA) and
 - Information Technology (B.Sc. IT) have enrolled in the programme.
- German and French courses are offered to the students of Fatima and to the public as well. Prof. Milton Powers, Professor of French & German handles the classes.



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DEEKSHARAMBH

STUDENT INDUCTION PROGRAMME (SIP) REPORT

2023-2024



FATIMA COLLEGE (AUTONOMOUS), MADURAI



Break

10.45 - 11.30 a.m.

Valediction (Bridge Course)

STUDENT INDUCTION PROGRAMME (DEEKSHARAMB)

		JUNE 19 TO 3	0, 2023 - organized	BY IQAC		
Date	8.30 - 9.00 a.m. 09.30 - 10.30 a.m.		10:30 - 10:45 a.m.	10.45 – 11.30 a.m.	11.45 a.m. – 12.45 p.m	
19.06.2023 (Monday)	Assembly (Before Administrative Block)	Orientation Programme Dr. Sr. G. Celine Sahaya Mary Principal	Break	Entry Test for Bridge Course	SIP – Session I The Journey Begins Dr. S. Saira Banu Associate Prof. of Englis	
	8.30 - 9.00 a.m.	9.00 - 9.45 a.m.	9.45 - 10).30 a.m.	10:30 - 10:45 a.m.	
20.06.2023 (Tuesday)		SIP - Session-II Holistic Formation at Fatima Dr. S. J. Kala, Associate Prof. of English	Dr. Fernando Delishia,	n Tune with Fatima Associate Prof. & Head, Centre of English		
21.06.2023 Wednesday)		SIP - Session-IV Quality Standards - Dr. S. Vidya Associate Prof. & Head Dept. of Computer Science	Fiti Dr. G. <u>Velank</u>	ssion-V ness anni Matharasi ysical Education		
22.06.2023 (Thursday)	Major wise Attendance (Dept. should take care)	SIP- Session-VI Power of Positive Thinking - Dr. L. Meena Assistant Prof. of Management Studies	Rosa Mystica Lib	ssion-VII rary: An Overview ha, Librarian	Break	
23.06.2023 (Friday)	23.07	SIP- Session-VIII Dimensions for Progressive Life Dr. K. Rosemary Euphrasia IQAC Coordinator	SIP – Session IX Cultural Activities Ms. N. Sangeetha Rani Assistant Prof. of English	SIP – Session X Environmental Science Dr. M. Pappa Assistant Prof. of Tamil		
26.06.2023 (Monday)		SIP – Session XI Part V Activities Part V Coordinators	Student Council	ssion XII & Talents finding sistant Prof. of Physics		

SIP - Session-XIII - Motivational Talk - Fr. S K. Jose Robinson

Director, Nanjil Career Academy, Mama Ada Centre, Azhagiamandapam, Nagercoil

10:30 - 10:45 a.m.

Break

SIP - Session XV - Activities

Ms. A. Sheela Roselin. Assistant Prof. of Mathematics

The Student Induction Programme (SIP) was organized by IQAC, Fatima College to the Undergraduate First year students who had stepped into the portals of Fatima. The SIP comprised various sessions, from June

SIP - Session XIV - NME & CIA

Deans of Academic Affairs

8.30 - 10.30 a.m.

Exit Test & Feedback

27.06.2023

(Tuesday)

28.06.2023

(Wednesday)

30.06.2023

(Friday)

Major wise

Attendance

(Dept. should take



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19to 30, 2023. The programme began with a Prayer followed by the blessings from the Secretary Dr. Sr. M. Francisca Flora.

Dr.Sr.G.Celine Sahaya Mary, Principal, welcomed the new entrants and gave an orientation about the College.



On the first day, SIP session I was handled by Dr.S.Saira Banu, Associate Professor, The Research Centre of English. She gave an inspiring talk on 'The Journey Begins'. The students who have entered newly had a great experience in her session.





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On the second day SIP session II was on the topic 'Holistic Formation at Fatima' by Dr.S.J.Kala, Dean of Research. She explored on Key bodies in Higher Education, Quality Based Curriculum Designing, Outcome Based Education and Examination System.



Dr. Fernando Delishia, Associate Professor and Head, The Research Centre of English handled Session III on 'In Tune with Fatima'. She explained the importance of the College Prayer and Secular stance of Fatima.



On the third day, Session IV was handled by Dr. S. Vidya, Associate Professor and Head, Department of Computer Science, on 'Quality



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Standards'. The resource person gave a brief note on expectations and standards of NAAC. She also explained strategies needed for the substance of Autonomy Status.



On the fourth day, the session V was taken up by Dr.L.Meena, Assistant Professor of Management Studieswho engaged the students on the topic 'Power of Positive Thinking'. She made the students build Self-confidence and motivated them to be independent.





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The next Session was handled on the topic 'Rosa Mystica Library-An Overview' by Dr.C.Sujatha, Librarian who explained the functioning of Library, books, available e-journals and other facilities.



On the fifth day a session on Dimensions for Progressive Life' was handled by Dr.K. Rosemary Euphrasia, IQAC Coordinator and Associate Professor of Computer Science. The resource person oriented the students on the importance of Physical, Mental, Emotional and Spiritual development in life.





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The session was followed by briefing the Cultural Activities in Fatima Campus. It was done by Mrs.N.Sangeetha Rani, Assistant Professor of English.



