FATIMA COLLEGE (AUTONOMOUS)



Re-Accredited with "A" Grade by NAAC (3rd Cycle) 74th Rank in India Ranking 2019 (NIRF) by MHRD Maryland, Madurai- 625 018, Tamil Nadu, India

NAME OF THE DEPARTMENT: HOME SCIENCE

NAME OF THE PROGRAMME: UG

PROGRAMME CODE : UAHS

ACADEMIC YEAR : 2022-2023

VISION OF THE DEPARTMENT

To empower the potential Home Makers & Home Scientists with life management skills to face the multidimensional challenges and contribute towards the progress of Home and Nation.

MISSION OF THE DEPARTMENT

- Empowering the budding youth to play the dual role of bread winner and homemaker effectively.
- Making them economically independent and emotionally stable.
- Enhancing their managerial skills at home and in the workplaces.
- Instilling their leadership qualities and organizational capabilities.
- Promoting their entrepreneurial skills.
- Fine tuning their intellect on the recent advances.

PROGRAMME EDUCATIONAL OBJECTIVES (PEO)

PEO 1	Our graduates will excel in playing the dual role of home maker and bread winner through the knowledge gained in all the major areas of Home Science
PEO 2	The skills acquired through Home Science education enable the home scientists to fit various job roles in addition to becoming successful young entrepreneurs
PEO 3	They will be socially responsible citizensby exhibiting their professional competence by involving in lab to land programmes at regional, national, and international levels
PEO 4	Able to exhibit professional competence in diet planning and counselling.

GRADUATE ATTRIBUTES (GA)

Fatima College empowers her women graduates holistically. A Fatimite achieves all-round empowerment by acquiring Social, Professional and Ethical competencies. A graduate would sustain and nurture the following attributes:

	I. SOCIAL COMPETENCE
GA 1	Deep disciplinary expertise with a wide range of academic and digital literacy
GA 2	Hone creativity, passion for innovation and aspire excellence
GA 3	Enthusiasm towards emancipation and empowerment of humanity
GA 4	Potentials of being independent
GA 5	Intellectual competence and inquisitiveness with problem solving abilities befitting the field of research
GA 6	Effectiveness in different forms of communications to be employed in personal and professional environments through varied platforms
GA 7	Communicative competence with civic, professional, and cyber dignity and decorum
GA 8	Integrity respecting the diversity and pluralism in societies, cultures, and religions
GA 9	All – inclusive skill sets to interpret, analyze, and solve social and environmental issues in diverse environments
GA 10	Self-awareness that would enable them to recognize their uniqueness through continuous self-assessment in order to face and make changes building on their strengths and improving their weaknesses

GA 11	Finesse to co-operate exhibiting team-spirit while working in groups to achieve goals
GA 12	Dexterity in self-management to control their selves in attaining the kind of life that they dream for
GA 13	Resilience to rise instantly from their intimidating setbacks
GA 14	Virtuosity to use their personal and intellectual autonomy in being life-long learners
GA 15	Digital learning and research attributes
GA 16	Cyber security competence reflecting compassion, care and concern towards the marginalized
GA 17	Rectitude to use digital technology reflecting civic and social responsibilities in local, national, and global scenario
	II. PROFESSIONAL COMPETENCE
GA 18	Optimism, flexibility, and diligence that would make them professionally competent
GA 19	Prowess to be successful entrepreneurs and become employees of trans-national societies
GA 20	Excellence in local and global job markets
GA 21	Effectiveness in time management
GA 22	Efficiency in taking up initiatives
GA 23	Eagerness to deliver excellent service
GA 24	Managerial skills to identify, commend and tap potentials

	III. ETHICAL COMPETENCE					
GA 25	Integrity and be disciplined in bringing stability leading a systematic life promoting good human behaviour to build better society					
GA 26	Honesty in words and deeds					
GA 27	Transparency revealing one's own character as well as self- esteem to lead a genuine and authentic life					
GA 28	Social and environmental stewardship					
GA 29	Readiness to make ethical decisions consistently from the galore of conflicting choices paying heed to their conscience					
GA 30	Right life skills at the right moment					

PROGRAMME OUTCOMES (PO)

On completion of B.Sc. Home Science with Food Biotechnology Programme, the graduates would be able to

PO 1	Apply acquired scientific knowledge to solve complex issues
PO 2	Attain Analytical skills to solve complex cultural, societal, and environmental issues.
PO 3	Employ latest and updated tools and technologies to analyze complex issues.
PO 4	Demonstrate professional ethics that foster community, nation and environment building initiatives.

PROGRAMME SPECIFIC OUTCOMES (PSO)

On completion of B.Sc. Home Science with Food Biotechnology Programme, the graduates will have the following attributes

PSO1	Understanding the anatomy and functions of the various systems of the human body.
PSO 2	Acquisition of skills in analyzing& estimating various blood parameters.
PSO 3	Scientific knowledge in the area of food and nutrition, food processing and production.
PSO 4	Acquisition of skills in planning therapeutic diets and diet counseling
PSO 5	Scientific knowledge on the role of microbes in food processing and production.
PSO 6	Acquisition of knowledge and skills in front office operation and housekeeping.
PSO 7	Professional competence in planning different cuisines and styles of food service.
PSO 8	Scientific knowledge in the conversion of fibre to fabric and technical textiles.
PSO 9	Acquisition of skills in pattern making, garment construction, wardrobe planning, care of clothes, surface ornamentation and fashion illustration.
PSO 10	Digital literacy in designing garments using Fashion Studio software and calculating the nutritive value of foods using Nutrical software
PSO 11	Understanding the basic aspects that are related to the growth of children at different stages.
PSO 12	Cognizance on children with special needs.
PSO 13	Obtain knowledge on developmental changes that occur at different stages of life span.
PSO 14	Vivid knowledge on the contemporary problems related to marriage & family
PSO 15	Perception on theories & philosophies of preschool education.

PSO 16	Professional competency in creche and preschool management
PSO 17	Creative thinking in application of elements & principles of design in interior decoration and clothing.
PSO 18	Professional competency in the management of family resources
PSO 19	Obtain skills in arrangement of tables and other accessories.
PSO 20	Develop skills in the application of colors, furniture arrangement, lightings, flower arrangement and management of resources in day- to-day life.
PSO 21	Professional competence attributing to an entrepreneur.
PSO 22	Acquire skills to transform the standard of living of rural people.
PSO 23	Practically assess the problems of people using participatory tools.

FATIMA COLLEGE (AUTONOMOUS), MADURAI-18 THE RESEARCH CENTRE OF HOME SCIENCE

For those who joined in June 2019 onwards

PROGRAMME CODE: UAHS

PART - I - TAMIL / FRENCH / HINDI- 12 CREDITS

PART - I - TAMIL

Offered by The Research Centre of Tamil

S. NO	SEM.	COURSE CODE	COURSE TITLE	HRS	CRE DIT	CIA Mks	ESE Mks	TOT MKs
1.	I	19TL1C1	Language-Modern Literature	5	3	40	60	100
2.	II	19TL2C2	Language - Bakthi Literature	5	3	40	60	100
3.	III	19TL3C3	Language- Epic Literature	5	3	40	60	100
4.	IV	19TL4C4	Language-Sangam Literature	5	3	40	60	100
			Total	20	12			

PART - I -FRENCH

Offered by The Department of French

S. NO	SEM.	COURSE CODE	COURSE TITLE	HRS	CRE DIT	CIA Mks	ESE Mks	TOT. MKs
1.	I	19RL1C1	PART 1 LANGUAGE FRENCH	5	3	40	60	100
2.	II	19RL2C2	PART 1 LANGUAGE FRENCH	5	3	40	60	100
3.	III	19RL3C3	PART 1 LANGUAGE FRENCH	5	3	40	60	100
4.	IV	19RL4C4	PART 1 LANGUAGE FRENCH	5	3	40	60	100
			Total	20	12			

PART - I - HINDI

Offered by The Department of Hindi

S.N O	SEM.	COURSE CODE	COURSE TITLE	HRS	CRE DIT	CIA Mks	ESE Mks	TOT. MKs
1.	I	19DL1C1	PART 1 LANGUAGE HINDI -	5	3	40	60	100
2.	II	19DL2C2	PART 1 LANGUAGE HINDI	5	3	40	60	100
3.	III	19DL3C3	PART 1 LANGUAGE HINDI -	5	3	40	60	100
4.	IV	19DL4C4	PART 1 LANGUAGE HINDI -	5	3	40	60	100
			Total	20	12			

PART - II -ENGLISH - 12 CREDITS

Offered by The Research Centre of English

S. NO	SEM.	COURSEC ODE	COURSE TITLE	HRS	CRE DIT	CIA Mks	ESE Mks	TOT MKs
1.		19EL1LB	BASIC COMMUNICATIVE ENGLISH	5	3	40	60	100
2.	I	19EL1LI	INTERMEDIATE COMMUNICATIVE ENGLISH	5	3	40	60	100
3.		19EL1LA	ADVANCED COMMUNICATIVE ENGLISH	5	3	40	60	100
4.		19EL2LB	ENGLISH COMMUNICATION SKILLS (BASIC)	5	3	40	60	100
5.	II	19EL2LI	ENGLISH FOR EMPOWERMENT (INTERMEDIATE)	5	3	40	60	100
6.		19EL2LA	ENGLISH FOR CREATIVE WRITING (ADVANCED)	5	3	40	60	100
7.	III	19EL3LN	ENGLISH FOR DIGITAL ERA	5	3	40	60	100
8.	IV	19EL4LN	ENGLISH FOR INTEGRATED DEVELOPMENT	5	3	40	60	100
			Total	20	12			

ART - III -MAJOR, ALLIED & ELECTIVES - 95 CREDITS

Major Core Courses Including Practicals: 60 CREDITS

S.N O	SEM	COURSE CODE	COURSE TITLE	HRS	CREDI T	CIA Mk s	ESE Mk s	TOT Mks
1.		19N1CC1	HUMAN DEVELOPMENT	5	4	40	60	100
2.	I	19N1CC2	PHYSIOLOGY	4	3	40	60	100
3.		19N1CC3	LAB IN PHYSIOLOGY	3	2	40	60	100
4.		19N2CC4	HUMAN NUTRITION	5	4	40	60	100
5.	II	19N2CC5	FOOD SCIENCE	4	3	40	60	100
6.		19N2CC6	LAB IN FOOD SCIENCE & NUTRITION	3	2	40	60	100
7.		19N3CC7	EXTENSION EDUCATION AND COMMUNICATI ON	5	4	40	60	100
8.	III	19N3CC8	FIBER TO FABRIC	4	3	40	60	100
9.		19N3CC9	LAB IN BASICS OF CLOTHING CONSTRUCTIO N	3	2	40	60	100

10.		19N4CC10	BASICS OF FOOD BIOTECHNOLO GY	5	4	40	60	100
11.	IV	19N4CC11	CLOTHING AND FASHION	4	3	40	60	100
12.		19N4CC12	LAB IN CLOTHING AND FASHION	3	2	40	60	100
13.		19N5CC13	CRECHE AND PRE SCHOOL MANAGEMENT	6	4	40	60	100
14.	V	19N5CC14	LAB IN PRE SCHOOL ADMINISTRATIO N	4	2	40	60	100
15.		19N5CC15	HOUSING AND ART IN HOME	6	4	40	60	100
16.		19N5CC16	LAB IN ART IN EVERYDAY LIFE	4	2	40	60	100
17.		19N6CC17	RESOURCE MANAGEMENT	5	4	40	60	100
18.		19N6CC18	LAB IN RESOURCE MANAGEMENT	3	2	40	60	100
19.	VI	19N6CC19	CLINICAL NUTRITION AND DIETETICS	5	4	40	60	100
20.		19N6CC20	LAB IN CLINICAL NUTRITION AND DIETETICS	3	2	40	60	100

21.	Total	84	60				
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ALLIEDCOURSES- 20 CREDITS

S.NO	SEM	COURSECOD E	COURSE TITLE	HRS	CREDI T	CIA Mks	ESE Mks	TOT MKs
1.		19N1ACC1	ALLIED CHEMISTRY- I	3	3	40	60	100
2.	I	19N1ACC2	VOLUMETRIC ANALYSIS	2	2	40	60	100
3.		19N2ACC3	ALLIED CHEMISTRY- II	3	3	40	60	100
4.	II	19N2ACC4	QUALITATIVE ORGANIC ANALYSIS	2	2	40	60	100
5.		19N3AC1	CATERING & HOTEL MANAGEMENT	3	3	40	60	100
6.	III	19N3AC2	LAB IN CATERING & HOTEL MANAGEMENT	2	2	40	60	100
7.	· IV	19N4AC3	FOOD PRODUCTION AND SERVICE	3	3	40	60	100
8.	1 V	19N4AC4	LAB IN FOOD PRODUCTION AND SERVICE	2	2	40	60	100

ELECTIVES-15 CREDITS

S.N o	SEM	COURSECODE	COURSE TITLE	HR S	CREDI T	CIA Mk s	ES E Mk s	TOT Mks
1.	V	19N5ME1	TECHNICAL TEXTILES	5	5	40	60	100
2.	V	19N5ME2	FOOD BIOTECHNLOGY					
3.	VI	19N6ME3	FAMILY DYNAMICS	5	5	40	60	100
4.	VI	19N6ME4	NUTRITION FOR HEALTH AND FITNESS	5	5	40	60	100
5.	VI	19N6ME5	FOOD AND DAIRY PROCESSING	5	5	40	60	100
6.	VI	19N6ME6	WOMEN AND ENTREPRENEURS HIP DEVELOPMENT	5	5	40	60	100

T - IV - 20 CREDITS

- VALUE EDUCATION
- ENVIRONMENTAL AWARENESS
- NON MAJOR ELECTIVE
- sSKILL BASED COURSES

S. No	SE M.	COURSEC ODE	COURSE TITLE	HR S	CRE DIT	CIA Mks	ESE Mks	TOT. Mks
1.		21G1VE1	Personal Values	1	1	40	60	100
2.	I	19N1NME	Non Major Elective – Basics of Nutrition (Offered to other major Students)	2	2	40	60	100
3.		21G2VE2	Values for life	1	1	40	60	100
4.	II	19N2NME	Non Major Elective -Basics of Nutrition (Offered to other major Students)	2	2	40	60	100
5.		19G3EE	Environmental Studies	1	1	40	60	100
6.	III	19N3SB1	Entrepreneurial Skills – Surface Ornamentation	2	2	40	60	100
7.		19G4EE	Environmental Studies	1	1	40	60	100
8.		19N4SB2	Entrepreneurial Skills – CAD	2	2	40	60	100
9.	IV	19N5SB3	Entrepreneurial Skills – Baking, Adulteration and Food Preservation	2	2	40	60	100
10.		19N5SB4	Entrepreneurial Skills – Participatory Rural Appraisal	2	2	40	60	100

11.	19N6SB5	Entrepreneurial Skills – Nutrition Counselling	2	2	40	60	100
12.	19N6SB6	Entrepreneurial Skills – Interior Design and Decoration	2	2	40	60	100

OFF-CLASS PROGRAMMES - ALL PART-V

SHIFT - I

S. No	SE M.	COURSE CODE	COURSE TITLE	HRS	CRE DIT	TOT. Mks
1.		21A4PED	Physical Education			
2.		21A4NSS	NSS			
3.	I -	21A4NCC	NCC	30/	1	100
4.	IV	21A4WEC	Women Empowerment Cell	SEM		
5.		21A4ACUF	AICUF			

OFF-CLASS PROGRAMMES

ADD-ON COURSES

COURSE CODE	COURSE TITLE	HR S.	CRE DITS	SEME STER IN WHIC H THE COUR SE IS OFFE RED	CIA Mks	ES E Mk s	TOT AL Mks
21UADCA	COMPUTER APPLICATIONS (offered by the	40	2	I & II	40	60	100

COURSE CODE	COURSE TITLE	HR S.	CRE DITS	SEME STER IN WHIC H THE COUR SE IS OFFE RED	CIA Mks	ES E Mk s	TOT AL Mks
	department of PGDCA for Shift I)						
21USDFCS	ONLINE SELF LEARNING COURSE- Foundation Course for Science	40	2	II	40	60	100
21UAD3ES	Professional Ethics	15	1	III	40	60	100
21UAD4ES	Personality Development	15	1	IV	40	60	100
21UAD5ES	Family Life Education	15	1	V	40	60	100
21UAD6ES	Life Skills	15	1	VI	40	60	100
21UAD5HR	HUMAN RIGHTS	15	2	V	100	-	100
21UAD6RS	OUTREACH PROGRAMME- Reach Out to Society through Action ROSA	100	3	V & VI	100	-	100
21UAD6PR	PROJECT	30	4	VI	40	60	100
21UAD6RC	READING CULTURE	10/ Se mes ter	1	II-VI	-	-	-
	TOTAL		20				

SELF LEARNING EXTRA CREDIT COURSES

COURSE CODE	COURSE	HR S.	CREDI TS	SEMES TER IN WHICH THE COURS E IS OFFER ED	CIA MK S	ES E MK S	TOTA L MAR KS
21UG1SLN	SELF LEARNING COURSES for ADVANCED LEARNERS						
ZIUGISLN	Nutrition for Health and Fitness		2	I	40	60	100
21UG2SLS	Basics of Psychology	-	2	II	40	60	100
21UG4SL Z	Public Health and Hygiene		2	IV	40	60	100
22UG4SLN	Textile Colouration		2	IV	40	60	100
21UG5SLA	Consumerism		2	V	40	60	100
21UG6SLN	Hospital Management		2	VI	40	60	100

OFF CLASS PROGRAMMES

COURSE CODE	COURSE	HR S.	CREDIT S	SEMEST ER IN WHICH THE COURSE IS OFFERE D	CIA MK S	ESE MK S	TOTAL MARK S
21UGVA H1	VALUE ADDED CRASH COURSE Hand Embroidery	-	2	ANY SEMEST ER	40	60	100
21UGVA CH1	VALUE ADDED CERTIFICATE COURSE Montessori Aid Teaching	-	2	ANY SEMEST ER	40	60	100

I B.Sc. HOMESCIENCE WITH FOOD BIOTECHNOLOGY SEMESTER -I

For those who joined in 2019 onwards

M	OGRA IME ODE	COURSE CODE	COURSE TITLE	CATEGO RY	HRS/WEEK	CREDITS
U.	AHS	19N1CC1	HUMAN DEVELOPMENT	Lecture	5	4

COURSE DESCRIPTION

This course gives a complete picture of the developmental changes takes place across the stages

COURSE OBJECTIVES

To enable students

- Understand the fundamentals of Human Development
- Get to know information on milestones in all round development of children
- Orient on various childhood problems and disabilities

UNITS

UNIT -I CONCEPT OF HOME SCIENCE AND GROWTH & DEVELOPMENT (15HRS.)

- a) Meaning, needs and role of Home Science for personality and family development.
- b) Definition, Principles and Factors influencing growth and development
- c) Pregnancy, Symptoms, discomforts and complications
- d) Prenatal stage Period gestation, Period of embryo, Period of fetus, factors affecting prenatal development

UNIT -II DEVELOPMENT STAGES (Birth-Infancy) (15 HRS.)

- a) Birth process and Types of birth
- b) Infancy
- a. Neonate and Partunate
- b. Physical and motor, cognitive emotional, language and social development.

- Care of an infant breast feeding & artificial feeding, weaning and supplementary feeding, toilet Training, Sleep routines, and hygienic practices.
- d. Common ailments and treatments -Immunization schedule
- e) Babyhood Physical and motor, cognitive emotional, language and social development

Self -Study: Common ailments and treatments -Immunization schedule

UNIT -III DEVELOPMENTAL STAGES (Early childhood) (15 HRS.)

Early Childhood (3-6 yrs)

- a) Physical and motor, cognitive, language, social and emotional development.
- b) Importance of Preschool years.

UNIT -IV DEVELOPMENTAL STAGES (Childhood to Adolescence)

(15 HRS.)

Middle Childhood (6 -12 years)

Physical and motor, cognitive, language, social and emotional development. Adolescence (12 – 20 Yrs)

Self-Study: Physical and motor development, cognitive, social, and emotional development.

UNIT -V CHILDHOOD PROBLEMS

(15 HRS.)

- Behavior problems Causes& Prevention, Temper Tantrums, Thumb Sucking, bed wetting, Masturbation, nail biting and Juvenile delinquency, habit and habit formation
- Children with special needs a brief study -Physically impaired (Orthopedic, Visual, Hearing, Speech) Mental retardation, gifted and Juvenile Delinquency.
- Parental styles; Different methods of disciplining children and their effects c) **REFERENCES:**

TEXTBOOK:

1. Devadas R.P & JayaN, (1994) Textbook Child Development, on Macmillan and Co, New Delhi.

REFERENCE BOOKS:

- 2. Helen, B. (1995) *Developing Child*, HarperCollins Publishers
- 3. Hurlock E.B, (1981) Developmental psychology: a life-span approach Tata McGraw -Hill., NewYork.
- 4. Hurlock E. B, (2004). Child Development, (6th ed)., McGraw Hill Inc.,NewYork.
- 5. Santrock J.W, (2014) Child Development, McGraw Hill Inc., New York.

- 6. Shrimali S.S, (2008) Child Development, Rawat publications, NewDelhi.
- 7. Suria Kanthi A. (2004) Child *development- An introduction*. Kavitha Publications, Gandhigram, TamilNadu

OPEN EDUCATIONAL REFERENCES:

- 1. https://open.umn.edu/opentextbooks/textbooks/750
- $\begin{array}{ll} 2. & \underline{\text{https://libguides.wccnet.edu/oer-subjects/human-growth-development}} \end{array}$
- 3. https://libguides.humboldt.edu/openedu/cd
- 4. https://mtsac.libguides.com/oer/child-development

COURSE CONTENTS & LECTURE SCHEDULE:

Module No.	Topic	No. of Lectures	Teaching Pedagogy	Teaching Aids						
UNIT -1 CONCEPT OF HOME SCIENCE AND GROWTH & DEVELOPMENT										
1.1	Meaning, Need for Home Science	2	Chalk & Talk	Black Board						
1.2	Role of Home Science for personality and family development.	2	Chalk & Talk	LCD &White board						
1.3	Growth& Development Definition, Principles and Factors influencing growth and development	4	Lecture	PPT& Black Board						
1.4	Pregnancy, Symptoms, discomforts and complications	6	Lecture	PPT &Specimens						
1.5	Prenatal stage - Period of gestation, Period of embryo,	3	Lecture	PPT &Smart Board						

	Period of fetus,										
1.6	Factors affecting prenatal development	1	Lecture &Discussion	Google classroom							
UNIT	UNIT -2 DEVELOPMENT STAGES (Birth – Infancy)										
2.1	Birth process Birth process and Types of birth	2	Lecture	PPT& Black Board							
2.2	Infancy Neonate and Partunate	1	Chalk &Talk	Green Board							
2.3	Physical and motor, & cognitive Development	3	Chalk & Talk	Black Board							
2.4	Emotional, language and social development.	3	Chalk & Talk	LCD &White board							
2.5	Care of an infant - breast feeding & artificial feeding, weaning and supplementary feeding, toilet Training, Sleep routines, and hygienic practices.	3	Chalk & Talk	LCD & Smart Board							
2.6	Babyhood Physical and Motor development	2	Lecture	PPT & White board							
2.7	Cognitive and Language development	2	Lecture	PPT& Black Board							
2.8	Emotional and Social development	2	Lecture	Google classroom							
UNIT -3											
3.1	Early Childhood	4	Chalk &	Black Board							

	Physical and Motor development		Talk	
3.2	Cognitive development	2	Lecture	PPT& Black Board
3.3	Emotional and Social development	4	Chalk & Talk	LCD & Smart Board
3.4	Language development and Problems	4	Chalk & Talk	Black Board
3.5	Importance of Preschool years	2	Chalk & Talk	Smart Board
UNIT -	-4 DEVELOPMENTAL STAGES	(Middle C	Childhood - A	dolescence)
4.1	Middle Childhood (6 -12 years) Physical and Motor development	3	Lecture	Smart Board
42	Cognitive, and Language, development	3	Chalk & Talk	LCD
4.3	Social and Emotional development	3	Lecture	PPT & White board
4.4	Adolescence (12 – 20 Yrs) Physical and motor development	2	Lecture	Smart Board
4.5	Cognitive development	2	Lecture	Black Board
4.6	Social Development	2		
4.7	Problems associated with Adolescence	3	Chalk & Talk	LCD
UNIT -5	CHILDHOOD PROBLEM	IS		

5.1	Behavior problems - Causes & Prevention. Temper Tantrums, Thumb Sucking, bed wetting, Masturbation, nail biting	3	Lecture	Green Board Charts
5.2	Juvenile delinquency, Habit and Habit formation	3	Chalk & Talk	Green Board
5.3	Children with special needs a brief study-Physically impaired (Orthopedic, Visual, Hearing, Speech)	4	Lecture	PPT & White board
5.4	Mental retardation, gifted and Juvenile Delinquency	4	Chalk & Talk	LCD
5.5	Parental styles Different methods of disciplining children and their effects	4	Chalk & Talk	Smart Board

	C1	C2	C3	C4	C5	Total Scholastic Marks	Non Scholast ic Marks C6	CIA Total
Levels	T1	Т2	Quiz	Assignme nt	OBT/PPT			
	10 Mks.	10 Mks.	5 Mks.	5 Mks	5 Mks	35 Mks.	5 Mks.	40Mks.
K1	2	2	-	-	-	4	-	4
K2	2	2	5	-	-	9	-	9
К3	3	3	-	-	5	11	-	11

K4	3	3	-	5	ı	11	-	11
Non Scholastic	-	-	-	-	-		5	5
Total	10	10	5	5	5	35	5	40

CIA						
Scholastic	35					
Non -Scholastic	5					
TOTAL	40					

- \checkmark All the course outcomes are to be assessed in the various CIA components.
- ✓ The levels of CIA Assessment based on Revised Bloom's Taxonomy for I UG are:
- K1- Remember, K2-Understand, K3-Apply, K4-Analyse

EVALUATION PATTERN

SCHOLASTIC					NON - SCHOLASTI C		MARKS	3
C1	C2	С3	C4	C 5	C6	CIA	ESE	Total
10	10	5	5	5	5	40	60	100

C1 - Internal Test-1

C2 – Internal Test-2

C3 - Quiz

C4 – Assignment

C5 - OBT/PPT

C6 – Non - Scholastic

COURSE OUTCOMES

On the successful completion of the course, students will be able to:

NO.	COURSE OUTCOMES	KNOWLEDGE LEVEL (ACCORDING TO REVISED BLOOM'S TAXONOMY)	PSOs ADDRESSED
CO 1	The students will be able to define and understand the principles of growth and development	K1,K2	PSO11
CO 2	Describe pregnancy, prenatal and birth process	K1, K2	PSO13
CO3	Explain the developmental changes occur in different stages of humanlifespan.		PSO11 and 13
		K1, K3	
CO 4	Solve problems of childhood and adolescence.	K2,K3	PSO12 and13
CO 5	Identify and explore on children with special needs	K4,K2	PSO12

Mapping of COs with PSOs

CO/ PSO	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6	PSO 7	PSO 8	PSO 9	PSO 10	PSO 11	PSO 12
CO1	1	1	1	1	1	1	1	1	1	1	3	1
CO2	1	1	1	1	1	1	1	1	1	1	3	1

			CDCS	Juilleu	um ioi	D.5C. 1			VILII I O	Dion		<i>5)</i>
CO3	1	1	1	1	1	1	1	1	1	1	3	1
C O4	1	1	1	1	1	1	1	1	1	1	1	3
C O 5	1	1	1	1	1	1	1	1	1	1	1	3
CO/ PSO	PSO 13	PSO 14	PSO 15	PSO 16	PSO 17	PSO 18	PSO 19	PSO 20	PSO 21	PSO 22	PSO 23	
C O1	3	1	1	1	1	1	1	1	1	1	1	
C O2	3	1	1	1	1	1	1	1	1	3	1	
C O 3	3	1	1	1	1	1	1	1	1	1	1	
C O4	3	1	1	1	1	1	1	1	1	1	1	
C O 5	1	1	1	1	1	1	1	1	1	1	1	

Mapping of COs with Pos

CO/ PSO	P01	PO2	PO3	PO4
CO1	1	3	1	1
CO2	1	2	1	1
CO3	1	1	1	1
CO4	1	3	1	3
CO5	2	2		3

Note: Strongly Correlated - 3 "Moderately Correlated - 2

" Weakly Correlated -1

COURSE DESIGNER: Staff Name:Dr.S.Santhi

Forwarded By

Marantez E Rain

(Dr. Vasantha Esther Rani)

I B.Sc. HOME SCIENCE WITH FOOD BIO TECHNOLOGY SEMESTER -I

(For those who joined in 2019 onwards)

PROGRAMME CODE	COURSE CODE	COURSE TITLE	CATEGORY	HRS/WEEK	CREDITS
UG-UAHS	19N1CC2	Physiology	Lecture	4	4

COURSE DESCRIPTION

The course provides a detailed insight on the anatomy and functions of the various systems of the human body.

COURSE OBJECTIVES

- Location and anatomy of the organs of the body.
- The functions of the different organ systems of the body, with special reference to the control and feedback mechanisms
- Physiological changes at different stages of life.
- Methods of artificial respiration and family planning.

UNIT-I DIGESTIVE AND EXCRETORY SYSTEM

[15 HRS]

Anatomy and functions of the organs of the digestive system oral cavity, stomach, small intestine, large intestine, pancreas, liver; Saliva-composition, function, Bile - composition, function; process of digestion, absorption and assimilation of food. Movements of the gastro intestinal tract - deglutition, gastric tone, digestive peristalsis, pendular, segmenting movements, antiperistalsis, Peristaltic rush, gastro colic reflex, Vomiting.

EXCRETORY SYSTEM

Kidneys, Nephron - Structure and functions, renal circulation, Juxta glomerular apparatus; Urine - composition, volume and formation of urine, micturition. Urinary Bladder Structure, filling of bladder, impairment of renal function.

UNIT-II BLOOD AND CIRCULATORY SYSTEM [15 HRS]

Blood - Composition, functions and volume, Erythrocytes, Leucocytes, Thrombocytes - types, erythropoiesis, leucopoiesis, fate, functions; Haemoglobin, Erythrocyte sedimentation rate, haemolysis, leucocytosis, leucopenia, leukemia, polycythemia, anaemia.

Structure and functions of the heart and blood vessels, Junctional tissues, cardiac cycle, Blood pressure- factors affecting blood pressure, ECG, heart sound, cardiac output, regulation of heart rate, pulse.

Self Study: Blood coagulation, blood grouping transfusion, RH factor, Erythroblastosis foetalis.

UNIT-III RESPIRATORY SYSTEM

[10 HRS]

Anatomy of respiratory pathway, lung unit, Mechanism of respiration, lung volumes, Gaseous exchange in tissues, lungs, transport of O_2 and CO_2 chloride shift; Regulation of respiration - nervous, chemical, Herring Brewers reflex; types of breathing; modified forms of respiration Hypoxia, Asphyxia, Cyanosis, Oxygen debt; Artificial Respiration.

UNIT-IV REPRODUCTIVE AND ENDOCRINE SYSTEM [10 HRS]

Anatomy of male and female reproductive organs menstrual cycle, process of reproduction and lactation, conception and contraception.

Structure and functions of pituitary, thyroid and adrenal glands

UNIT-V SENSE ORGANS, NERVOUS SYSTEM and MUSCULOSKELETALSYSTEM[10 HRS]

Structure and functions of Eye, Ear and Skin –regulation of body temperature.

Structure and functions of neuron, brain and spinal cord; Autonomic nervous system, Reflex Action.

Musculoskeletal system – Types of muscles, functions; skeletal system-formation of bone

Self Study: Structure and functions of Eye, Ear and Skin -regulation of body temperature.

REFERENCES:

TEXT BOOKS

- 1. Ahuja (2001) *Textbook of Physiology*, CBS Publishers.
- 2. Best, C.H., and Taylor, R.B(1975) *The Physiological Basis for Medical Practice*; The William and Wilkinson Scientific Book Company, Kolkata.
- 3. Chatterjee C. C (1988) *Text book of Medical physiology*, W B Saunder's Co, London.
- 4. Jain, A.K.(1989) *Textbook of Physiology*. Vol.I and II. Avichal Publishing Co., New Delhi.
- 5.S.Subramanian and S.M.Kutty (1971) *Text Book of Physiology*, Orient Longman.

REFERENCE BOOKS

- 1. C.C. Chatterjee's .(20160 *Human Physiology*, 11e, Vol.1,CBS Publishers
- 2. Guyton,A.C, (2009). *Function of the Human body*, 4th Edition, W.B. Sanders Company, Philadephia.
- 3. Guyton,A.C,andHall,J.B.(2010). *TextBookofMedicalPhysiology*,9thEditi on, W.B. Sanders Company, Prime Books (Pvt.) Ltd., Bangalore

- 4. Gerald R.Graham (2008). Textbook of Physiology, PMC Company., US.
- 5. Muthaiya N. M (2006). *Human Physiology*, 4thEdition , Jaypee Brothers Medical Publishers Ltd, NewDelhi .
- 6. Sujit E. Chaudhuri(2008). Concise medical physiology, 6th Edition, Jain Book Depot, New Delhi.
- 7. Winwood (1988). Sear's Anatomy and Physiology for nurses, Edward Arnold, London
- 8. Sembulingam&PremaSembulingam (2006), Essentials of Medical Physiology, Yaypee Brothers, Medical Publishers (p) Ltd, New Delhi.

