

**FATIMA COLLEGE (Autonomous)**  
**Madurai-625 018**

**Department of Sociology and Social Work**

**Offers**

**Value Added Crash Course**

**On**

**INTRODUCTION TO  
COUNSELLING SKILLS**

**Fee Rs.750/-No.ofHours:30hrs**

**STEP INTO A FOUNDATION STONE**

**FOR A GREAT MILESTONE**

**LAST DATE FOR REGISTRATION**

**OCTOBER31,2023**



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Mary Land, Madurai - 625018, Tamil Nadu

## DEPARTMENT OF SOCIOLOGY AND SOCIAL WORK

### Value added Courses - Course Teacher Name list

S. No.	Course Title with Course Code	Course Teacher	No. of Hours Taken
1.	22UGVAS1 - Value Added Crash Course on Introduction to Counselling Skills	Dr.K.Saritha	30

**Signature of the HOD with Seal**

# **I MASTER OF SOCIAL WORK**

## **SEMESTER –I**

*For those who joined in 2019 onwards*

<b>PROGRAMM E CODE</b>	<b>COURSE CODE</b>	<b>COURSE TITLE</b>	<b>HRS/W EEK</b>	<b>CREDITS</b>
<b>UASC</b>	<b>22UGVAS 1</b>	<b>INTRODUCTION TO COUNSELLING SKILLS</b>	<b>30</b>	<b>2</b>

### **COURSE DESCRIPTION**

This course will provide a beginning to identify essential skills, processes, principles, techniques, Skills of counselling.

### **COURSE OBJECTIVES**

To train the students with the basic concept of counselling.

To equip the learners with skill of counselling in various fields.

#### **Unit1:Counsellin[7 HRS]**

Counselling-Meaning-Definition- Scope of Counselling. Counselling Skills

#### **Unit 2: Concept of Self**

**[7 HRS]**

Development of Self- Essential conditions for Personality Change- Behavioural Modification.

#### **Unit 3: Developmental Tasks**

**[5 HRS]**

Developmental Tasks – Adolescence – Erikson’s Theory of Psychosocial Development – Socio cultural Factors in Socialization.

#### **Unit 4:Counselling Process**

**[6HRS]**

Counselling Process - Preparation for Counselling – Limitations of Counseling.

## **Unit 5:Counselling Interview HRS]**

**[5**

Meaning – Verbal and Non Verbal Communication –  
Relationship Techniques.

### **Exercises :**

- Personal counselling and Groupcounselling.

### **TEXT BOOK**

1. Counselling and Guidance, Narayana Rao, Tata Mc.Graw-Hill Publishing company Ltd, New Delhi, 1991.

### **Reference Books:**

1. Adjustment behavior and personality, Goodstein Lauryon, Arizona S University, 1975.
2. The Fundamental of Human adjustment, Norman L. MunuBowdonin College, Houghton Mifflin Company – Bortan, 1961.
3. Abnormal Psychology and Modern Life. James C. Coleman, Scott, Foresman and company, 1998.
4. Psychology and Effective behavior. James C. Coleman, Foresman and Company

### **Digital Open Educational Resources (DOER) :**

<https://counseling.education/resources/references.html>

<https://www.citethisforme.com/topic-ideas/psychology/References-7563968>

<https://www.basic-counseling-skills.com/theory-references.html>

## **COURSE OUTCOMES**

On the successful completion of the course, students will be able to:

<b>NO.</b>	<b>COURSE OUTCOMES</b>	<b>KNOWLEDGE LEVEL (ACCORDING TO REVISED BLOOM'S TAXONOMY)</b>
<b>CO 1</b>	Describe the Scope of Counseling.	K1
<b>CO 2</b>	Identify the concept of Self and Personality.	K1
<b>CO 3</b>	Discover the knowledge on Counselling Interview.	K2
<b>CO 4</b>	Summarize the Counselling Process	K2
<b>CO 5</b>	Estimate the stages of human development and Socialization	K3