Dr. M. Pappa, Assistant Professor of Tamil, mentioned the activities related to Clean Campus and Plastic free Campus. She gave wide explanation on Environmental Science.





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On the sixth day, session XI was taken up by the Part V Coordinators. Shift I and Shift II students were given detailed knowledge by the concerned Part V Coordinators.



The next Session was handled by Dr. I.Jeyasheela, Dean of Students' Welfare. She introduced the members in Students Council and explained various activities and responsibilities of the Student Council.





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On the seventh day, Rev.Fr.S.K. Jose Robinson, Director, Nanjil Career Academy, Mama Ada Centre delivered a 'Motivational Talk' to the students. The resource person motivated the students to aim high and succeed in their goals.





On the eighth day, SIP Session was handled by Dr.G.VelankanniMatharasi, Directress of Physical Education who delivered a note on Fitness. She gave live practice of Fitness Exercise to the students. She also explained how to live a healthy life.







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The next session was taken up by Mrs.A.SheelaRoselin, Assistant Professor of Mathematics, who involved the students with various Activities.





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On 30 June 2023, during the last session, instructions regarding **SIP online feedback** were given. It was followed by the Welcome Party to the Blossoms of Fatima.





Mrs.A.Sheela Roselin, Assistant Professor, Department of Mathematics was the coordinator of the Student Induction Programme (SIP).



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Feedback Analysis:

10/29/24, 12:55 PM

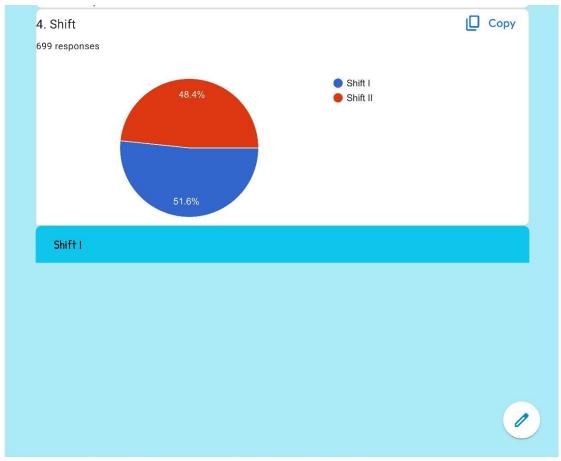
Feedback for the Student Induction Programme



Feedback for the Student Induction Programme

699 responses

Publish analytics



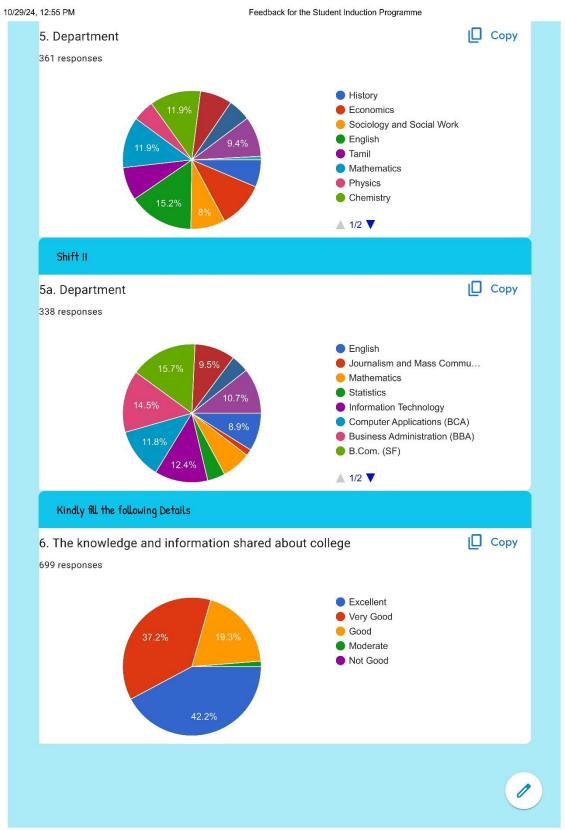
 $https://docs.google.com/forms/d/1-M112Bpa2540syZE6BHZ9An9GWgdylk43mt-X_RpDM0/viewanalytics$