Open Educational Resources:

- 1.https://libguides.wccnet.edu/oer-subjects/anatomy-physiologyvphsysiology.com -
- 2. https://www.saylor.org/2013/07/human-anatomy-and-physiology-open-educational-resources/
- 3. https://openstax.org/details/books/anatomy-and-physiology
- 4.https://www.google.com/search?safe=active&rlz=1C1CHBD_enIN856IN8 57&sxsrf=ALeKk011EzMXNkY2v7mwMprR28dMp4NLIw:1618050929351& q=Physiology+textbook+pdf&sa=X&
- 5.https://open.umn.edu/opentextbooks/textbooks/169

COURSE CONTENTS & LECTURE SCHEDULE:

Module No.	Topic	No. of Lectures	Teaching Pedagogy	Teachin g Aids
UNI	T -1 DIGESTIVE	AND EXCI	RETORY SYSTE	M
1.1	Anatomy and functions of the organs of the digestive system - oral cavity, stomach, small intestine, large intestine, pancreas, liver	2	Chalk & Talk Video	Model Specime n Black Board.
1.2	Saliva-composition, function, Bile composition, function	1	Chalk & Talk	LCD

1.3	Movements of the gastro intestinal tract deglutition, gastric tone, digestive peristalsis, Pendular, Segmenting movements, anti-peristalsis, Peristaltic rush, gastro colic reflex,	2	Lecture	Black Board,PP T
1.4	Vomiting; Jaundice.	1	Lecture	White board
1.5	Kidneys, Nephron, Structure and functions.	3	Lecture	Model Specime n, Black Board
1.6	Renal circulation, Juxta glomerular apparatus.	2	Lecture	Black Board
1.7	Composition, volume and formation of urine. micturition.	3	Lecture	PPT,Blac k Board
1.8	Urinary Bladder Structure, filling of bladder, impairment of renal function.	1	Discussion	Black Board
UNIT -	2 BLOOD AND CIR	CULATORY	Y SYSTEM	
2.1	Composition, functions and volume, polycythemia, anaemia	1	Lecture	Green Board Charts
2.2	Erythrocytes, Leucocytes, Thrombocytes types,	3	Chalk & Talk	Green Board
2.3	Functions; Haemoglobin, Erythrocyte sedimentation rate,	1	Discussion	Black Board

2.4	Leucopoiesis, haemolysis,leucocytosis, leucopenia, leukemia,	1	Lecture	Charts	
2.5	Blood coagulation, blood grouping transfusion, RH factor, Erythroblastosis foetalis.	3	Lecture	Black Board	
2.6	Structure and functions of the heart and blood vessels.	2	Discussion	Model Specime n, Black Board	
2.7	Junctional tissues, Cardiac cycle	2	Lecture	Black Board	
2.8	Blood pressure- factors affecting blood pressure	1	Lecture	Black Board	
2.9	ECG, heart sound, cardiac output, regulation of heart rate, pulse.	1	Lecture	Black Board	
UNIT -3 RESPIRATORY SYSTEM					
3.1	Anatomy respiratory pathway, lungs, lung unit	3	Lecture	Green Board Charts	
3.2	Mechanism of respiration, lung volumes.	3	Chalk & Talk	Green Board	
3.3	Gaseous exchange in tissues, lungs, transport of O_2 and CO_2 chloride shift.	2	Discussion	Black Board	
3.4	Regulation of respiration - nervous, chemical -Herring Brewers reflex.	2	Lecture	Charts	

3.5	Types of breathing; modified forms of respiration Hypoxia, Asphyxia, Cyanosis, Oxygen debt;	2	Lecture	РРТ
3.6	Artificial Respiration	Demonstratio n	Video ppt.	
UNIT IV R	EPRODUCTIVE AND ENDOCE	RINE SYST	ЕМ	
4.1	Anatomy of male and female reproductive organs	2	Lecture	Green Board Charts
4.2	Menstrual cycle, process of reproduction and lactation	2	Chalk & Talk	Green Board
4.3	Conception and contraception	1	Discussion	Black Board
4.4	Structure and functions of pituitary,	2	Lecture	Charts
4.5	Thyroid and adrenal glands	3	Lecture	PPT
UNIT V SEN	ISE ORGANS AND NERVOUS	SYSTEM		
5.1	Structure and functions of Eye	1	Lecture	Green Board Charts
5.2	Structure and functions of Ear	1	Chalk & Talk	Green Board
5.3	Structure and functions of Skin®ulation of body temperature	3	Discussion	Black Board
5.4	Structure and functions of neuron, brain and spinal	1	Lecture	Charts

	Cord			
5.5	Structure and functions of brain	2	Lecture	PPT
5.6	Autonomic nervous system, Reflex Action	1	Lecture	Black Board
5.7	Physiology of sleep	1	Lecture	Black Board

	C1	C2	С3	C4	C 5	Total Scholastic Marks	Non Scholast ic Marks C6	CIA Total
Levels	T1	T2	Quiz	Assignme nt	OBT/PPT			
	10 Mks.	10 Mks.	5 Mks.	5 Mks	5 Mks	35 Mks.	5 Mks.	40Mks.
K1	2	2	-	-	-	4	-	4
K2	2	2	5	-	-	9	-	9
К3	3	3	-	-	5	11	-	11
K4	3	3	-	5	-	11	-	11
Non Scholastic	-	-	-	-	-		5	5
Total	10	10	5	5	5	35	5	40

CIA

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Scholastic	35
Non Scholastic	5
	40

- \checkmark All the course outcomes are to be assessed in the various CIA components.
- √ The levels of CIA Assessment based on Revised Bloom's Taxonomy for I UG are:

K1- Remember, K2-Understand, K3-Apply,K4-Analyse

EVALUATION PATTERN

	SC	HOLAS'	ГІС		NON - SCHOLASTI C		MARKS	1
C1	C2	С3	C4	C 5	C6	CIA	CIA ESE	
10	10	5	5	5	5	40	60	100

C1 - Internal Test-1

C2 – Internal Test-2

C3 - Quiz

C4 – Assignment

C5 - OBT/PPT

C6 – Non - Scholastic

COURSE OUTCOMES

On the successful completion of the course, students will be able to:

NO.	COURSE OUTCOMES	KNOWLEDGE LEVEL (ACCORDING TO REVISED BLOOM'S TAXONOMY)	PSOs ADDRESSED
CO 1	Recall the anatomy of the digestive and excretory system of the human body and infer their functions. Recall the anatomy of the digestive and excretory system of the human body and infer their functions.	K1,K4	PSO1
CO 2	Elaborate on the various aspects and components of blood and illustrate the anatomy of the heart with the circulatory system.	K1, K2	PSO1, PSO2
CO 3	Describe the anatomyof the respiratory system, determine the mechanism of respiration and focus on appropriate artificial respiration techniques during emergencies.	K1, K3,K4	PSO1
CO 4	Illustrate the anatomy of the reproductive systems. Outline the process of menstrual cycle, conception and lactation. Plan strategies to maintain family size.	K2, K4	PSO1
CO 5	Trace the anatomy of the nervous system. Summarise the functions of the CNS and ANS. Explain the physiology of sleep.	K2, K4	PSO1

Mapping of COs with PSOs

CO/ PSO	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6	PSO 7	PSO 8	PSO 9	PSO 10	PSO 11	PSO 12
CO1	3	2	1	1	1	1	1	1	1	1	1	1
CO2	2	3	1	1	1	1	1	1	1	1	1	1
CO3	3	2	1	1	1	1	1	1	1	1	1	1
CO4	2	2	1`	1	1	1	1	1	1	1	1	1
CO5	1	1	1	1	1	1	1	1	1	1	1	1
CO/ PSO	PSO 13	PSO 14	PSO 15	PSO 16	PSO 17	PSO 18	PSO 19	PSO 20	PSO 21	PSO 22	PSO 23	
CO1	1	1	1	1	2	1	1	1	1	1	1	
CO1		1	1	1	2	1	1	1	1	1		
	1										1	
CO2	1	1	1	1	1	1	1	1	1	1	1	

Mapping of COs with POs

CO/ PSO	P01	P02	P03	P04
CO1	3	3	1	1
CO2	3	2	1	1
соз	1	1	1	1
CO4	1	3	1	3

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CO5	2	2	1	3

Note: Strongly Correlated - 3, Moderately Correlated - 2

Weakly Correlated -1

COURSE DESIGNER:

1. Staff Name:Dr.Vasantha Esther Rani

2. Staff Name: Ms. Magdalene Virjini

Forwarded By

(Dr. Vasantha Esther Rani)

I B.Sc. HOME SCIENCE WITH FOOD BIO TECHNOLOGY SEMESTER -I

(For those who joined in 2019 onwards)

PROGRAMME CODE	COURSE CODE	COURSE TITLE	CATEGO RY	HRS/WEEK	CREDITS
UG-UAHS	19N1CC3	LAB IN PHYSIOLOGY	Practical	3	2

COURSE DESCRIPTION

The course provides practical experience on the identification of various tissues, blood cells, estimation of haemoglobin, blood pressure and determination of clotting time, bleeding time and blood grouping.

COURSE OBJECTIVES

- To understand the methodology of determining the various blood parameters
- To identify the various tissues
- To assess the bleeding and clotting time
- To interpret the biochemical lab reports.

COURSE OUTCOME

The students will be able to

- 1. Identify the various tissues of the body.
- 2. Illustrate and describe the blood cells.
- 3. Determine the hemoglobin level and blood pressure
- 4. To determine clotting time, bleeding time and blood grouping

UNIT-I HISTOLOGY

[5 HRS]

Histology - Details of the various tissues — identification of slides a) Alimentary tract Stomach, intestines, Liver and Pancreas

- b) Lungs
- c) Kidney

- d)Endocrine glands
- e) Nervous system
- f) Skin

· UNIT-II BLOOD CELLS

[10 HRS]

Blood Cells — Fresh mount and stained, Differential Count

UNIT-III RBC & WBC COUNT

[10 HRS]

RBC and WBC count using Neubauer's counting chamber.

UNIT-IV HAEMOGLOBIN ANALYSIS & BLOOD GROUPING [10 HRS]

Determination of haemoglobin — Sahli's Method. Blood grouping.

UNIT-V BLOOD COAGULATION & BLOOD PRESSURE [10 HRS]

Estimating the Clotting, bleeding time; ESR rate

Recording pulse rate and measurement of blood pressure.Interpretation of blood examination reports

REFERENCES:

- 1. Best, C.H., and Taylor, R.B(1975) *The Physiological Basis for Medical Practice*; The William and Wilkinson Scientific Book Company, Kolkata.
- 2. Chatterjee C. C (1988) *Text book of Medical physiology*, W B Saunder's Co, London.
- 3. S.Subramanian and S.M.Kutty (1971) *Text Book of Physiology*, Orient Longman.
- 4. Guyton,A.C,andHall,J.B.(2010). *TextBookofMedicalPhysiology*, 9th Editi on, W.B. Sanders Company, Prime Books (Pvt.) Ltd., Bangalore.

OPEN EDUCATION RESOURSES:

- 1. 1.https://library.csi.cuny.edu/oer/virtuallabs-simulationswww.cvphsysiology.com Comprehensive explanation of basic cardiovascular conceptssimple.wikipedia.org/wiki/Digestion 17k
- 2. www.medicalnewstoday.com/articles/11949.php 59k

COURSE CONTENTS & LECTURE SCHEDULE:

Module No.	Topic	No. of Lab hours	Teaching Pedagogy	Teaching Aids							
UNIT - I	UNIT – HISTOLOGY										
1.1	Histology - Details of the various tissues — Alimentary tract Stomach, intestines, Liver and Pancreas	3	Lecture- Identification of slides	Specimen slides							
1.2	Lungs&Kidney	2	Lecture- Identification of slides	Specimen slides							
1.3	Endocrine glands, Nervous system&Skin	2	Lecture- Identification of slides	Specimen slides							
UNIT -2	BLOOD CELLS										
2.1	Blood Cells — Fresh mount and stained	5	Demonstration	Specimen slides.							
2.2	Differential Count	5	Demonstration	Specimen slides.							
UNIT -3	RBC & WBC COUNT										
3.1	RBC count	5	Lecture cum demonstration	Neubauer's counting chamber Essential chemicals &glassware s							
3.2	WBC count	5	Lecture cum demonstration	Neubauer's counting chamber							

				Essential chemicals &glassware s
UNIT 4	HAEMOGLOBIN ANALYS	SIS & BL	OOD GROUPING	
4.1	Determination of haemoglobin — Sahli's Method	5	Lecture cum demonstration	Essential chemicals &glasswar es
4.2	Blood grouping	5	Lecture cum demonstration	Blood grouping kit
UNIT 5	BLOOD COAGULATION	& BLOO	D PRESSURE	
5.1	Estimating the Clotting, bleeding time; ESR rate	5	Lecture cum demonstration	Glass wares
5.2	Recording pulse rate and measurement of blood pressure.	2	Lecture cum demonstration	Glass wares
5.3	Interpretation of blood examination reports	3	Lecture	Laboratory report

EVALUATION PATTERN

	SCHO	LASTIC		NON - SCHOLASTIC		MARKS	
C1	C2	С3	C4	C5	CIA	Total	
10	10	10	5	5	40	60	100

C1 - Internal Test - 1

C2 – Internal Test - 2

C3 – Model Practical Exam

C4 - Record

C5 - Non- Scholastic

COURSE OUTCOMES

On the successful completion of the course, students will be able to:

NO.	COURSE OUTCOMES	KNOWLEDGE LEVEL (ACCORDING TO REVISED BLOOM'S TAXONOMY)	PSOs ADDRESSED
CO 1	Identify the various tissues of the body	K1	PSO1
CO 2	Illustrate and describe the blood cells	K1, K2,	PSO1
CO 3	Determine the hemoglobin level and blood pressure	K1 & K3	PSO1
CO 4	Determine clotting time, bleeding time and blood grouping	K1, K3	PSO1
CO 5	Interpret the biochemical lab reports	K2 & K4	PSO1

Mapping of COs with PSOs

CO/ PSO	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6	PSO 7	PSO 8	PSO 9	PSO 10	PSO 11	PSO 12
CO1	3	2	1	1	1	1	1	1	1	1	1	1
CO2	2	3	1	1	1	1	1	1	1	1	1	1
CO3	3	2	1	1	1	1	1	1	1	1	1	1
CO4	2	2	1`	1	1	1	1	1	1	1	1	1
CO5	1	1	1	1	1	1	1	1	1	1	1	1
CO/ PSO	PSO 13	PSO 14	PSO 15	PSO 16	PSO 17	PSO 18	PSO 19	PSO 20	PSO 21	PSO 22	PSO 23	

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CO1	1	1	1	1	2	1	1	1	1	1	1	
CO2	1	1	1	1	1	1	1	1	1	1	1	
соз	1	1	1	1	1	1	1	1	1	1	1	
CO4	1	1	1	1	1	1	1	1	1	1	1	
CO5	1	3	1	1	1	1	1	1	1	1	1	

Mapping of COs with POs

CO/ PSO	P01	P02	Р03	P04
CO1	3	3	1	1
CO2	3	2	1	1
соз	1	1	1	1
CO4	1	3	1	3
CO5	2	2	1	3

Note: Strongly Correlated - 3, Moderately Correlated - 2

Weakly Correlated -1

COURSE DESIGNERS:

1. Staff Name: Dr. Vasantha Esther Rani

2. Staff Name: Mrs.C.Helen

Forwarded By

Marantep & Rain

(Dr. Vasantha Esther Rani)

I B.Sc. HOME SCIENCE WITH FOOD BIO TECHNOLOGY SEMESTER -I

For those who joined in 2019 onwards

PROGRAMME	COURSE	COURSE	CATEGOR	HRS/WEEK	CREDIT
CODE	CODE	TITLE	Y		S
UG-UAHS	19NINME	BASICS OF NUTRITION	Lecture	2	2

COURSE DESCRIPTION

This course helps to understand the basic concepts on health, nutrition and deficiency diseases of various nutrients

COURSE OBJECTIVES

- Understand the components of health, nutrition and deficiency diseases of various nutrients
- To gain knowledge on various cooking methods

UNITS

UNIT -I NUTRITION AND HEALTH

(6 HRS.)

Definition – Health, Nutrition, Malnutrition, Adequate Nutrition, Balanced Diet, Nutritional status, Definition of Fitness, Components of Fitness, Types of physical activity and their energy consumption level.

UNIT -II FOOD (6 HRS.)

Definition of Food, Functions, Food groups and their Nutrient contribution (Basic 5), Food pyramid, Definition of Nutrient, Classification.

UNIT -III MACRO- NUTRIENTS AND HEALTH (6 HRS.)

Definition, Functions, Deficiency diseases and their important signs and symptoms, Food sources of carbohydrate, protein and fat.

UNIT -IV MICRO-NUTRIENTS AND HEALTH HRS.) (6

Definition, Functions, Deficiency diseases and their important signs and symptoms, Food sources of vitamin A, D, E, K, B_1 , B_2 , B_3 , B_6 , B_{12} , C and folic acid. Minerals – Ca, P, I, Zn, Na, Fl.

UNIT -V COOKING AND HEALTH

Definition, Glossary and Preliminary preparation and cooking methods – Merits and Demerits, Conservation of nutrients.

(6 HRS.)

REFERENCES:

TEXT BOOKS

- 1. Srilakshmi.B.(2010). *Food Science*, New age International Pvt.Ltd., New Delhi.
- 2. Swaminathan. M (2010), Handbook of Food and Nutrition, The Bangalore Press, Bangalore.

REFERENCE BOOKS:

- 2. Benion Marion (1980). Introductory foods, Macmillan, New York,
- 3. Gitanjali Chatterjee, ,(1999) *Handbook of Nutrition*, Rajat Publications.
- 4. Anjana Agarwal, Shobha A Udipi (2014) Text book of Human Nutrition, Jaypee Brothers Medical Publishers.

OPEN EDUCATIONAL REFERENCES:

- 1. .http://www.hanoverhornets.org/pe/wp-content/uploads/2017/01/nutritionnotes-2.pdf
- 2. .https://school.eckovation.com/short-notes-nutrition/
- 3. .https://ncert.nic.in/textbook/pdf/iehp104.pdf

COURSE CONTENTS & LECTURE SCHEDULE:

Module No.		No. of Lectures	Teaching Pedagogy	Teaching Aids
UNIT -1	NUTRITION AND HEAL	ГН	(12 HF	RS.)
1.1	Definition – Health, Nutrition, Malnutrition, Adequate Nutrition	1	Chalk & Talk	Black Board

1.2	Balanced Diet, Nutritional status	1	Lecture	PPT
1.3	Definition of Fitness, Components of Fitness	2	Lecture	PPT
1.4	Types of physical activity and their energy consumption level	2	Lecture	Videos
UNIT -2	FOOD (12 HRS.)			
2.1	Definition of Food, Functions	2	Chalk & Talk	Black Board
2.2	Food groups and their Nutrient contribution (Basic 5)	2	Lecture	PPT
2.3	Food pyramid, Definition of Nutrient, Classification	2	Lecture	PPT
UNIT -3	MACRO NUTRIENTS AN	D HEALTH	I(12 HRS.)	
3.1	Carbohydrate- Definition, Functions, sources, deficiency diseases and their signs& symptoms	2	Lecture	PPT
3.2	Protein- Definition, Functions, sources, deficiency diseases and their signs& symptoms	2	Lecture	PPT
3.3	Fat-Definition, Functions, sources, deficiency diseases and their signs& symptoms	2	Lecture	PPT
UNIT -4	MICRO NUTRIENTS AN	D HEALTH	ı	
4.1	Vitamin A, D, E, K - Definition, Functions, sources, Deficiency	2	Chalk & Talk	Black Board

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	diseases, signs & symptoms			
4.2	Vitamin B ₁ , B ₂ , B ₃ , B ₆ , B ₁₂ , C and folic acid - Definition, Functions, sources, Deficiency diseases, signs & symptoms	2	Lecture	РРТ
4.3	Minerals – Ca, P, I, Zn, Na, Fl - Definition, Functions, sources, Deficiency diseases, signs & symptoms	2	Chalk & Talk	Black Board
UNIT -5	COOKING AND HEAI	ТН		
5.1	Cooking- Definition, Glossary and Preliminary preparation	2	Chalk & Talk	Black Board
5.2	Cooking methods – Merits and Demerits	2	Lecture	PPT
5.3	Conservation of nutrients	2	Demonstration	PPT

	C1	C2	С3	C4	C5	Total Scholastic Marks	Non Scholast ic Marks C6	
Levels	T1	T2	Quiz	Assignme nt	OBT/PPT			
	10 Mks.	10 Mks.	5 Mks.	5 Mks	5 Mks	35 Mks.	5 Mks.	40Mks.
K1	2	2	-	-	-	4	-	4

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K2	2	2	5	-	-	9	-	9
К3	3	3	-	-	5	11	-	11
K4	3	3	-	5	-	11	-	11
Non Scholastic	-	-	-	-	-		5	5
Total	10	10	5	5	5	35	5	40

CIA					
Scholastic	35				
Non Scholastic	5				
	40				

- \checkmark All the course outcomes are to be assessed in the various CIA components.
- √ The levels of CIA Assessment based on Revised Bloom's Taxonomy for UG are:

K1- Remember, K2-Understand, K3-Apply, K4-Analyse

EVALUATION PATTERN

SCHOLASTIC	NON - SCHOLASTI C	MARKS
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CBCS Curriculum for B.Sc. Home Science with Food Biotechnology

C1	C2	С3	C4	C 5	C6	CIA	ESE	Total
10	10	5	5	5	5	40	60	100

C1 – Internal Test-1

C2 – Internal Test-2

C3 - Quiz

C4 – Assignment

C5 - OBT/PPT

C6 – Non - Scholastic

COURSE OUTCOMES

On the successful completion of the course, students will be able to:

NO.	COURSE OUTCOMES	KNOWLEDGE LEVEL (ACCORDING TO REVISED BLOOM'S TAXONOMY)	PSOs ADDRESSED
CO 1	Define the terminologies related to nutrition and health	K1	PSO3
CO 2	Describe the functions of food, food groups and food guide pyramid	K2	PSO3
CO 3	Identify the symptoms of deficiency disease of nutrients	K1 & K3	PSO3
CO 4	Classify micro nutrients and identify the impact on health	K2	PSO3
CO 5	Choose the appropriate cooking methods to conserve the nutrients	К3	PSO3

Mapping of COs with PSOs

CO/ PSO	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6	PSO 7	PSO 8	PSO 9	PSO 10	PSO 11	PSO 12
CO1	1	1	3	1	1	1	1	1	1	1	1	1
CO2	1	1	3	1	1	1	1	1	1	1	1	1
CO3	1	1	3	1	1	1	1	1	1	1	1	1
CO4	1	1	3	1	1	1	1	1	1	1	1	1
CO5	1	1	3	1	1	1	1	1	1	1	1	1
CO/ PSO	PSO 13	PSO 14	PSO 15	PSO 16	PSO 17	PSO 18	PSO 19	PSO 20	PSO 21	PSO 22	PSO 23	
_												
PSO	13	14	15	16	17	18	19	20	21	22	23	
PSO CO1	13	14 1	15	16 1	17	18 1	19 1	20	21 1	1	1	
CO1	13 1 1	14 1 1	15 1 1	16 1 1	17 1 1	18 1 1	19 1 1	1 1	2111	22 1 1	1 1	

Mapping of COs with POs

CO/ PSO	P01	P02	P03	P04
CO1	2	2	2	2
CO2	2	2	2	2
соз	2	2	2	2
CO4	2	2	2	2
CO5	1	1	1	1

◆Strongly Correlated - 3 ◆ Moderately Correlated - 2 Note:

♦ Weakly Correlated -1

COURSE DESIGNER: Staff Name: Mrs.C.Helen

Forwarded By

(Dr. Vasantha Esther Rani)

Marantez E Rain

I B.Sc. HOME SCIENCE WITH FOODBIOTECHNOLOGY

SEMESTER -I

For those who joined in 2021 onwards

PROGRAMME CODE	COURSE CODE	COURSE TITLE	CATEGORY	HRS/ WEEK	CREDITS
UAHS	21UG1SLN	Nutrition For Health & Fitness	Self Learning	-	2

COURSE DESCRIPTION

To integrate and apply the principles of nutrition to evaluate physical fitness and dietary pattern and their interrelationship.

COURSE OBJECTIVES

- Understand the components of health and fitness and the importance of nutrition maintaining health
- Make nutritional, dietary and physical activity recommendations to achieve fitness and wellbeing.

UNITS

UNIT -I INTRODUCTION TO NUTRITION

Nutrition – definition, nutritional status, nutrients and their function, relationship for health – Characteristics of good nutrition – balanced diet – BMI, IBW, Dietary guidelines-basicfood groups, food pyramid

UNIT -II INTRODUCTION TO PHYSICAL FITNESS

Introduction to fitness and health; Definition and Components of fitness; Classification of physical activity based on energy expenditure; Assessment of nutritional status

UNIT -III MACRO& MICRO NUTRIENTS

Carbohydrates, Protein & Lipids – Sources, Classification, functions, digestion & absorption. Vitamins– sources, Classification, Functions, & deficiency disorders of Vitamins. Brief account on Minerals.

UNIT IV: BALANCED DIET

Planning of balanced diet - Infants Nutrition - supplementary foods - Nutrition of Pre-school children, School children and Adolescence. Nutrition and food requirements of an expectant mother, Lactating women& elderly people.

UNIT -V HOLISTIC APPROACH TO FITNESS AND HEALTH

Significance of physical fitness and nutrition in the management of Obesity and Underweight.

REFERENCES:

Gupta L. C. &. Kusium Gupta (1989). Foods mid Nutrition, Facts and Figures, Jayapahothas, New Delhi,

- 1 Swaminathan M. (1988) *Advanced textbook of Food and Nutrition,* Vol. I and II, the Bangalore Printing and Publishing Co., Ltd.
- 2 Gitanjali Chatterjee, ,(1999) Handbook of Nutrition, Rajat Publications.
- 3 Srilakshmi. B.(2007). Food Science, New age International Pvt.Ltd., New Delhi.

OPEN EDUCATIONAL REFERENCES:

- 1. https://en.wikibooks.org/wiki/Fundamentals_of_Human_Nutrition
- 2. http://www.hanoverhornets.org/pe/wp-content/uploads/2017/01/nutritionnotes-2.pdf
- 3. http://pressbooks.oer.hawaii.edu/humannutrition/

COURSE CONTENTS & LECTURE SCHEDULE:

Module No.	Topic	No. of Lectures	Teaching Pedagogy	Teaching Aids
UN	IIT -1 HOLISTIC APPROA	сн то гіт	NESS AND HE	ALTH
1.1	Introduction to fitness and health	3	Chalk & Talk	Black Board.
1.2	Classification of physical activity based on energy expenditure	4	Chalk & Talk	LCD
1.3	Assessment of nutritional status-Direct Methods	4	Lecture	Black Board,PPT
1.4	Assessment of nutritional status-Indirect Method	4	Lecture	White board PPT
	UNIT -2 E	NERGY SY	STEMS	
2.1	Aerobic and anaerobic energy system	4	Lecture	Black Board Charts
2.2	Energy input and output	3	Chalk & Talk	Black Board
2.3	Shifts in Carbohydrate and Fat metabolism	4	Lecture	Black Board
2.4	Mobilization of fat stores during exercise	4	Lecture	PPT
	UNIT -3 CASE STUDIES A	ND DIET M	ODIFICATION	IS
3.1	Fuels and nutrients to support physical activity	1	PPT	LCD
3.2	Diet manipulation	2	Chalk & Talk	Black Board
3.3	Pre and Post game meals	2	Lecture	Black Board
3.4	Water and electrolyte	2	Lecture	LCD

	balance			
3.5	Losses and their replenishments during exercise and sports events	2	Lecture	PPT
3.6	Carbohydrate Loading	3	Lecture	PPT
3.7	Effect of dehydration	1	Lecture	PPT
3.8	Ergogenic aids and Sports Drinks	2	Lecture	РРТ
UNIT - 4	4 PHYSICAL FITNESS AND	HEALTH 1	INTER-RELAT	TIONSHIPS
4.1	Significance of physical fitness and nutrition in the prevention and management of weight Obesity	2	Lecture	Black Board
4.2	Significance of physical fitness and nutrition in the prevention and management of Diabetes Mellitus	2	Chalk & Talk	Green Board
4.3	Significance of physical fitness and nutrition in the prevention and management of Cardio Vascular Diseases	2	Discussion	Black Board
4.4	Significance of physical fitness and nutrition in the prevention and management of Disorders of bone health	3	Lecture	LCD
4.5	Significance of physical fitness and nutrition in the prevention and management of cancer	3	Lecture	PPT
4.6	Sports anemia, Female Athlete Triad	3	Lecture	PPT
UN	NIT-5 ALTERNATIVE SYSTE	EMS OF HEA	AL WAND FIT	NESS

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5.1	Yoga	3	Lecture	Video
5.2	Meditation	4	Chalk & Talk	PPT.
5.3	Vegetarianism	4	Discussion	Black Board
5.4	Herbal Medicines	4	Lecture	LCD

	C1	C2	С3	C4	Total Scholast ic Marks	Non Scholas tic Marks C5	CIA Total	
Levels	Sessio n -wise Averag e	Bette r of W1, W2	M1+M 2	MID - SEM TES T				% of Assessme nt
	5 Mks.	5 Mks	5+5=10 Mks.	15 Mks	35 Mks.	5 Mks.	40Mk s.	
K1	5	-	-	2 1/2	7.5	-	7.5	18.75 %
K2	-	5	4	2 1/2	11.5	-	11.5	28.75 %
К3	-	-	3	5	8	-	8	20 %
K4	-	-	3	5	8	-	8	20 %
Non Scholas tic	-	-	-	-		5	5	12.5 %
Total	5	5	10	15	35	5	40	100 %

CIA	
Scholastic	35
Non Scholastic	5
	40

- All the course outcomes are to be assessed in the various CIA components.
- The levels of CIA Assessment based on Revised Bloom's Taxonomy for I UG are:
- **K1-** Remember, **K2-**Understand, **K3-**Apply, **K4-**Analyse
 - The I UG course teachers are requested to start conducting S1, W1, M1, in due intervals of time.

EVALUATION PATTERN

5	SCHOLASTIC			NON - SCHOLASTIC		MARK	S
C1	C2	С3	C4	C5	CIA	ESE	Total
5	10	15	5	5	40	60	100

COURSE OUTCOMES

On the successful completion of the course, students will be able to:

NO.	COURSE OUTCOMES	KNOWLEDGE LEVEL (ACCORDING TO REVISED BLOOM'S TAXONOMY)	PSOs ADDRESSED	
CO 1	Recall the relationship of food and health.	K1	PSO3, PSO4	
CO 2	Describe terminologies	K1, K2,	PSO3 & PSO4	
	related to fitness.	, ,		
CO 3	Identify the different macro	K1 & K3	PSO3 & PSO4	
60.3	and micro nutrients.	KI & KS	1303 & 1304	
CO 4	Plan the balanced diet for	174 T/2 T/2 0 T/4	DCO2 0 DCO4	
CO 4	different age groups.	K1, K2, K3 & K4	PSO3 & PSO4	
	Examine the holistic		PSO3 & PSO4	
CO 5	approach to fitness and	K2 & K4	1505 & 1501	
	health.			

Mapping of COs with PSOs

CBCS Curriculum for B.Sc. Home Science with Food Biotechnology

CO/ PSO	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6	PSO 7	PSO 8	PSO 9	PSO 10	PSO 11	PSO 12
CO1			3	2								
CO2			3	2								
CO3			3	2								
CO4			3	2								
CO5			3	2								
CO/ PSO	PSO 13	PSO 14	PSO 15	PSO 16	PSO 17	PSO 18	PSO 19	PSO 20	PSO 21	PSO 22	PSO 23	
_												
PSO									21			
PSO CO1									21			
PSO CO1 CO2									21			

Mapping of COs with POs

CO/ PO	P01	PO2	P03	P04	P05
CO1	3	=	2	2	2
CO2	3		2	2	2
CO3	3		2	2	2
CO4	3		2	2	2
CO5	3		2	2	2

Note: ♦ Strongly Correlated – **3**

♦ Moderately Correlated – 2

♦ WeaklyCorrelated -1

COURSE DESIGNER:

- 1. Dr.Sr.Biji Cyriac
- 2. Mrs. D.Mouna

Forwarded By

(Dr. Vasantha Esther Rani)

Maranter E Rain

I B.Sc.Home Science with Food Biotechnology SEMESTER -II

For those who joined in 2019 onwards

PROGRAMME CODE	COURSE CODE	COURSE TITLE	CATEGORY	HRS/WEEK	CREDITS
UAHS	19N2CC4	HUMAN NUTRITION	Lecture	5	4

COURSE DESCRIPTION

The course offers the classification, metabolism, functions and deficiency disorders of macro and micronutrients.

COURSE OBJECTIVES

- To enable the students to gain knowledge of nutrients, their metabolism and functions.
- To adapt the knowledge gained to modify their daily meal pattern.
- To understand the terminologies related to antioxidants, nutrigenetics and nutrigenomics.

UNITS

UNIT -I ENERGY

(15 HRS.)

Energy - Determination of energy content of foods, physiological fuel value, gross energy value, Thermic effects of foods, basal metabolic rate, factors influencing BMR, determination of energy requirements in man – Human

Respiration Calorimeter. Self-study: Sources and requirements.

UNIT -I

(15 HRS.)

Carbohydrates - Classification, functions, digestion, absorption, metabolism. Proteins - Classification, functions, digestion and metabolism, essential amino acids, deficiency -, sources.

Lipids – Classification, functions, digestion, absorption, essential fatty acids, functions, effects of deficiency, sources.

Self-study:Protein Energy Malnutrition,Sources and Requirements of Carbohydrates, Proteins & Lipids.

UNIT -III MICRONUTRIENTS

(15 HRS.)

Minerals – their role in nutrition, functions, requirements, sources, deficiency – Calcium, phosphorous, sodium, potassium, copper, iron, iodine, fluorine, zinc.

Vitamins - their role in nutrition, functions, requirements, sources, deficiency— Fat soluble vitamins — A,D,E,K, water soluble vitamins - thiamine, niacin, riboflavin,folic acid, ascorbic acid.

Self-Study: vitamin B_6 , vitamin B_{12} .

UNIT -IV WATER AND FIBRE (12 HRS.)

Water: Functions, requirements, sources, balance, dehydration and rehydration.

Fibre: Functions, clinical role in human nutrition,

Self-Study:sources and requirements.

UNIT -V ANTIOXIDANTS AND NUTRIGENOMICS (15 HRS.)

