



FATIMA COLLEGE

(Autonomous)

Affiliated to Madurai Kamaraj University
Re-Accredited with 'A++' by NAAC (Cycle - IV)
Mary Land, Madurai - 625018, Tamil Nadu

DEPARTMENT OF HOME SCIENCE

Title : Nutrifest-Intercollegiate Meet

Date : 26 Sep 2023

Resource Persons :

1. Mr.K.Srinivasa Raghavan,
Sr.Sales Manager
Aachi Masala Foods (P) Ltd
Chennai.
2. Mr.J.Geetha Krishnan
Senior Consultant
Bakery & Frozen Foods
Chennai.

No. of Participants : 335

Focus on : Entrepreneurship

Outcome :

- Provide an insightful session on health and well-being
- Create awareness among the youngers about the significance of healthy eating practices.



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Report:

Brochure

Events



Food Hunt



Tasty Tricks



Food Snap



Food Ad



Food Spin



Food Memes



Nutri Queen

Inauguration

Presidential Address: Dr. Sr. G. Celine Sahaya Mary
Principal
Fatima College
Madurai.

Chief Guest: Mr. K. Srinivasa Raghavan
Sr. Sales Manager
Aachi Masala Foods (P) Ltd
Chennai.

Venue: Jubilee Hall, Time: 9.00 AM.

Valedictory & Prize Distribution

Chief Guest: Mr. Geetha Krishnan. J
Senior Consultant
Bakery & Frozen Foods
Chennai.

Felicitations: Mr. Francis Bastiyan
Chairman
Mark Studio India (P) Ltd
Chennai.

Venue: Jubilee Hall, Time: 3.00 PM.

Convenors

Dr. P. Magdalene Virjini
Assistant Professor
Dr. C. Helen
Assistant Professor

Organising Committee

Dr. Vasantha Esther Rani
Associate Professor & Head
Dr. S. Santhi
Associate Professor
Dr. K. Karthiga
Assistant Professor
Dr. C. Priyalatha
Assistant Professor
Mrs. D. Mouna
Assistant Professor
Mrs. J. Josephine Jesintha
Assistant Professor

Fatima College (Autonomous)

(Re-Accredited with 'A++' By NAAC (Cycle - 4))
Mary Land, Madurai - 625 018

Staff and Students of the Research Centre of
Home Science cordially invite you to the
portals of Mary Land for

NUTRIFEST 2022

An Inter-Collegiate Meet to
commemorate National Nutrition Week - 2022
Theme: *Celebrate a World of Flavours*



September 26, 2022



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Food Hunt

- * Venue: Jubilee Hall
- * Timing: 10.00 - 11.00am
- * No. of Participants: 1 per college
- * Find your food using clues given

GENERAL GUIDELINES

- * Registration - **8.30am**
- * Inauguration - **9.00am**
- * Participants are requested to submit a copy of their identity cards at the registration counter.
- * Registration fee of Rs. 100 will be collected from each participant
- * Lunch and refreshment will be provided
- * The decision of the judges is final in all the events
- * Soft copies, if required, must be brought in a pen drive, and also sent to the WhatsApp number given in the events on or before 24.09.2022

Sponsored & Supported by



Tasty Tricks

- * Theme: Food as Medicine
- * Venue - Cottage
- * Timing: 10.00 - 11.00am
- * No. of Participants: 1 per college
- * Duration: 6 minutes
- * Background music is permitted
- * Demonstration of healthy innovative dish preparation (video)
- * Video must be sent to the following WhatsApp number - 8825877700

Nutri-Queen

- * Venue: Jubilee Hall
- * Timing: 2.00 - 3.00pm
- * No. of Participants: 1 per college
- * Duration: 3 min
- * Background music must be sent to the following WhatsApp number - 9500570667
- * Round 1: IBW and Haemoglobin test
- * Round 2: Personality test
- * Round 3: Ramp Walk and Question Session

Food Snap

- * Venue - Food Science Lab
- * Timing: 10.00 - 11.00 am
- * No. of Participants: 1 per college
- * Theme for photography will be provided on the spot
- * Only Geotagged Photograph is permitted
- * E- resources Photograph not permitted