16/26



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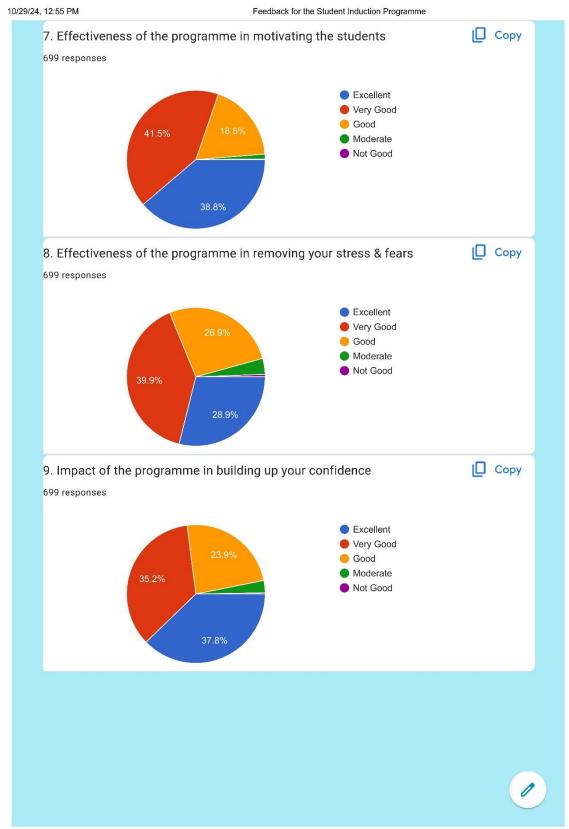
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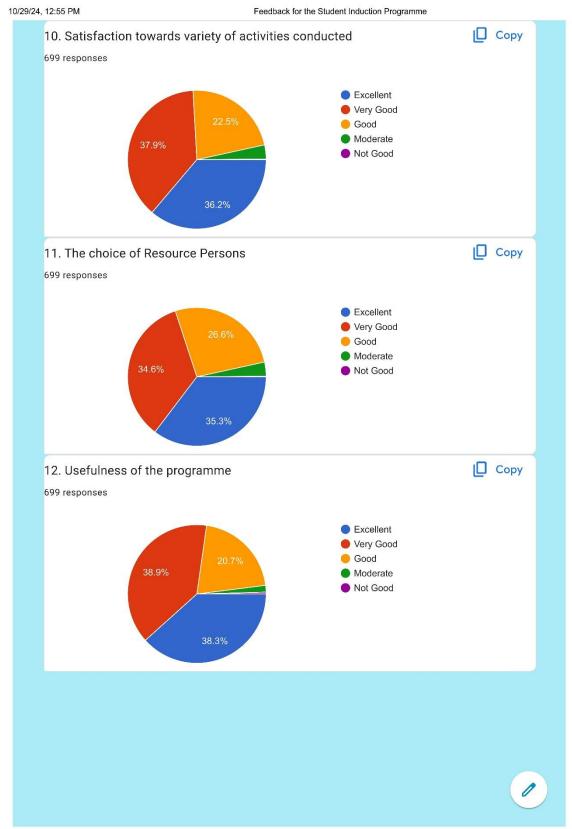


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FACULTY INDUCTION PROGRAMME FOR THE NEWLY APPOINTED STAFF - 2023





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AGENDA

DATE	TIME	RESOURCE PERSON	TOPIC
	10:30 – 10:45 a.m.	Inauguration Prayer Song Welcome Address Preamble	
28.08.2023	10:45 – 11:45 a.m.	Dr. Sr. M. Francisca Flora Secretary	"Culture of Fatima College – Make a Difference"
	11:45 a.m. – 12:30 p.m.	Dr. Sr. G. Celine Sahaya Mary Principal	"Role of Teacher in Higher Education: Towards a new horizon"
	10:30 – 11:30 a.m.	Dr. Sr. G. Jenita Rani Vice Principal (Shift II)	"The Power Within You"
29.08.2023	11:30 a.m. – 12:30 p.m.	Dr. M. Meenakumari Dean of Arts Assistant Professor of Sociology	"Strategies of Curriculum Development and Evaluation Methods"
30.08.2023	10:30 – 11:30 a.m.	Dr. S.J. Kala Dean of Research Associate Professor of English	"Research Integrated Teaching: A Need of the Hour"
	11:30 a.m. – 12:30 p.m.	Dr. S. Saira Banu Associate Professor of English	"Body Language and Presentation Skills"
	10:30 – 11:30 a.m.	Dr. K. Rosemary Euphrasia IQAC Coordinator, Associate Professor of Computer Science	"Lateral Thinking for Effective Teaching"
31.08.2023	11:30 a.m. – 12:30 p.m.	Dr. S. Vidya Associate Professor of Computer Science	"Teachers' Quality: Prepare to Perform"
	12:30 – 12:45 p.m.	Valediction Feedback Vote of Thanks	



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REPORT

Internal Quality Assurance Cell (IQAC), Fatima College (Autonomous), organized the Faculty Induction Programme (FIP) for the newly appointed staff for four days from 28.08.2023 to 31.08.2023 in the venue A2, from 10:30 am to 12:30 pm. On the whole 37 staff members from aided and self-financing attended the session on Day-1.

HIGHLIGHTS

The first day of the event started with an Inaugural session. The inauguration was started with a holy prayer, followed by the welcome address by Dr. R. Saktheswari, IQAC Assistant Coordinator & Assistant Professor of English. Dr. E. Helena, IQAC Assistant Coordinator & Assistant Professor of Mathematics, introduced the purpose and the preamble of the four-day FIP to the audience.

Day 1 - 28.08.2023

Rev. Dr. Sr. M. Francisca Flora, Secretary, Fatima College (Autonomous) was the Resource person for Day-1, and she delivered the content on "Culture of Fatima College – Make a Difference". Sister started with the vision and mission of the institution, and clearly detailed the vision statement. She presented about the history of the college and about founders and pioneers of the institution. The Secretary Sister addressed about the selection policy & procedures, rules, regulations, employment conditions, and the disciplinary measures to the new staff team. She highlighted the qualities of a good teacher and ended up her address by congratulating the staff team.

A photo session was arranged with the Secretary, Principal, IQAC Coordinators and the new staff team. The new staff members introduced themselves and the event ended up with vote of thanks by Dr. L. Meena, Member of IQAC, & Assistant Professor of Management Studies.