Antioxidants – Sources and effects of free radicals, Antioxidant defense systems, Antioxidant & diseases, Sources of antioxidants.

Nutrigenomics- Basics of Nutrigenomics- Tools of Nutrigenomics- Chronic Disease and Nutritional Genomics.

REFERENCES:

TEXT BOOKS

1. B. Srilakshmi (2016). *Nutrition Science*" New Age International Publishers.

REFERENCE BOOKS:

- 1. Anita F.P. (1989). Chemical Nutrition Dietetics, Oxford University Press.
- 2. Gulthrie .A (1979). *Introductory Nutrition*, The AVI. Mospy Company.
- 3. Passmore R. Eastinood M.A. (1986). *Human Nutrition and Dietetics*, Longman Group Ltd.
- 4. Robinsion C.H., Lawler M.R. (1990). *Normal and Therapeutic Nutrition*, Oxford and IBH Publisher
- 5. Swaminathan.M (1988). *Advanced trend took on Food and Nutrition*, Vol I and Vol II, The Bangalore Printing and Publishing Co. Ltd.

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https://en.wikibooks.org/wiki/Fundamentals of Human Nutrition

http://pressbooks.oer.hawaii.edu/humannutrition/

https://www.voutube.com/watch?v=sorIaN6vRBI

http://pressbooks.oer.hawaii.edu/humannutrition2/

COURSE CONTENTS & LECTURE SCHEDULE:

Module No.	Topic	No. of Lectures	Teaching Pedagogy	Teaching Aids							
	UNIT -1 ENERGY										
1.1	Energy - Determination of energy content of foods	3	Chalk &Talk,Lecture, Demonstration	Black/white Board, Instrument							
1.2	Physiological fuel value, gross energy value, Thermic effects of foods	3	Chalk & Talk, Lecture	Black/white Board							
1.3	BMR	3	Chalk & Talk Lecture	PPT &Black/White board							
1.4	Determination of energy requirements in man – Human Respiration	3	Chalk & Talk Lecture	PPT & White board							
	Calorimeter										
UNIT -2	MACRONUTRIENTS										
2.1	Carbohydrates - Classification, functions, digestion, absorption, metabolism	4	Chalk & Talk Lecture	Black/White board							

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2.2	Proteins - Classification, functions, digestion and metabolism, essential amino acids, deficiency, sources	3	Chalk & Talk, Lecture	Black/white Board
2.3	Lipids – Classification, functions, digestion, absorption	3	Chalk & Talk, Lecture	Black/white Board
2.4	Essential fatty acids, functions, effects of deficiency, sources.	2	Chalk & Talk, Lecture	Black/white Board
	UNIT -3 MICR	ONUTRIEN	NTS	
	Calcium,			
3.1	phosphorous, sodium, potassium, copper	3	Chalk & Talk, Lecture	Black/white Board,PPT
3.1	sodium, potassium,	2		
	sodium, potassium, copper Iron, Iodine, fluorine,		Lecture Chalk & Talk,	Board,PPT Black/white

	UNIT -4	WATER	AND FIBRE	
4.1	Water: Functions, requirements, sources	3	Chalk & Talk, Lecture,Discussion	Black/white Board,PPT
4.2	Water balance, dehydration and rehydration.	3	Chalk & Talk, Lecture,Discussion	Black/white Board,PPT
4.3	Fibre:classification, Functions	3	Chalk & Talk, Lecture	Black/white Board
4.4	Clinical role in human nutrition	3	Chalk & Talk, Lecture	Black/white Board
UNI	T-5 ANTIOXIDANTS	AND NUT	RIGENOMICS	
5.1	Antioxidants – Sources and effects of free radicals, Antioxidant defense systems	3	Chalk & Talk, Lecture,Exhibits	Black/white Board, PPT, samples available in the market
5.2	Antioxidant & diseases, Sources of antioxidants	3	Chalk & Talk, Lecture,Discussion	Black/white Board,PPT
5.3	Basics of Nutrigenomics- Tools of Nutrigenomics	3	Chalk & Talk, Lecture,Discussion	Black/white Board,PPT
5.4	Chronic Diseases and Nutritional Genomics	3	Chalk & Talk, Lecture,Discussion	Black/white Board,PPT

Evels	C1	C2	С3	C4	C5	Total Scholastic Marks	Non Scholast ic Marks C6	
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	T1	T2	Quiz	Assignme nt	OBT/PPT			
	10 Mks.	10 Mks.	5 Mks.	5 Mks	5 Mks	35 Mks.	5 Mks.	40Mks.
K1	2	2	-	-	-	4	-	4
K2	2	2	5	-	-	9	-	9
К3	3	3	-	-	5	11	-	11
K4	3	3	-	5	-	11	-	11
Non Scholastic	-	-	-	-	-		5	5
Total	10	10	5	5	5	35	5	40

CIA						
Scholastic	35					
Non-Scholastic	5					
TOTAL	40					

- ✓ All the course outcomes are to be assessed in the various CIA components.
- ✓ The levels of CIA Assessment based on Revised Bloom's Taxonomy for UG are:

K1- Remember, K2-Understand, K3-Apply, K4-Analyse

EVALUATION PATTERN

SCHOLASTIC	NON -	MARKS
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CBCS Curriculum for B.Sc. Home Science with Food Biotechnology

					SCHOLASTIC			
C1	C2	С3	C4	C 5	C6	CIA	ESE	Total
10	10	5	5	5	5	40	60	100

C1 – Internal Test-1

C2 – Internal Test-2

C3 - Quiz

C4 – Assignment

C5 - OBT/PPT

C6 – Non - Scholastic

COURSE OUTCOMES

On the successful completion of the course, students will be able to:

NO.	COURSE OUTCOMES	COURSE OUTCOMES COURSE OUTCOMES COURSE OUTCOMES COURSE OUTCOMES TO REVISED BLOOM'S TAXONOMY)	
CO 1	Define the units and concepts of energy	K1	PSO3& PSO4
CO 2	Classify and explain the macro nutrients	K2	PSO3, PSO4 & PSO22
CO 3	Describe the nutrients with respect to the excess, deficiency and RDA for each micro nutrient.	K2	PSO3,PSO4 & PSO23
CO 4	Identify the non-nutrients – water and dietary fibre.	К3	PSO3& PSO4

CO 5 Examine the antioxidants, nutrigenetics and nutrigenomics	K4	PSO3, PSO4 & PSO5
CO 5 nutrigenetics and nutrigenomics	K4	& PSO5

Mapping of COs with PSOs

CO/ PSO	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6	PSO 7	PSO 8	PSO 9	PSO 10	PSO 11	PSO 12
CO1	1	1	3	2	1	1	1	1	1	1	1	1
CO2	1	1	3	2	1	1	1	1	1	1	1	1
CO3	1	1	3	2	1	1	1	1	1	1	1	1
CO4	1	1	3	2	1	1	1	1	1	1	1	1
CO5	1	1	3	2	2	1	1	1	1	1	1	1
CO/ PSO	PSO 13	PSO 14	PSO 15	PSO 16	PSO 17	PSO 18	PSO 19	PSO 20	PSO 21	PSO 22	PSO 23	
CO1	1	1	1	1	1	1	1	1	1	1	1	
CO2	1	1	1	1	1	1	1	1	1	3	1	
			_	1	1	1	1	1	1	3	1	
соз	1	1	1	1	1	1	1	1	1	1	3	
CO3	1											

Mapping of COs with POs

CO/ PSO	PO1	PO2	P03	PO4
CO1	3	1	1	3
CO2	3	1	1	3
соз	3	1	1	3

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CO4	3	1	1	3
CO5	3	1	1	3

Note: ♦Strongly Correlated - 3

♦ Moderately Correlated - 2

♦ Weakly Correlated -1

COURSE DESIGNER:

- 1.Dr.Vasantha Esther Rani
- 2.Ms.P.MagdaleneVirjini

Forwarded By

Marante E Rain

(Dr. Vasantha Esther Rani)

I B.Sc.Home Science with Food Biotechnology SEMESTER -II

For those who joined in 2019 onwards

PROGRAMME CODE	COURSE CODE	COURSE TITLE	CATEGORY	HRS/WEEK	CREDITS
UG-UAHS	19N2CC5	FOOD SCIENCE	Lecture	4	3

COURSE DESCRIPTION:

The course emphasizes on the composition of foods and the changes that occur during processing.

COURSE OBJECTIVES:

- Gain knowledge on the nutritive value of different foods and understand the classification of foods.
- Develop skills to prepare acceptable foods with regards to appearance palatability and nutritive value

UNITS

UNIT -I BASIC CONCEPTS AND RECENT TRENDS IN FOOD SCIENCE

(12 HRS.)

Concept of Food Science – definition of foods and food science; classification of foods. Food groups and their nutrient contribution – Basic 5 (ICMR). Methods of cooking – merits and demerits of moist heat methods and dry heat methods. Recent trends in food science – genetically modified foods & Nutraceuticals.functions and

Self- Study: Solar cooking and microwave cooking

UNIT -II CEREALS, PULSES, FRUITS & VEGETABLES (12 HRS.)

Structure, Nutritive value, changes during preparation

- a) Cereals structure of cereal grains, their nutritive value, milling and parboiling of cereals and its advantages, enrichment and fortification of cereals.
- b) Pulses Their nutritive value, importance of vegetarian diets. Improvement of the protein pulses, toxic constituents, values of geminated pulses.
- c) Fruits and vegetables Classification, nutritive value, pigments, importance in the diet. Conservation of nutrients during preparation and cooking.

UNIT -III MEAT, POULTRY &FISH

(12 HRS.)

Flesh foods – Meat, Poultry, Fish - Composition, nutritive value and its role in cookery

UNIT -IV EGG, MILK & MILK PRODUCTS

(12 HRS.)

- a) Eggs Structure and nutritive value Role of egg in cookery; Factors affecting coagulation and foam formation; Testing freshness in egg.
- b) Milk and milk products: Nutritive value, different types of milk and its products.

UNIT -V SPICES, CONDIMENTS, NUTS, OILSEEDS & BEVERAGES

(12 HRS.)

- a) Spices and condiments use and abuses
- b) Nuts and oilseeds –their nutritive value and importance of the diet; Toxins in nuts and oilseeds.

C)Self -study: Beverages - Classification and its role in daily diet.

REFERENCES:

TEXTBOOK:

1. Srilakshmi.B (2018). *Food Science*, New age International Pvt.Ltd, NewDelhi.

REFERENCE BOOKS:

- 1. Avantina Sharma (2010). *Food Science and Technology,* International Book Distributing Company.
- 2. Benion Marion (1980). Introductory foods, Macmillan, New York.
- 3. Fox B.A., Cameron A.G.(1982) *Food Science a Chemical Approach*Hodden and Stoughton Ltd., Great Britain.
- 4. Peckham G.C (1978) .Foundations of Food preparation Macmillan Co, New York.
- 5. Potter N.N.(2007) Food Science, The AVI Publishing Company INC, USA
- 6. ShankuntalaO.Manay (2005). *Food: Facts and Principles,* New age International Pvt.Ltd. NewDelhi.

OPEN EDUCATIONAL RESOURSES:

http//:www.nin.res.in

http//: www.cftri.res.in

http//:www.iifpt.edu.in

http//:www.afsti.org

http//:www.icfost.org

CBCS Curriculum for B.Sc. Home Science with Food Biotechnology COURSE CONTENTS & LECTURE SCHEDULE:

Module No.	Topic	No. of Lectures	Teaching Pedagogy	Teaching Aids						
UNIT -1 BASIC CONCEPTS AND RECENT TRENDS IN FOOD SCIENCE										
1.1	Concept of Food Science – definition of foods and food science; functions and classification of foods.	2	Chalk & Talk	Black Board						
1.2	Food groups and their nutrient contribution – Basic 5 (ICMR).	2	Chalk & Talk	Black Board						
1.3	Methods of cooking – merits and demerits of	4	Lecture	PPT						
	moist heat methods and dry heat methods									
1.4	Solar and microwave cooking.	2	Discussion	Videos						
1.5	Recent trends in food science – genetically modified foods & Nutraceuticals.	2	Lecture	Videos						
UNIT -2	CEREALS, PULSES, FRU	ITS & VEG	ETABLES							
2.1	Cereals – structure of cereal grains, their nutritive value	2	Chalk & Talk	Black Board						
2.2	Milling and parboiling of cereals and its advantages, enrichment and fortification of cereals	1	Lecture	PPT						

	•			
2.3	Pulses - Their nutritive value, importance of vegetarian diets. Improvement of the protein pulses	3	Chalk & Talk	Black Board
2.4	Toxic constituents, values of germinated pulses	2	Lecture	Smart Board
2.5	Fruits and vegetables - Classification, nutritive value, pigments	2	Lecture	Videos
2.6	Importance of fruits and vegetables in the diet. Conservation of nutrients during preparation and cooking	2	Demonstration	Fruits, vegetables, needed apparatus

UNIT -3	MEAT, POULTRY & F	SH		
3.1	Meat - Composition, nutritive value and its role in cookery	4	Lecture	PPT
3.2	Poultry, Fish - Composition, nutritive value and its role in cookery	4	Lecture	PPT
3.3	Fish - Composition, nutritive value and its role in cookery	4	Lecture	PPT
UNIT -4	EGG, MILK & MILK PRO	DUCTS		
4.1	Eggs - Structure and nutritive value – Role of egg in cookery	5	Chalk & Talk	Black Board
4.2	Milk and milk products: Nutritive value	4	Chalk & Talk	Black Board

				210000
4.3	Different types of milk and its products	3	Lecture	PPT
UNIT -5	SPICES, CONDIMENTS,	NUTS, OIL	SEEDS & BEVER	RAGES
5.1	Spices and condiments – use and abuses	5	Lecture	PPT
5.2	Nuts and oilseeds –their nutritive value and importance of the diet	4	Chalk & Talk	Black Board
5.3	Beverages– Classification and its role in daily diet.	3	Discussion	Videos

Levels	C1	C2	СЗ	C4	C5	Total Scholastic Marks	Non Scholast ic Marks	
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CBCS Curriculum for B.Sc. Home Science with Food Biotechnology

							C6	
	T1	T2	Quiz	Assignme nt	OBT/PPT			
	10 Mks.	10 Mks.	5 Mks.	5 Mks	5 Mks	35 Mks.	5 Mks.	40Mks.
K1	2	2	-	-	-	4	-	4
K2	2	2	5	-	-	9	-	9
К3	3	3	-	-	5	11	-	11
K4	3	3	-	5	-	11	-	11
Non Scholastic	-	-	-	-	-		5	5
Total	10	10	5	5	5	35	5	40

CIA	
Scholastic	35
Non Scholastic	5
	40

- \checkmark All the course outcomes are to be assessed in the various CIA components.
- √ The levels of CIA Assessment based on Revised Bloom's Taxonomy for UG are:

K1- Remember, K2-Understand, K3-Apply, K4-Analyse

EVALUATION PATTERN

	SC	HOLAS'	TIC		NON - SCHOLASTIC		MARKS	S
C1	C2	С3	C4	C 5	C6	CIA	CIA ESE Tota	
10	10	5	5	5	5	40	60	100

C1 - Internal Test-1

C2 – Internal Test-2

C3 - Quiz

C4 – Assignment

C5 - OBT/PPT

C6 – Non – Scholastic

COURSE OUTCOMES

On the successful completion of the course, students will be able to:

NO.	COURSE OUTCOMES	KNOWLEDGE LEVEL (ACCORDING TO REVISED BLOOM'S TAXONOMY)	PSOs ADDRESSED
CO 1	Define the basic concept and recent trends in food science and nutrition	K1	PSO3
CO 2	Classify the cooking methods	K2	PSO3

CO 3	Describe the composition of food groups	K1, K2	PSO3
CO 4	Choose the suitable cooking methods for various food groups	K1, K3	PSO3
CO 5	Identify the role of foods in Indian cookery	K1, K3	PSO3

Mapping of COs with PSOs

CO/ PSO	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6	PSO 7	PSO 8	PSO 9	PSO 10	PSO 11	PSO 12
CO1	1	1	1	1	1	1	1	1	1	1	1	1
CO2	1	1	1	1	1	1	1	1	1	1	1	1
CO3	1	1	1	1	1	1	1	1	1	1	1	1
CO4	1	1	1	1	1	1	1	1	1	1	1	1
CO5	1	1	1	1	1	1	1	1	1	1	1	1
CO/ PSO	PSO 13	PSO 14	PSO 15	PSO 16	PSO 17	PSO 18	PSO 19	PSO 20	PSO 21	PSO 22	PSO 23	
CO1	1	1	1	1	1	1	1	1	1	1	1	
CO2	1	1	1	1	1	1	1	1	1	3	1	
CO3	1	1	1	1	1	1	1	1	1	1	3	
CO4	1	1	1	1	1	1	1	1	1	1	1	
CO5	1	1	1	1	1	1	1	1	1	1	1	

Mapping of COs with POs

CO/ PSO	P01	PO2	Р03	P04

CO1	3	1	1	3
CO2	1	1	1	1
соз	3	1	1	3
CO4	1	1	1	1
CO5	1	1	1	1

Note: ♦:

- ♦Strongly Correlated 3
- ♦ Moderately Correlated 2
- ♦ Weakly Correlated -1

COURSE DESIGNER:

1. Mrs.C.Helen

Forwarded By

Marante E Rain

(Dr. Vasantha Esther Rani)

I.B.Sc.Home Science with Food Biotechnology SEMESTER -II

For those who joined in 2019 onwards

PROGRAMME CODE	COURSE CODE	COURSE TITLE	CATEGORY	HRS/WEEK	CREDITS
UG-UAHS	19N2CC6	FOOD SCIENCE AND NUTRITION LAB	Practical	3	2

COURSE DESCRIPTION

This course provides culinary knowledge and imparts practical skills in food preparations.

COURSE OBJECTIVES

- To learn basic safety and sanitation practices related to food preparation.
- To practice accurate measuring techniques of the ingredients.
- To apply appropriate food preparation techniques in preparing recipes from different food groups.
- To identify and estimate sugars, protein and minerals in food samples.

UNITS

UNIT -I EXPERIMENTAL COOKERY AND PREPARATION OF RECIPES (10 HRS.)

- Cereal cookery Gelatinization, Dextrinization, cooking methods of rice, recipe preparations.
- Pulse cookery Factors affecting cooking quality, recipe preparations.
- Vegetable cookery Effect of cooking on pigments- Chlorophyll and Carotenoids, recipe preparations
- Fruit cookery Factors affecting enzymatic browning, recipe preparations
- Milk & Egg cookery –Factors affecting cooking quality of egg, recipe preparations
- Fleshy foods cookery recipe preparations

UNIT -II OUALITATIVE ANALYSIS OF MONOSACCHARIDE (10 HRS.)

Monosaccharide - Glucose, Fructose, Galactose

UNIT -III QUALITATIVE ANALYSIS OF DISACCHARIDES (10 HRS.)

Disaccharide - Sucrose, Lactose and Maltose

UNIT -IV QUALITATIVE ANALYSIS OF NUTRIENTS (5 HRS.)

- Protein
- Minerals

UNIT -V QUANTITATIVE ANALYSIS OF NUTRIENTS (10 HRS.)

- Reducing sugar
- Vitamin C

REFERENCES:

- 1. ThangamE.Philip (1995). *Modern Cookery,* Orient Longmans Limited, New Delhi.
- 2. Benion Marion (1980). Introductory foods, Macmillan, New York.

- 3. Fox B.A., Cameron A.G. (1982) *Food Science a Chemical Approach*Hodden and Stoughton Ltd., Great Britain.
- 4. Peckham G.C (1978) .Foundations of Food preparation Macmillan Co, New York.

OPEN EDUCATIONAL RESOURSES:

http//:www.nin.res.in
 http//: www.cftri.res.in

COURSE CONTENTS & LECTURE SCHEDULE:

Module No.	Topic	No. of Lectures	Teaching Pedagogy	Teaching Aids					
UNIT -1 EXPERIMENTAL COOKERY AND PREPARATION OF RECIPES									
1.1	Cereal cookery – Gelatinization, Dextrinization, cooking methods of rice, recipe preparations	2	Experimental cooking	Required ingredients and equipment					
1.2	Pulse cookery – Factors affecting cooking quality, recipe preparations.	2	Experimental cooking	Required ingredients and equipment					
1.3	Vegetable cookery – Effect of cooking on pigments- Chlorophyll and Carotenoids, recipe preparations	2	Experimental cooking	Required ingredients and equipment					
1.4	Fruit cookery – Factors affecting enzymatic browning, recipe preparations	2	Experimental cooking	Required ingredients and equipment					
1.5	Milk & Egg cookery – Factors affecting cooking quality of egg, recipe preparations Fleshy foods cookery -	2	Experimental cooking	Required ingredients and equipment					

	recipe preparations			
UNIT -2	QUALITATIVE ANALYSI	S OF MON	OSACCHARIDE	
2.1	Glucose	4	Lecture cum demonstration	Required chemicals and glasswares
2.2	Fructose	3	Lecture cum demonstration	Required chemicals and glasswares
2.3	Galactose	3	Lecture cum demonstration	Required chemicals and glasswares
UNIT -3	QUALITATIVE ANALYSI	S OF DISA	CCHARIDES	
3.1	Sucrose	4	Lecture cum demonstration	Required chemicals and glass wares
3.2	Lactose	3	Lecture cum demonstration	Required chemicals and glass wares
3.3	Maltose	3	Lecture cum demonstration	Required chemicals and glass wares
UNIT -4	QUALITATIVE ANALYSIS	S OF NUTR	RIENTS	
4.1	Protein	3	Lecture cum demonstration	Required chemicals and glass wares
4.2	Minerals	2	Lecture cum demonstration	Required chemicals and

				glass wares					
UNIT -5 QUANTITATIVE ANALYSIS OF NUTRIENTS									
5.1	Reducing sugar	5	Lecture cum demonstration	Required chemicals and glass wares					
5.2	Vitamin C	5	Lecture cum demonstration	Required chemicals and glass wares					

EVALUATION PATTERN

SCHOLASTIC			NON - SCHOLASTIC		MARKS		
C1	C2	С3	C4	С5	CIA	ESE	Total
10	10	10	5	5	40	60	100

- C1 Internal Test 1
- C2 Internal Test 2
- **C3** Model Practical Exam
- C4 Record
- C5 Non- Scholastic

COURSE OUTCOMES

On the successful completion of the course, students will be able to:

NO.	COURSE OUTCOMES	KNOWLEDGE LEVEL (ACCORDING TO REVISED BLOOM'S TAXONOMY)	PSOs ADDRESSED
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CO 1	Recall the principles of various cooking methods.	K1	PSO3
CO 2	Classify edible and non-edible portions of food stuffs	K2	PSO3
CO 3	Plan the preparation of recipes based on different food groups	K3, K4	PSO3
CO 4	Distinguish the factors affecting the food components during cooking process	K4	PSO3
CO 5	Identify sugars, protein and minerals present in food samples	K1, K3	PSO3
C06	Explain the quantitative analysis of reducing sugar and ascorbic acid	K2, K3	PSO3

Mapping of COs with PSOs

CO/ PSO	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6	PSO 7	PSO 8	PSO 9	PSO 10	PSO 11	PSO 12
CO1	1	1	1	1	1	1	1	1	1	1	1	1
CO2	1	1	1	1	1	1	1	1	1	1	1	1
CO3	1	1	1	1	1	1	1	1	1	1	1	1
CO4	1	1	1	1	1	1	1	1	1	1	1	1
CO5	1	1	1	1	1	1	1	1	1	1	1	1
CO/ PSO	PSO	PSO	PSO	PSO	PSO	PSO	PSO	PSO	PSO	PSO	PSO	
	13	14	15	16	17	18	19	20	21	22	23	
CO1	13	14 1	15	16				20		22 1		
					17	18	19		21		23	
CO1	1	1	1	1	17	18 1	19 1	1	21 1	1	23	
CO2	1 1'	1	1	1	17 1 1	18 1 1	19 1 1	1	21 1 1	1 3	23 1 1	

Mapping of COs with POs

CO/ PSO	P01	P02	P03	P04
CO1	3	1	1	3
CO2	1	1	1	1
соз	3	1	1	3
CO4	1	1	1	1
CO5	1	1	1	1

Note: ♦Strongly Correlated - 3

♦ Moderately Correlated - 2

♦ Weakly Correlated -1

COURSE DESIGNER:

1. Mrs.C.Helen

Forwarded By

(Dr. Vasantha Esther Rani)

SELF LEARNING INTERDISCIPLINARY COURSE SEMESTER -II

(For those who joined in 2021 onwards)

PROGRAMME CODE	COURSE CODE	COURSE TITLE	CATEGORY	CREDITS
UAHS	21UG2SLS	BASICS OF PSYCHOLOGY	SELF LEARNING	2

COURSE DESCRIPTION

introduce students to the basic concepts of the field of psychology with an emphasis on applications of psychology in everyday life.

COURSE OBJECTIVES

To impart knowledge among learners to analyse their own self and equip them with sense ofadjustment.

To help the learners to understand the importance of Socialization

UNITS

UNIT -I INTRODUCTION TO PSYCHOLOGY

(HRS.)

Psychology – Meaning – Definition – Branches of Psychology: Developmental Psychology – Social Psychology - Abnormal Psychology - Behavioural Psychology – Clinical Psychology – Forensic Psychology – Social Psychology.

UNIT -II METHODS OF PSYCHOLOGY

(HRS.)

Observational Method – Experimental Method – Clinical Case Study Method – Interview Method.

(HRS.)

Definition – Effect of Heredity and Environment on Intelligence – Assessment of Intelligence Individual Verbal Tests – Individual Non-Verbal Tests – Individual Performance Tests –

Group Verbal Tests - Group Non- Verbal Tests - Concept of Mental Age and IQ.

UNIT -IV ESSESNTIALS OF LEARNING

(HRS.)

Meaning and Nature - Types of Learning - Verbal Learning - Motor Learning -

Concept Learning - Problem Solving Learning - Concept of Classical Conditioning -

Operant Conditioning – Insightful Learning and Observational Learning.

UNIT -V MOTIVATIONAL ASPECTS OF BEHAVIOUR (HRS.)

Motivation – Meaning – Needs – Meaning and Types – Drives – Incentives- Motives: Hunger Motive Thirst Motive – Sex Motive – Maternal Motive – Aggressive Motive and Achievement Motive- Homeostasis.

REFERENCES:

- 1. Mangal S K (2008)16th Reprint General Psychology, Sterling Publishers Pvt Ltd, New Delhi India.
- 2. Morgon T Clifford, King A Richard et all (2005) 28th Reprint, Introduction to Psychology,
- 3. Tata McGraw Hill Publishing Company Ltd, New Delhi.
- 4. Berk, L. E. (1994) (3rd edition). Child Development. New York: Allan Bacon.

Digital Open Educational Resources (DOER):

https://www.simplypsychology.org/developmental-psychology.html#:~:text=Developmental%20psychology%20is%20a%20scientific%20approach%20which%20aims,feeling,%20and%20behavior%20change%20throughout%20a%20person%E2%80%99s%20life

EVALUATION PATTERN

SCHOLASTIC			NON - SCHOLASTIC		MARKS		
C1	C2	С3	C4	С5	CIA	ESE	Total
10	10	10	5	5	40	60	100

COURSE OUTCOMES

On the successful completion of the course, students will be able to:

Mapping of COs with PSOs

CO / PS O	PSO1	PSO2	PSO3	PSO4	PSO5	PSO6	PSO7	PSO8	PSO9	PSO1 0	PSO1 1
CO 1	1	1	1	1	1	1	1	1	1	1	2
CO 2	1	1	1	1	1	1	1	1	1	1	2
CO 3	1	1	1	1	1	1	1	1	1	1	1
CO 4	1	1	1	1	1	1	1	1	1	1	1
CO 5	1	1	1	1	1	1	1	1	1	1	1
CO / PS O	PSO1 3	PSO1 4	PSO1 5	PSO1 6	PSO1 7	PSO1 8	PSO1 9	PSO2 0	PSO2 1	PSO2 2	PS02 3
CO 1	1	1	1	1	1	1	1	1	1	1	1
CO 2	1	1	1	1	1	1	1	1	1	2	1
CO 3	1	1	1	1	1	1	1	1	1	1	2
CO 4	1	1	1	1	1	1	1	1	1	1	1
CO 5	1	1	1	1	1	1	1	1	1	1	1

Mapping of COs with Pos

CBCS Curriculum for B.Sc. Home Science with Food Biotechnology

CO/ PSO	P01	PO2	P03	P04
CO1	3	1	1	1
CO2	1	1	1	1
CO3	1	1	2	1
CO4	1	1	1	3
CO5	1	1	1	1

Note: Strongly Correlated - 3 Weakly Correlated -1 "Moderately Correlated - 2

COURSE DESIGNER:

1. Staff Name -Dr. S. Santhi

2. Staff Name -Dr. P. Jesintha Josephine Julie

Forwarded By

(Dr. Vasantha Esther Rani)

II B.Sc. HOMESCIENCE WITH FOOD BIOTECHNOLOGY

SEMESTER-IIIFor those who joined in 2019 onwards

PR	OGRAMME CODE	COURSE CODE	COURSE TITLE	CATEGORY	HRS/WE EK	CREDIT S
	UAHS	19N3CC7	EXTENSION EDUCATION AND COMMUNICATION	Lecture	5	4

COURSE DESCRIPTION

This course creates awareness on the principles of extension education and extension teaching methods

COURSE OBJECTIVES

- To understand the concept of community development and panchayat raj.
- To create awareness on women welfare scheme
- To impart knowledge on communication methods
- To develop skill in preparing audio-visual aids
- To understand different extension teaching methods.

UNITS

UNIT – I	EXTENSION EDUCATION	[15 HRS]						
Meaning, objectives and Principles of Extension and definition of Home								
	science extension, Allied concepts Formal, Nonformal, Qualities, Role and Functions of Extension Workers							
History of CDI	History of CDP in India, Panchayat Raj – Three tier system, Program Planning.							
UNIT – II	WOMEN WELFARE PROGRAMMES	[15 HRS]						
	WOMEN WELFARE PROGRAMMES GNREGS, PMRY & National livelihood programme,							
RMK, IMY, M Rural liveliho	GNREGS, PMRY & National livelihood programme, ood mission, National Social Assistance Scheme	, National						
RMK, IMY, M Rural liveliho	GNREGS, PMRY & National livelihood programme,	, National						

CommunicationDefinition, Meaning, Objectives & Principles

Self Study-Elements of communication, barriers to communication

UNIT – IV	EXTENSION TEACHING METHODS	[15 HRS]
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Meaning and teaching, Classification of extension teaching methods

- i.Individual methods: Farm & home visit, farmer's call & personal letters.
- ii.Group methods: Result demonstration, method demonstration, group meetings, study tour.
- iii. Mass methods: Publications Leaflet, Pamphlet, Folder, mass meetings, exhibition, campaign, newspaper, Radio and T.V.

UNIT - V AUDIO-VISUAL AIDS [15 HRS]

Definition, Classification, criteria for selection and evaluation of audiovisual aids & Cone of Experience.

Audio Aids: E-Communication methods, Public address system, Radio **Visual Aids:**

- i Projected: Slides, filmstrip, opaque projection, overhead projection.
- ii. Non projected: Chalkboard, Bulletin board, flannel graph, flash card, poster diagram, map, chart, graph, specimen and models.

Audio visual aids: Television, Motion pictures, Drama, Puppet show **REFERENCES**

TEXTBOOK:

1. Adivi Reddy.(1973) *Extension Education*, Lakshmi Pub, Andrapradesh.

REFERENCE BOOKS:

- 1. Dhaina&BatnagarO.P.(1980) *Education and communication for Development*, Oxford Pub., New Delhi.
- 2. Roy, G.L. (1994). *Extension Communication and Management*, New Delhi,

OPEN EDUCATIONAL RESOURCES:

- 1. https://www.economicsdiscussion.net/india/community-development-cd-programme/21647
- 2. https://www.worldcat.org/title/extension-education-communication/oclc/808776384
- 3. http://eagri.org/eagri50/AEXT392/lec03.html
- 4. https://www.slideshare.net/MOHDAALENAVI/extension-teaching-84053118
- 5. http://studylecturenotes.com/audio-visual-aids-in-education-definition-types-objectives/
- 6. http://lms.tanuvas.ac.in/mod/resource/view.php?id=39787
- 7. https://lidtfoundations.pressbooks.com/chapter/edgar-dale-and-the-cone-of-experience/
- 8. https://www.queensu.ca/teachingandlearning/modules/active/documents/Dales Cone of Experience summary.pdf
- 9. https://en.wikipedia.org/wiki/Welfare schemes for women in India
- 10. https://wcd.nic.in/sites/default/files/24-05010215wcdmedia.pdf

COURSE CONTENTS & LECTURE SCHEDULE:

Module No.	Topic	No. of Lectures	Teaching Pedagogy	Teaching Aids					
UNIT 1 –Extension Education									
1.1	Meaning, objectivesand Principles of Extension and definition of Home science extension	4	Chalk & Talk	Black Board					
1.2	Allied concepts Formal, Nonformal	2	Chalk & Talk	LCD					
1.3	Qualities, Role and Functions of Extension Workers	4	Lecture	PPT & White board					
1.4	History of CDP in India	5	Lecture	Smart Board					
1.5	Panchayat Raj – Three tier system & Program Planning	5	Lecture	Black Board					
	UNIT -2 WOMEN	WELFARE	PROGRAMM	IES					
2.1	Introduction	2	Lecture	LCD					
2.2	RMK, IMY	4	Chalk & Talk	LCD					
2.3	MGNREGS, PMRY	4	Lecture	PPT & White board					

	CDC5 Curriculum	101 D.SC. 110	THE SCIENCE WITH	Food Bioteciliology						
2.4	National livelihood programme, National Rural livelihood mission	3	Discussion	PPT						
2.5	National Social Assistance Scheme	2	Lecture	Black board						
	UNIT -3 COMMUNICATION									
3.1	Communication Definition, Meaning	2	Lecture	Black board						
3.2	Objectives & Principles	2	Lecture	LCD						
3.3	Elements of communication	3	Chalk & Talk	LCD						
3.4	Models of Communication	4	Lecture	PPT & White board						
3.5	Barriers to communication	4	Discussion	PPT & White board						
	UNIT -4 EXTENSION	ON TEACH	ING METHO	DS						
4.1	Extension Teaching methods -Teaching, Meaning and Definition.	1	Lecture	LCD						
4.2	Classification of Teaching methods	1	Chalk & Talk	LCD						
4.3	Individual methods: Farm & home visit, farmer's call & personal letters	3	Lecture	PPT & White board						

4.4	Group methods: Result demonstration, method demonstration, group meetings, study tour.	5	Lecture	PPT & White board
4.5	Mass methods: Publications – Leaflet, Pamphlet, Folder and mass meetings.	5	Chalk & Talk	LCD
4.6	Mass methods: Exhibition, campaign, newspaper, Radio and T.V.	5	Discussion	РРТ
	UNIT -5 AU	JDIO- VISU	AL AIDS	
5.1	AUDIO VISUAL AIDS - Definition, Classification	1	Lecture	LCD
5.2	Criteria for selection and evaluation of audiovisual aids & Cone of Experience.	3	Chalk & Talk	LCD
5.3	Audio Aids: E- Communication methods, Public address system, Radio	3	Lecture	PPT & White board
5.4	Visual Aids: Projected: Slides, filmstrip, opaque projection, overhead projection.	3	Lecture	PPT & White board
5.5	Visual Aids: Non - projected: Chalkboard, Bulletin board, flannel graph, flash card, poster diagram, map, chart, graph, specimen and models.	5	Chalk & Talk	LCD

CBCS Curriculum for B.Sc. Home Science with Food Biotechnology

5.6	Audio visual aids: Television, Motion pictures, Drama, Puppet show	5	Discussion	PPT
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	C1	C2	C3	C4	C5	Total Scholastic Marks	Non Scholast ic Marks C6	CIA Total
Levels	T1	Т2	Quiz	Assignme nt	ОВТ/РРТ			
	10 Mks.	10 Mks.	5 Mks.	5 Mks	5 Mks	35 Mks.	5 Mks.	40Mks.
K1	2	2	-	-	-	4	-	4
K2	2	2	5	-	-	9	-	9
К3	3	3	-	-	5	11	-	11
K4	3	3	-	5	-	11	-	11
Non Scholastic	-	-	1	-	-		5	5
Total	10	10	5	5	5	35	5	40

CIA					
Scholastic	35				
Non Scholastic	5				
	40				

✓ All the course outcomes are to be assessed in the various CIA

components.

