

**FATIMA COLLEGE (Autonomous),
Madurai-625 018
Department of Sociology and Social Work**

Offers

**Value Added Crash Course
On**

INTRODUCTION TO COUNSELLING SKILLS

Fee Rs. 750/- No. of Hours: 30 hrs

**STEP INTO A FOUNDATION STONE FOR A
GREAT MILE STONE**

LAST DATE FOR REGISTRATION: September 31, 2021

I MASTER OF SOCIAL WORK

SEMESTER –I

For those who joined in 2019 onwards

PROGRAMME CODE	COURSE CODE	COURSE TITLE	HRS/WE EK	CREDITS
PSSW	19PGVAMSW 1	INTRODUCTION TO COUNSELLING SKILLS	30	2

COURSE DESCRIPTION

This course will provide a beginning to identify essential skills, processes, principles, techniques, Skills of counselling.

COURSE OBJECTIVES

To train the students with the basic concept of counselling.

To equip the learners with skill of counselling in various fields.

Unit1:Counsellin[7 HRS]

Counselling-Meaning-Definition- Scope of Counselling. Counselling Skills

Unit 2: Concept of Self

[7 HRS]

Development of Self- Essential conditions for Personality Change- Behavioural Modification.

Unit 3: Developmental Tasks

[5 HRS]

Developmental Tasks – Adolescence – Erikson's Theory of Psychosocial Development – Socio cultural Factors in Socialization.

Unit 4:Counselling Process

[6HRS]

Counselling Process - Preparation for Counselling – Limitations of Counseling.

Unit 5:Counselling Interview HRS]

[5

Meaning – Verbal and Non Verbal Communication
–Relationship Techniques.

Exercises :

- Personal counselling and Groupcounselling.

TEXT BOOK

1. Counselling and Guidance, Narayana Rao, Tata Mc.Graw- Hill Publishing company Ltd, New Delhi, 1991.

Reference Books:

1. Adjustment behavior and personality, Goodstein Lauyon, Arizona S University, 1975.
2. The Fundamental of Human adjustment, Norman L. MunuBowdonin College, Houghton Mifflin Company – Bortan, 1961.
3. Abnormal Psychology and Modern Life. James C. Colemon, Scott, Foresman and company, 1998.
4. Psychology and Effective behavior. James C. Coleman, Foresman and Company

Digital Open Educational Resources (DOER) :

<https://counseling.education/resources/references.html>

<https://www.citethisforme.com/topic-ideas/psychology/References-7563968>

<https://www.basic-counseling-skills.com/theory-references.html>

COURSE OUTCOMES

On the successful completion of the course, students will be able to:

NO.	COURSE OUTCOMES	KNOWLEDGE LEVEL (ACCORDING TO REVISED BLOOM'S TAXONOMY)
CO 1	Describe the Scope of Counseling.	K1
CO 2	Identify the concept of Self and Personality.	K1
CO 3	Discover the knowledge on Counselling Interview.	K2
CO 4	Summarize the Counselling Process	K2
CO 5	Estimate the stages of human development and Socialization	K3

COURSE DESIGNER:

Dr.P.Jecintha Josephine Julie

No.	Course Outcome	Knowledge Level(According to Bloom's Taxonomy)	
CO 1	Outline the Concept of Counselling	K1	PSO1 & PSO2

CO 2	Categorizing Skills and areas of Counselling	K2	PSO2
CO 3	Understand the Needs of the Guidance Service	K2	PSO3
CO 4	Discover the Fields of Counselling	K3	PSO3
CO 5	Articulate the application of Career Guidance and Counselling	K4	PSO3

EVALUATION PATTERN:

C1	C2	C3	Int.	Ext.	Total
			(A)	(B)	(A+B)
10	20	10	40	60	100

*C1- Assignment


*C2- Written Tests

*C3- Comprehensive Viva-Voce / Field Visit

COURSE DESIGNER:

1. Dr. P. Jacintha Josephine Julie

**Forwarded by
Dr.M.MEENAKUMARI**


Dr. M. MEENAKUMARI, M.A., M.Sc., M.Phil., Ph.D.,
 Assistant Professor & Head
 Department of Sociology and Social Work
FATIMA COLLEGE, MADURAI
 Tamilnadu-625 018

Value Added Crash Course on Introduction to Counselling Skills.

Name of the school:

பள்ளிக்கூடத்தின் பெயர்

Students

மாணவர்கள்

Serial No வரிசை எண்	Register No. பதிவு எண்	NAME பெயர்	Date of Birth பிறந்த நாள்	Date of Joining வகுப்பு மாறிய தேதி	Community ஜாதி	11.12.22	12.12.22	13.12.22	14.12.23
1	2021MAEC04	J. Bharathi				x	a	x	x
2	2021MAEC07	M. Hema				x	x	x	x
3	2021MAEC06	K. Gayathri				x	x	a	x
4	2021MAEC11	J. Rithu Albin				a	x	x	x
5	2021MAEC16	C. Surya prabha				x	x	x	x
6	2021MAEC21	M. Dhanalakshmi				x	x	x	x
7	2022MSWC4	D. Chalcedony				x	a	x	x
8	2022MSWD8	S. Jemtha				x	x	a	x
9	2022MSW12	S. Meenalakshi				x	x	x	x
10	2022MSW14	V. Pooja Sri				x	x	x	x
11	2022MSW16	M. Ramila				x	x	x	x
12	2022MSW19	P. Shreeshia				a	x	x	x
13	2022MSW20	A. Tarcy Virginia				x	x	x	x
14	2022MSW21	B. Yashini				x	x	x	x
15	2022MSW22	T. Chitra				x	x	x	x
16	2022MSW05	S. Francis lincy.				x	a	x	x