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Dr. Sr. M. Francisca Flora influencing the young minds



Dr. Sr. G. Celine Sahaya Mary interacting with staff



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Report - Day 2 (28.08.2023)

Session 1:

Day 2 commenced with the session titled, "Power Within You" by Dr. Sr. G. Jenita Rani, Vice Principal (Shift II). Sister drew a striking analogy between teachers and eagles and pointed out that the teachers need to aim high and have a focused vision like that of the eagles. It was stressed that the teachers learn lessons from their mistakes and do not dwell in their past in order to surge ahead. The way eagles train the young ones was beautifully expounded by Sister by which she stressed upon the significance of being strict with the students. It was also indicated that the quality of the students highly depend on the quality of their teachers. Hence, as the eagle renews itself after forty years by plucking out the talons and old feathers, so must the teachers also renew and update their knowledge to ensure excellence.



Session 2:

Dr. M. Meenakumari, Dean of Arts, Associate Professor, Department of Sociology spoke on "Strategies of Curriculum Development and Evaluation Methods" which was the final session of Day 2. The session elaborated the Fatima Model Curriculum (Choice Based Credit System) and Evaluation.



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Ample light was thrown on the Programme Outcomes (PO), Programme Specific Outcomes (PSO) that are integral in understanding the essential strategies of curriculum development as per the Revised Blooms Taxonomy. The method to frame a syllabus and set various 'k' levels were also highlighted. Dr. Meenakumari also spoke on how important the thought process of an educator is. It was suggested that the thoughts, words and deeds are things that a person is accountable for and hence must be watchful.



Day 3 (30.08.2023)

Session 1:

The first session on Day 3 was "Research Integrated Teaching: A Need of the Hour", addressed by Dr. S.J. Kala, Dean of Research and Associate Professor of English, Fatima College. Dr. Kala emphasized the need for preparedness of a teacher in a classroom and the role of research in teaching and evaluation. By integrating new, innovative and Transformative Teaching Pedagogy into academic practice, teachers can enhance their teaching excellence, create a supportive learning environment, and inspire students to reach their full potential. In this



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inspiring session, teachers were encouraged to adopta teaching method that incorporates research projects into the curriculum that will further orient the students to participate in such research. It can help to create a dynamic learning environment where students can develop their analytical skills and contribute to academic knowledge. Dr. Kala also stressed the importance of effective communication as one of the qualities of a good teacher.



Session 2:

The day's second session titled "Body Language and Presentation Skills" was delivered by Dr. S. Saira Banu, Associate Professor, The Research Centre of English, Fatima College. According to Dr. Saira, a teacher should not just be an instructor but also needs to be an entertainer. This session focused also on how a teacher needs to be presentable in the college campus by the way she dresses and behaves. A teacher needs to change her teaching methodology according to the need of the class and more than trying to complete the syllabus must be bent upon shaping the student holistically. A teacher is also expected to handle the class with a tinge of humour if need be, to gauge the attention of a



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disinterested class. Thus, instead of teaching based on a set of rules, the teacher must have the presence of mind to tailor her teaching according to the changing mentality of the students. Dr. S. Saira Banu elaborated on how to become the best teacher with a blend of all these approaches and she emphasized how a teacher should become the best of all by adopting an eclectic approach.



Day 4 (31.08.2023)

Session 1:

The first session on Day four was on "Lateral Thinking for Effective Teaching" by Dr. K. Rosemary Euphrasia, IQAC Coordinator and Associate Professor of Computer Science which highlighted on the three modes of thinking: convergent, divergent, and lateral. The session stressed the significance of lateral and divergent thinking in contemporary contexts. Through a series of interactive activities, participants were kept engaged and encouraged to apply these modes of thinking in real-world scenarios, promoting cognitive flexibility, rational thinking and creative problemsolving. The audience was also familiarized with the Six Thinking Hats that depict various approaches to solve a problem. Such methods need also to



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be utilized in classrooms to improve the efficient response skills of the students. By emphasizing the importance of diverse thinking approaches, the session aimed to enhance overall out-of-the-box thinking abilities and foster a more original mindset.



Session 2:

Dr. S. Vidya, Associate Professor of Computer Science handled the second session on "Teacher's Quality: Prepare to Perform". It focused on the significance of National Assessment and Accreditation Council (NAAC), National Institutional Ranking Framework (NIRF) and Internal Quality Assurance Cell (IQAC) in promoting institutional excellence. Dr. Vidya highlighted the key features of NAAC. The speaker insisted the teachers to adopt innovative teaching methods, publish research papers, mentor students, participate in workshops and conferences, collaborate with industry partners, and focus on student employability and academic performance. Dr. Vidya also reminded the importance of Annual Quality Assurance Report (AQAR) that needs to be prepared with precision. Further she said, teachers should familiarize themselves with NAAC and NIRF parameters, work collaboratively with IQAC, and strive to maintain a high





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level of professionalism, cultural sensitivity, and punctuality. By implementing these strategies, teachers can enhance their institution's reputation, improve student outcomes and contribute to the growth of a knowledge-based society.





