



FATIMA COLLEGE

(Autonomous)

Mary Land, Madurai - 625 018.

MENTORING

ISSUES DISCUSSED WITH MENTEES AS A GROUP / INDIVIDUALLY AND ACTION TAKEN

MENTOR: P. SUMEDHA

DEPARTMENT: ENGLISH (SF)

Date	Name & Reg. No. of the Mentee	Issues Discussed	Action Taken/ Advice given
26.08.2022	Amitha. DI 2020LB03	Personal Issue	Counselled and guided accordingly.
23.09.2022	Angel/Deborah.V 2020LB04	Issues related to anxiety, depression and motivation	Discussed the problems and recommended her to read non-academic books to keep her engaged, watch films and visit some motivational sites to improve the quality of life.
11.11.2022	Arockia Aswatha 2021LB05	Issues related to Academics	motivated her to believe in her potential, do her best and adapt to the changing circumstances.
06.01.2023	Alagumeenakshi 2021LB02.	Issue related to adaptability.	Listened to her. Appreciated her uniqueness and advised her to understand take her time & get along.
27.01.2023	Alvaseela Banu 2022LB05	Personal Issue	Guided and counselled her accordingly.
10.03.2023	Aishwarya. B 2022LB03	Lack of concentration, Poor academic scores	Identified the cause and suggested few tips to overcome the learning difficulties.

P. Sumedha

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MENTOR: Ms. D. Ramya.

DEPARTMENT: English (SF)

Date	Name & Reg. No. of the Mentee	Issues Discussed	Action Taken/ Advice given
26.08.22	2022LB08	Grief over father's sudden demise	Consoled her and advised her to concentrate in studies
23.09.22	2022LB12	Lack of interest in studies	Motivated her to perform well in the internals
11.11.22	2021LB12	Family Issues	Counselled her and told her to do well in academics
6.1.23	2021LB13	Financial Struggles	Encouraged to take up part time jobs
27.1.23	2020LB09	Setback in Academics	Motivated to spend extra time reading books
10.9.23	2020LB10	Family Issues and poor health	Morally supported her and advised her to have periodical health check ups.

D. Ramya
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MENTOR: K. Ashita Lakshmi

DEPARTMENT: English & F

Date	Name & Reg. No. of the Mentee	Issues Discussed	Action Taken/ Advice given
26.08.22	2022LB18 GOBIKA S	Peer in academics	Suggested to take notes in the class and get help from friends during exam period
23.09.22	2022LB21	Friends issue	Advised her to take things lightly and concentrate on studies
11.11.2022	2021LB18	Family issue	Counselled her not to worry about minor problems between the parents
6.1.2023	2021LB24	Lack of interest in studies	Advised her to focus on academics and avoid using mobiles
27.1.2023	2020LB13	Personal issue	Suggested to meet with the family and not to worry about small problems among friends
10.3.2023	2020LB14	Career Guidance	Discussed the various opportunities available for her passion in fashion designing.

K. Ashita Lakshmi
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MENTOR: DR. J. VENCY JASMINE

DEPARTMENT: ENGLISH (SF)

Date	Name & Reg. No. of the Mentee	Issues Discussed	Action Taken/ Advice given
26/8/22	2022LB26 KARAN PRIYA.G	Lack of healthy relationship with her father	Advised to sit with her father & express her thoughtful wishes in mind. If not, write a small note in her mind & put it in his pocket to read surprisingly.
23/9/22	2021LB29 MUTHARASI.B	Stress & depression due to financial problems at home	Engage in some interesting hobbies, exercise, eating healthy favourite food & getting enough sleep.
31/11/22	2020LB19 HEMAMALINI.P	Health Issues	Regularise her sleep pattern, avoid eating unhealthy food & get rid of any mental exhaustive thought.
06/1/23	2022LB27 KARTHI HANANI.S	Facing Academic pressures	Prioritise & schedule timings for learning & doing chores at home; carry out things in smart manner.
27/1/23	2020LB24 KAMALA PRIYA.T	Future Anxiety & fear	Find out the areas of fear & failure, concentrate more/effort to overcome such anxiety of future.
10/3/23	2021LB28 MURUTHA.N	Various distractions from study	Explained the cause of such distractions. Counselled to try interacting with more friends, divert herself by playing board games to excel in healthy psychological lifestyle.