Attendance Register

வருகைப்பதிவேடு

வகுப்பு / Class 20 ஆண்டு / Year மாதம் / Month

01.12.23	02.12.23	03.12.23	04.12.23	05.12.23	06.12.23	07.12.23	08.12.23	09.12.23	10.12.23	11.12.23	12.12.23	13.12.23	14.12.23	15.12.23	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	Remarks குறிப்பு
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FATIMA COLLEGE

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Re-Accredited with 'A++' by NAAC (Cycle - IV)
Mary Land, Madurai - 625018, Tamil Nadu

DEPARTMENT OF SOCIOLOGY AND SOCIAL WORK

Value added Courses - Course Teacher Name list

S. No.	Course Title with Course Code	Course Teacher	No. of Hours Taken
1.	19PGVAMSW1- value added crash course on Introduction to Counselling Skills	Dr.K.Saritha	30

Signature of the HOD with Seal

Dr. M. MEENAKUMARI, M.A., M.Sc., M.Phil., Ph.D.,
Assistant Professor & Head
Department of Sociology and Social Work
FATIMA COLLEGE, MADURAI
Tamilnadu-625 018

Dr. Sr. G.Celine Sahaya Mary
Principal

I MASTER OF SOCIAL WORK

SEMESTER –I

For those who joined in 2019 onwards

PROGRAMME CODE	COURSE CODE	COURSE TITLE	HRS/WE EK	CREDITS
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[7 HRS]

Development of Self- Essential conditions for Personality Change- Behavioural Modification.

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[5 HRS]

Developmental Tasks – Adolescence – Erikson's Theory of Psychosocial Development – Socio cultural Factors in Socialization.

Unit 4:Counselling Process

[6HRS]

Counselling Process - Preparation for Counselling – Limitations of Counseling.

Unit 5:Counselling Interview HRS]

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Meaning – Verbal and Non Verbal Communication
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Exercises :

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COURSE OUTCOMES

On the successful completion of the course, students will be able to:

NO.	COURSE OUTCOMES	KNOWLEDGE LEVEL (ACCORDING TO REVISED BLOOM'S TAXONOMY)
CO 1	Describe the Scope of Counseling.	K1
CO 2	Identify the concept of Self and Personality.	K1
CO 3	Discover the knowledge on Counselling Interview.	K2
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CO 5	Estimate the stages of human development and Socialization	K3

COURSE DESIGNER:

Dr.P.Jecinta Josephine Julie

No.	Course Outcome	Knowledge Level(According to Bloom's Taxonomy)	
CO 1	Outline the Concept of Counselling	K1	PSO1 & PSO2

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EVALUATION PATTERN:

C1	C2	C3	Int.	Ext.	Total
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10	20	10	40	60	100

*C1- Assignment


*C2- Written Tests

*C3- Comprehensive Viva-Voce / Field Visit

COURSE DESIGNER:

1. Dr. P. Jacintha Josephine Julie

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Dr.M.MEENAKUMARI**


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 Assistant Professor & Head
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 Tamilnadu-625 018

பள்ளிக்கூடத்தின் பெயர்

மாணவர்கள்

தினம்
வந்தவர்களை
Pupils Those Who
Attended All The Days

Teacher's Sign

ஆஜர்
சோல்

ஆஜர்
ரோல்

மாதக்கடைசியில் ரோலிலுள்ள பிள்ளைகள் பள்ளிக்கூடம் வந்த நாள்

வருகைப்பதிவேடு

வகுப்பு / Class 20 ஆண்டு / Year மாதம் / Month

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மாதத்தில் ஆஜரானவர்கள் சங்கியை



FATIMA COLLEGE

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Mary Land, Madurai - 625018, Tamil Nadu

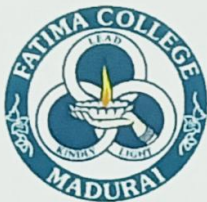
DEPARTMENT OF SOCIOLOGY AND SOCIAL WORK

Value added Courses - Course Teacher Name list

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Dr. M. MEENAKUMARI, M.A., M.Sc., M.Phil., Ph.D.,
Assistant Professor & Head
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Tamilnadu-625 018



FATIMA COLLEGE (AUTONOMOUS)


AFFILIATED TO MADURAI KAMARAJ UNIVERSITY
RE-ACCREDITED WITH 'A++' BY NAAC (CYCLE-IV)
MARY LAND, MADURAI- 625 018

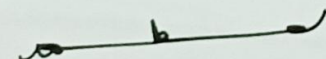
DEPARTMENT OF SOCIOLOGY AND SOCIAL WORK

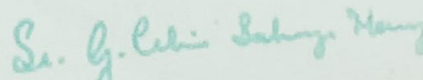
This is to certify that Ms. B. YAZHINI, 2022 MSW 21, I - MSW
has successfully completed the Value Added Crash Course on

INTRODUCTION TO COUNSELLING SKILLS

during the academic year 2022-2023 and has been
awarded ~~Distinction~~ / First / ~~Second~~ class.


(Dr. S. SUKUMAR)
Co-ordinator


Head of the Department


Dr. Sr. G. Celine Sahaya Mary
Principal