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Certificates:







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Attendance:



FATIMA COLLEGE

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Faculty Induction Programme for Newly Appointed Staff - 2023-2024

Date: 28.08.2023 - 31.08.2023

Venue: SJ5

s.	NAME OF THE	NAME OF THE DEPARTMENT	SIGNATURE			
NO. STAFF	STAFF		28.08.2023	29.08.2023	30.08.2023	31.08.2023
		AIDED	1			
1.	Ms. J. Karthika	History	bd.	61	A.D.	R.S.
2.	Dr. K. Praveena	P	5 na a	BRa a.	Filgan	F. Pra a
3.	Ms. N. Jeny	Economics	N=37	N.F	X1. 5	No
4.	Ms. J. Sujatha	Sociology	(Buja 983	Ryolly.	my 28.	(muja 989
5.	Ms. R. Vetriselvi	Hindi	07	m	W.	ATA
6.	Dr. A. Jose Little Flower	Mathematics	A. Joself	A. Foselff	A. Joseth	A. Josel PL
7.	Dr. I. Janet Sherly		SHOP	Sp.	DP.	-alae
8.	Ms. J.R. Sofia	Physics	J.R. S. Pie	4	b 1	TRACE
9.	Dr. J. Selvi		Juli.	THE	Rui.	reli.
10.	Ms. M. Annie Jose Leoni	Zoology	M. Amie	M. Annie	M. Janie	M. Annie
11.	Dr. M. Angel	Home Science	GAT	and	9X1	Qu'L
12.	Dr. S. Maria Nisha	Commerce	8. Maria Nits	B. Maria Nies	8. Maria Niel	B. Maria Niel



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S. NO.	NAME OF THE STAFF		SIGNATURE			
		DEPARTMENT	28.08.2023	29.08.2023	30.08.2023	31.08.2023
			SELF - FINAN	CING		
13.	Ms. S. Arujunai Devi	History	Leave A	BSE	NT	3. Aujudi
14.	Dr. J. Jone Celestina	Chemistry	Ane.	Ina	Jac.	fore.
15.	Dr. J. Belinda Asha		J. Behadram	J. Behaloh	& Behrahath	J. Behado
16.	Ms. K. Nandini Priya	Home Science	K. road proge		K. wardipung	K. ward - Prings
17.	Sr. B. Margaretmary	Computer Science	& Margantonary	B was and wed	8. Margantwary	B Margantna
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25.	Dr. F. Dhivya	Tamil	F.D	F.A	SHO	T.60)



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S. NO.	NAME OF THE STAFF		SIGNATURE			
		DEPARTMENT	28.08.2023	29.08.2023	30.08.2023	31.08.2023
26.	Dr. M. Subha		MAN 28/8/23	M. 90 2918 23	M 20 308/23	M 20 3182
27.	Dr. M.V. Sethu Meenakshi	Mathematics	M.V.Juli	M.V. July 3218123	M.V 2018122	M. V Stale
28.	Ms. T. Shobana	Statistics	J-80 20/8/29	Isto 30/0/38	T8 30/8/2	180 J81
29.	Ms. K. P. Maheswari		SKE Tran	3 Hm 18/23	Caretan 18/23	April 18 px
30	Ms. P. Renganayagi	BCA	P. Roy \$25/8/2	P. Rang 1/29/8/22	ABSENT	P.P. + 431
31.	Ms. S. Nirmala Devi		S. 5/ MI01/2	5 -5 29 108724	S. A. 10108/12:	S. J. 31/08/2
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36.	Mrs. R. Kousalya	Commerce	kousellas.	de OUS - 1 2023	8000 0003.	Jours 1/2000
37.	Ms. N. Sukasini	1	N. Sukaci	N. Separit	N. Sileniz	N. Enkeriz
38.	Ms. C. Joselyn Nithya	Commerce with	Jul 38/8/23	Mul 29/8/23	14113018123	Hall 3118 123
39.	Ms. J. Uma		D. 128/8/23	8.000	dia 1/2)	F.118/23.
40.	Ms. A. Atchaya	B.Com. Honors	Ata 8 23	Ho 20/8/23	A \$ 20/8/23	A6318 2



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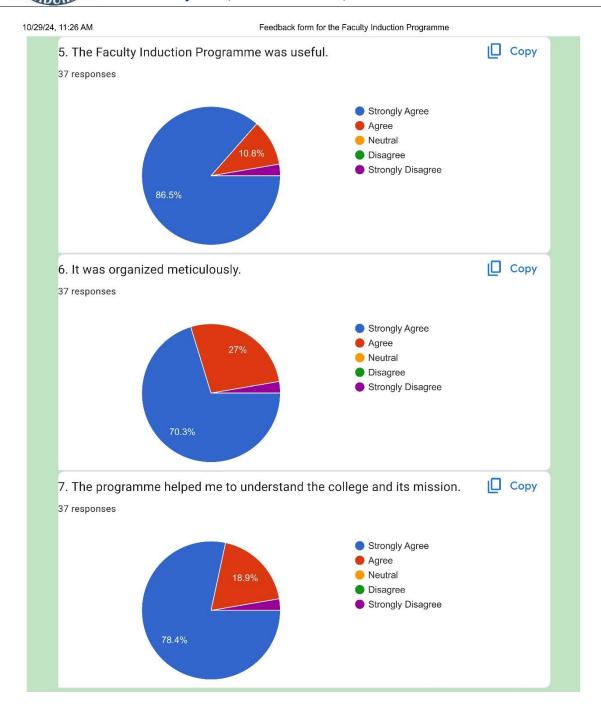
Feedback form for the Faculty Induction
Programme
37 responses