**COURSE DESIGNER:****Dr.P.Jecintha Josephine Julie**

<b>No.</b>	<b>Course Outcome</b>	<b>Knowledge Level(According to Bloom's Taxonomy)</b>	
CO 1	Outline the Concept of Counselling	K1	PSO1 & PSO2
CO 2	Categorizing Skills and areas of Counselling	K2	PSO2
CO 3	Understand the Needs of the Guidance Service	K2	PSO3
CO 4	Discover the Fields of Counselling	K3	PSO3
CO 5	Articulate the application of <b>Career Guidance and Counselling</b>	K4	PSO3


**EVALUATION PATTERN:**

C1	C2	C3	Int.	Ext.	Total
10	20	10	40	60	100

\*C1- Assignment

\*C2- Written Tests

\*C3- Comprehensive Viva-Voce / Field Visit

**COURSE DESIGNER:****1. Dr. P. Jacintha Josephine Julie****Forwarded by  
Dr.M.MEENAKUMARI**
  
**Dr. M. MEENAKUMARI, M.A., M.Sc., M.Phil., Ph.D.,**  
 Assistant Professor & Head  
 Department of Sociology and Social Work  
**FATIMA COLLEGE, MADURAI**  
 Tamilnadu-625 018



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## Fatima College (Autonomous) MADURAI -18 Value Added/Skill Embedded Course Mark Sheet

Name of the Department : Sociology and Social Work  
Name of the Course : Value Added Crash Course on Introduction to  
Counselling Skills  
Course Code : 22UGVAS1  
Duration- : Oct.2023- Jan.2024

S.No	Reg.No	Name
1.	2022S02	V.Amirthavarshini
2.	2022S03	C.M.Azhagu Sabari Bala
3.	2022S05	K.Devadharshini
4.	2022S14	P.Kalaiyarasi
5.	2022S17	B.I.Meenalochini
6.	2022S19	A.Pavithra
7.	2022S24	G.Priyanka Gandhi
8.	2022S35	J.Varshini
9.	2021S07	M.Chenbagasree
10.	2021S19	G.Kaviyadharshini
11.	2021S27	M.Sivapriyadharshini
12.	2021S29	P.Subekshana
13.	2020S05	P.Amritha Sri
14.	2019S16	T.Induja
15.	2022N14	P.Jasvinitha

Head of the Department



# Value Added Course on

Name of the school:

பள்ளிக்கூடத்தின் பெயர்

Students

மாணவர்கள்

# Introduction to Counselling Skills

Attendance Register

வருகைப்பதிவேடு

வகுப்பு / Class

20

ஆண்டு / Year

மாதம் / Month

2023 - Jan. 2024

Remarks

குறிப்பு

Serial No வரிசை எண்	Register No பதிவு எண்	NAME பெயர்	Date of Birth பிறந்த நாள்	Date of Joining மகாபாபா தேதி Joining Date	Community ஜாதி	18/10/23	20/11/23	23/11/23	26/12/23	30/12/23
1.	2022S02	V. Amirthavasshini				x	a	x	x	a
2.	2022S03	C.M. Azhagu Sabari Bala				x	x	x	x	x
3.	2022S05	K. Devadharshini				x	x	x	x	x
4.	2022S14	P. Kalaiyarasi				x	x	x	x	x
5.	2022S17	B.J. Meehalochini				x	x	a	x	x
6.	2022S19	A. Pavithra				x	x	x	x	x
7.	2022S24	G. Priyanka Gandhi				x	x	x	x	x
8.	2022S35	J. Vasshini				x	x	x	x	x
9.	2021S07	M. Chenbaga Sree				x	x	x	x	x
10.	2021S19	G. Kaviyadharshini				x	x	x	a	x
11.	2021S27	M. Siva priyadharshini				x	x	x	x	x
12.	2021S29	P. Subekshana				x	x	x	x	x
13.	2020S05	P. Amritha Sri				x	x	x	x	x
14.	2019S16	T. Induja				a	x	x	x	x
15.	2022N14	P. Jasvinitha.				a	a	x	x	x