Food Spin

- * Venue - Jubilee Hall
- * Timing: 11.30 - 1.00pm
- * No. of Participants: 6 per college
- * Duration: 4 minutes
- * Only music is allowed
- * Dialogue should be related to the theme (in-between music is permitted)
- * Properties and costume should be related to the theme
- * Dance participants should wear modest costumes
- * Music for dance should be sent to the following WhatsApp number - 9384349802

Note: Dance depicting different food culture

Food Ad

- * Venue - Jubilee Hall (Video Presentation)
- * Timing: 10.00 - 11.00 am
- * No. of Participants: 4 per college
- * Duration: 1 min
- * Pre-prepared video related to theme
- * Participants should perform in the ad
- * Background music is permitted
- * Video must be sent to the following WhatsApp number - 7200726091

Note: Promotional video of one innovative food product

Food Memes

- * Venue - Textile Lab
- * Timing: 10.00 - 11.00am
- * No. of Participants: 1 per college
- * Memes must be created on the spot



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In commemoration of National Nutrition Week, the Research Centre of Home Science organizes an Intercollegiate meet on “Celebrate a World of Flavors” on 26 September 2022. The invited speaker was Mr.K.Srinivasa Raghavan, Sr.Sales Manager, Aachi Masala Foods (P) Ltd Chennai. He highlighted on Food entrepreneurship. Various competitions such as food hunt, tasty tricks, nutri-queen, food snap, food spin, food ad and food memes were conducted. The intercollegiate meet allows students to link academic knowledge with practical experience, thereby leading to a better understanding of their own abilities, talents, and future career goals.

Photos

Nutrifest – Prize Distribution
by Mr.J.Geetha Krishna Senior Consultant
Bakery & Frozen Foods Chennai





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Nutrifest Press Report – Dinamalar Dated 27.09.2022



Name list of Participants

S. No.	Reg. No	Name
1.	2021MSCN01	AISHWARYA K S
2.	2021MSCN02	BHAVADHARANI P
3.	2021MSCN03	DEVAYANI M
4.	2021MSCN04	DHIVYADHARSHINI B
5.	2021MSCN05	HARINI P
6.	2021MSCN06	HARITHA M
7.	2021MSCN07	JAISY THANGAM K
8.	2021MSCN08	KAVYA SRI K K
9.	2021MSCN09	KOKHILA VANI V
10.	2021MSCN10	MOHANA PRIYA R
11.	2021MSCN11	NANDHINI DEVI K B
12.	2021MSCN12	NISHA D
13.	2021MSCN13	PREETHI K



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14.	2021MSCN14	PRIYADHARSINI V
15.	2021MSCN15	RAGAVI R
16.	2021MSCN16	RAMYA J
17.	2021MSCN17	RATHI DEVI O S
18.	2021MSCN18	RATHI PREETHA P
19.	2021MSCN19	SARUMATHI P
20.	2021MSCN22	SUBASHINI S
21.	2021MSCN23	SUBHASHINI M
22.	2021MSCN24	SUVETA P
23.	2021MSCN25	SWEAKHA R
24.	2021MSCN26	SWETHA T
25.	2021MSCN27	VAISHNAVI R
26.	2021MSCN28	DIVYA SRI A
27.	2021MSCN29	SNEHA MAGLIN G T
28.	2022MSCN01	AARTHI P
29.	2022MSCN02	ABIRAMI S
30.	2022MSCN03	ADAMMAL SUSHMITHA R
31.	2022MSCN05	JEYASHREE K
32.	2022MSCN06	JOYS MARIA ADISHAYA F
33.	2022MSCN07	KALEESHWARI J
34.	2022MSCN08	NAGADHARSHINI M
35.	2022MSCN09	NAVINA N
36.	2022MSCN10	NITHIYA SRI M
37.	2022MSCN11	POOJAA K
38.	2022MSCN12	RESHMABANU K
39.	2022MSCN13	ROHINI R
40.	2022MSCN14	RUBINA BEGUM ABDUL RAHIM
41.	2022MSCN15	SANTHI G
42.	2022MSCN16	SHANMUGA PRIYA P
43.	2022MSCN18	SOFIYA K
44.	2022MSCN19	SUMITHRA R
45.	2022MSCN20	PRIYADHARSHINI S
46.	2020N01	AARTHY K
47.	2020N02	AFRIN J
48.	2020N03	ANUSUYA N
49.	2020N04	ASMAA SABREEN B
50.	2020N05	BRINDHA R
51.	2020N06	DIVYA POOJA K
52.	2020N07	GOWSALYA M
53.	2020N08	HARINI R
54.	2020N09	HEMAMALINI M
55.	2020N10	ISWARYA V
56.	2020N11	JANAPRIYA B
57.	2020N12	KAVI PRIYA D
58.	2020N13	KAVYA A