Publish analytics

1. Select
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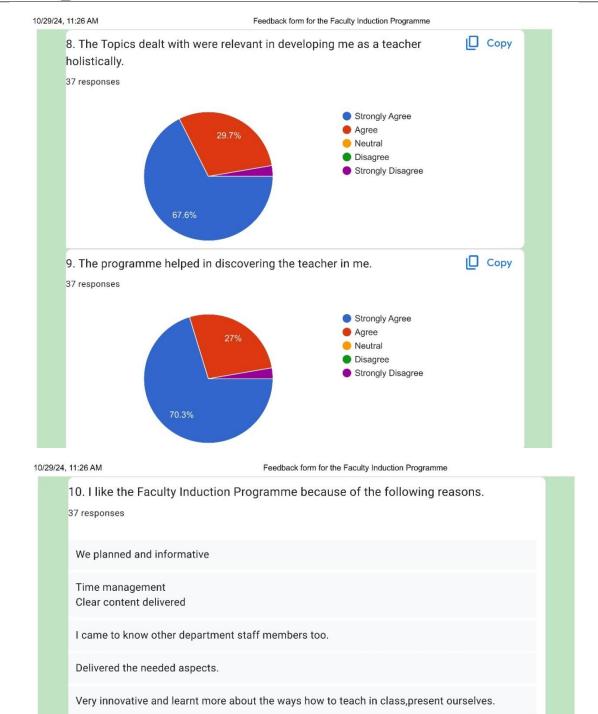


THE COLLEGE

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Because it organized very well. Topics are very useful. Especially I would mention resource persons. If persons are invited from outside. They will talk within their limits. But all guests are

from our campus they are explaining by their experience it's very relevant.

It gave us a clear picture of what it takes to be a good teacher.

Rejuvenated the passion in us

I gained Knowledge about various aspects

ELIMA COULER

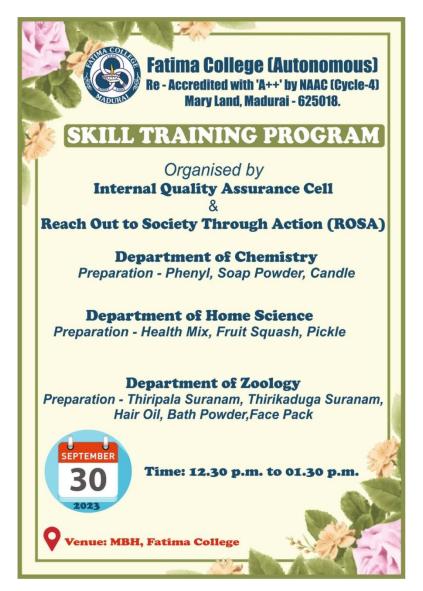
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Internal Quality Assurance Cell (IQAC) &Reach Out to Society through Action (ROSA) Organizes

Skill Training Program





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The Internal Quality Assurance Cell (IQAC) & Reach Out to Society through Action (ROSA) organized the Skill Training Program on 30th September, 2023. Dr. R. Angel, Coordinator, ROSA delivered the importance of women employment and entrepreneurship, and briefed about the skill training session, She emphasized that the students trained through the session, would take it forward to the women of respective villages. She acknowledged the efforts of Dr. K. Rosemary Euphrasia, Coordinator of IQAC, and the extension staff members and the welcomed the gathering.

Dr. J. Thelma, introduced the preparation method of ThiripalaSuranam, ThirikadugaSuranam, Aloevera Oil, and Herbal bath powder. She encouraged switching to natural products rather than the artificial chemical products. Dr. J. JoneCelestina&Dr. J. Belinda Asha demonstrated the manufacturing of dark and white phenyl, washing powder and candle. They talked about the price comparison between the raw materials and finished goods, and how being entrepreneurs can benefit themselves and the society.Ms.Angel, explained and demonstrated the production of natural squashes, pickles and health mix. She talked about the reality of preservatives in food industry.

The students undergone the training session, in which they were provided with hands on experience. The students actively interacted with the resource persons and participated in the session. The students trained through the session would deliver the same to the women in the respective villages adopted under ROSA.





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Ms. J. Thelma, Assistant Professor of Zoology, introduced the manufacturing process of herbal powder, aloevera oil. ThiripalaSuranam



The students actively participated in learning from the resource persons



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Language Harmony Day

Signature Campaign - 2023

"எனது மொழி - எனது கையெழுத்து"

October 20, 2023

On account of Language Harmony Day, the Research Centre of Tamil & Dept. of Hindi in collaboration with IQAC organized a Signature Campaign to emphasize the significance of the mother tongue. The Staff and students participated enthusiastically in the campaign and showed their affinity towards mother tongue.



THE COULTE

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CAREER GUIDANCE PROGRAMME

OCTOBER 16, 2023





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CAREER GUIDANCE PROGRAMME

AGENDA

DATE: Oct. 16, 2023 TIME: 12:30 - 01:30 p.m. VENUE: JH

PRAYER SONG

♣ WELCOME ADDRESS : Ms. S. A. VARSHINI MALA

III B.A. English (Shift II) Fatima College

♣ Session I : Thiru. A. Kalaiselvam M.A.

Assistant Director, Professional Employment and

Career Guidance Centre, Madurai

"Competitive Exams" (Central and State

Government)

♣ Session II : Thiru. V. Senthilnathan

District Employment Officer District Employment

and Career Guidance Centre, Madurai.

"Career Opportunities for Graduates and

Post Graduates"

♣ Session III : Mrs. M. Lakshmi

Junior Employment Officer Professional Employment and

Career Guidance Centre, Madurai.