Signature: Dr. J. Vency Jasmine



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MENTOR: Ms M Joyce Vinittha

DEPARTMENT: English (SF)

Date	Name & Reg. No. of the Mentee	Issues Discussed	Action Taken/ Advice given
26.08.2022	2022LB28	Academic Issue	Suggested and advised to study effectively
23.09.2022	2022LB30	Personal	Given general advice and motivated the candidate
11.11.2022	2021LB37	Academic	Given instructions to improve the scores in internals.
6.1.2023	2021LB42	Personal (family issue)	Motivated and comforted the candidate
27.1.2023	2020LB30	Academic	Suggested and advised to take up higher studies.
10.3.2023	2020LB31	Academic	Motivated and encouraged her to study effectively

Joyce Vinittha M
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MENTOR: Ms. J. Hindu Sree

DEPARTMENT: English (SF)

Date	Name & Reg. No. of the Mentee	Issues Discussed	Action Taken/ Advice given
26.8.22	Nithya Sri. S 2022LB41	Difficulty in learning and lack of focus in studies	Advised to attend remedial classes and revise lessons each and every day.
23.9.22	Anju K 2021LB54	Family issues	Motivated her to focus on future plans to empower her family through her support.
11.11.22	Varshini Mala S.A 2021LB51	Health issues	Suggested her to do physical activities and other possible measures.
6.1.23	Roni Beulah J 2020LB40	Discussion regarding Higher studies	Advised her to apply for a post graduation in our college.
27.1.23	Romilla Binu S 2020LB39	Lots of distractions in class.	Advised her to focus on studies and to improve her marks.
10.3.23	Muskan Jaiswal D 2022LB38	Lack of healthy relationship with friends at college	Advised her to talk with her friends and make a progressive move without affecting the mental health.

J. Hindu Sree
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MENTOR: Dr. P. Priyanka

DEPARTMENT: English (SF)

Date	Name & Reg. No. of the Mentee	Issues Discussed	Action Taken/ Advice given
26.08.2022	2022LB52	Distraction in Studies	counselled her to avoid using mobile and made her to concentrate on different works.
23.09.22	2022LB54	Friendship issues	counselled her to take efforts to be friendly with everyone in the class.
11.11.22	2021LB63	Lack of interest in Studies	asked her to meet the course teachers, get some important questions and made her study those questions
6.1.23	2020LB53	Career Guidance	suggested different opportunities in Higher education
27.1.23	2020LB56	Family issues	Discussed and gave effective solutions.
10.3.23	2020LB58	Personal issues	Discussed and guided accordingly.

P. Priyanka
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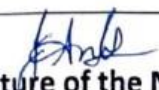
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MENTOR: Ms. J. Anita

DEPARTMENT: English (SF)

Date	Name & Reg. No. of the Mentee	Issues Discussed	Action Taken / Advice given
26-08-22	N. Sweetly 2022LB61	Distraction in studies	Counselled & guided her for remedial learning
23-09-2022	Yaamini.R 2022LB65	Issues related to adaptability & stress management.	Discussed her problems and guided her to be at ease in all situations. Advised her to follow regular meditation. Appreciated her academics.
11-11-2022	M. Sunmithra 2021LB70	Health issues	Motivated her to cope up & fight up the situation to enhance mental health & wellbeing
06-01-2023	Deviasugupraka 2021LB71	Personal Issue	Guided & counselled her accordingly & helped her to cope-up.
27-01-2023	Sofia Vinnarasi 2020LB66	Poor performance in Internals	Helped her to chalk out her difficulties & overcome it.


Signature of the Mentor