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59.	2020N14	LATHA M
60.	2020N15	MATHI ILAKKIYA S
61.	2020N17	MIRUDHULAA S
62.	2020N19	NISHA S
63.	2020N20	NITHYASRIHARITA R
64.	2020N21	PHILO JENIFER NISHA S
65.	2020N22	PRAVEENA G
66.	2020N23	RASHIHA M
67.	2020N25	SALMA ZAHAN A
68.	2020N26	SAMIHA S
69.	2020N27	SARANYA M
70.	2020N28	SARANYA M
71.	2020N30	SHENBAGA MALLIKA S
72.	2020N31	SHERLIN SHILVIA A
73.	2020N33	SUBBULAKSHMI S
74.	2020N34	SUREKA P
75.	2020N35	SWARNA MEENA R
76.	2020N36	VASUKI B
77.	2020N37	VENNILA M
78.	2020N38	VETRISELVI S
79.	2020N40	VIJAYASHRIMATHI AD
80.	2020N41	YALINI S
81.	2020N42	SANDHIYA B
82.	2020N43	SIVASANKARI S
83.	2020N44	SWETHA RACHEL S
84.	2019N31	RAJESHWARI G
85.	2021N01	ABIRAMI S
86.	2021N02	AKSHAYA N
87.	2021N03	AMIRTHAVARSHINI R
88.	2021N04	ANITHA B
89.	2021N05	AROCKIA VINCY M
90.	2021N06	ASHIMA GEO A
91.	2021N07	BARGANA S
92.	2021N11	HEMAPRAMEELA R
93.	2021N12	JASILIYA QUEEN M
94.	2021N13	JEYAVEERALAKSHMI K
95.	2021N15	LINCY S
96.	2021N16	MAHALAKSHMI P
97.	2021N17	NAGA SHREE S
98.	2021N18	NALINA JOTHI S
99.	2021N19	NASRIN SARIFA S
100.	2021N20	P GNANA SUJA
101.	2021N21	PRADEEPA M
102.	2021N23	RAJALAKSHMI M
103.	2021N24	RENUKHA BE



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104.	2021N25	SIVASAKTHI R
105.	2021N26	THIRISHA K
106.	2021N29	HEMALATHA T
107.	2021N30	NIVETHA K
108.	2021N31	SATHYA PRIYA C
109.	2021N32	SWATHI V
110.	2021N33	THAHIRA S
111.	2021N34	KEERTHIGA R
112.	2021N35	MUTHULAKSHMI M
113.	2021N36	VIJAYA PRIYA S
114.	2021N39	FARGANA THASLIMA S
115.	2021N41	AYESHA NAUFA A S
116.	2022N02	ABINAYA RAJI N
117.	2022N04	ANGELPRIYA V
118.	2022N05	ANUTHRA R
119.	2022N06	ASHIFA S
120.	2022N07	BARANISRI P
121.	2022N08	BHARATHI PRIYA M
122.	2022N09	FATHIMA BADHAR NISA M
123.	2022N10	GIFTA ANGELIN D
124.	2022N11	HUMNNA.A.H
125.	2022N12	ISHWARYA P
126.	2022N13	JAINUAL JUHAINA A
127.	2022N14	JASVINITHA P
128.	2022N15	JEBA A
129.	2022N16	JESSICA ANGELIN A
130.	2022N17	KARTHIGA PRRASANNA M
131.	2022N18	KAYALVIZHI K
132.	2022N19	LALITHA M
133.	2022N20	LAVANYADEVI K R
134.	2022N21	MANIMEGALAI S
135.	2022N22	MARIA JEBA THIMONA V
136.	2022N23	MEENAKSHIDEVI T
137.	2022N24	MINI KAVITHA P
138.	2022N25	MUTHEESWARI S
139.	2022N26	NAGA NANDHINI M
140.	2022N27	PRAISLIN L
141.	2022N28	PRIYADHARSHINI R
142.	2022N30	SAMEENA BANU S
143.	2022N31	SARANYA A
144.	2022N32	SARMATHI M
145.	2022N33	SHALINI M
146.	2022N34	SHERLYN LOURDU MARY W
147.	2022N35	SHIVANILIZIYA K
148.	2022N36	SIVARANJANI B



