



FATIMA COLLEGE

(Autonomous)

Affiliated to Madurai Kamaraj University
Re-Accredited with 'A++' by NAAC (Cycle - IV)
Mary Land, Madurai - 625018, Tamil Nadu

FATIMA COLLEGE (AUTONOMOUS), MADURAI

REPORT ON AWARENESS PROGRAMME ON PCOD- AICUF

Date : 14.09.2023
Time : 2.00 pm – 04.00 pm
Venue : Fatima College, Madurai
Name of the Organizers : AICUF & WOMEN CELL Coordinators
Participants : All AICUF Students
Activity : Guest lecture
Theme : Reproductive Health- PCOD
Resource Person : Mrs.A.Amirtham, Alternative Medicine Practitioner,
YACT Trust, Madurai-18.

ACTIVITY DESCRIPTION:

An awareness programme on Reproductive Health was organized by AICUF Unit (Shift 1) on Thursday 14th September 2023 at San Joes Seminar hall. The programme started with the divine Prayer and formal events by welcoming the chief guest Ms.Amirtham, Alternative Medicine Practitioner by Ms. Srimathi. An elaborate explanation was given by Ms.Amirtham about the importance of women's reproductive health, and the issues such as PCOD, PCOS and its hygiene.

An awareness pamphlet was distributed by the resource person among students along with a questionnaire. It developed a great general idea



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about PCOD and how to prevent it through healthy diet, exercise and good routine practices.

She shared the preparation of “5 minute health drink” to improve the health of girls Uterus which was beneficial to the students. Finally students shared their experiences and questions about the health issues they are facing.

All good things come to an end. So the programme was ended with a great awareness to the students.



Name list of Participants:

First Years:

S.NO	DEPARTMENT	N AME OF THE STUDENT
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1	B.Sc Mathematics	V.Abitha Victoria
2	B.A. History	S.Arul Bensiya
3	B.A. History	S.Kalaiselvi
4	B.A. History	A.Keerthana
5	B.A. History	K.R.Praveena
6	B.A. History	M.Priyadharshini
7	B.A. History	Shasmitha. M
8	B.A. English	A.Hebsebha
9	B.A. English	E.Shilmon Pohthmi
10	B.Sc Physics	K.Kowsalya
11	B.Sc Chemistry	S.Mariya Koratty Rasiha
12	B.Sc Computer Science	L.Keerthana Mary
13	B.Sc Computer Science	N.Nooril umera
14	B.Sc Computer Science	J.Perinbam Harini
15	B.Sc Computer Science	S.Swathi
16	B.Com	L.Angel Valentina
17	B.Com	M.Josephine
18	B.Com	A.Riduvvarshini
19	B.com	Shobika. K
20	B.com	Siva priya. M
21	B.com	Amalagladis. S

Second Years:



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S.No	REGISTER NUMBER	NAME OF THE STUDENT
1.	2022P19	S. MERLIN
2.	2022M25	B. INFANT PRINCY
3.	2022B03	AROCKIYA AMALA SANTHIYA
4.	2022A48	S. SAHAYA ANCY SUGIRTHA
5.	2022A51	L.SANGEEETHA JASMINE
6.	2022A60	A.SOPHIYA JEYASEELI
7.	2022A06	F.ANTONY MARIA ROBISHA
8.	2022A03	K.AMALA JENCY
9.	2022A49	M.SAHAYA ROSLIN JENIFER
10.	2022A47	I.ROSELIN MARY
11.	2022H10	R. ILAKKIYA JOTHI
12.	2022A57	J.SHERLINE NISHA
13.	2022A63	J. TONY PRISHA
14.	2022B25	J.LARA ANGEL
15.	2022B42	R.VIRGIN
16.	2022B13	J. IMAKULINSWEETIKA
17.	2022T05	R. ANUSHYA
18.	2022L08	J. AROCKIYA MESIYA
19.	2022Z37	J. SEBASTIN BEULA
20.	2022M14	A.DIVYA



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21.	2022M06	A.ARUL MANCY
22.	2022M26	A.JEMILA MICHILINA
23.	2022B06	A.CELIN PREETHI
24.	2022E68	M. VIMALA
25.	2022C06	V. AROCKIA CHRISTINA
26.	2022E36	G. MARIA ABINAYA
27.	2022A31	M. MARIA AMALA
28.	2022L13	A.DEEPTHI LIGNETTE
29.	2022A09	A. AUXILIA
30.	2022A11	CAROLINA.J
31.	2022A27	C.KIRUBA JASPER
32.	2022A32	M. MARIA SWETHA
33.	2022A40	X. PERSIYA
34.	2022Z45	P. GLADYS
35.	2022A20	J. JENIFER HELEN
36.	2022A16	P.HELEN
37.	2022A71	J.ELIZABETH SHAKINA
38.	2022B02	M.AMRITHA

Signature of Co ordinator