



**FATIMA COLLEGE (AUTONOMOUS), MADURAI – 18**

**Non Major Elective**  
**NCC – National Cadet Corps**  
**23NC1SE1**

(For those who joined in 2023 onwards)

**HOURS/WEEK: 2**

**CREDIT:1**

**COURSE DESCRIPTION**

NCC Theory is to nurture core values and to learn the Basic Military Subjects.

**COURSE OBJECTIVE/S**

NCC training inculcates a sense of discipline and implicit obedience of orders.

**COURSE OUTCOMES (CO)**

No.	Course Outcome	Knowledge Level (According to Bloom's Taxonomy)
CO 1	Acquire the Basic knowledge about NCC and Organisation.	K1
CO 2	Inculcate a sense of discipline and implicit obedience of orders.	K3
CO 3	Instils responsibility towards personal health and hygiene.	K3
CO 4	Develop a dynamic personality with adequate leadership traits to contribute effectively to the Society.	K3
CO 5	Instils respect and responsibility towards the Traditions and Customs of India.	K3

**UNIT I: THE NCC**

**[6 HRS]**

Aims and Objectives of NCC, Organisation and Training in NCC, NCC Song, Incentives.

**UNIT II: DRILL**

**[6 HRS]**

General and words of command; Attention, stand at ease and stand easy, turning and inclining at the halt; Sizing, forming up in three ranks and numbering, open and close order march and dressing; Saluting at the halt, getting on parade, dismissing and falling out; Formation of squad and squad drill.

**UNIT III: HEALTH AND HYGIENE**

**[6 HRS]**

Structure and functioning of the human body, Hygiene and Sanitation (Personal and Food hygiene), Infectious and Contagious diseases and its prevention.

#### **UNIT – IV: PERSONALITY DEVELOPMENT AND LEADERSHIP [6 HRS]**

Introduction to Personality Development, Factors Influencing/shaping Personality: Physical, Social, Psychological and Philosophical, Interpersonal relationship and communication, Leadership Traits, Types of Leadership.

#### **UNIT V: NATIONAL INTEGRATION AND AWARENESS [6 HRS]**

Religions, Culture, Traditions and Customs of India; National Integration: Importance and Necessity; Freedom Struggle and Nationalist Movement in India.

#### **REFERENCE BOOKS:**

1. Mishra, R. 2000. A Handbook of NCC, Kanti Prakashan, Etawah.
2. Anonymous 2003. Cadet's Hand Book – Girls Wing (SW & JW), Director General NCC, New Delhi.
3. Anonymous 2008. Officers Training Manual. PRECIS, NCC, OTA, Gwalior.

#### **WEB REFERENCES :**

<http://nccindia.nic.in/en/handbook-common-subject-sd-sw>

<http://nccindia.nic.in/en/army-ncc-cadet-handbook-specialised-subject-sdsw>

#### **COURSE DESIGNER:**

1. Capt. Dr. Antony Amala Jayaseeli

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**FATIMA COLLEGE (AUTONOMOUS), MADURAI – 18**

**Non Major Elective**  
**NCC – National Cadet Corps**  
**23NC2SE2**

(For those who joined in 2019 onwards)

**HOURS/WEEK: 2**

**CREDIT:1**

**COURSE DESCRIPTION**

NCC Theory is to nurture core values and to learn the Basic Military Subjects.

**COURSE OBJECTIVE/S**

NCC training inculcates a sense of discipline and implicit obedience of orders.

**COURSE OUTCOMES (CO)**

No.	Course Outcome	Knowledge Level (According to Bloom's Taxonomy)
CO 1	Acquire the Basic knowledge of .22 Rifle and 7.62mm SLR.	K1
CO 2	Understands the Basic Field Craft and Battle Craft & skills to use Maps.	K2
CO 3	Instils the Spirit of Adventure and responsibility towards the Environment.	K3
CO 4	Develops an urge to contribute effectively to the Society, especially during disasters.	K3
CO 5	Instils respect and responsibility towards the weaker sections of our society and their needs.	K3

**UNIT I: WEAPON TRAINING**

**[6 HRS]**

Characteristics of a rifle/rifle ammunition and its fire power; Stripping, assembling, care and cleaning and sight setting of .22 rifle; Stripping, assembling, care and cleaning of 7.62mm SLR; Range procedure and safety precautions.

**UNIT II: MAP READING, FIELD CRAFT AND BATTLE CRAFT**

**[6 HRS]**

Map and Conventional Signs, Topographical forms, the Grid System; Cardinal points and Different North Points; Prismatic Compass  
Judging distances; Indication of Targets; Fire Control Orders; Section and Platoon formation.

**UNIT III : ADVENTURE TRAINING AND ENVIRONMENT AWARENESS**

**[6 HRS]**

Para Sailing; Slithering; Rock Climbing; Cycling; trekking and Obstacle training.  
Natural Resources – Conservation and Management; Water Conservation and Rainwater harvesting.

#### **UNIT IV: DISASTER MANAGEMENT**

**[6 HRS]**

Civil Defence: Organisation and its duties/NDMA; Types of emergencies / Natural Disasters; Assistance during Natural/Other Calamities: Flood, Cyclone, Earth, Quake and Accident.

#### **UNIT V : SOCIAL AWARENESS & COMMUNITY DEVELOPMENT (SA) [6 HRS]**

Basics of Social Service, weaker sections of our society and their needs.; Social / Rural Development Projects: MNREGA, SGSY, NSAP etc; Contribution of youth towards social welfare; Civic Responsibilities; Causes and Prevention of HIV/ AIDS.

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- 2.Anonymous 2003. Cadet's Hand Book – Girls Wing (SW & JW), Director General NCC, New Delhi.
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