√ The levels of CIA Assessment based on Revised Bloom's Taxonomy for UG are:

K1- Remember, K2-Understand, K3-Apply, K4-Analyse

EVALUATION PATTERN

SCHOLASTIC					NON - SCHOLASTI C		MARKS	5
C1	C2	С3	C4	C 5	C6	CIA	ESE	Total
10	10	5	5	5	5	40	60	100

C1 – Internal Test-1

C2 – Internal Test-2

C3 - Quiz

C4 – Assignment

C5 - OBT/PPT

C6 - Non - Scholastic

COURSE OUTCOMES

On the successful completion of the course, students will be able to:

NO.	COURSE OUTCOMES	KNOWLEDGE LEVEL (ACCORDING TO REVISED BLOOM'S TAXONOMY)	PSOs ADDRESSED
CO 1	Define the concepts of Home Science Extension Education.	K1	PSO22

CO 2	Describe the various welfare- programmes for women	K2, K3	PSO22
CO 3	Explain the principles and modelsof communication	K1,K2	PSO22
CO 4	Classify the extension teaching methods.	K2, K4	PSO22
CO 5	Construct audio –visual aids.	K3, K4	PSO22

Mapping of COs with PSOs

CO/ PSO	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6	PSO 7	PSO 8	PSO 9	PSO 10	PSO 11	PSO 12
CO1	1	1	1	1	1	1	1	1	1	1	1	1
CO2	1	1	1	1	1	1	1	1	1	1	1	1
CO3	1	1	1	1	1	1	1	1	1	1	1	1
CO4	1	1	1	1	1	1	1	1	1	1	1	1
CO5	1	1	1	1	1	1	1	1	1	1	1	1
CO/ PSO	PSO 13	PSO 14	PSO 15	PSO 16	PSO 17	PSO 18	PSO 19	PSO 20	PSO 21	PSO 22	PSO 23	
CO1	1	1	1	1	1	1	1	1	1	3	1	
CO2	1	1	1	1	1	1	1	1	1	3	1	
CO3	1	1	1	1	1	1	1	1	1	3	1	
CO4	1	1	1	1	1	1	1	1	1	3	1	
CO5	1	1	1	1	1	1	1	1	1	3	1	

Mapping of COs with POs

CBCS Curriculum for B.Sc. Home Science with Food Biotechnology

CO/ PSO	P01	PO2	P03	P04
CO1	3	1	1	1
CO2	1	1	1	1
CO3	1	1	1	1
CO4	1	1	1	3
CO5	1	1	1	3

Note:

◆Strongly Correlated - 3 ◆ Moderately Correlated

COURSE DESIGNER:

Dr. C. Priyalatha

Forwarded By

Marante E Rain

(Dr. Vasantha Esther Rani)

II B.Sc. – HOME SCIENCE WITH FOOD BIOTECHNOLOGY SEMESTER –III

For those who joined in 2019 onwards

PROGRAMME CODE	COURSE CODE	COURSE TITLE	CATEGORY	HRS/WEEK	CREDITS
UAHS	19N3CC8	FIBRE TO FABRIC	Lecture	4	3

COURSE DESCRIPTION

This course enlightens the students on the various steps in the conversion of fibre into fabric. It also deals with the dyeing and printing techniques.

COURSE OBJECTIVES

- The course will make the students
- To gain knowledge on the various textile fibres, their manufacture, spinning and weaving operations.
- To understand the basic and functional finishes applied on fabrics and the qualities imparted.
- To develop skill to choose appropriate dyes and printing technique for a given fabric.

UNITS

UNIT -I CLASSIFICATION AND MANUFACTURING PROCESS OF TEXTILE

FIBRES (15HRS.) Classification of textile fibres

blends and mixtures. Manufacturing process of:

- 1. Natural fibres Cotton, Linen, Wool Silk and Asbestos
- 2. Man-madefibres Rayon, Nylon, Polyester, Acrylic and Glass

Self-Study: Minor fibres - Jute, Hemp, Kapok, Coir.

UNIT -II FIBRE IDENTIFICATION, PROPERTIES AND SPINNING

(10 HRS.)

- 1. Identification of textile fibres
- 2. Physical properties of fibres

- 3. Yarn making Spinning
- 4. Types of yarn simple, complex and novelty.

Self-Study: Mechanical and Chemical spinning

UNIT -III FABRIC MANUFACTURING TECHNIQUES (15 HRS.)

- 1. Weaving basic plain, twill, satin; Fancy weaves Pile, Dobby and Jacquard.
- 2. Non-woven Knitting, felting, and bonding

UNIT -IV FABRIC FINISHING

(10 HRS.)

- 1. Basic singeing, scouring, bleaching, mercerizing, sizing, calendering, tentering.
- 2. Functional water proofing, water repellency, fire proofing, moth proofing, sanforising, crease recovery.

UNIT -V DYEING AND PRINTING

(10 HRS.)

- 1. Classification of dyes, application to different fibres, stages of dyeing.
- 2. Printing: Hand: Resist, stencil, screen and block.
- 3. Machine: Rotary Screen Printing, Roller Printing

REFERENCES:

TEXTBOOK:

1.Dantyagi, S. (1996). Fundamentals of textiles and their care. Orient Longman Limited, New Delhi.

REFERENCE BOOKS:

- 1. Gordon Cook, J. (2001). Handbook of Textile Fibres. Woodhead PublishingLtd, England.
- 2. Howard L.Needles. (2001). Textile Fibres, Dyes, Finishes and

CBCS Curriculum for B.Sc. Home Science with Food Biotechnology Processes. Standard Publishers Distributors, Delhi.

- 3. Lord, P.R. & Mohamed, M.H. (2001) Weaving: Conversion of yarn to Fabric. Woodhead Publishing Ltd, England.
- 4. Rattan, J.B. (2001). Modern Textile Technology. Abhishek Publications, Chandigarh.
- 5. Sara J Kadolph. (2009). The Textiles. Dorling Kindersley India Pvt., Ltd.
- 6. Vidyasagar, P. V. (1998). Handbook of Textiles. Mittal Publications.
- 7. Murphy, W.S. (2003). Handbook of Weaving. Abhishek Publications, Chandigarh.

OPEN EDUCATIONAL RESOURCES:

https://en.wikipedia.org/wiki/Textile

https://www.amazon.in/Spinning-Tillie-Walden-ebook/dp/B074ZGMTY2

https://www.textileebook.com/2019/04/principles-of-textile-finishing-asim-kumar-roy-choudhury.html

https://textilestudycenter.com/library/

COURSE CONTENTS & LECTURE SCHEDULE:

Module No.	Topic	No. of Lectures	Teaching Pedagogy	Teaching Aids
UNI	T -1 CLASSIFICATION AND M. TEXTILE F		RING PROCE	ESS OF
1.1	Classification of textile fibres, Blends and mixtures	2	Chalk & Talk	Black Board
1.2	Cotton, Linen	4	Chalk & Talk	Black Board
1.3	Wool, Silk	4	Lecture	PPT
1.4	Asbestos, Glass	1	Chalk & Talk	Black Board

	CBCS Curriculum for B.Sc	. Home science	c with 1 ood blo	teemology
1.5	Rayon, Nylon	2	Chalk & Talk	Black Board
1.6	Polyester, Acrylic	2	Chalk & Talk	Black Board
UNI				
2.1	Identification of textile fibres	3	Lecture	PPT
2.2	Physical properties of fibres	3	Chalk & Talk	Black Board
2.3	Yarn making – Spinning	2	Chalk & Talk	Black Board
2.4	Types of yarn – Simple, complex and novelty	2	Chalk & Talk	Black Board
	UNIT – 3 FABRIC MANUFA	CTURING T	ECHNIQUES	
3.1	Weaving – Definition, parts and functions of a loom	1	Chalk & Talk	Black Board
3.2	Basic weaves: Plain, Twill, Satin	4	Chalk & Talk	Black Board
3.3	Pile and Dobby weave	2	Chalk &Talk	Black Board
3.4	Jacquard weave	2	Chalk & Talk	Black Board
3.5	Knitting	2	Chalk & Talk	Black Board

CBCS Curriculum for B.Sc. Home Science with Food Biotechnology										
3.6	Felt	ing, B	ondi	ng		4		lk & alk	Black Board	
	UNIT – 4 FABRIC FINISHING									
4.1	Sing	geing,	Scou	ring		1		ılk & alk	Black Board	
4.2	Ble: Sizii		g, Me	rcerising,		2		ılk & alk	Black Board	
4.3	Cale	nder	ing, T	entering		2	Cha	lk &	Black	
							Та	alk	Board	
4.4	repe	-	_	g, water proofing,	moth	3		lk & alk	Black Board	
4.5	Sanf	forisir	ıg, cro	ease recov	ery	2		ılk & alk	Black Board	
	•		UN	NIT - 5 DY	EING A	AND PRIN	ITING			
5.1	Clas	sifica	tion (of dyes		2		lk & alk	Black Board	
5.2	_ ^ ^			dyes to dif of dyeing	fferent	2		lk & alk	Black Board	
5.3		d pri	_	: Resist, St	tencil,	3	Lec	ture	PPT	
5.4	Rol	ler, R	otary	screen		3	Lec	ture	PPT	
	C1	C2	C3	C4	C5	Total Scholasti c Marks	Non Scholasti c Marks C6	CIA Total		

Levels	T1 10 Mks	T2 10 Mks	Qui z 5 Mks	Assignme nt 5 Mks	OBT/PP T 5 Mks	35 Mks.	5 Mks.	40Mks	% of Assessme nt
K1	2	2	ı	1	1	4	-	4	10 %
K2	2	2	5	-	1	9	-	9	22.5 %
К3	3	3	-	-	5	11	-	11	27.5 %
K4	3	3	-	5	-	11	-	11	27.5 %
Non Scholast ic	-	-	-	-	-		5	5	12.5 %
Total	10	10	5	5	5	35	5	40	100 %

CIA						
Scholastic	35					
Non Scholastic	5					
	40					

\checkmark All the course outcomes are to be assessed in the various CIA components.

√ The levels of CIA Assessment based on Revised Bloom's Taxonomy for UG are:

K1- Remember, K2-Understand, K3-Apply, K4-Analyse

EVALUATION PATTERN

	SC	HOLAS	TIC		NON - SCHOLASTI C		MARKS	3
C1	C2	С3	C4	C 5	C6	CIA	CIA ESE Total	
10 10 5 5 5					5	40	60	100

C1 - Internal Test-1

C2 – Internal Test-2

C3 - Quiz

C4 – Assignment

C5 - OBT/PPT

C6 – Non - Scholastic

COURSE OUTCOMES

On the successful completion of the course, students will be able to:

NO.	COURSE OUTCOMES	KNOWLEDGE LEVEL (ACCORDING TO REVISED BLOOM'S TAXONOMY)	PSOs ADDRESSED
CO 1	Classify the textile fibres and describe the manufacturing process of natural, manmade and minor textile fibres.	K2	PSO8
CO 2	Identify the fibre content of the fabric.	K1, K3	PSO8
CO 3	Illustrate and give examples of yarns and weaves.	K2, K4	PSO8

			U.
CO 4	Choose the basic and functional finishes based on the end use of the material.	K1, K3	PSO8
CO 5	Restate in own words the pros and cons of natural and synthetic dyes.	K1	PSO8
CO 6	Describe the hand and machine printing techniques.	K1	PSO8

Mapping of COs with PSOs

CO/ PSO	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6	PSO 7	PSO 8	PSO 9	PSO	PSO	PSO
										10	11	12
CO1	1	1	1	1	1	1	1	3	1	1	1	1
CO2	1	1	1	1	1	1	1	3	1	1	1	1
CO3	1	1	1	1	1	1	1	3	1	1	1	1
CO4	1	1	1	1	1	1	1	3	1	1	1	1
CO5	1	1	1	1	1	1	1	3	1	1	1	1
CO/ PSO	PSO 13	PSO 14	PSO 15	PSO 16	PSO 17	PSO 18	PSO 19	PSO 20	PSO 21	PSO 22	PSO 23	
CO1	1	1	1	1	1	1	1	1	1	1	1	
CO2	1	1	1	1	1	1	1	1	1	1	1	
CO3	1	1	1	1	1	1	1	1	1	1	1	
CO4	1	1	1	1	1	1	1	1	1	1	1	
CO5	1	1	1	1	1	1	1	1	1	1	1	

Mapping of COs with POs

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CO/ PSO	PO1	PO2	PO3	P04
CO1	1	1	2	1
CO2	1	1	2	1
CO3	1	1	2	1
CO4	1	2	2	2
CO5	1	2	2	2

Note: ♦ Strongly Correlated - 3 ♦ Moderately Correlated - 2 ♦

Weakly Correlated -1

COURSE DESIGNER: Dr.R.Latha

Forwarded by

Maranta E Rain

(Dr. Vasantha Esther Rani)

II B.Sc. HOME SCIENCE WITH FOOD BIOTECHNOLOGY SEMESTER -III

For those who joined in 2019 onwards

PROGRAMME CODE	COURSE CODE	COURSE TITLE	CATEGORY	HRS/WEEK	CREDITS
UAHS	19N3CC9	BASICS OF CLOTHING CONSTRUCTION LAB	Practical	3	2

COURSE DESCRIPTION

This practical paper aims at imparting skill in the basics of stitching a garment.

COURSE OBJECTIVES

- To familiarize students with the parts and functions of the sewingmachine.
- To impart skill in constructing seams, darts, tucks, pleats and gathers.
- To make the students apply appropriate edge finishes to garments.
- To develop skill in attaching pockets and yokes to dresses.

UNITS

UNIT -I (5 HRS.)

Parts and functions of the sewing machine, use and care.

UNIT -II (10 HRS.)

Seams and seam finishes: plain seam, flat fell seam, French seam, single top stitching, double top stitching.

UNIT -III (10 HRS.)

Fullness: Darts, tucks, pleats, gathers and shirrs.

UNIT -IV (10 HRS.)

Edge finishing: Bias binding, facing and hems.

UNIT -V (10HRS.)

Pockets and yokes.

COURSE CONTENTS & LECTURE SCHEDULE:

Module No.	Topic	No. of Lectures	Teaching Pedagogy	Teaching Aids					
	UNIT -1								
1.1	Parts and functions of the sewing machine	3	Chalk & Talk	Black Board					
1.2	Use and care of sewing machine	2	Demonstration	Sewing machine					
	UNIT – 2								
2.1	Seams: plain, flat fell, French	5	Demonstration	Sewing machine					
2.2	Seam Finishes: Single top stitching, double top stitching	5	Demonstration	Sewing machine					
	U	NIT – 3							
3.1	Fullness: Darts, Tucks, Pleats	5	Demonstration	Sewing machine					
3.2	Gathers and Shirrs	5	Demonstration	Sewing machine					

CBCS Curriculum for B.Sc. Home Science with Food Biotechnology

	UNIT - 4						
4.1	Edge finishing: Bias binding, facing	5	Demonstration	Sewing machine			
2.2	Types of hems	5	Demonstration	Sewing machine			
	UI	NIT - 5					
5.1	Pockets	5	Demonstration	Sewing machine			
5.2	Yokes	5	Demonstration	Sewing machine			

EVALUATION PATTERN

	SCHOLASTIC			NON - SCHOLASTIC		MARKS	
C1	C2	С3	C4	С5	CIA	ESE	Total
10	10	10	5	5	40	60	100

C1 - Internal Test - 1

C2 - Internal Test - 2

C3 - Model Practical Exam

C4- Record

C5 -Non-Scholastic

COURSE OUTCOMES

On the successful completion of the course, students will be able to:

CBCS Curriculum for B.Sc. Home Science with Food Biotechnology

NO.	COURSE OUTCOMES	KNOWLEDGE LEVEL (ACCORDING TO REVISED BLOOM'S TAXONOMY)	PSOs ADDRESSED
CO 1	Identify the parts and functions of the sewing machine.	K1, K3	PSO9
CO 2	Construct various seams and seam finishes.	К3	PSO9
CO 3	Build samples for introducing fullness in a garment.	К3	PSO9
CO 4	Choose and apply appropriate edge finishes like binding, facing and hems.	K1, K3	PSO9
CO 5	Illustrate and develop pockets and yokes	K2, K4	PSO9

Mapping of COs with PSOs

CO/ PSO	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6	PSO 7	PSO 8	PSO 9	PSO 10	PSO 11	PSO 12
CO1	1	1	1	1	1	1	1	1	3	1	1	1
CO2	1	1	1	1	1	1	1	1	3	1	1	1
соз	1	1	1	1	1	1	1	1	3	1	1	1
CO4	1	1	1	1	1	1	1	1	3	1	1	1
CO5	1	1	1	1	1	1	1	1	3	1	1	1
CO/ PSO	PSO 13	PSO 14	PSO 15	PSO 16	PSO 17	PSO 18	PSO 19	PSO 20	PSO 21	PSO 22	PSO 23	
CO1	1	1	1	1	1	1	1	1	1	1	1	

CO2	1	1	1	1	1	1	1	1	1	1	1	
CO3	1	1	1	1	1	1	1	1	1	1	1	
CO4	1	1	1	1	1	1	1	1	1	1	1	
CO5	1	1	1	1	1	1	1	1	1	1	1	

Mapping of COs with POs

CO/ PSO	P01	P02	Р03	P04
CO1	1	1	1	2
CO2	1	1	1	2
соз	1	1	1	2
CO4	1	1	1	2
CO5	1	1	1	2

Note: ♦Strongly Correlated - 3

♦ Moderately Correlated - 2

♦ Weakly Correlated -1

COURSE DESIGNERS:

- 1. Dr.R.Latha
- 2. Ms.J.JosephineJesintha

Forwarded By

Marante E Rain

(Dr. Vasantha Esther Rani)

II B.Sc. HOME SCIENCE WITH FOOD BIOTECHNOLOGY SEMESTER -III

For those who joined in 2019 onwards

PROGRAMME CODE	COURSE CODE	COURSE TITLE	CATEGORY	HRS/WEEK	CREDITS
UAHS	19N3AC1	CATERING AND HOTEL MANAGEMENT	Lecture	3	3

COURSE DESCRIPTION

This course describes the role of front office and housekeeping in Hotel Management

COURSE OBJECTIVES

- Learn the functions of the front office and Housekeeping
- Understand their importance in increasing the revenue of hotels

UNITS

UNIT -I INTRODUCTION TO HOTEL INDUSTRY

(9 Hrs.)

Hotel – Definition, Evolution of Hotel industry, Types of hotels, Organization chart of a hotel – small and large, Types of catering establishment, Star classification and its features.

UNIT -II FRONT OFFICE MANAGEMENT

(9 Hrs.)

Front office- Definition, Importance of front office, Front office organization layout, sections of front office. Duties and responsibilities of front office staff, Types of room, Types of plans, Types of room rates.

UNIT-III HOTEL RESERVATION AND RECEPTION

(9Hrs.)

Reservation – Definition, Types of reservation, Reservation- procedure, Sources of reservation, Modes of reservation.

Reception - Duties and responsibilities of lobby manager, Guest luggage handling procedure, C- form.

Front office accounting – Definition, Types of account, Types of posting in a guest account, Safeguard of hotel credit facility, Foreign currency exchange

UNIT -IV HOUSEKEEPING MANAGEMENT

(9 Hrs.)

Housekeeping department- Definition, Importance, Organization chart, Duties and responsibilities of housekeeping staff, Interdepartmental relationship of front office and housekeeping.

Bed making- Procedure of bed making.

Room report- Preparation of room report, Check lists.

Linen- Classification of linen, Modes of obtaining linen.

Furnishings- Soft furnishings, Floor furnishings-Carpets and Wallcovering.

UNIT -V CLEANING AND LAUNDRY MANAGEMENT (9 Hrs.)

Laundry procedures, laundryequipment, Stain removal. Cleaning– Methods, Cleaning agents Classification, Selection of cleaning equipment,

Self-study: Uniform- Selection, Code, and maintenance of staff uniform.

REFERENCES:

TEXTBOOK:

1. Andrews.S.(1995). *Hotel Front Office Training Manual*, Tata McGraw Hill, New Delhi.

REFERENCE BOOKS:

- 1. Allen D.M. (1992). Accommodation and cleaning service, Vol II Management
- 2. Andrews.S.(1982). *Housekeeping Training Manual*, Tata McGraw Hill, New Delhi.
- 3. Negi Jagmohan (2007). *Managing Hotel and Restaurants*, Authors Press

OPEN EDUCATIONAL REFERENCES:

- 1. https://ncert.nic.in/textbook/pdf/lehe104.pdf
- 2. https://drive.google.com/file/d/1mrFlogclLZqR1VLDsqI4ikqvTI2sOB
 8n/view
- 3. https://www.ihmnotessite.net/front-office
- 4. https://www.ihmnotessite.net/accomodation

CBCS Curriculum for B.Sc. Home Science with Food Biotechnology COURSE CONTENTS & LECTURE SCHEDULE:

Module No.	Topic	No. of Lectures	Teaching Pedagogy	Teaching Aids		
	UNIT -1 INTRODUCTION TO HOTEL INDUSTR					
1.1	Hotel – Definition, Evolution of Hotel industry, Types of hotels.	3	Lecture	PPT		
1.2	Organization chart of a hotel – small and large.	2	Chalk & Talk	Black Board		
1.3	Types of catering establishment.	2	Chalk & Talk	Black Board		
1.4	Star classification and its features.	2	Chalk & Talk	Black Board		

2.1	Front office- Definition, Importance of front office, Front office organization layout.	3	Chalk & Talk	Black Board		
2.2	Sections of front office. Duties and responsibilities of front office staff.	3	Lecture	PPT		
2.3	2.3 Types of room, Types of plans, Types of room rates. 3 Lecture					

	CDCS Curriculum for D.Sc. Home Science with Food Diotechnology						
3.1	Reservation – Definition, Types of reservation, Reservation- procedure, Sources of reservation, Modes of reservation.	2	Chalk & Talk	Black Board			
3.2	Reception - Duties and responsibilities of lobby manager.	2	Chalk & Talk	Black Board			
3.3	Guest luggage handling procedure, C- form.	1	Chalk & Talk	Black Board			
3.4	Front office accounting – Definition, Types of account, Types of posting in a guest account, Safeguard of hotel credit facility, foreign currency exchange.	2	Chalk & Talk	Black Board			
3.5	Registration - Check in and Checkout procedure, Guest cycle.	2	Chalk & Talk	Black Board			
	UNIT -4 HOUSEKEEPING MANAGEMENT						

4.1	Housekeeping department- Definition, Importance, Organization chart.	2	Chalk & Talk	Black Board
4.2	Duties and responsibilities of housekeeping staff, Interdepartmental relationship of front office and house Keeping.	2	Lecture	РРТ
4.3	Bed making- Procedure of bed making. Room report- Preparation of room report, Check lists.	2	Lecture	РРТ

CDCS Cufficultin for B.Sc. Home Science with Food Biotechnolo									
4.4	Linen- Classification of linen, Modes of obtaining linen. Furnishings- Soft furnishings, Floor furnishings-Carpets and Wall covering.	3	Chalk & Talk	Black Board					
UNIT -5 CLEANING AND LAUNDRY MANAGEMENT									
5.1	Laundry procedure	2	Lecture	PPT, Video					
5.2	Laundry equipment	2	Chalk & Talk	Black Board					
5.3	Stain removal	1	Chalk & Talk	Black Board					
5.4	Cleaning- Methods	2	Lecture	PPT					
5.5	Selection of cleaning equipment	1	Lecture	PPT					
5.6	Cleaning agents Classification	1	Lecture	PPT, Video					

Levels	C1	C2	С3	C4	C5	Total Scholasti c Marks	Non Scholasti c Marks C6	CIA Total	% of Assessme nt
	T1	T2	Quiz	Assignme nt	OBT /PPT				
	10 Mks	10 Mks	5 Mks.	5 Mks	5 Mks	35 Mks.	5 Mks.	40Mks	
K1	2	2	-	-	-	4	-	4	10 %
K2	2	2	5	-	-	9	-	9	22.5 %
КЗ	3	3	-	-	5	11	-	11	27.5 %

K4	3	3	-	5	-	11	-	11	27.5 %
Non Scholast ic	ı	1	1	1	1		5	5	12.5 %
Total	10	10	5	5	5	35	5	40	100 %

CIA	
Scholastic	35
Non Scholastic	5
	40

- ✓ All the course outcomes are to be assessed in the various CIA components.
- √ The levels of CIA Assessment based on Revised Bloom's Taxonomy for UG are:
- K1- Remember, K2-Understand, K3-Apply, K4-Analyse

EVALUATION PATTERN

SCHOLASTIC				NON - SCHOLASTI C		MARKS		
C1	С2	С3	C4	C 5	C6	CIA	ESE	Total
10	10	5	5	5	5	40	60	100

- C1 Internal Test-1
- C2 Internal Test-2

3 - Quiz

C4 – Assignment

C5 - OBT/PPT

C6 – Non - Scholastic

COURSE OUTCOMES

On the successful completion of the course, students will be able to:

NO.	COURSE OUTCOMES	KNOWLEDGE LEVEL (ACCORDING TO REVISED BLOOM'S TAXONOMY)	PSOs ADDRESSED
CO 1	Identify the different types of catering establishments and front office management.	КЗ	PSO6
CO 2	Explain the functions of front office department.	K2	PSO6
CO 3	Plan reservation and registration procedure.	К3	PSO6
CO 4	Describe the management and functioning of housekeeping department.	K2	PSO6
CO 5	Classify the cleaning agents and equipment.	К2	PSO6

Mapping of COs with PSOs

CO/ PSO	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6	PSO 7	PSO 8	PSO 9	PSO 10	PSO 11	PSO 12
CO1	1	1	1	1	1	3	1	1	1	1	1	1
CO2	1	1	1	1	1	3	1	1	1	1	1	1

			_									- 63
CO3	1	1	1	1	1	3	1	1	1	1	1	1
CO4	1	1	1	1	1	3	1	1	1	1	1	1
CO5	1	1	1	1	1	3	1	1	1	1	1	1
CO/ PSO	PSO 13	PSO 14	PSO 15	PSO 16	PSO 17	PSO 18	PSO 19	PSO 20	PSO 21	PSO 22	PSO 23	
CO1	1	1	1	1	1	1	1	1	1	1	1	
CO2	1	1	1	1	1	1	1	1	1	1	1	
CO3	1	1	1	1	1	1	1	1	1	1	1	
CO4	1	1	1	1	1	1	1	1	1	1	1	
CO5	1	1	1	1	1	1	1	1	1	1	1	

Mapping of COs with POs

CO/ PSO	P01	P02	P03	P04
CO1	1	1	1	2
CO2	1	1	1	2
соз	1	1	1	2
CO4	1	1	1	2
CO5	1	1	1	2

Note: ◆Strongly Correlated – **3** ◆Moderately Correlated – **2** ◆

Weakly Correlated -1

COURSE DESIGNER:

- 1. Mrs. P. Magdalene Virjini
- 2. Mrs. J. Josephine Jesintha

Forwarded By

(Dr. Vasantha Esther Rani)

II B.Sc. HOME SCIENCE WITH FOOD BIOTECHNOLOGY SEMESTER -III

For those who joined in 2019 onwards

PROGRAMME CODE	COURSE CODE	COURSE TITLE	CATEGORY	HRS/WEEK	CREDITS
UAHS	19N3AC2	CATERING AND HOTEL MANAGEMENT - LAB	Practical	2	2

COURSE DESCRIPTION

This course gives a practical knowledge and hands on experience on the front office Management and housekeeping skills.

COURSE OBJECTIVES

- Filling of various documents used in front Office
- Registration procedures
- Handling reservations and telephone Manners
- Use of cleaning equipment and cleaning agents for various surfaces
- Bed making procedures

UNITS

UNIT -I HOTEL ORGANIZATION

(6 HRS.)

Identification of organization structure of different star hotels.

UNIT -II RESERVATION AND REGISTRATION

(6 HRS.)

Reservation and registration procedure.

UNIT-III BED MAKING

(6HRS.)

Bed making procedure.

UNIT -IV FRONT OFFICE OPERATION

(6 HRS.)

Exhibiting front office process.

UNIT -V HOUSEKEEPING

REFERENCES:

- 1. Allen D.M. (1992). Accomodation and cleaning service, Vol II Management
- 2. Andrews.S.(1995). *Hotel Front Office Training Manual*, Tata McGraw Hill, New Delhi.
- 3. Andrews.S.(1982). *House Keeping Training Manual*, Tata McGraw Hill, New Delhi.
- 4. Negi Jagmohan (2007). *Managing Hotel and Restaurants*, Authors Press .

OPEN EDUCATIONAL REFERENCES:

- 1. https://ncert.nic.in/textbook/pdf/lehe104.pdf
- 2. https://drive.google.com/file/d/1mrFlogclLZqR1VLDsqI4ikqvTI2sOB
 8n/view

COURSE CONTENTS & LECTURE SCHEDULE:

Module No.	Topic	No. of Lectures	Teaching Pedagogy	Teaching Aids
1.1	Identification of organization structure of different star hotels.	6	Chalk & Talk	Sample Hotel Records &Brochur es
	UNIT -2 RESERVAT	ION AND	REGISTRATION	
2.1	Reservation and registration procedure layout.	6	Demonstration	Sample Hotel Registers and Files
	UNIT -3 BI	ED MAKIN	G	

3.1	Bed making procedure.	6	Demonstration	Essential Materials					
UNIT -4 FRONT OFFICE OPERATION									

4.1	Exhibiting front office process.	6	Role Play	Essential Materials				
UNIT -5 HOUSEKEEPING								
5.1	UnderstandingCleaning equipment and agents of different hotels.	6	Demonstration	Samples				

EVALUATION PATTERN

SCHOLASTIC				NON - SCHOLASTIC			
C1	C2	С3	C4	С5	CIA	ESE	Total
10	10	10	5	5	40	60	100

C1 - Internal Test - 1

C2 - Internal Test - 2

C3 – Model Practical Exam

C4 - Record

C5 – Non – Scholastic COURSE OUTCOMES

On the successful completion of the course, students will be able to:

CBCS Curriculum for B.Sc. Home Science with Food Biotechnology

NO.	COURSE OUTCOMES	KNOWLEDGE LEVEL	PSOs ADDRESSED
		(ACCORDING TO REVISED BLOOM'S TAXONOMY)	
CO 1	Recall organization structure and management	K1	PSO6
CO 2	Plan reservation and registration procedure	К3	PSO6
CO 3	Illustrate bed making procedure	K4	PSO6
CO 4	Exhibiting front office process	K1	PSO6
CO 5	UnderstandingCleaningequipme nt and agents of different hotels	K2	PSO6

Mapping of COs with PSOs

CO/ PSO	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6	PSO 7	PSO 8	PSO 9	PSO 10	PSO 11	PSO 12
CO1	1	1	1	1	1	3	1	1	1	1	1	1
CO2	1	1	1	1	1	3	1	1	1	1	1	1
CO3	1	1	1	1	1	3	1	1	1	1	1	1
CO4	1	1	1	1	1	3	1	1	1	1	1	1
CO5	1	1	1	1	1	3	1	1	1	1	1	1
CO/ PSO	PSO 13	PSO 14	PSO 15	PSO 16	PSO 17	PSO 18	PSO 19	PSO 20	PSO 21	PSO 22	PSO 23	
CO1	1	1	1	1	1	1	1	1	1	1	1	

CO2	1	1	1	1	1	1	1	1	1	1	1	
соз	1	1	1	1	1	1	1	1	1	1	1	
CO4	1	1	1	1	1	1	1	1	1	1	1	
CO5	1	1	1	1	1	1	1	1	1	1	1	

Mapping of COs with Pos

CO/ PSO	P01	PO2	РО3	P04
CO1	1	1	1	2
CO2	1	1	1	2
соз	1	1	1	2
CO4	1	1	1	2
CO5	1	1	1	2

Note: ♦Strongly Correlated – **3** ♦Moderately Correlated – **2**

Weakly Correlated -1

COURSE DESIGNER:

- 1. Mrs. P. Magdalene Virjini
- 2. Mrs. J. Josephine Jesintha

Forwarded By

(Dr. Vasantha Esther Rani)

Marante E Rain

II B.Sc. HOME SCIENCE WITH FOOD BIOTECHNOLOGY SEMESTER -III

For those who joined in 2019 onwards

PROGRAM ME CODE	COURSE CODE	COURSE TITLE	CATEGORY	HRS/WEE K	CREDITS
UAHS	19N3SB1	ENTREPRENEURIAL SKILLS – SURFACE ORNAMENTATION	Lecture / Practical	2	2

COURSE DESCRIPTION

This skill-based paper aims at imparting hand embroidery and fabric painting techniques.