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149.	2022N37	SWATHI I
150.	2022N38	SWETHA S
151.	2022N39	VISHALAKSHMI K
152.	2022N41	SANDHIYA N
153.	2022N42	MEENAKSHI S
154.	2022N43	KARTHIGA N

NAME LIST OF OTHER COLLEGE PARTICIPANTS

S.NO	COLLEGE NAME	PARTICIPANTS NAME
1.	SOURASHTRA COLLEGE FOR WOMEN	HARINI .V
2.		NIVEATHITHA .S
3.		GAYATRI SRI .A.K
4.		POOJA JAIN .R
5.		AYISA SIDDHIQ .M
6.		JAYALAKSHMI .M
7.		CHELLA PONNI .P
8.		SANDHIYA .B.S
9.		SOBHI GAYATHRI .K
10.		THASLIN NISHA .S
11.		NIVETHA .S
12.		MANJU .M
13.		SANDHIYA .B.S
14.		LAVANYA .M
15.	ARUL ANANDHAR COLLEGE	SRIKANTH.M
16.		KARTHIKEYAN.P
17.		THEJA SRI.R
18.		VENNILA.M
19.		THIRUPATHI. S
20.		SRIRAM
21.		NIKEL SABARI.V
22.		RANJITH
23.		VENNILA.M
24.		RAJIV GANDHI.S
25.		RAJANEGA .S
26.		BHUVANESHWARAN.S
27.		LAVAKUMAR. K.S
28.		JEYA BARATHI .R
29.	SRI MEENAKSHI GOVERNMENT COLLEGE FOR WOMEN	MAHALAKSHMI .T
30.		DHARSHINI .M
31.		DHANA LAKSHMI .N
32.		GOWRI .T
33.		EZHIL OVIYA .B
34.		ABARNA .V
35.		ANUSHIYA .D



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36.		SUJITHA .L
37.		PRIYARANJANI .A
38.	THE AMERICAN COLLEGE	SAKTHIVEL .G
39.		SHAHID AKEEL .S
40.		CHELLAMALA .S
41.		HINDUMATHI .K
42.		KHADER HANIYA .S.S.A
43.		SHREE GANESH .C
44.		VEERAMANIKANDAN .K
45.		SATHISH KUMAR .V
46.		HARI HARAN SUTHAN. R
47.		BELIN SHERNICA .JJK
48.		SATHYA PRIYA .B.V
49.		AAFREEN .A
50.		ARUNA DEVI .K
51.		JYOTHISH .M
52.		MAHESHWARAN .L
53.	V.V.VANNIAPERUMAL COLLEGE FOR WOMEN	GUMUTHA SRI K.
54.		ARUNA A.
55.		AYISHA JUHI J.
56.		LAKSHANA K. P.
57.		LAILATH NISHA. S
58.		KAVYA K.
59.		LATHA DEVI K.
60.		VAISHNAVI DEVI M.
61.		JOSIKHA D. S.
62.		POOJA A.
63.		INDHRA DHEVI R.
64.		PRIYA DHARSHINI M.
65.		MARUTHA VENI V.
66.		AARTHI R.
67.		KANCHANADEV I B.
68.	SIR ADICHUNCHANAGIRI WOMEN'S COLLEGE	ELAKKIYA. L
69.		GOWRI .M
70.		SWETHA .S
71.		AATHIRAI .B
72.	SRI S RAMASAMY NAIDU MEMORIAL COLLEGE	SHAMLY .R
73.		RAMYADEVI .K
74.		PARAMAA PAVITHRA .K
75.		SOBHA .M
76.		RAJASHRI .A
77.		NAGALAKSHMI .R