"Role of Employment Exchange Activities"

♣ VOTE OF THANKS : Ms. R. HARINI SRI

III B.A. English (Shift II) Fatima College

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The Internal Quality Assurance Cell (IQAC), Fatima College (Autonomous), organised "Career Guidance Programme" on October 16, 2023 from 12:30 pm to 1:30 pm for the final year students viz. III UG and II PG, in Jubilee Hall. The Resource persons for the session were Thiru.A.Kalaiselvam, Assistant Director, Professional Employment and Career Guidance Centre, Madurai, Thiru.V.Senthilnathan, District Employment Officer, Madurai, and Mrs.M.Lakshmi, Junior Employment officer, Professional Employment and Career Guidance Centre, Madurai.



The programme commenced with a warm greetings to the chief guests and the entire audience with a welcome speech addressed by Ms.Varshini Mala of III B.A. English.

The first session was presided by Thiru. V. Senthilnathan and he addressed the gathering on "Career Opportunities for Graduates and Post Graduates". He gave an elaborative introduction about the various opportunities and scope through the Central and the State Government examinations. He suggested various ways and ideas on how to opt the



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career in government services. He empasized the importance of Newspaper and the basic books of 6th to 12th grade on clearing the exams. He also brought into the notice about the TN Career YouTube channel.



Thiru.V.Senthilnathan addressing the gathering

The next session on "Role of Employment Exchange Activities" was presided over by Mrs. M. Lakshmi. She highlighted that Career guidance plays a very important role in the lives of all individuals, as it helps in setting future goals and chooses careers. Career guidance is much needed service to those who did not plan for their future at an early stage; more should be done to assist the younger generations in personal career development. She also made the students aware of the 'Mega Job Fair', conducted annually for all categories of people who are in need of job.

And the last session was taken over by Thiru.A.Kalaiselvam. He addressed the audience on "Competitive Exams (Central and State Government)". It was a perfect concluding session which kicked off with thought provoking quotes and inspiring stories of successful students who cleared the government exams from their centre. He shared about useful



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books for the personal development of the students. His dedicated and passionate advice to the student community was really appreciable.

At the end of the session the students cleared their doubts by asking various questions regarding the confusions, they usually face while deciding their career. The program ended with a simple and neat vote of thanks by Ms. Harini Sri of III B.A. English.

All the students were highly motivated and enlightened about various opportunities after completing their respective courses. It was a very informative day for the attendees of the session. The experts concluded the session by emphasizing the importance of staying motivated and having a positive attitude. The programme was well-received by the students and was a great success.



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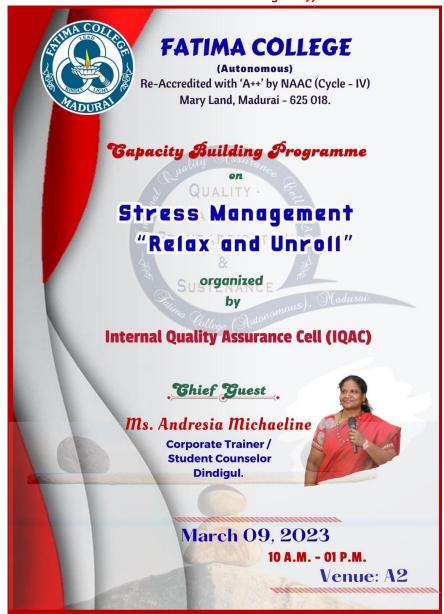
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Capacity Building Programme

on

Stress Management - "Relax and Unroll"

For the Non-Teaching Staff





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AGENDA

Prayer Song : Ms. V. Ebenezar Vimala Rani

Lab Assistant, Fatima College, Madurai

Welcome Address : Mrs. L. Shanthi

Office Assistant, Fatima College, Madurai

* Resource Person : Mrs. Andresia Michaeline

Corporate Trainer /

Student Counselor

Dindigul.

Vote of Thanks
: Mrs. A. SahayaJosphine

Assistant Librarian, Fatima College, Madurai.

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CAPAPCITY BUILDING PROGRAMME ON

STRESS MANAGEMENT "RELAX AND UNROLL"

Date: March 09, 2024; Venue: A2

OBJECTIVE

The session aimed to equip participants with practical tools and strategies to effectively manage stress in their daily lives.

RESOURCE PERSON

Mrs. AndresiaMichaeline, , Corporate Trainer and Students Counselor

KEY - POINTS OF THE PROGRAMME

The IQAC of Fatima College organized a capacity building programme for the non teaching staff on March 09, 2024. The programme focused on managing stress through the techniques of relaxing and unrolling. The session started off with a prayer. The IQAC coordinator Dr. Rosemary Euphrasia welcomed the gathering.

Introduction to Stress: Mrs. Andresia Michaeline began by defining stress and explaining its physiological and psychological effects on the body and mind. She emphasized the importance of understanding one's individual stressors.

Identification of Stressors: Participants engaged in an interactive activity to identify their personal stressors. They shared common sources of stress such as work pressure, financial concerns, and relationship issues.

Understanding Stress Responses: Mrs. AndresiaMichaeline explained the fight-or-flight response and its impact on the body. She discussed the role of cortisol and adrenaline in stress reactions, highlighting their short-term benefits and long-term consequences.

Cognitive Strategies: Participants learned cognitive-behavioral techniques to challenge negative thought patterns and reframe stressful situations. The facilitator emphasized the power of positive self-talk and encouraged participants to practice mindfulness.

Stress Reduction Techniques: Various relaxation techniques were demonstrated, including deep breathing exercises, progressive muscle



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relaxation, and guided imagery. Participants actively engaged in these practices to experience immediate stress relief.

