FATIMA COLLEGE

(Autonomous)

Affiliated to Madurai Kamaraj University
Re-Accredited with 'A++' by NAAC (Cycle - IV)
Mary Land, Madurai - 625018, Tamil Nadu

Awareness Programme On Yoga

Name of the Department: Mathematics

Name of the Village: Nedungulam

Name of the Activity: Extension – Yoga, Nedungulam,

Name of the Staff: Dr. A. Jose Little Flower

No. of Students Participated: 26

No. of Beneficiaries: 18

Date: 25.08.2023

REPORT

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INTRODUCTION:

Extension is an important activity which contributes to the enhancement of the status and public recognition of a profession and welfare of the society at large. The idea behind the extension work is coming together for the task of social upliftment. Keeping this view in mind the 3rd year UG Mathematics students of Fatima College carried out an activity on August 25th at Nedungulam Village, Madurai.

OBJECTIVE:

- To bring an awareness among school students about Yoga.
- To gain knowledge on how Yoga is part of our life.

PROGRAMME HIGHLIGHTS:

The meeting began with active -participation of the school students.

The school students repeated the yoga thought to them.

Among the students, some came infront and did one of the yoga that they practised.

The program ends with the Oath taken by students.

PHOTOGRAPHY:

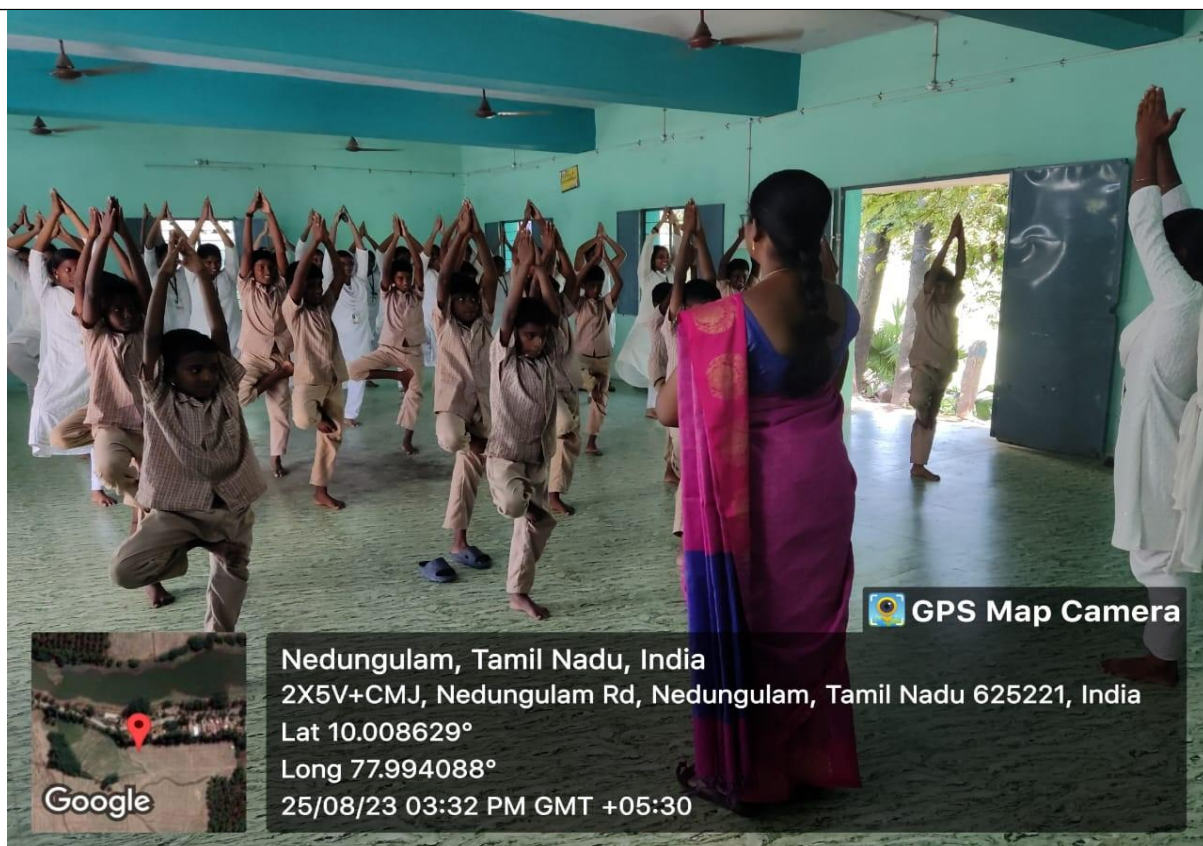1. Vency. B – 2021M55
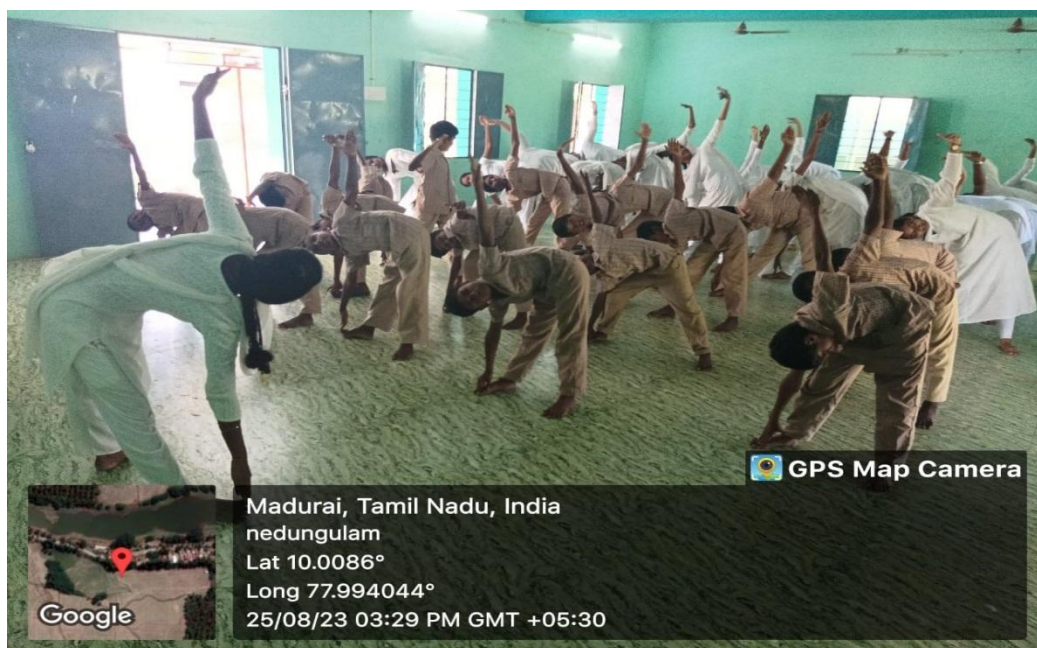2. Jerlin Joshi . A – 2021M19

