

SEMESTER - VI

For those who joined in 2020-2021 onwards

COURSE CODE	COURSE TITLE	CATEGORY	HRS/WEEK	CREDITS
21UAD6ES	Life Skills	Lecture	1	1

COURSE DESCRIPTION

This course develops life skills in students and throws insight on qualities of a successful person.

COURSE OBJECTIVES

- 1.To learn the basic skills required for life
2. To gain skills to overcome obstacles and succeed in life

UNITS

UNIT –I LIFE SKILLS (3 HRS)

Problem solving- Critical and creative thinking- Decision making- Managing emotions

UNIT –II SUCCESS (3 HRS)

What is success?- Obstacles and overcoming obstacles- Choices and compromises- Qualities of a successful person- Reasons for failure, recipe for success

UNIT –III GIVING BACK TO SOCIETY (3 HRS)

To Family, To Schools, To Colleges.

UNIT –IV CASE STUDIES (3 HRS)

Problem solving, decision making case studies, successful personalities and persons who give back to society

UNIT –V EXERCISES (3 HRS)

Individual:1. Chart work on Road map to success

2. Life skills you wish to develop

Group: Analysis of case studies

REFERENCES:

1. Department of Foundation Course.(2010).***An Introduction to Personality Development***. Arul AnandarCollege, Karumathur.

2. Capt.RaviMahajan.(2011).**Yes We Can Together**.Do Good publishers,Chennai.
3. Barun K Mitra.(2011).**Personality Development and Soft Skills**. Oxford University Press, Delhi.
4. C.S.G.Krishnamacharyulu& Lalitha Ramakrishnan.(2012).**Personality Development, Interpersonal Skills and Career Management**.Himalaya Publishing House,Mumbai.
5. Khera, Shiv.(2001). **You Can Win**. Macmillan India Ltd, New Delhi.
6. Koikara, Felix.(1990).**Live Your Values**. Don Bosco Youth Animation Centre, Chennai.

COURSE CONTENTS & LECTURE SCHEDULE:

Module No.	Topic	No. of Lectures	Teaching Pedagogy	Teaching Aids
UNIT -1 LIFE SKILLS				
1.1	Problem solving, critical and creative thinking	1	Lecture	LCD
1.2	Decision making	1	Lecture	LCD
1.3	Managing emotions	1	Lecture	LCD
UNIT -2 SUCCESS				
2.1	Success, obstacles, choices and compromises	1	Lecture	Smart Board
2.2	Qualities of a successful person, reasons for failure	1	Lecture	Smart Board
2.3	Recipe for success	1	Lecture	Smart Board
UNIT - 3 GIVING BACK TO SOCIETY				
3.1	Family	1	Lecture	LCD
3.2	Schools	1	Lecture	LCD
3.3	Colleges	1	Lecture	LCD
UNIT -4 CASE STUDIES				
4.1	Problem solving, decision making case	1	Discussion	Smart

	studies			Board
4.2	Case studies of successful personalities	1	Discussion	Smart Board
4.3	Case studies of persons who give back to society	1	Discussion	Smart Board
UNIT – 5 EXERCISES				
5.1	Individual: Roadmap to Success	1	Discussion	Chart
5.2	Life skills you wish to develop	1	Presentation	LCD
5.3	Group: Analysis of case studies	1	Discussion	PPT

	C1	C2	C3	Total Scholastic Marks	Non Scholastic Marks C4	CIA Total	% of Assessment
Levels	Individual Assignment 10Mks.	Individual Assignment 10Mks	Group Discussion & Presentation 15Mks.	35 Mks.	5 Mks.	40Mks.	
K2	10	-	-	10	-	10	25 %
K2	-	10	-	10	-	10	25 %
K3	-	-	15	15	-	15	37.5 %
Non Scholastic	-	-	-		5	5	12.5 %
Total	10	10	15	35	5	40	100 %

CIA

Scholastic **35**

Non Scholastic **5**

- All the course outcomes are to be assessed in the various CIA components.
- The levels of CIA Assessment based on Revised Bloom's Taxonomy are :

K2-Understand, **K3**-Apply, **K4** - Analyse

- The course teachers are requested to start conducting C1, C2 and C3 at due intervals of time.

EVALUATION PATTERN

NON - SCHOLASTIC			MARKS			
C1	C2	C3	C4	CIA	ESE	Total
10	10	15	5	40	60	100

C1 – Individual Assignment

C2 – Individual Assignment

C3–Group Discussion and Presentation

C4 – Non - Scholastic

COURSE OUTCOMES

On the successful completion of the course, students will be able to:

- CO1. To build life skills required for a happy life.
- CO2. To restate in own words the recipe for success.
- CO3. To choose ways of giving back to society.
- CO4. To explain the steps involved in decision making.
- CO5. To identify the obstacles for success.

COURSE DESIGNER:

1.Dr.R.Latha

2.Dr.K.Sangeetha