தினம்  
வந்தவர்கள்  
English Test Writ  
Answered At: The Date

காலை / Morning

Teacher's Sign

ஆஜர்  
ரோல்

மாலை / Evening

ஆஜர்  
ரோல்

மாதத்துவக்கத்தில் ரோலிவுள்ள பிள்ளைகள்  
அந்த மாதத்தில் புதிதாய்ச் சேர்க்கப்பட்டவர்கள்  
அந்த மாதத்தில் விலகியவர்கள்

மாதக்கூடையில் ரோலிவுள்ள பிள்ளைகள்  
பள்ளிக்கூடம் வந்த நாள்  
மாதத்தில் ரோலிவுள்ள சராசரி சங்கியை

மாதத்தில் ஆஜரான உயர்ந்த சராசரி  
தாழ்ந்த வகுப்புச் சிறுவர்கள் சராசரி  
மாதத்தில் ஆஜரான சிறுவர்கள்

மாதத்தில் ஆஜரானவர்கள் சங்கியை





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Name of the Department : Sociology and Social Work  
Name of the Course : Value Added Crash Course on Introduction to  
Counselling Skills  
Duration- : Oct.2023- Jan.2024

S.No	Reg.No	Name	Internal			External (60)	Total (100)
			Test (30)	C1 (10)	Total (40)		
1.	2022S02	V.Amirthavarshini	19	8	27	58	85
2.	2022S03	C.M.Azhagu Sabari Bala	27.5	8	36	53	89
3.	2022S05	K.Devadharshini	25	9	34	54	88
4.	2022S14	P.Kalaiyarasi	22	8	30	46	76
5.	2022S17	B.I.Meenalochini	24.5	8	33	49	82
6.	2022S19	A.Pavithra	22	8	30	47	77
7.	2022S24	G.Priyanka Gandhi	20	8	28	36	64
8.	2022S35	J.Varshini	25	8	33	47	80
9.	2021S07	M.Chenbagasree	24.5	8	33	53	86
10.	2021S19	G.Kaviyadharshini	19.5	7.5	27	42	69
11.	2021S27	M.Sivapriyadharshini	27.5	9	37	56	93
12.	2021S29	P.Subekshana	22	8	30	50	80
13.	2020S05	P.Amritha Sri	26.5	8	35	56	91
14.	2019S16	T.Induja	24.5	8	33	45	78
15.	2022N14	P.Jasvinitha	19	7.5	27	53	80

  
Course Teacher  
(Dr. K. SARITHA)

  
Head of the Department




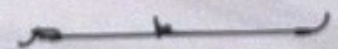


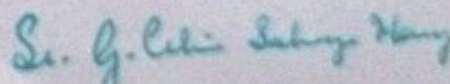
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MARY LAND, MADURAI- 625 018

This is to certify that Ms. V. AMRTHA VARSHINI  
has successfully completed the Value Added crash  
Course on Introduction to Counselling skills offered by  
Department of Sociology during the academic year  
2023 - 2024 and has been awarded Distinction / First / Second class.

  
Co-ordinator

  
Head of the Department

  
Principal




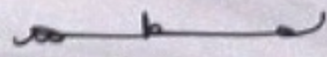


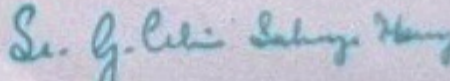
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This is to certify that Ms. C.M. AZHAGU SABARI BALA  
has successfully completed the Value Added Crash  
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Co-ordinator

  
Head of the Department

  
Principal

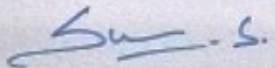





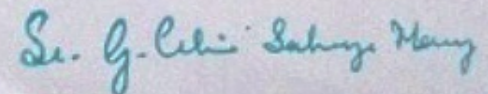
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This is to certify that Ms. K. DEVADHARSHINI  
has successfully completed the Value Added Crash  
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Co-ordinator

  
Head of the Department

  
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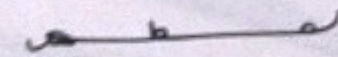


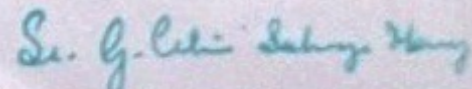
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This is to certify that Ms. P. KALAIYARASI  
has successfully completed the Value Added crash  
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Co-ordinator