COURSE OBJECTIVES

- To develop skill in making hand embroidery stitches.
- To encourage students to apply embroidery on tablecloth, handkerchief, tops and blouse.
- •To inculcate fabric painting technique in students and make them use this skill on clothing and household linen.

UNITS

UNIT -I (6 HRS.)

Development of design from a basic motif applying the elements and principles of design.

UNIT -II (6 HRS.)

Embroidery – Basic hand stitches like chain, satin, long and short, feather, back.

Self-Study: Lazy daisy, French knot, bullion knot, Herring bone, Buttonhole.

UNIT -III (6 HRS.)

Application of embroidery stitches on table cloth, handkerchief, tops and blouse.

UNIT -IV (6 HRS.)

Fabric painting study of paints & brush available, different methods of painting.

UNIT -V (6 HRS.)

Application of fabric painting technique on place mats, pillow cover, saree and kameez.

REFERENCES:

- 1. Creative Craft in Fabric and Yarn . (1979). Gallery Press, London.
- 2. Gladys Cunnigharn. (1969). Singer Sewing Book. Golden press, New York.
- 3. Julia Barton. (1989). The Art of Embroidery. Merchurst Ltd., London.
- 4. Pamela Cabburn. (1976). The Needle Work's Dictionary. William and Morrow and Company, Inc. New York.
- 5. Reader's Digest. (1955). Complete Guide to Needlework.
- 6. Simon and Schuster. (1960). McCall's Treasury of Needle craft. Schuster Publishing, New York.
- 7. The ultimate Design Source Book for Crafters. (2007). Search Press Ltd, Kent, Australia.

COURSE CONTENTS & LECTURE SCHEDULE:

Module No.	Topic	No. of Lectures	Teaching Pedagogy	Teaching Aids
1.1	Development of design	3	Chalk & Talk	Black Board
1.2	Application of elements and principles of design	3	Lecture	LCD
	UNIT -	- 2		
2.1	Basic hand stitches	3	Lecture	PPT
2.2	Chain, Back, Satin, Long & short, Feather	3	Lecture	PPT
	UNIT -	- 3		
3.1	Application of embroidery stitches on table cloth, hand kerchief	3	Specimen	PPT
3.2	Application of stitches on tops and blouse	3	Specimen	PPT
	UNIT -	4		
4.1	Study of paints and brush	3	Lecture	White Board
4.2	Different methods of painting	3	Lecture	PPT
	UNIT -	- 5		

CBCS Curriculum for B.Sc. Home Science with Food Biotechnology

5.1			intinį w cov	g on place ver	mats	3	Spec	imen	РРТ	
5.2	Fabi kam	_	intin	g on saree	and	3 Specime		imen	PPT	
	C1	C2	С3	C4	C5	Total Scholasti c Marks	Non Scholasti c Marks C6	CIA Total		
Levels	T1	T2	Qui z	Assignme nt	OBT/PP T				% of Assessme nt	
	10 Mks	10 Mks	5 Mks	5 Mks	5 Mks	35 Mks.	5 Mks.	40Mks		
K1	2	2	-	-	-	4	-	4	10 %	
K2	2	2	5	-	-	9	-	9	22.5 %	
К3	3	3	-	-	5	11	-	11	27.5 %	
K4	3	3	-	5	-	11	-	11	27.5 %	
Non Scholast ic	-	-	-	-	-		5	5	12.5 %	
Total	10	10	5	5	5	35	5	40	100 %	

CIA Scholastic	35
Non Scholastic	5
	40

- ✓ All the course outcomes are to be assessed in the various CIA components.
- √ The levels of CIA Assessment based on Revised Bloom's Taxonomy for UG are:

K1- Remember, K2-Understand, K3-Apply, K4-Analyse

EVALUATION PATTERN

	SC	CHOLAS	NON - SCHOLASTIC	MA	RKS		
C1	C2	С3	C4	C 5	C6	CIA	ESE
10	10	5	5	5	5	40	60

C1 - Internal Test-1

C2 - Internal Test-2

C3 - Quiz

C4 – Assignment

C5 - OBT/PPT

C6 - Non - Scholastic

COURSE OUTCOMES

On the successful completion of the course, students will be able to:

NO.	COURSE OUTCOMES	KNOWLEDGE LEVEL (ACCORDING TO REVISED BLOOM'S TAXONOMY)	PSOs ADDRESSED
CO 1	Illustrate a basic motif.	K2, K4	PSO9
CO 2	Recognize the basic hand stitches and prepare samples.	K1	PSO9
CO 3	Choose and apply appropriate embroidery stitches on various products.	K1, K3	PSO9 & PSO17
CO 4	Describe different methods of painting on fabrics.	K1	PSO9
CO 5	Plan the fabric painting technique for clothing and household linen.	К3	PSO9 & PSO17

Mapping of COs with PSOs

CO/ PSO	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6	PSO 7	PSO 8	PSO 9	PSO 10	PSO 11	PSO 12
CO1	1	1	1	1	1	1	1	1	3	1	1	1
CO2	1	1	1	1	1	1	1	1	3	1	1	1
соз	1	1	1	1	1	1	1	1	3	1	1	1
CO4	1	1	1	1	1	1	1	1	3	1	1	1
CO5	1	1	1	1	1	1	1	1	3	1	1	1
CO/	PSO	PSO										

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PSO	13	14	15	16	17	18	19	20	21	22	23	
CO1	1	1	1	1	1	1	1	1	1	1	1	
CO2	1	1	1	1	1	1	1	1	1	1	1	
CO3	1	1	1	1	3	1	1	1	1	1	1	
CO4	1	1	1	1	1	1	1	1	1	1	1	
CO5	1	1	1	1	3	1	1	1	1	1	1	

Mapping of COs with POs

CO/ PSO	PO1	PO2	РО3	PO4
CO1	1	1	2	1
CO2	1	1	2	1
соз	1	1	2	1
CO4	1	1	2	1
CO5	1	1	2	1

Note: ◆Strongly Correlated – **3** ◆Moderately Correlated – **2** ◆

Weakly Correlated -1

COURSE DESIGNER:

- 1. Dr.R.Latha
- 2. Ms.D.Mouna

Forwarded By

Marante E Rain

(Dr. Vasantha Esther Rani)

II B.Sc. HOME SCIENCE WITH FOOD BIOTECHNOLOGY

For those who joined in 2021 onwards (Offered as Interdisciplinary Course with Home Science)

PROGRAMM	COURSE	COURSE	CATEGOR	HRS/WEE	CREDIT
E CODE	CODE	TITLE	Y	K	S
UAZO	21UG4SLZ	PUBLIC HEALT H & HYGIE NE	Self Learning	-	2

COURSE DESCRIPTION

The course is designed to introduce life threatening medical scenarios and to instruct the student how to recognize and respond appropriately to each given situation.

COURSE OBJECTIVES

- To recognize and avoid hazards within her or environment.
- To develop skills necessary for immediate and temporary care care of victims of
- variouscases.

UNITS

UNIT I - NUTRITION AND HEALTH

Role of international health organization: WHO – UNICEF. Concept of health,
Indicators of health.Importance of Nutrition. Nutritional requirements for the special
groups (pregnant mother, lactating mother and children).Protein calorie Malnutrition
(PCM), National nutrition programme.

UNIT II: ENVIRONMENT AND HEALTH

Water borne diseases – types, symptoms and treatment. Purification of water - large scale for drinking purpose (slow sand and rapid sand filtration methods). Chlorination of well water. Sanitation. Excreta - Methods of disposal - -types of latrines. National health programmes in India.

UNIT III: COMMUNICABLE AND NON COMMUNICABLE DISEASE

Epidemiology of Communicable disease- prevention and control -Diarrhoeal diseases-Zoonoses-Viral hemorrhagic fevers - Primary infections of the brain- Mycobacterial CBCS Curriculum for B.Sc. Home Science with Food Biotechnology infections- Emerging disease threats- Severe Acute Respiratory Syndrome (SARS) and Avian flu- Dengue, SwineFlu, Chikungunya. Epidemiology, prevention and control of noncommunicable diseases-

Rheumatic heart disease- Infective endocarditis- Ischaemic heart disease- Respiratory

diseases - Program related to Communicable and Non Communicable diseases

UNIT IV: FAMILY PLANNING, MATERNAL AND CHILD HEALTH

Family Planning - Objectives and methods - temporary and permanent methods.

Maternal Mortality Rate (MMR) - Causes and prevention. Infant Mortality Rate (IMR) - Causes and prevention. Problems of the aged Geriatrics.Immunization schedule for children.

UNIT V: FIRST AID

Heart attack - Fire accident - Accident - Injuries - Fractures - Stroke - Poison - Electric Shock -

Gasleakage - Snake bite and Dog bite

REFERENCE BOOKS

Park J.E., (2017). *Textbook Of Preventive Social Medicine* 24 Th Edition. BanarsidasBhanot Publishers.

- 1. Vidhya R., (2002). *Hand Book of Preventive and SocialMedicine*. **Publisher:** JPB; Ninethedition
- 2. Sudhar R., Wagh P., Vinod B., Kakade, Jiwan P.S., (2015). Public Health
- 3. And Hygiene Paperback 2015. Success Publications; First Edition edition (2015).
- 4. Kumaresan, V., Sorna Raj R., Public Health and Hygiene. Saras Publication
- 5. Paho, Padro N.A., (2003). Zoonoses and Communicable Diseases Common to Man and
- 6. *Animals* (PAHO Scientific Publications S.) 2003. World Health Organization;

3rd Revised edition edition.

igital Open Educational Resources

- 1. https://www.healthline.com/health/food-nutrition
- 2. https://www.who.int/health-topics/nutrition
- 3. https://www.healthline.com/health/first-aid

ATION

Internal	External
Assignment – 20 Marks	Objective – 20 Marks
Test – 20Marks	Essay Type Qns. – 40 Marks

Total	- 40Marks	Total	- 60Marks	

On the successful completion of the course, students will be able to:

NO.	COURSE OUTCOMES	KNOWLEDGE LEVEL (ACCORDING TO REVISED BLOOM'S TAXONOMY)	PSOs ADDRESSED
CO 1	Discuss the importance, requirement of nutrition for Mother and children	K2	PSO1,PSO4 &PSO11
CO 2	Summarizes about types water borne disease and its remedies	К2	PSO1, PSO4
со 3	Explain the temporary and permanent methods of family planning	K2	PSO1, PSO4 &PSO8
CO 4	Outlines the types of maternity problems and child health	К2	PSO1 &PSO8
CO 5	Explain the first aid for major health problems	К2	PSO1, PSO3& PSO4

Mapping COs Consistency with PSOs

CO/ PSO	PSO1	PSO2	PSO3	PSO4	PSO5	PSO6	PSO7	PSO8	PSO9	PSO10	PSO11	PSO12
CO1	3			3							1	
CO2	3			3								
СОЗ	3			3				1				
CO4	1							1				
CO5	2		2	3								

Note: ♦ Strongly Correlated – **3**

◆ ModeratelyCorrelated – 2

WeaklyCorrelated -1

1. Dr. N. Nagarani (Zoology)

2. Mrs. C. Helen (Home Science)

Forwarded BY

Dr. A. TAMIL SELVI Head, Dept. of Zoology FATIMA COLLEGE (AUTONOMOUS) MADURAI-625 018

II B.Sc. HOME SCIENCE WITH FOOD BIOTECHNOLOGY SEMESTER -IV

For those who joined in 2019 onwards

PROGRAM ME CODE	COURSE CODE	COURSE TITLE	CATEGORY	HRS/WEEK	CREDIT S
UAHS	19N4CC10	BASICS OF FOOD BIOTECHNOLOGY	Lecture	5	4

COURSE DESCRIPTION

This course describes the concepts of biotechnology, role of microorganism in food industry

COURSE OBJECTIVES

- To enable students to understand the concepts of biotechnology
- To gain knowledge on role of microorganism in food industry

UNITS

UNIT -I INTRODUCTION

(15HRS.)

Biotechnology – Definitions – Branches - Biotechnology in India. Food Biotechnology - Scope, Importance and applications in fields of medicine, agriculture, industry and environment. Microorganisms associated with food biotechnology – Bacteria, Yeast, Mould **Self-Study: Applications in fields of medicine, agriculture**

UNIT -II MICROORGANISMS ASSOCIATED WITH FOOD

BIOTECHNOLOGY

(15 HRS.)

Spoilage, contamination and preservation of foods Factors affecting microbial growth, Microbial kinetics

UNIT -III PRODUCTION OF CULTURES FOR FOOD FERMENTATION

(15HRS.)

Culture of food microbes - Preparation of nutrient media, Sterilization and disinfection, inoculation techniques, Staining methods, Microbial examination.

UNIT -IV FERMENTATION TECHNOLOGY

(15 HRS.)

Fermentation – Definition, Fermentation process, Fermented food Products – Yoghurt, Cheese, Tempeh, saurkraut, Idli, Dosa. Advantages of fermented products

Self-Study: Advantages of fermented products

UNIT -V SINGLE CELL PROTEIN

(15HRS.)

Single cell Protein: Definition, Microorganisms used for SCP production, Substrates, procedure for production of SCP, Biomass recovery, Advantages of SCP, Limitations of SCP.

REFERENCES:

TEXTBOOK:

1. Frazier, (1989) .Food Microbiology, THM Publications

REFERENCE BOOKS:

- 1. Gupta, P.K. (1995). *Elements of Biotechnology*, Rastogi Publications, Meerut.
- 2. Jay, (1987). Modern Food Microbiology, CBS Publishers,
- 3. Rita Singh. (2004). *Food Biotechnology*, Global Vision Publishing House, Delhi.
- 4. Singh, B. D (2004). *Biotechnology Expanding Horizons*, Kalyani Publishers, Ludhiana.
- 5. Sri Ram Sridhar (2005). *Enzyme Biotechnology*, Dominant Publishers and Distributors, New Delhi.

OPEN EDUCATIONAL REFERENCES

- 1. https://microbenotes.com/category/biotechnology/
- 2. https://www.rug.nl/research/irees/research/edulink-fsba/fsba-course-modules/fsba-module-2-unit-1-notes-english.pdf
- 3. https://www.onlinebiologynotes.com/single-cell-protein-scp-substrate-and-steps-involved-in-production/
- 4. https://openstax.org/books/microbiology/pages/1-3-types-of-microorganisms#
- 5. https://courses.lumenlearning.com/boundless-microbiology/chapter/food-preservation/#:~:text=Preservation%20usually%20involves%20preventing%20the,or%20otherwise%20reduce%20food%20spoilage.
- 6. https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6723656/
- 7. https://courses.lumenlearning.com/boundless-microbiology/chapter/microbial-culture-methods/

COURSE CONTENTS & LECTURE SCHEDULE:

Module No.	Topic	No. of Lectures	Teaching Pedagogy	Teaching Aids
	IN FOOD			
1.1	Biotechnology – Definitions – Branches	2	Chalk &Talk	Black Board
1.2	Biotechnology in India.	2	Chalk & Talk	LCD
1.3	Food Biotechnology - Scope, Importance and applications in fields of medicine, agriculture, industry and environment	4	Lecture	PPT & White board
1.4	Microorganisms associated with food biotechnology – Bacteria	3	Lecture	Smart Board
1.5	Microorganisms associated with food biotechnology – Yeast, Mould	2	Lecture	Black Board
1.6	Applications of Biotechnology	2	Discussion	Google classroom
UNIT -2	BASICS OF MICROBIO	LOGY		

	CDC5 Currentin	101 B.Sc. 1101	the belefiee with	i Food Bioteciniology					
2.1	Spoilage and contamination of foods	4	Lecture	LCD					
2.2	Preservation of foods	4	Chalk & Talk	LCD					
2.3	Factors affecting microbial growth	4	Lecture	PPT & White board					
2.4	Microbial kinetics	3	Discussion	PPT					
UNIT -3 PRODUCTION OF CULTURES FOR FOOD FERMENTATION									
3.1	Culture of food microbes - Preparation of nutrient media	3	Lecture	LCD					
3.2	Sterilization and disinfection Methods	2	Lecture	LCD					
3.3	Inoculation techniques.	4	Chalk & Talk	LCD					
3.4	Staining methods	4	Lecture	PPT & White board					
3.5	Microbial examination	2	Lecture	PPT & White board					
UN	IT -4 FERMENTATION	N TECHNOI	LOGY						
4.1	Fermentation – Definition	1	Lecture	LCD					
4.2	Fermentation process – Types	4	Chalk & Talk	LCD					

	CDCD Curriculum	101 D.SC. 110	ine belenee with	Food Biotechnology					
4.3	Fermented food Products – Yoghurt, Cheese	3	Lecture	PPT & White board					
4.4	Tempeh, Saurkraut,	3	Lecture	PPT & White board					
4.5	Idli, Dosa.	2	Chalk & Talk	LCD					
4.6	Advantages of fermented products	2	Discussion	PPT					
UNIT -5 SINGLE CELL PROTEIN									
5.1	Single cell Protein – Definition	1	Lecture	LCD					
5.2	Microorganisms used for SCP production	3	Chalk & Talk	LCD					
5.3	Substrates used for SCP production	3	Lecture	PPT & White board					
5.4	procedure for production of SCP	4	Lecture	PPT & White board					
5.5	Biomass recovery	2	Chalk & Talk	LCD					
5.6	Advantages of SCP, Limitations of SCP.	2	Discussion	PPT					

CBCS Curriculum for B.Sc. Home Science with Food Biotechnology

	C1	C2	С3	C4	C5	Total Scholasti c Marks	Non Scholasti c Marks C6	CIA Total	
Levels	T1	T2	Qui z	Assignme nt	OBT/PP T				% of Assessme nt
	10 Mks	10 Mks	5 Mks	5 Mks	5 Mks	35 Mks.	5 Mks.	40Mks	
K1	2	2	1	ı	ı	4	ı	4	10 %
K2	2	2	5	-	-	9	-	9	22.5 %
К3	3	3	1	-	5	11	-	11	27.5 %
K4	3	3	-	5	-	11	-	11	27.5 %
Non Scholast ic	-	-	-	-	-		5	5	12.5 %
Total	10	10	5	5	5	35	5	40	100 %

CIA							
Scholastic	35						
Non Scholastic	5						
	40						

- ✓ All the course outcomes are to be assessed in the various CIA components.
- √ The levels of CIA Assessment based on Revised Bloom's Taxonomy for UG are:

K1- Remember, K2-Understand, K3-Apply, K4-Analyse

EVALUATION PATTERN

	SC	HOLAS	ГІС		NON - SCHOLASTI C	MARKS		
C1	C2	С3	C4	C5	C6	CIA	ESE	Total
10	10	5	5	5	5	40	60	100

C1 - Internal Test-1

C2 – Internal Test-2

C3 - Quiz

C4 – Assignment

C5 - OBT/PPT

C6 – Non – Scholastic

COURSE OUTCOMES

On the successful completion of the course, students will be able to:

NO.	COURSE OUTCOMES	KNOWLEDGE LEVEL (ACCORDING TO REVISED BLOOM'S TAXONOMY)	PSOs ADDRESSED
CO 1	Define the concepts of biotechnology, its branches and scope	K1	PSO5
CO 2	Classify the food microorganism, Identify the factors affecting the microbial growth, explain spoilage and contamination of foods, identify the methods of preservation of foods	K2, K3	PSO5
CO 3	Explain the techniques of preparation of culture media, sterilization, inoculation and staining	K2	PSO5
CO 4	Build knowledge on fermentation process and its application	КЗ	PSO5
CO 5	Infer the production of single cell protein	K4	PSO5

Mapping of COs with PSOs

CO/ PSO	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6	PSO 7	PSO 8	PSO 9	PSO1 0	PSO1 1	PSO1 2
CO1	1	1	1	1	3	1	1	1	1	1	1	1
CO2	1	1	1	1	3	1	1	1	1	1	1	1
CO3	1	1	1	1	3	1	1	1	1	1	1	1

CBCS Curriculum for B.Sc. Home Science with Food Biotechnology

CO4	1	1	3	1	3	1	1	1	1	1	1	1
CO5	1	1	3	1	3	1	1	1	1	1	1	1
CO/ PSO	PSO 13	PSO 14	PSO 15	PSO 16	PSO 17	PSO 18	PSO 19	PSO 20	PSO 21	PSO2 2	PSO2 3	
CO1	1	1	1	1	1	1	1	1	1	1	1	
CO2	1	1	1	1	1	1	1	1	1	1	1	
соз	1	1	1	1	1	1	1	1	1	1	1	
CO4	1	1	1	1	1	1	1	1	1	1	1	
CO5	1	1	1	1	1	1	1	1	1	1	1	

Mapping of COs with POs

CO/ PSO	P01	P02	P03	P04
CO1	1	1	1	1
CO2	3	3	3	1
соз	3	3	3	1
CO4	3	3	3	1
CO5	3	3	3	1

Note: ◆Strongly Correlated - 3 ◆ Moderately Correlated - 2

♦ Weakly Correlated -1

COURSE DESIGNER: Mrs.J.JosephineJesintha

Forwarded By

Marante E Rain

(Dr. Vasantha Esther Rani)

II.B.Sc.HOME SCIENCE WITH FOOD BIOTECHNOLOGY SEMESTER -IV

For those who joined in 2019 onwards

PROGRAMME CODE	COURSE CODE	COURSE TITLE	CATEGORY	HRS/WEEK	CREDITS
UAHS	19N4CC11	CLOTHING AND FASHION	Lecture	4	3

COURSE DESCRIPTION

This course aims at imparting knowledge on basics of clothing construction, clothing selection, care and wardrobe planning. It also deals with fashion industry, fashion promotion and fashion illustration.

COURSE OBJECTIVES:

- To enable students to develop skills in clothing construction and care of clothes.
- To introduce the concept of fashion.
- To develop fashion sketching techniques.

UNITS

UNIT -1 BASICS OF CLOTHING CONSTRUCTION (10 HRS.)

- a) Preparation of fabric,
- b) Techniques of patterns making drafting, draping and flat pattern
- c) Pattern layout.

Self- Study: Importance of body measurement

UNIT -II CLOTHING SELECTION, CARE AND WARDROBE PLANNING (15HRS.)

1. Wardrobe planning – principles, clothing inventory, spending plan,

shopping skill and accessories.

- 2. Water hardness, methods of softening.
- 3. Soaps and detergents
- 4. Bleaching agents
- 5. Dry cleaning.

Self- Study: Factors influencing the choice of clothes – age, sex, income, family size, occupation, customs and tradition, climate, fashion, occsion and suitability.

UNIT -III INTRODUCTION TO FASHION

(10 HRS.)

- a) Definition of Fashion, Style Classic, Fad.
- b) Terms related to fashion industry Mannequin, Boutique, Fashion shows, Apparel, Catalogue, Haute Couture, forecasting.
- c) Fashion origin, concept, fashion cycle and trends.

UNIT -IV FASHION INDUSTRY AND FASHION PROMOTION (10 HRS.)

- a) Structure of the Fashion industry
- b) Structure of the Fashion market
- c) Techniques for fashion promotion fashion advertising, fashion conferences, trade fairs, Exhibition, fashion shows, fashion journalism and window display.

UNIT -V FASHION ILLUSTRATION (15 HRS.)

- a) Elements and Principles of design
 - b) Designing casual wear using templates
 - c) Designing party wear using templates
 - d) Designing kids wear using templates

REFERENCES:

TEXTBOOK:

1. Erwin, M.D. (1975). Clothing for Moderns. The Mac Millan Company, New York.

REFERENCE BOOKS

- 1. Anne Allen & Julian Seaman. (2005). Fashion Drawing The Basic Principles. Replika Press Pvt. Ltd, India
- 2. Gini Stephens Frings. (2005). Fashion From Concept to Consumer. Pearson Education.
- 3. Jay Diamond & Ellen Diamond. (1997). The World of Fashion. Fair Child Publications, New York.
- 4. Mary Mathews. (1985). Practical Clothing Construction Part I and II. Chennai.
- 5. Retu, T. (1998). Hand book for Fashion Designing. Mittal Publications, New Delhi.
- 6. Sharon Lee Tate. (2004). Inside Fashion Design. Pearson Education.
- 7. Tracy Diane & Tom Cassidy. (2005). Colour Forecasting. Blackwell Pub

OPEN EDUCATIONAL RESOURCES:

- 1. https://fitnyc.libguides.com/fashiondesign/patternmaking
- 2. http://metalab.uniten.edu.my/~ridha/PrinCiplesOf Design/references/Elements-and-Principles-of-Design.pdf

COURSE CONTENTS & LECTURE SCHEDULE:

Module No.	Topic UNIT -1 BASICS OF CLOT	No. of Lectures	Teaching Pedagogy	Teaching Aids	
1.1	Preparation of fabric	3	Chalk & Talk	Black Board	
1.2	Techniques of pattern making- drafting, draping and flat pattern	4	Chalk & Talk	Black Board	

1.3	Pattern layout	3	Lecture	PPT
UNIT	- 2 CLOTHING SELECTION, CA	ARE AND W	ARDROBE PI	ANNING
2.1	Wardrobe planning	4	Lecture, Discussion	PPT
2.2	Water	3	Chalk & Talk	Black Board
2.3	Soaps and detergents	3	Chalk & Talk, Specimen	Black Board
2.4	Bleaching agents	2	Chalk & Talk	Black Board
2.5	Drycleaning	3	Chalk & Talk	Black Board
	UNIT - 3 INTRODUCTION T	O FASHION	N	
3.1	Definition of Fashion, Style, Classic, Fad	3	Lecture	PPT
3.2	Mannequin, Boutique, Fashion shows, Apparel, Catalogue, Haute Couture, Forecasting	3	Chalk & Talk	Black Board
3.3	Fashion – Origin, concept, fashion cycle and trends	4	Lecture	PPT
1	UNIT - 4 FASHION INDUSTRY	AND FASHI	ON PROMOT	ION
4.1	Structure of the fashion industry	3	Chalk & Talk	Black Board

4.2	Structure of the fashion market	3	Chalk & Talk	Black Board							
4.3	Techniques for fashion promotion	4	PPT								
UNIT – 5 FASHION ILLUSTRATION											
5.1	Elements and Principles of design	3	Lecture	PPT							
5.2	Designing Casual wear	4	Discussion, Specimen	PPT							
5.3	Designing party wear	4	Discussion, Specimen	PPT							
5.4	Designing kids wear	4	Discussion, Specimen	PPT							

	C1	C2	C3	C4	C5	Total Scholasti c Marks	Non Scholasti c Marks C6	CIA Total	
Levels	T1	Т2	Qui z	Assignme nt	OBT/PP T				% of Assessme nt
	10 Mks	10 Mks ·	5 Mks	5 Mks	5 Mks	35 Mks.	5 Mks.	40Mks	
K1	2	2	ı	ı	ı	4	-	4	10 %
K2	2	2	5	ı	ı	9	1	9	22.5 %
К3	3	3	-	-	5	11	-	11	27.5 %

CBCS Curriculum for B.Sc. Home Science with Food Biotechnology

K4	3	3	-	5	-	11	-	11	27.5 %
Non cholast ic	-	-	-	-	-		5	5	12.5 %
Total	10	10	5	5	5	35	5	40	100 %

CIA							
Scholastic	35						
Non Scholastic	5						
	40						

- \checkmark All the course outcomes are to be assessed in the various CIA components.
- √ The levels of CIA Assessment based on Revised Bloom's Taxonomy for UG are:
- K1- Remember, K2-Understand, K3-Apply, K4-Analyse

EVALUATION PATTERN

	SC	HOLAS	TIC		NON – SCHOLASTI C		MARKS		
C1	C2	С3	C4	C 5	C6	CIA	ESE	Total	
10	10	5	5	5	5	40	60	100	

C1 – Internal Test-1

C2 – Internal Test-2

C3 - Quiz

C4 – Assignment

C5 - OBT/PPT

C6 – Non - Scholastic

COURSE OUTCOMES

On the successful completion of the course, students will be able to:

NO.	COURSE OUTCOMES	KNOWLEDGE LEVEL (ACCORDING TO REVISED BLOOM'S TAXONOMY)	PSOs ADDRESSED
CO 1	Identify the different techniques of pattern making and pattern layout.	K1, K3	PSO9
CO 2	Explain the principles of wardrobe planning and factors to be remembered in the selection of clothes.	K2	PSO9
CO 3	Summarize the laundering agents.	K2	PSO9
CO 4	Recall the terms related to fashion industry, fashion cycle and fashion trends.	K1	PSO9
CO 5	Describe the structure of fashion industry, fashion market and fashion promotion techniques.	K2	PSO9
CO 6	Illustrate and apply elements and principles of design on casual wear, party wear and kids wear.	K2, K4	PSO9 & PSO17

Mapping of COs with PSOs

CO/ PSO	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6	PSO 7	PSO 8	PSO 9	PSO1 0	PS01 1	PSO 12
CO1	1	1	1	1	1	1	1	1	3	1	1	1
CO2	1	1	1	1	1	1	1	1	3	1	1	1
CO3	1	1	1	1	1	1	1	1	3	1	1	1
CO4	1	1	1	1	1	1	1	1	3	1	1	1
CO5	1	1	1	1	1	1	1	1	3	1	1	1
CO/ PSO	PSO 13	PSO 14	PSO 15	PSO 16	PSO 17	PSO 18	PSO 19	PSO 20	PSO 21	PSO 22	PSO 23	
CO1	1	1	1	1	1	1	1	1	1	1	1	
CO2	1	1	1	1	1	1	1	1	1	1	1	
соз	1	1	1	1	1	1	1	1	1	1	1	
CO4	1	1	1	1	1	1	1	1	1	1	1	
CO5	1	1	1	1	1	1	1	1	1	1	1	

Mapping of COs with POs

CO/ PSO	P01	P02	P03	P04
CO1	1	1	1	2
CO2	1	1	1	2
соз	1	1	1	2
CO4	1	1	1	2
CO5	1	1	1	2

Note: ♦Strongly Correlated – **3**

♦ Moderately Correlated - 2

♦ Weakly Correlated -1

COURSE DESIGNER: Dr.R.Latha

Forwarded By

Maranten & Rain

(Dr. Vasantha Esther Rani)

II B.Sc.HOME SCIENCE WITH FOOD BIOTECHNOLOGY SEMESTER -IV

For those who joined in 2019 onwards

PROGRAMME CODE	COURSE CODE	COURSE TITLE	CATEGORY	HRS/WEEK	CREDITS
UAHS	19N4CC12	CLOTHING AND FASHION - LAB	Practical	3	2

COURSE DESCRIPTION

This course makes the students to become skillful in constructing garments and creating fashion sketches.

COURSE OBJECTIVES

- To impart skill in drafting and construction of garments.
- To train students in fashion illustration.

UNITS

UNIT -I (12 HRS.)

Drafting paper pattern and construction of

- (i) Baby's Night Gown
- (ii) Six Gore Saree petticoat

UNIT -II (12 HRS.)

Drafting paper pattern and construction of

- (i) Nighty
- (ii) Salwar Kameez

UNIT -III (7 HRS.)

Drawing flesh figure using 8 head theory.

UNIT -IV (7 HRS.)

Drawing shoes, handbags, hats and hairstyles.

UNIT -V (7 HRS.)