GEO TAG PHOTOS WITH PHOTO CAPTION

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STUDENTS DID YOGA

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OATH TAKEN BY THE STUDENTS

STUDENT'S LIST

S.NO	REG.NO	STUDENTS NAME
01	2021M01	AASHIYA BEGUM M
02	2021M02	ABIRAMI K
03	2021M05	ARUL ANANTHINI A
04	2021M09	BRINDHA CELIN A.H
05	2021M10	DELYS MARITA D
06	2021M14	JASMINE J
07	2021M18	JEBIRA J
08	2021M19	JERLIN JOSHI A
09	2021M22	KANNIKA PARAMESWARI B
10	2021M28	MERIL SNOWSY R
11	2021M34	NOVOMI JOES TRIFFINA J
12	2021M37	PRADEEPA N
13	2021M39	PUSHPA SWETHA A

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14	2021M42	ROSELIN PRIYATHARSHINI G
15	2021M46	SIVASHREE D
16	2021M49	SUGHASINI C
17	2021M50	SUJITHA C
18	2021M54	VASUKI A
19	2021M55	VENCY B
20	2021M56	VINCY M
21	2021M59	ASHMITHA VENI N
22	2021M61	DEPANCY C
23	2021M63	LOHITHA YAZHINI P.N
24	2021M66	SUGASHREEE P
25	2021M67	RENSILIBIYA A
26	2021M70	JANANI M

LIST OF BENEFICIARIES

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FATIMA COLLEGE (AUTONOMOUS) - MADURAI

DEPARTMENT OF MATHEMATICS (REGULAR)

EXTENSION ACTIVITY - YOGA

DATE : 25.8.2023   PLACE : NEDUNGULAM

NAME OF THE BENEFICIARY	SIGNATURE
சுத்து மாதேன் . J	J. சுத்து மாதேன்
சக்தி வேல் . M	சக்திவேல் . M
மன்மதன் . R	மன்மதன் : R.
பால கார்த்தி . R	பாலகார்த்தி R
பழனி குமார் . K	K. பழனிக்குமார்
ஹரிஹரன் . P	P. ஹரிஹரன்
அஜய் . M	அஜய் . M.
அஜித் . C	C . அஜித்
ஹரிகிருஷ்ணு . K	K. ஹரிகிருஷ்ணு

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சங்கம் . X	ச ங்கம் ..
விரேம் . P	விராம் - P
சௌமியன் . P	சௌமியன். P.P
நந்தன் . G	நந்தன்P
சிவபாண்டி . J	சிவபாண்டி . ஜெ
முத்து பாண்டி . M	M. Muthu pandi
ராஜதர்ஷன் . D	D. ராஜதர்ஷன்
அருண் குமார் . A	A . அருண்குமார்
ஸ்ரீவர்ஷன் . P	ஸ்ரீவர்ஷன். P

Signature of Co ordinator