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HARMONIOUS LIVING - WORK LIFE BLEND

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ABSTRACT

At present, women have more responsibility since they are maintaining Integrating work and life. With reference to women lecturers they feel that sometime their life is balanced and in other instances it is unbalanced. Since women lecturers are playing major roles especially the personal and professional roles it is highly difficult to live a balanced life. In the working Institutions women lecturers have to effectively manage the problems and maintain a cordial relationship with the staff members. An optimum level of balance is needed between personal and college work. When women lecturers experience more stress it affects their work life blend. Married women lecturers have more responsibilities as they have to attend to the family members' requirements as and when needed. But it is comparatively low with unmarried women lecturers.

The need for integrating work with family life is a part of everyday reality for majority of women lecturers. It provides an opportunity to discover the problems of women lecturers. Work life blend is increasingly being understood as an strategic issue in many organisations. Both educational institutions and lecturers have sensed that lecturers' personal life has a great impact on work quality for which the autonomous status is being awarded to eligible interested colleges in India. In Tamilnadu one hundred and thirty four colleges are offered with autonomous status. These colleges are really competitive by nature. This means the work of the lecturers is very difficult. Apart from these, the recent systems such as choice based credit systems and new job oriented courses are introduced in the colleges to empower the students from bondage they have in general and thereby make them self employed. These altogether increase the work load of women lecturers. As a spouse in a family women have to prove their effectiveness in the performance and maintain a balanced life in the society.

INTRODUCTION

Integrating work with life is the need of the hour. In a society filled with conflicting responsibilities and commitments, work life blend is the predominant issue to the women. It supports physical and emotional family health. It is about living a peaceful life. Integration of work with life refers to managing one's professional responsibilities and personal life.

Women lecturers have a feeling that sometimes their work is not integrated with life. An optimum level of integration is required between personal and college work. When women lecturers experience more stress it affects the integration of work with life.

In India, colleges with aided and self financing courses are emerging fast. The requirements of the colleges are also increasing faster. In this context women lecturers' are in a condition to introduce new pedagogies in their teaching. Updating knowledge is also important on the part of the lecturers and at the same time due care has to be given to the family members... In case of joint families women Lecturers have to consider the elder members and also maintain a blend work with life. At the same time upgrading them with new technology and continuous learning is required in the working environment.