Developing sketches based on themes

REFERENCE BOOKS:

- 1. Anne Allen & Julian Seaman. (2005). Fashion Drawing The Basic Principles. Replika Press Pvt. Ltd, India
- 2. Gini Stephens Frings. (2005). Fashion From Concept to Consumer. Pearson Education.
- 3. Jay Diamond & Ellen Diamond. (1997). The World of Fashion. Fair Child Publications, New York.
- 4. Mary Mathews. (1985). Practical Clothing Construction Part I and II. Chennai.
- 5. Retu, T. (1998). Hand book for Fashion Designing. Mittal Publications, New Delhi.
- 6. Sharon Lee Tate. (2004). Inside Fashion Design. Pearson Education.
- 7. Tracy Diane & Tom Cassidy. (2005). Colour Forecasting. Blackwell Pub

OPEN EDUCATIONAL RESOURCES:

- 1. https://fitnyc.libguides.com/fashiondesign/patternmaking
- 2. http://metalab.uniten.edu.my/~ridha/PrinCiplesOf Design/references/Elements-and-Principles-of-Design.pdf

COURSE CONTENTS & LECTURE SCHEDULE:

Module No.	Topic	No. of Lectures	Teaching Pedagogy	Teaching Aids						
	UNIT -1									
1.1	Drafting of Baby's Night Gown	3	Chalk & Talk	Black Board						
1.2	Construction of Baby's Night Gown	3	Demonstration	Sewing Machine						
1.3	Drafting of Saree Petticoat	3	Chalk & Talk	Black Board						

1.4	Construction of Saree Petticoat	3	Demonstration	Sewing Machine					
	UNIT – 2								
2.1	Drafting of Nighty	3	Chalk & Talk	Black Board					
2.2	Construction of Nighty	3	Demonstration	Sewing Machine					
2.3	Drafting of Salwar Kameez	3	Chalk & Talk	Black Board					
2.4	Construction of Salwar Kameez	3	Demonstration	Sewing Machine					
	U	NIT - 3							
3.1	Drawing flesh figure using * head theory	7	Demonstration	Black Board					
	U	NIT – 4							
4.1	Drawing shoes, hand bags	4	Demonstration	Black Board					
4.2	Drawing hats and hairstyles	3	Demonstration	Black Board					
	U	NIT - 5							
5.1	Developing sketches based on themes – festive occasions	3	Lecture	PPT					

5.1	Casual wear, party wear, executive wear using elements and principles of design	4	Lecture	PPT
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EVALUATION PATTERN

SCHOLASTIC			NON - SCHOLASTIC		MARKS		
C1	C2	С3	C4	С5	CIA	ESE	Total
10	10	10	5	5	40	60	100

C1 - Internal Test - 1

C2 - Internal Test - 2

C3 - Model Practical Exam

C4 - Record

C5 - Non - Scholastic

COURSE OUTCOMES

On the successful completion of the course, students will be able to:

NO.	COURSE OUTCOMES	KNOWLEDGE LEVEL (ACCORDING TO REVISED BLOOM'S TAXONOMY)	PSOs ADDRESSED
CO 1	Construct baby garment and saree petticoat.	К3	PSO9
CO 2	Plan drafting and construct nighty and salwar kameez.	К3	PSO9

CO 3	Build flesh figure using 8 head theory.	К3	PSO9
CO 4	Choose and draw different hairstyles and accessories.	K1, K3	PSO9 & PSO17
CO 5	Illustrate casual wear, party wear and festive wear based on themes.	K2, K4	PSO9 & PSO17

Mapping of COs with PSOs

CO/ PSO	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6	PSO 7	PSO 8	PSO 9	PSO 10	PSO 11	PSO 12
CO1	1	1	1	1	1	1	1	1	3	1	1	1
CO2	1	1	1	1	1	1	1	1	3	1	1	1
CO3	1	1	1	1	1	1	1	1	3	1	1	1
CO4	1	1	1	1	1	1	1	1	3	1	1	1
CO5	1	1	1	1	1	1	1	1	3	1	1	1
CO/ PSO	PSO 13	PSO 14	PSO 15	PSO 16	PSO 17	PSO 18	PSO 19	PSO 20	PSO 21	PSO 22	PSO 23	
_												
PSO	13	14	15	16	17	18	19	20	21	22	23	
PSO CO1	13 1	14 1	15	16	17	18	19 1	20	21 1	1	23	
CO1	13 1 1	14 1 1	15 1 1	16 1 1	17 1 1	18 1 1	19 1 1	1 1	2111	1 1	1 1	

Mapping of COs with POs

CO/ PSO	P01	P02	Р03	P04
CO1	1	1	1	3
CO2	1	1	1	3
соз	1	1	1	3
CO4	1	1	1	3
CO5	2	1	1	3

Note: ♦Strongly Correlated – **3**

♦ Weakly Correlated -1

COURSE DESIGNER:

- 1.Dr.R.Latha
- 2. Ms.J.JosephineJesintha

Forwarded By

Marantez E Rain

(Dr. Vasantha Esther Rani)

[♦] Moderately Correlated - 2

II B.Sc. HOME SCIENCE WITH FOOD BIOTECHNOLOGY SEMESTER –IV

For those who joined in 2019 onwards

PROGRAMM	COURSE	COURSE	CATEGORY	HRS/WEE	CREDIT
E CODE	CODE	TITLE		K	S
UAHS	19N4AC3	FOOD PRODUCTION AND SERVICE	Lecture	3	3

COURSE DESCRIPTION

This course provides knowledge on the production of food in different styles and the service procedure.

COURSE OBJECTIVES

- To understand the concept of Catering and Food Production.
- To learn different types of cuisine and service types.

UNITS

UNIT -I CLASSIFICATIONOF RAW MATERIALS (9HRS.)

Aims and objectives of cooking Food – Classification of Raw Materials Self -study: Pre preparation of Ingredients – Methods of mixing Foods – cooking methodology for Indian, Continental and Chinese Cookery.

UNIT -II SOUPS, SAUCES AND SALADS

(9 HRS.)

Stocks and Sauces -Definition, Types of stocks and Roux Derivatives- Soups and Sauces- Types of soups and sauces Salads -- Definition, classification and preparation- Recipes for simple and compound salads, salad Dressings -Preparation of Salad Dressing.

UNIT -III STANDARDIZATION AND MENU PLANNING (9 HRS.)

Selection procedures for Meat (pork, mutton, Beef), Poultry, Fish, Cuts of Meat, Poultry, Fish.

Standardization of recipes, quality standards and portion control, Utilization of left over.

Menu - Definition, Types of menus, Menu planning

UNIT -IV FOOD AND BEVERAGE SERVICE (9HRS.)

Food and Beverage Service – Introduction, Definition, various outlets for food and beverage services.

Type of service - Russian, French, English and Indian, Etiquettes of service staff. Qualities of a waiter, waiting at the table. Table setting – buffet setting. Table wares -Crockery, cutlery and hollow wares. Napkin folding.

UNIT -V MANAGEMENT OF FOOD AND BEVERAGE PRODUCTION

DEPARTMENT (9 HRS.)

Management for food and beverage of food production department– Principle and functions of management. Organizational chart, Tools of management.

REFERENCES:

TEXTBOOK:

1. Andrews.S (1982). Food and Beverage Service Training Manual, Tata McGraw Hill, New Delhi,

REFERENCE BOOKS:

- 1. Jitendar ,M.D.(2000). *Catering Management*, Denumant Publication, New Delhi.
- 2. Jomes&Merricks (1995). *The Management of Food Service operation,* Cassell Publication, London.
- 3. Sethi &Mathan.(1997). *Catering Management* An integration approach, New Age International, Chennai,
- 4. Thangam Phillip (1992). Modern cookery, Orient Longman, Mumbai,

OPEN EDUCATIONAL RESOURCES:

- 1. http://www.cocktailtimes.com
- 2. http://www.Food and beverages skills.org
- 3. http://www.wpi.edu/Pubs/E-project/Available/E-project-031405

135846/unrestricted/IQP.pdf

- 4. http://www.sciencedaily.com/articles/t/transgenic_plants.htm
- 5. https://ncert.nic.in/textbook/pdf/lehe104.pdf
- 6. https://drive.google.com/file/d/1mrFlogclLZqR1VLDsqI4ikqvTI2sOB8
 8n/view
- 7. https://www.ihmnotessite.net/front-office
- 8. https://www.ihmnotessite.net/accomodation

COURSE CONTENTS & LECTURE SCHEDULE:

Module No.	Topic	No. of Lectures	Teaching Pedagogy	Teaching Aids				
UNIT -1	UNIT -1 CLASSIFICATIONOF RAW MATERIALS							
1.1	Aims and objectives of cooking Food	1	Chalk & Talk	Black Board				
1.2	Classificationof Raw Materials	2	Chalk & Talk	LCD				
1.3	Pre preparation of Ingredients	2	Lecture	PPT & White board				
1.4	Methods of mixing Foods	2	Lecture	Smart Board				
1.5	Cooking methodology for Indian, Continental and Chinese Cookery.	2	Lecture	Black Board				
UNIT -2	SOUPS, SAUCES AND	SALADS						
2.1	Stocks and Sauces - Definition, Types of stocks and Roux	1	Lecture	Black Board				
2.2	Derivatives- Soups and Sauces- Types of soups and sauces	1	Chalk &Talk	Green Board				
2.3	Types of sauces	2	Chalk & Talk	LCD				
2.4	Salads Definition, classification and preparation	1	Lecture	PPT & White board				

2.5	Recipes for simple and compound salads	2	Lecture	Smart Board						
2.6	salad Dressings –Preparation of Salad Dressing.	2	Chalk & Talk	Black Board						
UNIT -3STANDARDIZATION AND MENU PLANNING										
3.1	Selection procedures for Meat (pork, mutton, Beef), Poultry, Fish	2	Chalk & Talk	Black Board						
3.2	Cuts of Meat, Poultry, Fish.	1	Chalk & Talk	LCD						
3.3	Standardization of recipes,	2	Lecture	PPT & White board						
3.4	Quality standards and portion control	1	Lecture	Smart Board						
3.5	Utilization of left over	1	Lecture	Black Board						
3.6	Menu – Definition, Types of menus, Menu planning.	2	Lecture	PPT & White board						
UNIT -IV FOOD AND BEVERAGE SERVICE										
4.1	Food and Beverage Service – Introduction, Definition	1	Chalk & Talk	Black Board						
4.2	various outlets for food and beverage services.	1	Chalk & Talk	LCD						
4.3	Type of service - Russian, French, English and Indian,	1	Lecture	PPT & White						

				Board						
4.4	Etiquettes of service staff	1	Lecture	Smart Board						
4.5	Rules for waiting at the table	2	Lecture	Black Board						
4.6	Table setting – buffet setting	1	Discussion	LCD						
4.7	Table wares -Crockery, cutlery and hollow wares.	1	Chalk & Talk	LCD						
4.8	Napkin folding	1	Chalk & Talk	LCD						
	UNIT -V MANAGEMENT OF FOOD AND BEVERAGE PRODUCTION DEPARTMENT									
5.1	Management for food and beverage of food production department	1	Chalk & Talk	Black Board						
5.2	Principles of management	2	Chalk & Talk	LCD						
5.3	functions of management	2	Lecture	PPT & White board						
5.4	Organizational chart of management	2	Lecture	Smart Board						
5.5	Tools of management.	2	Lecture	Black Board						

CBCS Curriculum for B.Sc. Home Science with Food Biotechnology

	C1	C2	C3	C4	C5	Total Scholasti c Marks	Non Scholasti c Marks C6	CIA Total	
Levels	T1	T2	Qui z	Assignme nt	OBT/PP T				% of Assessme nt
	10 Mks	10 Mks	5 Mks	5 Mks	5 Mks	35 Mks.	5 Mks.	40Mks	
K1	2	2	-	-	-	4	-	4	10 %
K2	2	2	5	-	-	9	-	9	22.5 %
К3	3	3	-	-	5	11	-	11	27.5 %
K4	3	3	-	5	-	11	-	11	27.5 %
Non Scholast ic	-	-	-	-	-		5	5	12.5 %
Total	10	10	5	5	5	35	5	40	100 %

CIA					
Scholastic	35				
Non Scholastic	5				
	40				

\checkmark All the course outcomes are to be assessed in the various CIA components.

√ The levels of CIA Assessment based on Revised Bloom's Taxonomy for UG are:

K1- Remember, K2-Understand, K3-Apply, K4-Analyse

EVALUATION PATTERN

SCHOLASTIC					NON - SCHOLASTI C		MARKS	i
C1	С2	С3	C4	C 5	C6	CIA	ESE	Total
10	10	5	5	5	5	40	60	100

C1 – Internal Test-1

C2 – Internal Test-2

C3 - Quiz

C4 – Assignment

C5 - OBT/PPT

C6 – Non - Scholastic

COURSE OUTCOMES

On the successful completion of the course, students will be able to:

NO.	COURSE OUTCOMES	KNOWLEDGE LEVEL (ACCORDING TO REVISED BLOOM'S TAXONOMY)	PSOs ADDRESSED
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CO 1	Recall the methods of cooking	K1	PSO7
CO 2	Plan and prepare different types of soups and salads	К3	PSO7
CO 3	Describe the selection procedure for flesh foods	K2	PSO7
CO 4	Categorize different styles of food services	K4	PSO7
CO 5	Explain the organization and management process in hotel industry	K2	PSO7

Mapping of COs with PSOs

CO/ PSO	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6	PSO 7	PSO 8	PSO 9	PSO 10	PSO 11	PSO 12
CO1	1	1	1	1	1	1	3	1	1	1	1	1
CO2	1	1	1	1	1	1	3	1	1	1	1	1
CO3	1	1	1	1	1	1	3	1	1	1	1	1
CO4	1	1	1	1	1	1	3	1	1	1	1	1
CO5	1	1	1	1	1	2	3	1	1	1	1	1
CO/ PSO	PSO 13	PSO 14	PSO 15	PSO 16	PSO 17	PSO 18	PSO 19	PSO 20	PSO 21	PSO 22	PSO 23	
CO1	1	1	1	1	1	1	1	1	1	1	1	
CO2	1	1	1	1	1	1	1	1	1	1	1	
CO3	1	1	1	1	1	1	1	1	1	1	1	
CO4	1	1	1	1	1	1	1	1	1	1	1	

CO5 1

Mapping of COs with POs

CO/ PSO	PO1	P02	P03	P04
CO1	1	1	1	3
CO2	1	1	1	3
CO3	1	1	1	3
CO4	1	1	1	3
CO5	1	1	1	3

Note: ♦Strongly Correlated – **3** ♦Moderately Correlated – **2**

Weakly Correlated -1

COURSE DESIGNER:

- 1. Dr.S.Shanthi
- 2. Mrs.J.JosephineJesintha

Forwarded By

Marante E Rain

(Dr.Vasantha Esther Rani)

II B.Sc.HOME SCIENCE WITH FOOD BIOTECHNOLOGY SEMESTER -IV

For those who joined in 2019 onwards

PROGRA MME CODE	COURSE CODE	COURSE TITLE	CATEGO RY	HRS/WEEK	CREDITS
UAHS	19N4AC4	FOOD PRODUCTION AND SERVICE LAB	Practical	2	2

COURSE DESCRIPTION

This practical course develops the skills on the production and service of the food.

COURSE OBJECTIVES

- To acquire the skill on planning the course menu
- To prepare the food on various styles

UNITS

FOOD PREPARATION

UNIT –I Preparation of soups, salads and desserts (6 HRS.)

UNIT -II Main dish (Indian, Continental and Chinese) (6HRS.)

UNIT –III Side dish (Indian, Continental and Chinese (6 HRS.)

UNIT -IV Course menu (6 HRS.)

FOOD SERVICE

UNIT -V Types of service, Cover laying, Table setting and

Napkin folding (6 HRS.)

REFERENCE BOOKS:

1. Jitendar ,M.D.(2000). *Catering Management*, Denumant Publication, New Delhi.

- 2. Jomes&Merricks (1995). *The Management of Food Service operation,* Cassell Publication, London.
- 3. Sethi &Mathan.(1997). *Catering Management* An integration approach, New Age International, Chennai,
- 4. Thangam Phillip (1992). Modern cookery, Orient Longman, Mumbai,

OPEN EDUCATIONAL RESOURCES:

- a) http://www.cocktailtimes.com
- b) http://www.Food and beverages skills.org
- c) http://www.wpi.edu/Pubs/E-project/Available/E-project-031405-
- d) 135846/unrestricted/IQP.pdf
 - e) http://www.sciencedaily.com/articles/t/transgenic plants.htm

COURSE CONTENTS & LECTURE SCHEDULE:

Module No.	Topic	No. of Lectures	Teaching Pedagogy	Teaching Aids
UNI				
1.1	FOOD PREPARATION Preparation of Soups	2	Hands on Training	White board
1.2	Preparation of Salads	2	Hands on Training	LCD &White board
1.3	Preparation of Desserts	2	Hands on Training	Demonstrati on
UNI				
2.1	Topic2 Main dish (Indian)	2	Hands on Training	White board

2.2	Subtopics Main dish (Continental)	2	Hands on Training	White board						
2.3	Main dish (Chinese)	2	Hands on Training	White board						
	UNIT -III Side dish (Indian, Continental and Chinese)									
3.1	Topic 3 Side dish (Indian)	2	Hands on Training	Demonstrati on						
3.2	Subtopics Side dish (Continental)	2	Hands on Training	Demonstrati on						
3.3	Side dish (Chinese)	2	Hands on Training	Demonstrati on						
	UNIT -IV	Course me	enu							
4.1	Topic 4 Preparation of course Menu -Indian	2	Lecture& Hands on Training	White board						
42	Subtopics Preparation of course Menu -Continental	2	Lecture &Hands on Training	Demonstrati on						
4.3	Preparation of course Menu -Chinese	2	Lecture &Hands on Training	Demonstrati on						
UN	IIT -V Types of service, cover l	aying, table	e setting and na	apkin folding						
5.1	Topic5 Types of service	3	Lecture& Hands on Training	LCD & White board						

5.2	Subtopics Cover laying and table Setting	2	Hands on Training	Demonstrati on
5.3	Vegetable Carving and Napkin folding	1	Lecture	Demonstrati on

EVALUATION PATTERN

SCHOLASTIC			NON - SCHOLASTIC		MARKS		
C1	C2	С3	C4	С5	CIA	ESE	Total
10	10	10	5	5	40	60	100

C1 – Internal Test - 1

C2 – Internal Test - 2

C3 – Model Practical Exam

C4 - Record

C5 - Non - Scholastic

COURSE OUTCOMES

On the successful completion of the course, students will be able to:

NO.	COURSE OUTCOMES	KNOWLEDGE LEVEL (ACCORDING TO REVISED BLOOM'S TAXONOMY)	PSOs ADDRESSED
	COURSE OUTCOMES (CO)		PSO3 and PSO7
CO 1	Plan and prepare starters and desserts	K1,K2	

CO 2	Choose and prepare main dishes of different cuisines	K1, K2,	PSO3 and PSO7
CO 3	Identify and prepare suitable side dishes	K1, K3	PSO7
CO 4	Construct the course menu for Indian, Continental cuisine	K2, K3	PSO7
CO 5	Organize different types of service	K4, K2	PSO7

Mapping of COs with PSOs

CO/ PSO	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6	PSO 7	PSO 8	PSO 9	PSO 10	PSO 11	PSO 12
CO1	1	1	1	1	1	3	3	1	1	1	1	1
CO2	1	1	1	1	1	3	3	1	1	1	1	1
CO3	1	1	1	1	1	3	3	1	1	1	1	1
CO4	1	1	1	1	1	3	3	1	1	1	1	1
CO5	1	1	1	1	1	3	3	1	1	1	1	1
CO/ PSO	PSO 13	PSO 14	PSO 15	PSO 16	PSO 17	PSO 18	PSO 19	PSO 20	PSO 21	PSO 22	PSO 23	
CO1	1	1	1	1	1	1	1	1	1	1	1	
CO2	1	1	1	1	1	1	1	1	1	1	1	
CO3	1	1	1	1	1	1	1	1	1	1	1	
CO4	1	1	1	1	1	1	1	1	1	1	1	
CO5	1	1	1	1	1	1	1	1	1	1	1	

Mapping of COs with POs

CO/ PSO	P01	P02	Р03	P04
CO1	1	3	1	1
CO2	1	3	1	1
CO3	1	3	1	1
CO4	1	3	1	1
CO5	1	3	1	1

Note: ♦Strongly Correlated – **3**

♦ Moderately Correlated - 2

♦ Weakly Correlated -1

COURSE DESIGNER:

Dr.S. Santhi

Forwarded By

Maranten & Rain

(Dr. Vasantha Esther Rani)

II B.Sc. HOME SCIENCE WITH FOOD BIOTECHNOLOGY SEMESTER –IV

For those who joined in 2019 onwards

PROGRAMM E CODE	COURS E CODE	COURSE TITLE	CATEGORY	HRS/WE EK	CREDITS
UAHS	19N4SB 2	ENTREPRENEURIA L SKILLS – CAD	Lecture / Practical	2	2

COURSE DESCRIPTION

This course imparts skill in designing fashion garments, texture mapping and application of suitable accessories and background using Fashion Studio software.

COURSE OBJECTIVES

- To train the students in drawing basic silhouettes.
- To impart skill in designing fashion garments.

UNITS

UNIT -I (10 HRS.)

Drawing basic silhouettes

Self- Study: Drawing accessories

UNIT -II (5 HRS.)

Texture mapping - introducing colours and designs

UNIT -III (5 HRS.)

Colour way studio

UNIT -IV (5 HRS.)

Introducing pleat and fold

UNIT -V (5 HRS.)

Draping

REFERENCE BOOKS

- 1. Anne Allen & Julian Seaman. (2005). Fashion Drawing The Basic Principles. Replika Press Pvt. Ltd, India.
- 2. Erwin, M.D. (1975). Clothing for Moderns. The Mac Millan Company, New York.
- 3. Gini Stephens Frings. (2005). Fashion From Concept to Consumer. Pearson Education.
- 4. Jay Diamond & Ellen Diamond. (1997). The World of Fashion. Fair Child Publications, New York.
- 5. Mary Mathews. (1985). Practical Clothing Construction Part I and II. Chennai.
- 6. Retu, T. (1998). Hand book for Fashion Designing. Mittal Publications, New Delhi.

OPEN EDUCATIONAL RESOURCES:

https://en.wikipedia.org/wiki/Textile

https://www.amazon.in/Spinning-Tillie-Walden-ebook/dp/B074ZGMTY2

https://www.textileebook.com/2019/04/principles-of-textile-finishing-asim-kumar-roy-choudhury.html

https://textilestudycenter.com/library/

COURSE CONTENTS & LECTURE SCHEDULE:

Module No.	Topic	No. of Lectures	Teaching Pedagogy	Teaching Aids
	UNIT -1	TITL	E	
1.1	Drawing basic silhouettes	1	Lecture	Fashion Studio Software
2.1	Texture mapping – introducing colours and	1	Lecture	Fashion Studio

	Designs			Software
3.1	Colour way studio	4	Lecture	Fashion Studio Software
4.1	Introducing pleat and fold	1	Lecture	Fashion Studio Software
5.1	Draping	1	Lecture	Fashion Studio Software

	C 1	C2	С3	C4	C5	Total Scholasti c Marks	Non Scholasti c Marks C6	CIA Total	
Levels	T1	T2	Qui z	Assignme nt	OBT/PP T				% of Assessme nt
	10 Mks	10 Mks	5 Mks	5 Mks	5 Mks	35 Mks.	5 Mks.	40Mks	
K1	2	2	,	ı	•	4		4	10 %
K2	2	2	5	-	-	9	-	9	22.5 %
К3	3	3	-	-	5	11	-	11	27.5 %
K4	3	3	-	5	-	11	-	11	27.5 %
Non Scholast ic	-	-	-	-	-		5	5	12.5 %
Total	10	10	5	5	5	35	5	40	100 %

CIA	
Scholastic	35
Non Scholastic	5
	40

- \checkmark All the course outcomes are to be assessed in the various CIA components.
- \checkmark The levels of CIA Assessment based on Revised Bloom's Taxonomy for UG are :

K1- Remember, K2-Understand, K3-Apply, K4-Analyse

EVALUATION PATTERN

		SCHOL	NON - SCHOL ASTIC	MARKS			
C1	C2	С3	C4	C5	С6	CIA	ESE
10	10	5	5	5	5	40	60

C1 - Internal Test-1

C2 – Internal Test-2

C3 - Quiz

C4 – Assignment

C5 - OBT/PPT

C6 – Non – Scholastic

COURSE OUTCOMES

On the successful completion of the course, students will be able to:

NO.	COURSE OUTCOMES	KNOWLEDGE LEVEL (ACCORDING TO REVISED BLOOM'S TAXONOMY)	PSOs ADDRESSED	
CO 1	Illustrate the basic silhouettes of garments.	K2, K4	PSO9 & PSO10	
CO 2	Plan the colour and design based on the type of garment	К3	PSO10 & PSO17	
CO 3	Identify the areas for the application of transparent effect	K1, K3	PSO10	
CO 4	Choose appropriate pleat, fold and accessories	K1, K3	PSO10	
CO 5	Organize the designed garment against a background	К3	PSO10	

Mapping of COs with PSOs

CO/ PSO	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6	PSO 7	PSO 8	PSO 9	PSO1 0	PS01 1	PSO1 2
CO1	1	1	1	1	1	1	1	1	3	3	1	1
CO2	1	1	1	1	1	1	1	1	1	3	1	1
CO3	1	1	1	1	1	1	1	1	1	3	1	1
CO4	1	1	1	1	1	1	1	1	1	3	1	1

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CO5	1	1	1	1	1	1	1	1	1	3	1	1
CO/ PSO	PSO 13	PSO 14	PSO 15	PSO 16	PSO 17	PSO 18	PSO 19	PSO 20	PSO 21	PSO2 2	PS02 3	
CO1	1	1	1	1	1	1	1	1	1	1	1	
CO2	1	1	1	1	3	1	1	1	1	1	1	
CO3	1	1	1	1	1	1	1	1	1	1	1	
CO4	1	1	1	1	1	1	1	1	1	1	1	
CO5	1	1	1	1	1	1	1	1	1	1	1	

Mapping of COs with Pos

CO/PSO	P01	PO2	P03	P04
CO1	1	1	3	1
CO2	3	1	3	1
соз	2	1	3	1
CO4	3	1	3	1
CO5	3	1	3	1

Note: ♦Strongly Correlated – **3**

♦ Moderately Correlated - 2

♦ Weakly Correlated -1

COURSE DESIGNER:

1.Dr.R.Latha

2.Ms.J. JosephineJesintha

Forwarded By

Masantya & Rain

(Dr. Vasantha Esther Rani)

SELF LEARNING INTERDISCIPLINARY COURSE SEMESTER -IV

Offered by The Research Centre of Home Science and Department of Chemistry

(For those who joined in 2021 onwards)

PROGRAM ME CODE	COURS E CODE	COURSE TITLE	CATEGORY	HRS/W EEK	CREDITS
UAHS	22UG4SLN	Textile Colouration	Self Learning	-	2

COURSE DESCRIPTION

This course enlightens the students on the textile fibres, dyes and the coloration process. It also deals with the application process of mordant and disperse dyes.

COURSE OBJECTIVES

CO1: To gain knowledge about textile fibres and dyes

CO2: To understand the textile coloration process

CO3: To develop familiarity with the machinery used for dyeing and the application process

CO4: To study the concept of mordant dyes and properties

CO5: To learn about disperse dyes and the process of dispersion

UNITS

UNIT -I FIBRES AND DYES

Classification of textile fibres, types of dyes, suitability to textile fibres.

UNIT -II COLORATION PROCESS

Stages of dyeing. Methods of dyeing fabrics: jet dyeing, jig dyeing, pad dyeing and beamdyeing.

UNIT -III MACHINERY AND APPLICATION

Machinery: Conical-pan-loose-stock machine, The Hussong machine, Package dyeing machine, The Winch dyeing machine.

Application process: Forces by which dye molecules are bound to fibre (i) ionic force (ii)

hydrogen bonding(iii) van der Waals forces (iv) covalent chemical linkages

UNIT -IV MORDANT DYES

Introduction -Natural mordant dyes - Synthetic mordant dyes - structure and properties of Eriochrome Black A and Alizarin.

UNIT -V DISPERSE DYES

Introduction – Ion amines, disperse acetate dyes and solacet dyes - Chemical structure of disperse dyes- Dispersion process -Function of dispersing agents

UNIT -VI DYNAMISM (Evaluation Pattern-CIA only)

REFERENCES:

- 1. Shailaja D.Naik, Jacquie A Wilson, 'Surface Designing of Textile Fabrics', New Age International(P) Ltd; Publishers, New Delhi (2006)
- 2.P.V.Vidyasagar, 'Handbook of Textiles', Mittal Publications, New Delhi (1998)
- **3.** SusheelaDhantyagi, 'Fundamentals of Textiles and their care', Orient Longman, New Delhi. (1991)
 - 4. B.K.Sharma-—Industrial Chemistry, Goel Publishing co,1997
 - **5.** R.Chatwal —Synthetic Dyes||-Himalayan Publishing House,1995
 - **6.** V.A.Shenai, Chemistry of Dyes and Principles of Dyeing.

WEB REFERENCES:

link.springer.com

www.keycolour.net

www.slideshare.net

textileinsight.blogspot.com

Britannica.com/topic/textile/dyeing-and-printing

COURSE CONTENTS & LECTURE SCHEDULE:

Module No.	Topic	No. of Lectures	Teaching Pedagogy	Teaching Aids
	UNIT -1	TITL	Е	
1.1	FIBRES AND DYES	-	-	MATERIALS GIVEN
2.1	COLORATION PROCESS	-	-	MATERIALS GIVEN

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3.1	MACHINERY AND APPLICATION	-	-	MATERIALS GIVEN
4.1	MORDANT DYES	-	-	MATERIALS GIVEN
5.1	DISPERSE DYES	-	-	MATERIALS GIVEN
6.1	DYNAMISM	-	-	MATERIALS GIVEN

	C1	C2	С3	C4	C5	Total Schola stic Marks	Non Schola stic Marks C6	CIA Total	% of
Levels	T1	Т2	Qui z	Assign ment	OBT/P PT				Assessm ent
	10 Mk s.	10 Mk s.	5 Mk s.	5 Mks	5 Mks	35 Mks.	5 Mks.	40M ks.	
K1	2	2	-	-	-	4	-	4	10 %
K2	2	2	5	-	-	9	-	9	22.5 %
К3	3	3	-	-	5	11	-	11	27.5 %
K4	3	3	-	5	-	11	-	11	27.5 %
Non Scholast ic	-	-	-	-	-		5	5	12.5 %
Total	10	10	5	5	5	35	5	40	100 %

CIA	
Scholastic	35
Non Scholastic	5
	40

- **✓** All the course outcomes are to be assessed in the various CIA components.
- ✓ The levels of CIA Assessment based on Revised Bloom's Taxonomy for UG are :

K1- Remember, K2-Understand, K3-Apply, K4-Analyse

EVALUATION PATTERN

		SCHOL	NON - SCHOL ASTIC	MA	RKS		
C1	C2	С3	C4	C5	С6	CIA	ESE
10	10	5	5	5	5	40	60

COURSE OUTCOMES

On the successful completion of the course, students will be able to:

NO.	COURSE OUTCOMES	KNOWLEDGE LEVEL (ACCORDING TO REVISED BLOOM'S TAXONOMY)	PSOs ADDRESSED
CO 1	Able to identify fibres and dyes	K2, K4	PSO9 & PSO10
CO 2	Plan the colouration process	К3	PSO10 & PSO17
со з	Choose appropriate application process	K1, K3	PSO10
CO 4	Identify physical properties of moderent dyes	K1, K3	PSO10
CO 5	Able to know the chemical structure of dyes	К3	PSO10

Mapping of COs with PSOs

С	PSO	PS										
0	1	2	3	4	5	6	7	8	9	10	11	0
												1
												2

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CO1	1	1	1	1	1	1	1	1	3	3	1	1
CO2	1	1	1	1	1	1	1	1	1	3	1	1
CO3	1	1	1	1	1	1	1	1	1	3	1	1
CO4	1	1	1	1	1	1	1	1	1	3	1	1
CO5	1	1	1	1	1	1	1	1	1	3	1	1
CO/ PSO	PSO 13	PSO 14	PSO 15	PSO 16	PSO 17	PSO 18	PSO 19	PSO 20	PSO 21	PSO 22	PSO 23	
CO1	1	1	1	1	1	1	1	1	1	1	1	
COR												
CO2	1	1	1	1	3	1	1	1	1	1	1	
CO3	1	1	1	1	3 1	1	1	1	1	1	1	

Mapping of COs with Pos

CO/ PSO	P01	PO2	P03	P04
CO1	1	1	3	1
CO2	3	1	3	1
CO3	2	1	3	1
CO4	3	1	3	1
CO5	3	1	3	1

Note: ♦ **Strongly Correlated** – 3

♦ Moderately Correlated - 2

♦ Weakly

Correlated -1

COURSE DESIGNER:

1.Dr.R.Latha

2.Dr.B.Vinosha

IIIB.Sc. HOMESCIENCE WITH FOOD BIOTECHNOLOGY SEMESTER -V

For those who joined in 2019 onwards

PROGRA MME CODE	COURSE CODE	COURSE TITLE	CATEGORY	HRS/ WEEK	CREDITS
UAHS	19N5CC13	Creche and Preschool Management	Lecture	6	4

Course Description:

This course imparts a comprehensive theoretical knowledge on the management of crèche and preschool management

Course Objectives:

- To disseminate the knowledge on the theories of philosophers.
- To teach them the various type of Preschools.
- Enable them to learn the principles and curricula of the preschool

UNITS

UNIT -I EARLY CHILDHOOD CARE AND DEVELOPMENT (16 HRS.)

Importance of Children's Environment, Early childhood Care and Development.

Self-Study: Psychological, Nutritional and Healthcare of Preschool Children

UNIT -II CRECHE MANAGEMENT

(18 HRS.)

Need for crèche – a supportive Agency. Role of a care taker – planning activities for children, care of an infant – sleep, feeding, and hygienic aspects Prevention of accidents, special requirements – furniture, rooms, play equipment's and utensils

UNIT -III PRESCHOOL EDUCATION

(18 HRS.)

Preschool – Meaning, Objectives, Significance, Functions. Views of educationists – Rousseau, Pestalozzi, Froebel, Dewey, Montessori

UNIT -IV PRESCHOOL PROGRAMME

(18 HRS.)

Preschool Programme- Principles involved, a day's schedule

Preschool curriculum – types – child controlled, teacher controlled, child
teacher mutually controlled

UNIT -V ORGANISATION OF A PRESCHOOL CENTRE (20HRS.)

Physical set up-building equipment, Play definition.importance of play.

lay equipment for preschool children, selection and maintenance

Preschool staff and personnel,

Records and reports maintained in preschool.

Self -Study:Home School relationship.

REFERENCES:

TEXTBOOK:

1. Chowdhry. A & Chowdhry. R, *Pre-school children – Development care and Education,* New Age International CP Limited, NAIP publishing, Chennai, 2002.

REFERENCE BOOKS:

- 1. Devadas R.P. &Jaya.N(1991), *Textbook of Child Development*, Macmillan India limited, India
- 2. Hurlock E. B, (2004). *Child Development*, (6th ed). McGraw Hill Inc., NewYork.
- 3. Moony S. G (2013). Theories of childhood: an introduction Dewey, Montessori, Erikson, Piaget, and Vygotsky, Tradepaperback, USA.
- 4. Santrock J.W, (2014) Child Development, McGraw Hill Inc., New York.