Time Management: She introduced effective time management strategies to prioritize tasks, set realistic goals, and avoid procrastination. Participants learned the importance of creating a balance between work, leisure, and self-care activities.

Healthy Lifestyle Habits: The session concluded with a discussion on the role of diet, exercise, yoga and sleep in stress management. She emphasized the significance of maintaining a healthy lifestyle to enhance resilience against stressors.

Feedback and Conclusion:

Participants expressed gratitude for the valuable insights and practical techniques shared during the session. Many found the interactive nature of the workshop engaging and appreciated the opportunity to connect with others experiencing similar stressors.

In conclusion, the stress management workshop provided participants with a comprehensive toolkit to effectively cope with stress in their daily lives. Mrs. AndresiaMichaeline encouraged ongoing practice and integration of these strategies into their routines to promote overall well-being and resilience.

Mrs. AndresiaMichaeline engaging the audience with relaxation techniques



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Skill Development Programme

on

Cottage Healthy Food Products

For the Sub-Staff



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Fatima College



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Date: March 09, 2024 Time: 10.00 a.m.- 12.00 noon.

Skill Development Programme

on

Cottage Healthy Food Products

For the Sub-Staff

AGENDA

Prayer

Welcome Address : Dr. C. Sujatha

Librarian

Resource Person : Dr. M. Angel

The Research Centre of Home Science

Fatima College (Autonomous), Madurai.

Vote of Thanks
: Mrs. Anthoniyammal

Sub- Staff, Fatima College (Aut.), Madurai



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SKILL DEVELOPMENT PROGRAMME FOR SUPPORT STAFF

COTTAGE HEALTHY FOOD

March 9, 2024

VENUE: Home Science Lab

Time: 10 a.m. - 12 Noon

The Internal Quality Assurance Cell (IQAC), Fatima College (Autonomous), organised Skill Development Programme for Support staff on "Cottage Healthy Food Products" in Home Science Lab on March 9, 2024 from 10 am to 12 noon. Dr. M. Angel, Assistance Professor of Home Science, Fatima College (Autonomous) was the Chief Guest. On the whole 22 support staff members participated in the programme.

The event started with a holy prayer song. The Welcome address was delivered by Dr. Sujatha, Librarian, Fatima College (Autonomous), and she introduced the chief guest. Three various food products viz. Grapes Squash (natural food without chemicals), Health mix (can be used by all aged people), and Iron-rich nutritious health-mix balls (a supplement to cure anaemia), were prepared by the chief guest and the method of preparation was explained to the audience. The aim of choosing these three food products was to improve the health by consuming food prepared withthe locally available ingredients and to eradicate malnutrition problems.

The nutritional health values of all the foods prepared were also explained the resource person. The support staff members were highly enthusiastic in the hands-on training and clarified their doubts with great interest. The prepared products were distributed to the participants to taste and to take away to their home.

The programme was a great success with positive feedback from the participants. The event ended up with the vote of thanks by one of the participants.



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Dr. M. Angel demonstrating the preparation of nutritious food





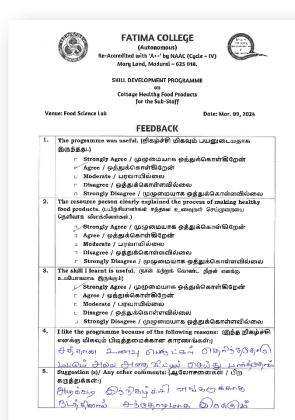


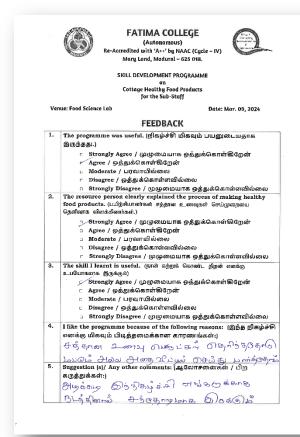


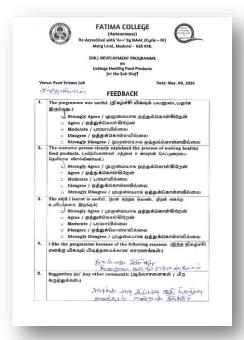
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Feedback:





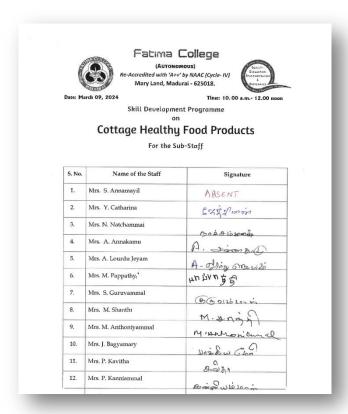




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Attendance:



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15.	Mrs. S. Selvi	SABOVENA
16.	Mrs. E. Kalaiselvi	ABSENT
17.	Mrs. S. Poongkodi	48DOVN
18.	Mrs. S. Thavaselvi	S. Suinador
19.	Mrs. V. Sivakami	S. Sudotalar V. Siva karny
20.	Mrs. M. Padma	ल छेडा १००
21.	Mrs. K. Maheswari	A NOTON
22.	Mrs. P. Renuga Devi	P. Panyon plant
23.	Mrs. A. Seetha	P. Konuga clerji.
24.	Mrs. D. Deepa	B. BUT