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78.		NANDHINI .K
79.		PRIYANKA .S
80.		SUBHASHINI .N
81.		MANOSRI .P.R
82.		MANISHA .R
83.		MOHANA DEVI .A
84.		SWETHA .B
85.		MAREESHWARI .M
86.	GOVERNMENT ARTS COLLEGE FOR WOMEN, SIVAGANGAI	NANDHINI .V
87.		SANTHIYA .T
88.		KAYATHIRI PRIYA .V
89.		GAYATHRI .K
90.		NANDHINI .P
91.		ELAKKIYA .R
92.		KASIYAMMAL .L
93.		NAGAJOTHI .R
94.		GAYATHRI .B
95.		PANDISELVI .S
96.		VINOTHA .M
97.		MAHALAKSHMI ,R
98.		SWATHI VASANTHA .S
99.		DEVISRI .U
100.	MANNAR THIRUMALAI NAICKER COLLEGE	ANNAMALAI.S
101.		ARIPANDIAN.M
102.		VARATHA PATTU RAJ.P
103.		DEEPIKA.V
104.		MOHAN KUMAR.M
105.		VISHWA.P
106.		KARTHICKEYAN.A
107.		ABDUL RAHMAN. S
108.		MUHAMATH WASIM AKRAM.S
109.		ABITHA.P
110.		KESAVA PRIYA.T
111.		RENIJA.R
112.		GANGA DEVI .S
113.		LATHIKA SRI.A
114.		SUGANYADEVI .S
115.	STANDARD FIREWORKS RAJARATNAM COLLEGE FOR WOMEN	KRISHNA JAYANTHI .K
116.		BAVITHRA .R
117.		MADHUMITHA .T
118.		AFREEN ROSE .S
119.		THAIYEBA .J
120.		SENTHAMIL .K
121.		AKALYA SRI .R



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122.		PRITHIKA DEVI .K
123.		JAYA VARSHINI .J
124.		SRI DHEVI .S
125.		MAYUKA .R
126.		DINEKA .S
127.		SHARMILA .S
128.		SARANYA .P
129.	LADY DOCK COLLEGE	GUNA VARSHINII .C
130.		RANGEELA .G
131.		SAI MEENAKSHI .S.R
132.		SHALONI .P
133.		NEVATHANA .G
134.		RUBEENA MAHDIYA .S
135.		MUBEENA MAHDIYA .S
136.		SRI HARINI .S
137.		KARTHIKESWARI .S
138.		SELVI .K
139.		IRFANA BEGUM .K
140.		JANANI PRIYA .N
141.		SAMYUTHA .T
142.		PRIYADHARSINI .S
143.		SRI SHANMUGA RAJA NAYAGI. R
144.	THE COMMUNITY SCIENCE COLLEGE AND RESEARCH INSTITUTE	LAVANYAK.S
145.		MANOJ.R
146.		LAXMI SREE.B.S
147.		MANIMEGALAI.M
148.		SAMITHA.V
149.		GOBI.A
150.		ISHWARYA LAKSHMI.S
151.		MAHINDHA .S
152.		PRAGATHEESWARI.M
153.		MANIMEGALAI.M
154.		KAVIYA.M
155.		RENUKA.P
156.		ABINAYA.S
157.		SWETHA .N
158.	SUBBALAKSHMI LAKSHMIPATHY COLLEGE OF SCIENCE	KARTHICK S.
159.		YAZHINI .M
160.		VARSHINI .V
161.		JANANI .D.U
162.		MADHUVARSHINI S.
163.		KANMANI K.M.
164.		VARSHINI.V
165.		KRISHNA NIVETHA S. B.



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166.		VISHNU PRIYA .P
167.		HARSHINI .V
168.		ATCHAYA .M
169.		VAISHNAVI.J
170.		ESHA SOWMIYA DEVI .G
171.		CHARULATHA.S
172.	THE GANDHIGRAM RURAL INSTITUTE	NAGARAJ .M
173.		SANOFER MASKUDHA BANU.M
174.		SNEHA .M
175.		SASISRUTHI.R
176.		VAISHNAVEE.S
177.		ARYA .R
178.		MEGHNA SIVARAMAN
179.		ANJALY .R
180.		ANISHA .M
181.		YASOTHA .K
182.		NAGAJOTHI.S
183.		HARINI.V
184.		VIJAYALAKSHMI.M
185.		SANTHYA.C
186.		PRATHINA .M
187.	MOTHER TERESA WOMEN'S UNIVERSITY	SURYA
188.		MEENAKSHI

Dr. Vasantha Esther Rani
 Associate Professor & Head
 The Research Centre of Home Science
 Fatima College (Autonomous)
 Madurai - 625 018.

Signature of HOD