OPEN EDUCATIONAL RESOURCES:

- 1. https://libguides.humboldt.edu/openedu/cd
- 2. https://guides.skylinecollege.edu/oersbysubject/education
- 3. https://library.piercecollege.edu/oer/childdevelopment

COURSE CONTENTS & LECTURE SCHEDULE:

Module No.	Topic	No. of Lectures	Teaching Pedagogy	Teaching Aids	
	UNIT -1 EARLY CHILDH	OOD CARE	AND DEVELO	PMENT	
1.1	Topic 1 Importance of children's environment. Theory	8	Chalk & Talk	Black Board	
1.2	Subtopic Early childhood care and development.	8	Chalk & Talk	LCD &White board	
	UNIT -II CRECHE MA	NAGEMEN'	Г		
2.1	Topic 2 Need for crèche – a supportive Agency. Role of a care taker.	3	Lecture	PPT& Black Board	
2.2	Subtopic Planning activities for children.	3	Chalk & Talk	Green Board	
2.3	Topic 3 Care of an infant – sleep, feeding, and hygienic aspects	3	Chalk & Talk	Black Board and PPT	
2.4	Subtopics Prevention of accidents.	3	Chalk & Talk	LCD &White board	
2.5	Special requirements – furniture, rooms.	3	Chalk & Talk	LCD & Smart Board	
2.6	Play Equipment's and utensils	3	Lecture	PPT & White board	

	UNIT -III PRESCHOOL EDUCATION							
3.1	Topic 4 Preschool – Meaning, Objectives, Significance, Functions.	3	Chalk & Talk	Black Board				
3.2	Subtopic Views of educationists – Dewey, Rousseau	3	Lecture	PPT& Black Board				
3.3	Views of educationists – Pestalozzi,	3	Chalk & Talk	LCD & Smart Board				
3.4	Views of educationists – Froebel	3	Chalk & Talk	Black Board				
3.5	Views of educationists – Montessori	3	Chalk & Talk	Smart Board				
3.6	Views of educationists – Mahatma Gandhi	3	Lecture	PPT & White board				
	UNIT -IV PRES	CHOOL PR	OGRAMME					
4.1	Topic5 Preschool Programme- Principles involved	6	Lecture	Smart Board				
4.2	Subtopics A day's schedule Music, Story, Creative activity,Games,Science Experience	6	Lecture	PPT				
43	Preschool curriculum – types – child controlled, teacher controlled, child teacher mutually controlled	6	Chalk & Talk	LCD				
	UNIT -V ORGANISATIO	ON OF A PE	RESCHOOL CE	NTRE				
5.1	Topic 6 Physical setup – building and equipment	5	Lectureand Group Discussion	Models				
5.2	Play equipment for preschool children - Selection and maintenance	5	Lecture	Green Board Charts				

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5.3	Play Definition, Importance of play. Preschool staff and personnel	5	Lecture	Smart Board
5.4	Records and reportsmaintained inpreschool	5	Lecture	Black Board

	C1	C2	C3	C4	C5	Total Scholasti cMarks	Non Scholas tic Marks C6	CIA Total
Levels	T1	T2	Quiz	Assignm ent	OBT/P PT			
	10 Mks.	10 Mks.	5 Mks.	5 Mks	5 Mks	35 Mks.	5 Mks.	40Mks.
K1	2	2	-	-	-	4	-	4
K2	2	2	5	-	-	9	-	9
К3	3	3	-	-	5	11	-	11
K4	3	3	-	5	-	11	-	11
Non Scholastic	-	-	-	-	-		5	5
Total	10	10	5	5	5	35	5	40

CIA	
Scholastic	35
Non Scholastic	5
	40

All the course outcomes are to be assessed in the various CIA components. The levels of CIA Assessment based on Revised Bloom's Taxonomy for UG are :

K1- Remember, K2-Understand, K3-Apply, K4-Analyse

COURSE OUTCOMES

On the successful completion of the course, students will be able to:

NO.	COURSE OUTCOMES	KNOWLEDGE LEVEL (ACCORDING TO REVISED BLOOM'S TAXONOMY)	PSOs ADDRESSED
CO 1	Understand the importance of children's environment and overall development of Pre-school children	K1, K2	PS011&PS013
CO 2	Express the views of educationists on Preschool Education	K1, K2,	PS015
CO 3	Plan and conduct a preschool programme	K1, K3	PSO15 and 16
CO 4	Construct the administrative skills to organize a Creche and a Preschool	K2,K3 &K4	PSO15 and 16
CO 5	Build a skill in preparing various play equipment and teaching aids for Preschoolers	K2 & K4	PS016

Mapping of COs with PSOs

CO / PS O	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6	PSO 7	PSO 8	PSO 9	PSO 10	PSO 11	PSO 12
CO 1	1	1	1	1	1	1	1	1	1	1	3	1
СО	1	1	1	1	1	1	1	1	1	1	1	1

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2												
CO 3	1	1	1	1	1	1	1	1	1	1	1	1
CO 4	1	1	1	1	1	1	1	1	1	1	1	1
CO 5	1	1	1	1	1		1		1	1	1	1
CO / PS O	PSO 13	PSO 14	PSO 15	PSO 16	PSO 17	PSO 18	PSO 19	PSO 20	PSO 21	PSO 22	PSO 23	
CO 1	3	1	3	1	1	1	1	1	1	1	1	
CO 2	1	1	1		1	1	1	1	1	1	1	
CO 3	1	1	3	3	1	1	1	1	1	1	1	
CO 4	1	1	3	3	1	1	1	1	3	1	1	
co 5	1	1	1	3	1	1	1	1	1	1	1	

CBCS Curriculum for B.Sc. Home Science with Food Biotechnology Mapping of COs with Pos

CO/ PSO	PO1	PO2	РО3	PO4
CO1	1	1	1	1
CO2	1	1	1	1
CO3	1	3	1	1
CO4	1	1	1	3
CO5	1	1	1	1

Note: ♦ Strongly Correlated - 3 ♦ Moderately Correlated - 2

♦ Weakly Correlated -1

COURSE DESIGNER: Dr.S.SANTHI

Forwarded By

Marante E Rain

(Dr. Vasantha Esther Rani)

IIIB.Sc. HOMESCIENCE WITH FOOD BIOTECHNOLOGY

SEMESTER -V

For those who joined in 2019 onwards

PROGRA MME CODE	COURSE CODE	COURSE TITLE	CATEGO RY	HRS/WE EK	CREDITS
UAHS	19N5CC14	PRESCHOOL ADMINISTRATION LAB	Practical	4	2

Course Description:

This course helps the students to develop constructive knowledge on the various skills in managing the crèche and preschool.

Objectives:

To teach how to

- 1. Plan a preschool programme –activities for children.
- 2. Prepare audio visual aids to support teaching
- 3. Prepare a play equipment.
- 4. Manage the preschool

UNITS

UNIT -I. (10HRS)

Developing Stories with suitable aids for Preschool Children

Preparing audio visual aids for informal talk

UNIT -II (10HRS)

Compose rhymes with expression and action for Preschool Children

UNIT -III (20 HRS)

Developing creative activities for Preschool Children

Planning science experience for Preschool Children

UNIT -IV (10HRS)

Construct low-cost play equipment for children.

Planning for indoor and outdoor games

UNIT -V (10HRS)

Preparing picture book for Readiness activity.

Preschool participation in celebration and in health programmes

REFERENCES

- 1. Chowdhry. A &Chowdhry. R, Pre-school children Development care and Education, New Age International CP Limited, NAIP publishing, Chennai, 2002.
- 2. Moony S.G(2013). Theories of childhood : An introduction Dewey, Montessori, Erikson, Piaget, and Vygotsky, Tradepaperback, USA.

COURSE CONTENTS & LECTURE SCHEDULE:

Modu le No.	Topic	No. of Lectur es	Teaching Pedagogy	Teaching Aids
		UNIT -	1	
1.1	Topic 1 Developing stories with suitable aids for Preschool Children.	5	Hands on Experiences	Black Board
1.2	Subtopic Preparing audio visual aids for informal talk.	reparing audio visual 5 Experiences/I		
		UNIT-I	I	
2.1	Topic 2 Compose rhymes with expression on different themes	5	Lecture/Hands on Experiences	PPT& Black Board
2.2	Subtopic Music and action for Preschool Children	5	Hands on Experiences	
		UNIT -I	III	

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3.1	Topic 3 Developing creative activities for Preschool Children	10	Chalk &Talk Hands on Experiences	Black Board
3.2	Subtopic Planning science experience for Preschool	5	Lecture/ Hands on Experiences	PPT& Black Board
	Children			
3.3	Developing a creative Album	5	Chalk & Talk Hands on Experiences	LCD & Smart Board
		UNIT -	ıv	
4.1	Topic 4 Construct low-cost play equipment for children.	6	Lecture/Hands on Experiences	Worksho ps
4.2	Subtopics Planning for indoor and outdoor games	4	Hands on Experiences	
		UNIT -	V	
5.1	Topic 5 Preparing picture book for Readiness activity.	4	Lecture/ and Group Discussion	Models
5.2	Subtopics Preschool participation in festival celebration and in health programmes	3	Hands on Experiences	Green Board Charts
5.3	Participation in Parent teacher Programmes	3	Group Work	Smart Board
		•		

COURSE OUTCOMES

On the successful completion of the course, students will be able to:

NO.	COURSE OUTCOMES	KNOWLEDGE LEVEL (ACCORDING TO REVISED BLOOM'S TAXONOMY)	PSOs ADDRESSED
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CO 1	Construct the knowledge in developing stories, rhymes, and creative activities on their own.	K1, K2	PS011& PS013
CO 2	Develop skills on the preparation of low-cost play equipment for preschool children	К3	PSO15
CO 3	Organise and administer Preschool programme and PTA meetings	K1, K4	PSO15 & PSO16
CO 4	Plan and organize indoor and outdoor games for preschool children	K2, K3	PSO15 & PSO16
CO 5	Explore their skills in strengthening the health concepts of children	K3, K4	PSO16

EVALUATION PATTERN

SCHOLASTIC			NON - SCHOLASTIC	MARKS			
C1	C2	С3	C4	С5	CIA	ESE	Total
10	10	10	5	5	40	60	100

C1 - Internal Test - 1

C2 – Internal Test – 2

C3 - Model Practical Exam

C4 - Record

C5 - Non - Scholastic

Mapping of COs with PSOs

CBCS Curriculum for B.Sc. Home Science with Food Biotechnology

CO / PS O	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6	PSO 7	PSO 8	PSO 9	PSO 10	PSO 11	PSO 12
CO 1	1	1	1	1	1	1	1	1	1	1	3	1
CO 2	1	1	1	1	1	1	1	1	1	1	1	1
CO 3	1	1	1	1	1	1	1	1	1	1	1	1
CO 4	1	1	1	1	1	1	1	1	1	1	1	1
CO 5	1	1	1	1	1	1	1	1	1	1	1	1
CO / PS O	PSO 13	PSO 14	PSO 15	PSO 16	PSO 17	PSO 18	PSO 19	PSO 20	PSO 21	PSO 22	PSO 23	
CO 1	3	1	3	1	1	1	1	1	1	1	1	
CO 2	1	1	3		1	1	1	1	1	1	1	
CO 3	1	1	3	3	1	1	1	1	1	1	1	
CO 4	1	1	3	3	1	1	1	1	3	1	1	
CO 5	1	1	1	3	1	1	1	1	1	1	1	

Mapping of COs with Pos

CBCS Curriculum for B.Sc. Home Science with Food Biotechnology

CO/ PSO	P01	P02	Р03	P04
CO1	1	1	1	1
CO2	1	1	1	1
CO3	1	3	1	1
CO4	1	1	1	3
CO5	1	1	1	1

Note: ◆Strongly Correlated - 3

♦ Weakly Correlated

COURSE DESIGNER: 1.Dr.S.SANTHI

Forwarded By

Marante E Rain

(Dr.Vasantha Esther Rani)

[♦] Moderately Correlated - 2

III B.Sc. HOMESCIENCE WITH FOOD BIOTECHNOLOGY

SEMESTER -V

For those who joined in 2019 onwards

PROGRAMME	COURSE	COURSE	CATEGO	HRS/WEE	CREDITS
CODE	CODE	TITLE	RY	K	
UAHS	19N5CC15	Housing and Art in Home	Lecture	6	4

COURSE DESCRIPTION

This course elicit knowledge on all aspects of housing and application of artin home.

COURSE OBJECTIVES

- Gain basic knowledge of art principles and gain skills in their application in the home.
- Understand basics of house planning.
- Understand the housing problems and social effects of housing in India.
- Gain basic knowledge of principles of maintenance of house.

UNITS

UNIT – I	ART IN HOME	(15 HRS)

Design-Meaning, Types, Characteristics

Elements of Design – Line, Shape, Form, Colour, Size, Texture, Light, Space and Pattern.

UNIT – II	PRINCIPLES OF DESIGN	(15 HRS)
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Principles of Design – Harmony, Balance, Proportion, Rhythm, Emphasis Colour – Prang colour system, Classes of colour, Colour harmony-related & contrast Colour.

UNIT – III	TRENDS IN INTERIOR DESIGN	(20 HRS)

Furniture - Selection, use and care, furniture arrangement in various rooms.

Accessories – Selection, use and care, Flower Arrangement – Types – Basic principles

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Lighting – Requirements of good lighting, types – based on reflection and purpose-Natural and Artificial lightning.

UNIT – IV HOUSING AND ENVIRONMENT (20 HRS)

Functions of house, selection of site, Principles of planning, Interior and exterior finishes – Wall, Floor and Ceiling, Landscape gardening – meaning, basic principles and units, Desirability of owning Vs renting a house.

UNIT - V HOUSING DEVELOPMENT IN INDIA (20HRS)

Housing shortage in India, causes of housing problems in India, Role of Tamil Nadu Housing Board & NBO in Housing Development

Self- study- Daily, weekly, periodical cleaning of house, Domestic pests and measures. Purification of water - household & large scale.

Waste management-solid waste-burning, dumping and composting.

REFERENCES:

TEXTBOOK:

1. Mullick.P.(2007) Text Book of Home Science, Kalyani Publishers, Ludhiyana.

REFERENCE BOOKS:

REFERENCES

- 2. Bettar and Lockarty (1961), *Design for you*, Jotiss Wiley & Sons, Inc., New York.
- 3. Faulkner, R & Faulkner. S (1960). Inside Today's Home, Rinc Hart and Winston Inc. New York,
- 4. Goldstein H. & Goldstein V. (1978). Art in Everyday life, The Macmillan Company, New York,
- 5. Gross I.H, Grandall E.W, & Knoll H.M. (1975) Management for modern families
- 6. Mullick.P.(2007) Text Book of Home Science, Kalyani Publishers, Ludhiyana.
- 7. Nickell & Dorsey, J.N (1976). Management in Family Living, Indian Edition,
- 8. Rutt, A.H.,(1967). *Home Furnishings* Wiley Easters Private Ltd., New Delhi.

OPEN EDUCATION RESOURCE:

- 1. https://wwcw.homesandgardens.com/news/7-elements-of-design
- 2. https://www.hatchdesign.ca/principles-of-interior-design-part-1-balance/
- 3. https://hmhub.me/accessories-interior-decoration/
- 4. https://designingidea.com/types-of-flooring-materials-for-interior-design/
- 5. https://homedesignlover.com/interior-design/choosing-flooring-

materials/

6. https://happho.com/different-materials-used-flooring/

COURSE CONTENTS & LECTURE SCHEDULE:

Module No.	Topic	No. of Lectures	Teaching Pedagogy	Teaching Aids				
UNIT 1 ART IN HOME								
1.1	Introduction	1	Chalk & Talk	LCD				
1.2	Design – Meaning, Types, Characteristics	4	Chalk & Talk	Black Board				
1.3	Elements of Design – Line, Shape, Form	3	Lecture	PPT & White board				
1.4	Elements of Design – Colour, Size	3	Lecture	Smart Board				
1.5	Elements of Design – Light and Space, Pattern	4	Lecture	Black Board				
	UNIT -2 PRINCIPLES OF DESIGN							
2.1	Principles of Design – Harmony, Balance	3	Lecture	LCD				
2.2	Principles of Design – Proportion, Rhythm, Emphasis	3	Chalk & Talk	LCD				
2.3	Colour – Prang colour system	3	Lecture	PPT & White board				
2.4	Classes of colour	3	Discussion	PPT				
2.5	Colour harmony – related & contrast	3	Lecture	Black board				
	UNIT -3 TREN	IDS IN INT	ERIOR DESIGN					
3.1	Furniture – Selection, use and care, Furniture arrangement in various rooms	4	Lecture	Black board				

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Accessories –

3.2	Accessories – Selection, use and care	4	Chalk & Talk	LCD					
3.3	Flower arrangement – Types – Basic principles	5	Demonstration,Hands on Experience	Black board					
3.4	Lighting – Requirements of good lighting	3	Lecture	PPT & White board					
3.5	Lighting – Types – Based on reflection and purpose	4	Discussion	PPT & White board					
	UNIT -4 HOUSING AND ITS ENVIRONMENT								
4.1	Functions of house	2	Lecture	LCD					
4.2	Selection of site	2	Chalk & Talk	LCD					
4.3	Principles of planning	4	Lecture	PPT & White board					
4.4	Interior and exterior finishes – Wall, Floor, and Ceiling	5	Lecture	PPT & White board					
4.5	Landscape gardening – meaning, basic principles and units	4	Chalk & Talk	LCD					
4.6	Desirability of owning Vs renting a house	3	Lecture	Black Board					
	UNIT -5 HOUSIN	IG DEVELO	DPMENT IN INDIA						
5.1	Housing shortage in India, causes of housing problems in India	3	Lecture	LCD					
5.2	Role of Tamil Nadu Housing Board & NBO in Housing Development	3	Chalk & Talk	LCD					
5.3	Daily, weekly, periodical cleaning of House	3	Discussion	Black Board					

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5.4	Domestic pest and measures	3	Discussion	Black Board
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5.5	Purification of water – household & large Scale	4	Discussion	Black Board
5.6	Waste management – solid waste – burning, dumping and composting	4	Lecture	PPT

	C1	C2	С3	C4	C5	Total Scholastic Marks	Non Scholas tic Marks C6	CIA Total
Levels	T1	T2	Quiz	Assignm ent	OBT/PPT			
	10 Mks.	10 Mks.	5 Mks.	5 Mks	5 Mks	35 Mks.	5 Mks.	40Mks.
K1	2	2	-	-	-	4	-	4
K2	2	2	5	-	-	9	-	9
К3	3	3	-	-	5	11	-	11
K4	3	3	-	5	-	11	-	11
Non Scholastic	-	-	-	-	-		5	5
Total	10	10	5	5	5	35	5	40

CIA	
Scholastic	35
Non Scholastic	5
	40

All the course outcomes are to be assessed in the various CIA components.

The levels of CIA Assessment based on Revised Bloom's Taxonomy for UG are :

K1- Remember, K2-Understand, K3-Apply, K4-Analyse

EVALUATION PATTERN

SCHOLASTIC				NON - SCHOLASTIC		MARKS	S	
C1	C2	С3	C4	C 5	С6	CIA ESE Total		Total
10	10	5	5	5	5	40	60	100

C1 – Internal Test-1

C2 - Internal Test-2

C3- Quiz

C4 – Assignment

C5 -OBT/PPT

C6 – Non – Scholastic

COURSE OUTCOMES

On the successful completion of the course, students will be able to:

NO.	COURSE OUTCOMES	KNOWLEDGE LEVEL (ACCORDING TO REVISED BLOOM'S TAXONOMY)	PSOs ADDRESSED
CO 1	Classify the types, elements of design.	K2,K4	PSO17
CO 2	Explain the principles of design, and its application in interiors.	K1, K2	PSO17
CO 3	Construct house plan and landscaping.	K3,K4	PSO17
CO 4	Describe the housing problems and remedies.	К2	PSO17
CO 5	Build skills in interior designing.	K3, K4	PSO17

Mapping of COs with PSOs

CO/ PSO	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6	PSO 7	PSO 8	PSO 9	PSO 10	PSO 11	PSO 12
CO1	1	1	1	1	1	1	1	1	1	1	1	1
CO2	1	1	1	1	1	1	1	1	1	1	1	1
CO3	1	1	1	1	1	1	1	1	1	1	1	1
CO4	1	1	1	1	1	1	1	1	1	1	1	1
CO5	1	1	1	1	1	1	1	1	1	1	1	1
CO/ PSO	PSO 13	PSO 14	PSO 15	PSO 16	PSO 17	PSO 18	PSO 19	PSO 20	PSO 21	PSO 22	PSO 23	
-												
PSO	13	14	15	16	17	18	19	20	21	22	23	
PSO CO1	13	14 1	15	16	17	18	19 1	20	21	22 1	23	
PSO CO1 CO2	13 1 1	14 1 1	15 1 1	16 1 1	17 3	18 1 3	19 1 1	20 1 1	21 1 1	22 1 1	23 1 1	

Mapping of COs with Pos

CO/ PSO	P01	P02	P03	P04
CO1	1	1	1	1
CO2	1	2	1	1
CO3	1	1	3	1
CO4	1	1	1	1
CO5	1	1	1	1

Note: ♦ Strongly Correlated – 3 ♦ Moderately Correlated – 2

♦ Weakly Correlated -1

COURSE DESIGNER: Dr. C. Priyalatha

Forwarded By

Maranter & Rain

(Dr. Vasantha Esther Rani)

III B.Sc. HOMESCIENCE WITH FOOD BIOTECHNOLOGY SEMESTER -V

For those who joined in 2019 onwards

PROGRAMME CODE	COURSE CODE	COURSE TITLE	CATEGORY	HRS/W EEK	CREDITS
UAHS	19N5CC16	Art In Everyday Life Lab	Practical	4	2

COURSE DESCRIPTION

This course imparts skill in decorating the interior based on art principles.

COURSE OBJECTIVES

- To impart knowledge on principles of design.
- To train students to set table for different occasions.
- To prepare wall hangings for different rooms.

UNITS

UNIT -1 (10 HRS)

Identification of elements and principles of design on art object.

UNIT—10 HRS)

Setting the table for various occasions like birthdayparty, formal dinner, and buffet

UNIT—3 (20 HRS)

Design and development of a wall hanging based on the principles of mounting pictures.

UNIT -4 (10 HRS)

Application of related and contrasting color harmonies on various crockeries.

UNIT—5 (10 HRS)

Survey on types of crockery and cutlery available in the market.

REFERENCE BOOKS:

- 1. Faulkner, R & Faulkner. S (1960). *Inside Today's Home*, Rinc Hart and Winston Inc. New York,
- 2. Goldstein H. & Goldstein V.(1978). *Art in Everyday life*, The Macmillan Company, New York,

COURSE CONTENTS & LECTURE SCHEDULE:

Module No.	Topic	No. of Lectures	Teaching Pedagogy	Teaching Aids
		UNIT	1	
1.1	Identification of elements and	5	Chalk & Talk	Black Board
1.2	Principles of design on art object.	5	Chalk & Talk	Black Board
		UNIT -2		
2.1	Setting the table for various occasions like birthday party	5	Demonstration	PPT
2.2	Setting the table for various occasions like formal dinner	3	Demonstration	PPT
2.3	Setting the table for various occasions like Buffet	2	Demonstration	PPT
		UNIT -3		
3.1	Design of a wall hanging based on the principles of mounting pictures.	10	Demonstration	Models
3.2	Development of a wall hanging	10	Demonstration	Models

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	based on the			
	principles of			
	mounting			
	pictures.			
		UNIT	`-4	
4.1	Application of related and contrasting colour harmonies on various crockeries.	10	Demonstration,Group work	Crockeries
		UNIT	`-5	
5.1	Survey on types of crockery and cutlery available in the market.	10	Lecture	Discussion

EVALUATION PATTERN

SCHOLASTIC			NON - SCHOLASTIC		MARKS		
C1	C2	С3	C4	C 5	CIA	ESE	Total
10	10	10	5	5	40	60	100

C1 - Internal Test - 1

C2 - Internal Test - 2

C3 – Model Practical Exam

C4 - Record

C5 - Non - Scholastic

COURSE OUTCOMES

On the successful completion of the course, students will be able to:

CBCS Curriculum for B.Sc. Home Science with Food Biotechnology

NO.	COURSE OUTCOMES	KNOWLEDGE LEVEL (ACCORDING TO REVISED BLOOM'S TAXONOMY)	PSOs ADDRESSED	
CO 1	Recall the elements and principles of design.	K1	PSO19	
CO 2	Organize the table for various occasions.	К3	PSO19	
CO 3	Construct a wall hanging.	K3,K4	PSO19	
CO 4	Illustrate a suitable design on crockery.	K2	PSO19	
CO 5	Describe the recent trends in crockery and cutlery.	K1,K2	PSO19	

Mapping of COs with PSOs

CO/ PSO	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6	PSO 7	PSO 8	PSO 9	PSO 10	PSO 11	PSO 12
CO1	1	1	1	1	1	1	1	1	1	1	1	1
CO2	1	1	1	1	1	1	1	1	1	1	1	1
CO3	1	1	1	1	1	1	1	1	1	1	1	1
CO4	1	1	1	1	1	1	1	1	1	1	1	1
CO5	1	1	1	1	1	1	1	1	1	1	1	1
CO/ PSO	PSO 13	PSO 14	PSO 15	PSO 16	PSO 17	PSO 18	PS0 19	PSO 20	PSO 21	PSO 22	PSO 23	
<u>CO1</u>	1	<u>1</u>	1	<u>1</u>	<u>3</u>	<u>1</u>	<u>1</u>	1	<u>1</u>	<u>1</u>	<u>1</u>	
<u>CO2</u>	<u>1</u>	<u>1</u>	<u>1</u>	<u>1</u>	<u>1</u>	<u>3</u>	<u>1</u>	<u>1</u>	<u>1</u>	<u>1</u>	<u>1</u>	
<u>CO3</u>	<u>1</u>	<u>1</u>	<u>1</u>	<u>1</u>	<u>1</u>	<u>1</u>	<u>3</u>	<u>1</u>	<u>1</u>	<u>1</u>	<u>1</u>	
<u>CO4</u>	1	<u>1</u>	1	<u>1</u>	1	<u>1</u>	<u>1</u>	<u>3</u>	1	<u>1</u>	<u>1</u>	
<u>CO5</u>	<u>1</u>	<u>2</u>	<u>1</u>	<u>1</u>								

Mapping of COs with Pos

CBCS Curriculum for B.Sc. Home Science with Food Biotechnology

CO/ PSO	P01	PO2	РО3	P04
CO1	3	3	3	1
CO2	3	3	3	1
CO3	3	3	3	1
CO4	3	3	3	1
CO5	3	3	3	1

Note: ♦Strongly Correlated – **3** ♦Moderately Correlated – **2**

Weakly Correlated -1

COURSE DESIGNER:

Dr. C. Priyalatha

Forwarded By

Marante E Rain

(Dr. Vasantha Esther Rani)

III B.Sc. HOME SCIENCE WITH FOOD BIOTECHNOLOGY SEMESTER -V

For those who joined in 2019 onwards

PROGRAMME CODE	COURSE CODE	COURSE TITLE	CATEGORY	HRS/WEEK	CREDITS
UAHS	19N5ME1	Technical Textiles	Lecture	5	5

COURSE DESCRIPTION

This course offers deep insight into the various application areas of technical textiles.

COURSE OBJECTIVES

- To acquaint students with the concept of technical textiles and its scope.
- To know the applications of various types of technical textiles.

UNITS

UNIT -I INTRODUCTION TO TECHNICAL TEXTILES (10 HRS.)

Definition and scope of technical textiles, milestones in the development of technical textiles, textile processes and applications.

UNIT -II GEOTEXTILES

(15 HRS.)

Introduction, types, essential properties- mechanical, filtration and chemical resistance. Natural fibre geotextiles, applications for natural geotextiles.

UNIT -III MEDICAL TEXTILES

(20 HRS.)

Introduction, areas of application, fibres used, non-implantable materials, extracorporeal devices, implantable materials, healthcare/ hygiene products.

Self-Study: Healthcare and hygiene products.

UNIT -IV PROTECTIVE TEXTILES

(15 HRS.)

Introduction, types, short term survival- drowning and extreme low temperatures, ballistic protection, protection from fire.

Long term survival - extreme weather conditions, high temperatures and associated hazards, chemical, microbiological and radiation hazards.

UNIT -V (TRANSPORTATION) MOBILE TEXTILES (15 HRS.)

Introduction, textiles in passenger cars, textiles in other road vehiclesheavy goods vehicles, buses and coaches. Rail applications, Textiles in aircraft.

Self-Study: Marine applications.

REFERENCES:

TEXTBOOK:

1. Horrocks, A.R. & Anand, S.C. Handbook of Technical Textiles. Wood Head Pub. Ltd., England.

REFERENCE BOOKS:

- 2. Howard L.Needles. (2001). *Textile Fibres, Dyes, Finishes and Processes*. Standard Publishers Distributors, Delhi.
- 3. Rattan, J.B. (2001). *Modern Textile Technology*. Abhishek Publications, Chandigarh.
- 4. Vidyasagar, P. V. (1998). *Handbook of Textiles*. Mittal Publications.

OPEN EDUCATIONAL RESOURCES:

- **1.** https://www.fibre2fashion.com/industry-article/826/technical-textiles-an-over-view
- 2. https://en.wikipedia.org/wiki/Technical textile
- **3.** https://www.thebalancesmb.com/geotextiles-types-and-advantages-of-using-geotextiles-844579
- **4.** https://www.jasonmills.com/blog/medical-textiles/
- **5.** https://www.fibre2fashion.com/industry-article/1763/advanced-protective-textiles

COURSE CONTENTS & LECTURE SCHEDULE:

Module No.	Topic	No. of Lectures	Teaching Pedagogy	Teaching Aids						
UNIT -1 INTRODUCTION TO TECHNICAL TEXTILES										
1.1	Definition and scope of technical textiles	2	Chalk & Talk	Black Board						
1.2	Milestones in the development of technical textiles	3	Lecture	LCD						
1.3	Textile processes	2	Lecture	PPT & White board						
1.4	Applications	Applications 3								
2.1	Introduction and types of Geotextiles	3	Lecture	White board						
2.2	Essential properties- mechanical, filtration and chemical resistance	4	Chalk & Talk	Black board						
2.3	Natural fibre geotextiles	4	Lecture	PPT						
2.4	Applications for natural geotextiles	4	Lecture	PPT						
	UNIT – 3 MEDICAL TEXTILES									
3.1	Introduction, areas of application, fibres used	4	Chalk &Talk	Black Board						
3.2	Non-implantable materials	4	Lecture	PPT						
3.3	Extracorporeal devices	4	Lecture	LCD						
3.4	Implantable materials	4	Lecture	PPT						
3.5	Healthcare and hygiene products	4	Lecture	PPT						

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	UNIT – IV PROTECTIVE TEXTILES									
4.1	Introduction and types	5	Discussion	PPT						
4.2	Short term survival	5	Lecture	LCD						
4.3	Long term survival	5	Lecture	LCD						
	UNIT - V TRANSPORTATION TEXTILES									
5.1	Introduction and types	3	Lecture	LCD						
5.2	Textiles in cars and heavy goods vehicles	4	Lecture	PPT						
5.3	Rail applications	4	Lecture	PPT						
5.4	Textiles in aircraft	4	Lecture	PPT						

	C1	C2	C3	C4	C5	Total Scholas tic Marks	Non Scholas tic Marks C6	CIA Total	% of
Levels	T1	T2	Qui z	Assignm ent	OBT/P PT				Assessm ent
	10 Mk s.	10 Mk s.	5 Mk s.	5 Mks	5 Mks	35 Mks.	5 Mks.	40Mk s.	
K1	2	2	-	-	-	4	-	4	10 %
K2	2	2	5	-	-	9	-	9	22.5 %
К3	3	3	-	-	5	11	-	11	27.5 %
K4	3	3	-	5	-	11	-	11	27.5 %
Non Scholast ic	-	-	-	•	-		5	5	12.5 %
Total	10	10	5	5	5	35	5	40	100 %

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CIA					
Scholastic	35				
Non Scholastic	5				
	40				

All the course outcomes are to be assessed in the various CIA components. The levels of CIA Assessment based on Revised Bloom's Taxonomy for UG are :

K1- Remember, K2-Understand, K3-Apply, K4-Analyse

EVALUATION PATTERN

SCHOLASTIC				NON – SCHOLASTI C		MARKS		
C1	C2	С3	C4	C5	С6	CIA	ESE	Total
10	10	5	5	5	5	40	60	100

C1 - Internal Test-1

C2 – Internal Test-2

C3 - Quiz

C4 – Assignment

C5 - OBT/PPT

C6 - Non - Scholastic

COURSE OUTCOMES

On the successful completion of the course, students will be able to:

NO.	COURSE OUTCOMES	KNOWLEDGE LEVEL (ACCORDING TO REVISED BLOOM'S TAXONOMY)	PSOs ADDRESSED
CO 1	Identify the application areas of Technical Textiles.	K1, K3	PSO8
CO 2	Describe the types of Geo Textiles, their properties and applications.	K1	PSO8
CO 3	Organise the four areas of Medical Textiles.	КЗ	PSO8
CO 4	Choose the appropriate protective textiles for short term and long-term survival.	K1, K3	PSO8
CO 5	Restate in own words the application of technical textiles for various modes of transport.	K1	PSO8

Mapping of COs with PSOs

CO/	PSO PSO	PSO	PSO	PSO	PSO	PSO	PSO	PSO	PSO	PSO	PSO	PSO
PSO	1	2	3	4	5	6	7	8	9	10	11	12
CO1	1	1	1	1	1	1	1	3	1	1	1	1
CO2	1	1	1	1	1	1	1	3	1	1	1	1
CO3	1	1	1	1	1	1	1	3	1	1	1	1
CO4	1	1	1	1	1	1	1	3	1	1	1	1
CO5	1	1	1	1	1	1	1	3	1	1	1	1
CO/ PSO	PSO 13	PSO 14	PSO 15	PSO 16	PSO 17	PSO 18	PSO 19	PSO 20	PSO 21	PSO 22	PSO 23	
CO1	1	1	1	1	1	1	1	1	1	1	1	
CO2	1	1	1	1	1	1	1	1	1	1	1	
CO3	1	1	1	1	1	1	1	1	1	1	1	
CO4	1	1	1	1	1	1	1	1	1	1	1	
CO5	1	1	1	1	1	1	1	1	1	1	1	

Mapping of COs with POs

Trapping of cos with 1 cs								
CO/ PSO	PO1	PO2	P03	PO4				
CO1	3	1	1	1				
CO2	3	3	3	3				
CO3	3	1	3	3				
CO4	3	3	3	3				
CO5	3	3	3	3				

Note: ♦Strongly Correlated – **3**♦Moderately Correlated – **2**

Weakly Correlated -1

COURSE DESIGNER:

Dr.R.Latha

Forwarded By

Marante E Rain

(Dr.Vasantha Esther Rani)

III B.Sc. Home Science with Food Biotechnology SEMESTER -V

For those who joined in 2019 onwards

PROGRAMME CODE	COURSE CODE	COURSE TITLE	CATEGORY	HRS/WEEK	CREDITS
UAHS	19N5ME2	Food Biotechnology	Lecture	5	5

COURSE DESCRIPTION

The course offers knowledge on the scope, importance and the basic aspects of biotechnology relating to foods

COURSE OBJECTIVES

- To enlighten the students on role of enzymes in food industries.
- To create awareness on biotechnological aspects of food additives
- To gain knowledge in plant and animal biotechnology

UNITS

UNIT -I ENZYMES (15HRS.)