  
Head of the Department

  
Principal

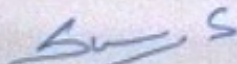





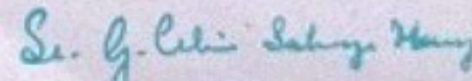
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This is to certify that Ms. B.L. MEENALOCHINI  
has successfully completed the Value Added Crash  
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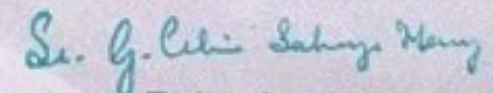
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This is to certify that Ms. A. PAVITHRA  
has successfully completed the Value Added crash  
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Co-ordinator

  
Head of the Department

  
Principal




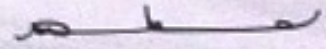


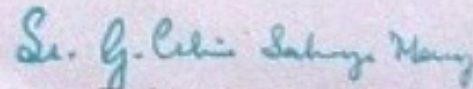
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This is to certify that Ms. G. PRIYANKA GANDHI  
has successfully completed the Value Added crash  
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Co-ordinator

  
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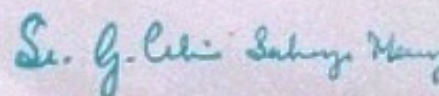
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This is to certify that Ms. J. VARSHINI  
has successfully completed the Value Added Crash  
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Head of the Department

  
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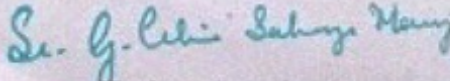
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This is to certify that Ms. M. CHENBAGA SREE  
has successfully completed the Value Added crash  
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This is to certify that Ms. G. KAVIYADHARSHINI  
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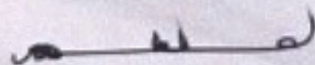


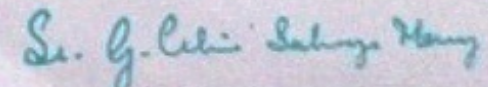
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This is to certify that Ms. M. SIVAPRIYADHARSHINI  
has successfully completed the Value Added Crash  
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Co-ordinator

  
Head of the Department

  
Principal

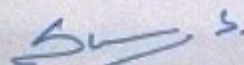


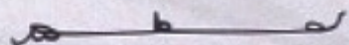


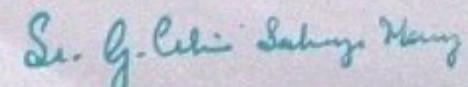
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This is to certify that Ms. P. SUBEKSHANA  
has successfully completed the Value Added Crash  
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Co-ordinator

  
Head of the Department

  
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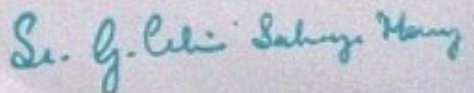
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This is to certify that Ms. P. AMRITHA SRI  
has successfully completed the Value Added Crash  
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Co-ordinator

  
Head of the Department

  
Principal







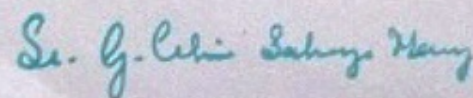
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This is to certify that Ms. T. INDUJA  
has successfully completed the Value Added Crash  
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Co-ordinator

  
Head of the Department

  
Principal







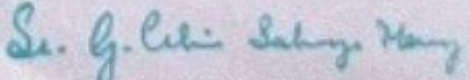
# FATIMA COLLEGE (AUTONOMOUS)

AFFILIATED TO MADURAI KAMARAJ UNIVERSITY  
RE-ACCREDITED WITH 'A++' BY NAAC(CYCLE-IV)  
MARY LAND, MADURAI- 625 018

This is to certify that Ms. P. JASVINITHA  
has successfully completed the VALUE ADDED CRASH  
Course on INTRODUCTION TO COUNSELLING SKILLS offered by  
DEPARTMENT OF SOCIOLOGY during the academic year  
2023-2024 and has been awarded Distinction / First / Second class.

  
Co-ordinator

  
Head of the Department

  
Principal