Definition, Properties of enzymes, Microorganisms producing enzymes, Methods of enzyme production, Self study: Enzymes produced - □- amylases, lipases, proteases, Use of enzymes in food industry - Proteases, glucose oxidase, catalase, lactase.

UNIT -II ENZYMES IN FRUIT JUICES AND BREWING INDUSTRY (15 HRS.)

Enzymes used in the production of fruit juices, beer and distilled alcoholic drinks, processing steps of wine and beer.

UNIT -III FOOD ADDITIVES

(15HRS.)

Organic acids - Production of citric acid, acetic acid, lactic acid

Sweeteners - Production of HFCS and glucose syrup Microbial colour, Microbial flavours

Modification of starch and Oilseeds

UNIT -IV FOOD AND PLANT, ANIMAL BIOTECHNOLOGY (15HRS.)

Application of Plant and Animal Biotechnology in the Food industry.

Regulations and Oversight of Biotechnology

Fruits and Vegetables, Milled Corn Product and Milled Soy Products,

Golden rice, Vegetable oil.

Fish, Meat, Milk and Milk products

UNIT -V GENETICALLY MODIFIED FOODS

(15HRS.)

Basic concepts of DNA structure, definition of Genetically modified foods, types and techniques of Genetically modified foods, health and safety concerns of Genetically modified foods for human consumption

Advantages and disadvantages of Genetically modified foods

Ethical issues of Genetically modified foods

REFERENCES:

- 1. Dubey, R.C.(1996) *A textbook of Biotechnology,* S. Chand and Company Ltd., New Delhi
- 2. Gupta, K. (1995). *Elements of Biotechnology*, Rastogi Publications, Meerut.
- 3. Sriram Sridhar. (2005) *Enzyme Biotechnology*, Dominant Publishers and Distributors, New Delhi
- 4. Rita Singh. (2004) *Food Biotechnology*, Global Vision Publishing House, Delhi.
- 5. Trevor Palmer. (2004). *Enzymes: Biochemistry, Biotechnology and Clinical chemistry;* Affiliated East West Press Pvt ltd., New Delhi.

OPEN EDUCATIONAL REFERNCES:

- 1. http://www.businessdictionary.com/definition/food-biotecHNOLOGY.HTML
- 2. HTTP://WWW.MROTHERY.CO.UK/GENETECH/GENETECHNOTES. HTM
- 3. <u>HTTP://WWW.WPI.EDU/pUBS/e-PROJECT/aVAILABLE/e-PROJECT-031405-135846/UNRESTRICTED/igp.PDF</u>
- 4. <u>HTTP://OER.FUNAI.EDU.NG/WP-CONTENT/UPLOADS/2017/10/btg-307-f00D-bIOTECHNOLOGY-i-</u>

<u>dEFINITION-AND-sCOPE-OF-fOOD-bIOTECHNOLOGY-bY-dR.-fRIDAY-nWALO.PPT</u>

- 5. HTTPS://WWW.NCBI.NLM.NIH.GOV/BOOKS/nbk235032/
- 6. HTTPS://ACTASCIENTIFIC.COM/asag/PDF/asag-03-0438.PDF
- 7. <u>HTTPS://WWW.RESEARCHGATE.NET/PUBLICATION/312875936 a PPLICATIONS OF fOOD bIOTECHNOLOGY</u>

COURSE CONTENTS & LECTURE SCHEDULE:

Module No.	Topic	No. of Lectures	Teaching Pedagogy	Teaching Aids
	UNIT -1	ENZYN	1ES	
1.1	Enzymes – Definition, Properties of enzymes	2	Chalk & Talk	Black Board
1.2	Microorganisms producing enzymes	2	Chalk & Talk	LCD
1.3	Methods of enzyme production	4	Lecture	PPT & White board
1.4	Enzymes produced - a- amylases, lipases, proteases,.	3	Lecture	Smart Board
1.5	Use of enzymes in food industry – Proteases, glucose oxidase, catalase, lactase	4	Lecture	Black Board
UNI	T -2 ENZYMES IN FRUIT JUIC	ES AND BE	REWING IND	USTRY
2.1	Enzymes used in the production of fruit juices	3	Lecture	Black Board
2.2	Enzymes used in the production of beer and distilled alcoholic drinks	4	Chalk & Talk	LCD
2.3	processing steps of wine	4	Lecture	PPT & White board
2.4	processing steps of beer.	4	Lecture	Smart

				Board							
	UNIT -3FOOD ADDITIVES										
3.1	Organic acids – Production of citric acid, acetic acid, lactic acid	4	Lecture	Black Board							
3.2	Sweeteners - Production of HFCS and glucose syrup	4	Lecture	PPT & White board							
3.3	Microbial colour	2	Lecture	Smart Board							
3.4	Microbial flavours	3	Chalk & Talk	LCD							
3.5	Modification of starch and Oilseeds	2	Lecture	PPT & White board							

UNIT -4	FOOD AND PLANT, ANIMAL B	IOTECHNO	LOGY							
4.1	Application of Plant and animal Biotechnology in Food industry	2	Lecture	PPT &White board						
4.2	Regulation and oversight of biotechnology	3	Chalk & Talk	LCD						
4.3	Fruits and Vegetables	3	Chalk & Talk	LCD						
4.4	Milled Soy Products,Milled Corn Products	2	Lecture	Black Board						
4.5	Golden rice, Vegetable oil	3	Lecture	PPT &White board						
4.6	Meat,Fish, Milk and Milk products	2	Lecture	PPT & White board						
	UNIT -5GENETICALLY MODIFIEDFOODS									
5.1	Basic concepts of DNA structure		Lecture	PPT &						

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		2		White board
5.2	Definition of Genetically modified foods	1	Lecture	PPT & White board
5.3	types and techniques of Genetically modified foods	3	Chalk & Talk	LCD
5.4	Health and safety concerns of Genetically modified foods for human consumption	3		
5.5	Advantages and disadvantages of genetically modified foods	2	Chalk & Talk	LCD
5.6	Ethical issues of Genetically modified foods	4	Lecture	Black Board

	C1	C2	C3	C4	C5	Total Scholas tic Marks	Non Scholas tic Marks C6	CIA Total	% of
Levels	T1	T2	Qui z	Assignm ent	OBT/P PT				Assessm ent
	10 Mk s.	10 Mk s.	5 Mk s.	5 Mks	5 Mks	35 Mks.	5 Mks.	40Mk s.	
K1	2	2	-	=	-	4	-	4	10 %
K2	2	2	5	-	-	9	-	9	22.5 %
К3	3	3	-	-	5	11	-	11	27.5 %
K4	3	3	-	5	-	11	-	11	27.5 %
Non Scholast ic	•	-	-	-	ı		5	5	12.5 %
Total	10	10	5	5	5	35	5	40	100 %

CIA						
Scholastic	35					
Non Scholastic	5					
	40					

All the course outcomes are to be assessed in the various CIA components. The levels of CIA Assessment based on Revised Bloom's Taxonomy for UG are:

K1- Remember, K2-Understand, K3-Apply, K4-Analyse

EVALUATION PATTERN

	SCHOLASTIC			NON - SCHOLASTI C		MARKS	}	
C1	C2	С3	C4	C 5	С6	CIA	ESE	Total
10	10	5	5	5	5	40	60	100

C1 - Internal Test-1

C2 – Internal Test-2

C3 - Quiz

C4 – Assignment

C5 - OBT/PPT

C6 - Non - Scholastic

COURSE OUTCOMES

On the successful completion of the course, students will be able to:

NO.	COURSE OUTCOMES	KNOWLEDGE LEVEL (ACCORDING TO REVISED BLOOM'S TAXONOMY)	PSOs ADDRESSED
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CO 1	Describe the techniques in enzymes production and its application	K1	PSO3& PSO5
CO 2	Infer the process distilled alcoholic beverages	K4	PSO3& PSO5
CO 3	Classify the types of food additives of microorganism origin	К2	PSO5
CO 4	Compute the concept of transgenic plants and its application in food industry	К3	PSO5
CO 5	Interpret genetically modified foods and its application in food industry	K4	PSO5

Mapping of COs with PSOs

CO/ PSO	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6	PSO 7	PSO 8	PSO 9	PSO 10	PSO 11	PSO 12
CO1	1	1	3	1	3	1	1	1	1	1	1	1
CO2	1	1	3	1	3	1	1	1	1	1	1	1
CO3	1	1	3	1	3	1	1	1	1	1	1	1
CO4	1	1	3	1	3	1	1	1	1	1	1	1
CO5	1	1	3	1	3	1	1	1	1	1	1	1
CO/ PSO	PSO 13	PSO 14	PSO 15	PSO 16	PSO 17	PSO 18	PSO 19	PSO 20	PSO 21	PSO 22	PSO 23	
CO1	1	1	1	1	1	1	1	1	1	1	1	
CO2	1	1	1	1	1	1	1	1	1	1	1	
CO3	1	1	1	1	1	1	1	1	1	1	1	
CO4	1	1	1	1	1	1	1	1	1	1	1	
CO5	1	1	1	1	1	1	1	1	1	1	1	

Mapping of COs with POs

CO/ PSO	P01	PO2	РО3	P04
CO1	3	3	3	1
CO2	3	3	3	1
CO3	3	3	3	1
CO4	3	3	3	1
CO5	3	3	3	1

Note: ◆Strongly Correlated – **3** ◆Moderately Correlated – **2**

Weakly Correlated -1

COURSE DESIGNER: Mrs.J. JosephineJesintha

Forwarded By

Marantea & Rain

(Dr. Vasantha Esther Rani)

III B.Sc. HOME SCIENCE WITH FOOD BIOTECHNOLOGY SEMESTER -V

For those who joined in 2019 onwards

PROGRAMME CODE	COURSE CODE	COURSE TITLE	CATEGORY	HRS/WEEK	CREDITS
UAHS	19N5SB3	Entrepreneurial Skills - Baking Adulteration and Food Preservation	Lecture / Practical	2	2

COURSE DESCRIPTION

This course gives hands-on training in the preparation, display of various baked, preserved food products and identification of adulterants in commercially available foods.

COURSE OBJECTIVES

- To understand the principles of baking of various bakery products
- To understand the principles of food preservation and preparation of
- preserved foods.
 - To develop skills for setting up a production unit.

UNITS

UNIT -I INTRODUCTION TO BAKERY AND BAKERY TECHNIQUES

(6HRS.)

Introduction to Bakery, Baking Techniques – Bread, Cake, Biscuits & Cookies

UNIT -II FOOD PRESERVATION

(6 HRS.)

Introduction, Classification and use of preservatives

UNIT -III METHODS OF FOOD PRESERVATION

(6 HRS.)

Methods of Food preservation, Preparation of Jam, Jelly, Squash, Tuttyfrutti, Marmalade, Vathal, Vadagam.

UNIT -IV FOOD ADULTERATION

(6 HRS.)

Self-study -Types of Adulterants, Methods of Adulteration and Identification of Adulterants.

UNIT -V FOOD ADDITIVES

(6 HRS.)

Additives – Functions, Uses, Importance, Antioxidants, Coloring matter, Emulsifying agent and Stabilizers

REFERENCES:

TEXTBOOK:

1. Dearosier. N.N(1975). The Technology of Food Preservation.

REFERENCE BOOKS:

- 1. Lai G. Sideleappa G.B. (1987), Preservation of Fruits and Vegetables ICAR, New Delhi.
- 2. Parvinder S. Bali (2009). Food Production Operations, Oxford University Press, New Delhi.
- 3. Srilakshmi. B, (2008), Food science, New age international publishers.
- 4. Sudesh Jood&Neelani (2002) Food Preservation.
- 5. Thangam E. Philip, (1981). *Modern Cookery*, Vol I, Orient Longman, Mumbai.

OPEN EDUCATIONAL RESOURCES

- 1. https://www.onlinebiologynotes.com/food-preservation-from-microbial-spoilage-principle-and-methods/
- 2. https://www.cliffsnotes.com/study-guides/biology/microbiology/food-microbiology/food-preservation
- 3. https://www.intechopen.com/books/food-additives/introductory-chapter-introduction-to-food-additives
- 4. https://gcwgandhinagar.com/econtent/document/1589361321Unit/ https://gcwgandhinagar.com/econtent/fife https://gcwgandhinagar.com/econtent/fife <a href="https://gcwgandhinagar.com/econtent/fife <a href="https://gcwgandhinagar.com/econtent/fife <a href="https://gcwgandhinagar.com/econtent/fife <a href="https://gcwgandhinagar.com/econtent/fife <a href="https://gcwgandhinagar.com/econtent/fife <a href="https://gcwgandhinagar.com/econtent/fife <a href="https://gcwga
- 5. http://www.ihmfaridabad.com/study-material/sem3-fsq-unit7.pdf

COURSE CONTENTS & LECTURE SCHEDULE:

Module No.	Topic	No. of Lectures	Teaching Pedagogy	Teachin g Aids				
UNIT -1 INTRODUCTION TO BAKERY AND BAKERY TECHNIQUES								
1.1	Introduction to Bakery	2	Chalk & Talk	Black Board				
1.2	Baking Techniques – Bread, Cake, Biscuits & Cookies	4	Demonstration, Hands on Training	Lab				
U	NIT -2 FOOD PRE	SERVATIO	N					
2.1	Introduction	1	Lecture	Black Board				
2.2	Classification of preservatives	2	Chalk & Talk	LCD				
2.3	Uses of preservatives	2	Lecture	Black Board				
UN	NIT -3 METHODS OF	F FOOD PRI	ESERVATION					
3.1	Methods of Food preservation	2	Chalk & Talk	Black Board				
3.2	Preparation of Jam, Jelly, Squash, Tuttyfrutti, Marmalade, Vathal, Vadagam	4	Hands on Training	Lab				
	UNIT -4 FOOD	ADULTERA	ATION					
4.1	Types of Adulterants	2	Chalk & Talk	Black Board				
4.2	Methods of Adulteration	2	Lecture	LCD				

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4.3	Procedure for identifying adulterants in foods	2	Demonstration, Hands on Training	Lab
	UNIT -5 FO	OD ADDITI	VES	
5.1	Additives – functions, uses, importance antioxidants, coloring matter,	3	Chalk & Talk	Black Board
5.2	emulsifying agent and stabilizers.	3	Lecture	LCD

	C1	C2	С3	C4	C5	Total Scholastic Marks	Non Scholas tic Marks C6	CIA Total
Evels	T1	T2	Quiz	Assignm ent	OBT/PPT			
	10 Mks.	10 Mks.	5 Mks.	5 Mks	5 Mks	35 Mks.	5 Mks.	40Mks.
K1	2	2	-	-	-	4	-	4
K2	2	2	5	-	-	9	-	9
К3	3	3	-	-	5	11	-	11
K4	3	3	-	5	-	11	-	11
Non Scholastic	-	-	-	-	-		5	5
Total	10	10	5	5	5	35	5	40

CIA					
Scholastic	35				
Non Scholastic	5				
	40				

CBCS Curriculum for B.Sc. Home Science with Food Biotechnology All the course outcomes are to be assessed in the various CIA components.

The levels of CIA Assessment based on Revised Bloom's Taxonomy for UG are:

K1- Remember, K2-Understand, K3-Apply, K4-Analyse

EVALUATION PATTERN

	SCHOLASTIC			NON - SCHOLASTI C		MARKS	3	
C1	C2	С3	C4	C 5	С6	CIA	ESE	Total
10	10	5	5	5	5	40	60	100

C1 – Internal Test-1

C2 - Internal Test-2

C3 - Quiz

C4 – Assignment

C5 - OBT/PPT

C6 – Non – Scholastic

COURSE OUTCOMES

On the successful completion of the course, students will be able to:

NO.	COURSE OUTCOMES	KNOWLEDGE LEVEL (ACCORDING TO REVISED BLOOM'S TAXONOMY)	PSOs ADDRESSED
CO 1	Define the terminology in baking, adulteration and preservation.	K1	PSO3
CO 2	Apply the principles of food preservation	КЗ	PSO3
CO 3	Choose the method of food preservation.	К3	PSO3
CO 4	Examine the adulterants in foods	K4	PSO3
CO 5	Classify the food additives	K2, K4	PSO3

Mapping of COs with PSOs

CO/ PSO	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6	PSO 7	PSO 8	PSO 9	PSO 10	PSO 11	PSO 12
CO1	1	1	3	1	1	1	1	1	1	1	1	1
CO2	1	1	3	1	1	1	1	1	1	1	1	1
CO3	1	1	3	1	1	1	1	1	1	1	1	1
CO4	1	1	3	1	1	1	1	1	1	1	1	1
CO5	1	1	3	1	1	1	1	1	1	1	1	1
CO/ PSO	PSO 13	PSO 14	PSO 15	PSO 16	PSO 17	PSO 18	PSO 19	PSO 20	PSO 21	PSO 22	PSO 23	
CO1	1	1	1	1	1	1	1	1	1	1	1	
CO2	1	1	1	1	1	1	1	1	1	1	1	
CO3	1	1	1	1	1	1	1	1	1	1	1	
CO4	1	1	1	1	1	1	1	1	1	1	1	
CO5	1	1	1	1	1	1	1	1	1	1	1	

Mapping of COs with POs

CO/ PSO	P01	P02	Р03	P04
CO1	2	2	2	3
CO2	2	2	2	3
CO3	2	2	2	3
CO4	2	2	2	3
CO5	2	2	2	3

Note: ◆Strongly Correlated – **3** ◆Moderately Correlated – 2 ◆ Weakly Correlated -**1**

COURSE DESIGNER:

1. Mrs.J.JosephineJesintha

Forwarded By

Marante E Rain

(Dr.Vasantha Esther Rani)

III B.Sc. HOMESCIENCE WITH FOOD BIOTECHNOLOGY SEMESTER -V

For those who joined in 2019 onwards

PROGRAMME CODE	COURSE CODE	COURSE TITLE	CATEGORY	HRS/WEEK	CREDITS
UAHS	19N5SB4	Entrepreneurial Skills – Participatory Rural appraisal	Lecture	2	2

COURSE DESCRIPTION

This course enlightens the students on concept of participatory rural appraisal.

COURSE OBJECTIVES

- To enable the students to understand the concept of participatory
- rural appraisal.
 - To develop knowledge on tools of participatory rural appraisal.
 - To impart knowledge on different types of mapping.
 - To train students to prepare project appraisal.

INTRODUCTION TO PRA

PROJECT FORMULATION

• To apply different resources in mapping.

UNITS

UNIT - I

UNIT - V

Appraisal and Planning						
UNIT - II PRINCIPLES AND TYPES OF PRA[6 HRS]						
Application of PRA in Rural Setting – Principles of PRA - Tools of	PRA:					
Timeline, Trend change, Seasonal calendar, Daily routine						
UNIT - III MAPPING AND MODELLING	[6 HRS]					
Self- study -Mapping - Social and Resource mapping	Self- study -Mapping - Social and Resource mapping					
UNIT - IV RANKING METHODS [6 HRS]						
Concept of wealth, health, Pair wise and Matrix Ranking						

PRA- Introduction, Meaning, Importance, History and nature of Participatory

Focus Group Discussion, Income and Expenditure Matrix, Problem Analysis

[6 HRS]

[6 HRS]

and Project Formulation, Reports and Documentation.

REFERENCES:

TEXTBOOK:

1. Narayanasamy.N,(2009). Participatory Rural Appraisal: Principles, Methods And Application, SAGE Publications Ltd.

REFERENCE BOOKS:

- 1. Neelamukherjee (1997). Participatory Rural Appraisal volume I of studies in rural participation, concept publishing company, New Delhi.
- 2. Stringer, E.T.(2007). Action research (3rd ed). Thousand oaks, A: Sage Publications Ltd.

OPEN EDUCATIONAL RESOURCES:

- 1. 1.http://ecoursesonline.iasri.res.in/mod/page/view.php?id=15475
- 2. 2.http://www.slideshare.net/pria87/Ranking-Methods
- 3. 3.http://www.nzdl.org/cgi-bin/library?e=d-00000-00---off-0cdl--00-

0----0-10-0---0-direct-10---4------0-11--11-en-50---20-about---00-0-1-

00-0--4 --- 0-0-11-10-0utfZz-

800&cl=CL2.6&d=HASH01fd3098cbe6ad79c6ae84c1.5.4>=1

COURSE CONTENTS & LECTURE SCHEDULE:

Module No.	Topic	No. of Lectures	Teaching Pedagogy	Teaching Aids
	UNIT 1 - INT	RODUCTIO	N TO PRA	
1.1	Introduction, meaning, importance	2	Chalk and talk	Black Board
1.2	History and nature of Participatory Appraisal and planning	4	Chalk and talk	LCD
UNIT	-2 PRINCIPLES AND M	ENU OF M	ETHODS	
2.1	Application of PRA in Rural setting, principles of PRA	2	Lecture	LCD
2.2	Tools of PRA- Timeline, trend change, seasonal calendar, daily routine	4	Chalk and talk	LCD
	UNIT -3 MAPPING	AND MODE	ELLING	

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3.1	Self -study and mapping	2	Chalk and talk	Black board
3.2	Social and Resource Mapping	4	Lecture	LCD
	UNIT -4 RA	NKING ME	ETHODS	
4.1	Concept of health, wealth	2	Lecture	LCD
4.2	Pairwise and Matrix ranking	4	Chalk and talk	LCD
	UNIT -5 PROJ	ECT FORM	IULATION	
5.1	Focus group Discussion, Income and Expenditure Matrix	3	Lecture	LCD
5.2	Problem analysis and Project formulation	3	Chalk and talk	LCD

	C1	C2	C3	C4	C5	Total Scholastic Marks	Non Scholas tic Marks C6	CIA Total
Levels	T1	T2	Quiz	Assignm ent	OBT/PPT			
	10 Mks.	10 Mks.	5 Mks.	5 Mks	5 Mks	35 Mks.	5 Mks.	40Mks.
K1	2	2	-	-	-	4	-	4
K2	2	2	5	_	-	9	-	9
К3	3	3	-	-	5	11	-	11
K4	3	3	-	5	-	11	-	11
Non Scholastic	-	-	-	-	-		5	5
Total	10	10	5	5	5	35	5	40

CBCS Curriculum for B.Sc. Home Science with Food Biotechnology

CIA					
Scholastic	35				
Non Scholastic	5				
	40				

All the course outcomes are to be assessed in the various CIA components. The levels of CIA Assessment based on Revised Bloom's Taxonomy for UG are :

K1- Remember, K2-Understand, K3-Apply, K4-Analyse

EVALUATION PATTERN

	SCHOLASTIC			NON - SCHOLASTI C		MARKS	3	
C1	C2	С3	C4	C 5	С6	CIA	ESE	Total
10	10	5	5	5	5	40	60	100

C1 - Internal Test-1

C2 – Internal Test-2

C3 - Quiz

C4 – Assignment

C5 - OBT/PPT

C6 - Non - Scholastic

COURSE OUTCOMES

On the successful completion of the course, students will be able to:

NO.	COURSE OUTCOMES	KNOWLEDGE LEVEL (ACCORDING TO REVISED BLOOM'S TAXONOMY)	PSOs ADDRESSED
CO 1	Define PRA and its principles	K1	PSO23
CO 2	Describe the application of PRA.	K2	PSO23
CO 3	List the types and techniques of mapping.	K1	PSO23
CO 4	Plan participatory research method in the field	K3, K4	PSO23
CO 5	Identify the rural problems and plan projects.	К3	PSO23

Mapping of COs with PSOs

CO/ PSO	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6	PSO 7	PSO 8	PSO 9	PSO 10	PSO 11	PSO 12
CO1	1	1	1	1	1	1	1	1	1	1	1	1
CO2	1	1	1	1	1	1	1	1	1	1	1	1
CO3	1	1	1	1	1	1	1	1	1	1	1	1
CO4	1	1	1	1	1	1	1	1	1	1	1	1
CO5	1	1	1	1	1	1	1	1	1	1	1	1
CO/	PSO	DCO	DCO	DCO	DCO	DOO	DOO	DCO	DOO	DCO	DOO	
PSO	130	PSO 14	PSO 15	PSO 16	PSO 17	PSO 18	PSO 19	PSO 20	PSO 21	PSO 22	PSO 23	
•												
PSO	13	14	15	16	17	18	19	20	21	22	23	
PSO CO1	13	14 1	15	16	17	18	19	20	21	22 3	23	
PSO CO1 CO2	13 1 1	14 1 1	15 1 1	16 1 1	17 1 1	18 1 1	19 1 1	20 1 1	21 1 1	22 3 3	23 3	

Mapping of COs with POs

CO/ PSO	P01	PO2	РО3	P04
CO1	1	1	1	1
CO2	1	2	1	1
CO3	1	1	1	1
CO4	1	1	1	3
CO5	1	1	1	1

Note: ♦Strongly Correlated – **3**

♦ Moderately Correlated - 2

♦ Weakly Correlated -1

COURSE DESIGNER:

Dr. C. Priyalatha

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Masanta E Rain

(Dr. Vasantha Esther Rani)

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III B.Sc. HOMESCIENCE WITH FOOD BIOTECHNOLOGY SEMESTER -V

For those who joined in 2019 onwards

PROGRAMM E CODE	COURSE CODE	COURSE TITLE	CATEGORY	HRS/ WEEK	CREDIT S
UAHS	21UG5SLA	CONSUMERISM	SELF LEARNING		2

COURSE DESCRIPTION

The course spells out the consumerism ,types of consumerism, Rights and Responsibilties of consumer.

COURSE OBJECTIVES

To enable students

- 1. To outline the concepts of consumerism
- 2. To develop an understanding on rights and responsibilities.
- 3. To describe the consumer protection act and redressal agencies

UNITS

UNIT-I

Definition – Meaning – Objectives of Consumerism – Characteristics - Importance-Advantages – Disadvantages of consumerism – Consumer Wants Vs Needs

UNIT-II

Types of Consumerism – Factors leading to Consumerism - Consumer Rights and Responsibilities-

UNIT-III

Consumer behaviour –Importance ,objectives, consumer Research process,Environmental factors affecting consumer behaviour.

UNIT-IV

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Importance of Consumer Protection - Legal Protection to Consumers-

ways and means of consumer protection- Redressal Agencies Under The Consumer Protection Act

UNIT-V

Green Consumerism-Meaning- Necessity of Green Consumerism- Importance --Reactions to Green Consumerism

OPEN EDUCATION RESOURCE

https://www.economicsdiscussion.net/india/consumer-protection/consumerism-in-india/31802

https://www.yourarticlelibrary.com/essay/essay-on-consumerism/50837

https://www.jstor.org/stable/1250712?seq=1

https//;www.iare.ac.in >files

EVALUATION

Internal		External
Assignment -	20 Marks	Objective – 20 Marks
Test	- 20Marks	Essay Type Qns. – 40 Marks
Total	– 40Marks	Total – 60Marks

Course Outcome

On completion of the course the student will be able to

CBCS Curriculum for B.Sc. Home Science with Food Biotechnology

CO		Level
CO1	Understand the concepts of	K1
	consumerism	
CO2		K2
	Understand the importance of types	
	of consumerism and their rights	
CO3	Describe the importance of consumer	К3
	Protection	
CO4	Build skills in Green Consumerism	К3
CO5	Infer the consumer movement	K4

Mapping COs Consistency with PSOs

CO/ PSO	PSO1	PSO2	PSO3	PSO4	PSO5	PSO6	PSO7	PSO8	PSO9	PSO10	PSO11	PSO12
CO1	3			3							1	
CO2	3			3								
соз	3			3				1				
CO4	1							1				
CO5	2		2	3								

WeaklyCorrelated -1

Marante E Rain

Note: ♦ Strongly Correlated – **3** ♦ ModeratelyCorrelated – **2**

COURSE DESIGNER Dr.C.Priyalatha

FORWARDED BY

(Dr. Vasantha Esther Rani)

III B.Sc. HOMESCIENCE WITH FOOD BIOTECHNOLOGY SEMESTER -VI

For those who joined in 2019 onwards

PROGRAMME CODE	COURSE CODE	COURSE TITLE	CATEGORY	HRS/WEEK	CREDITS
UAHS	19N6CC17	Resource Management	Lecture	6	4

COURSE DESCRIPTION

This course offers knowledge on managing resources like time, money and energy. It also deals with consumerism and standard of living.

COURSE OBJECTIVES

- Understand the housing values and goals.
- Understand the importance of Family Resource Management in family and personal living.
- Develop ability to apply Family Resource Management concepts in living situations to improve quality of family life.
- Appreciate the role of successful financial management in satisfying family living.

UNITS

UNIT – I	MANAGEMENT PROCESS	[15 HRS]

Management- Meaning, Elements of management (planning, controlling and evaluation). Decision Making- Meaning, Steps in decision making, Types, Values, Goals, and Standards.

Self Study: Characteristics of a good home maker.

UNIT – II	RESOURCES	[15 HRS]

Types of resources- Human, Non-human resources

Time and Energy Management.

Work simplification- Principles and Techniques.

Labour Saving Devices- Major and Minor, Selection, Use and Care.

UNIT – III	MONEY MANAGEMENT	[15 HRS]

Family income – types, sources of income, supplementing Family Income. Income management – Family Budget and its main items and steps in making budget. Engel's law of consumption, Law of Diminishing Marginal Utility, Law of Substitution, Financial Records of House, Savings.

UNIT - IV STANDARD OF LIVING [15 HRS]

Meaning, Factors affecting standard of living, reasons for low standard of living, Remedial measures to overcome low standard of living.

Self -Study: Remedial measures to overcome low standard of living.

UNIT - V CONSUMERISM [15 HRS]

Self-study -Meaning of consumer, Consumerism, Problem faced by consumers Adulteration, Faulty weights and measures, misleading advertisements. Problem of purchasing – When, Where, How, how much to buy? Types of labels, Consumer rights, consumer protection acts, consumer court, CGSI,Green Consumerism.

REFERENCES:

TEXTBOOK:

1. Gross, I.H., Crandall, E.W. & Knoll, H. M (1975) *Management for Modern Families,*

REFERENCE BOOKS

- 1. Bigelow H.P.(1953) Family finance, J.B. Lippincott Co.
- 2. Dewett, K.K. & Varma (1976). Elementary Economics Theory, S. Chand and Company Ltd. New Delhi,
- 3. Gisban, L.B., (1971) .Economics of Consumers, American book Co,
- 4. Gordan (1971). Economics of Consumers, American book Co,
- 5. Maneesh.S. (2006). Home Management and Family Finance, Dominant Publishers and Distributors, New Delhi.
- 6. Mullick.P., (2007) Text Book of Home Science, Kalyani Publishers, Ludhiyana.
- 7. Nickell & Dorsey (1976), Management in Family living, Indian Edition,
- 8. Swarison, V (1981). Introduction to Home Management, Mac Milan and Co.,
- 9. Thankamma, J. (1965) .Food Adulteration, Mac Milan Co., New Delhi.

OPEN EDUCATIONAL RESOURCES:

- 1. https://nios.ac.in/media/documents/srsec321newE/321-E-Lesson-10.pdf
- 2. https://www.brainkart.com/article/Decision-Making_33511/
- 3. https://www.brainkart.com article > Family
- 4. https://www.yourarticlelibrary.com home-management
- 5. https://www.yourarticlelibrary.com/family/family-budgeting-advantages-disadvantages-and-types-of-budget/47910
- 6. https://www.investopedia.com/ask/answers/013015/what-does-law-diminishing-marginal-utility-explain.asp
- 7. https://www.brainkart.com/article/Money-Management 33515/

COURSE CONTENTS & LECTURE SCHEDULE:

Module No.	Topic	No. of Lectures	Teaching Pedagogy	Teaching Aids						
	UNIT 1 - Management Process									
1.1	Management- Meaning Introduction	2	Chalk & Talk	Black Board						
1.2	Elements of management (planning, controlling and evaluation).	3	Chalk & Talk	LCD						
1.3	Decision Making- Meaning, Steps in decision making, Types	5	Lecture	PPT & White board						
1.4	Values, Goals, and Standards	4	Lecture	Smart Board						
1.5	SelfStudy: Characteristics of a good home maker.	1	Discussion	Black Board						

	UNIT -2 Resou	irces		
2.1	Types of resources- Human, Non-human resources	2	Lecture	LCD
2.2	Time Management	3	Chalk & Talk	LCD
2.3	Energy Management	3	Lecture	PPT & White board
2.4	Work simplification- Principles and Techniques.	5	Discussion	РРТ
2.5	Labour Saving Devices- Major and Minor, Selection, Use and Care.	2	Lecture	Black board
	UNIT -3 Money	Managem	ent	
3.1	Family income – types, sources of income, supplementing Family Income.	3	Lecture	Black board
3.2	Income management – Family Budget and its main items and steps in making budget.	4	Lecture	LCD
3.3	Engel's law of consumption	2	Chalk & Talk	LCD
3.4	Law of Diminishing Marginal Utility, Law of Substitution	3	Lecture	PPT & White board
3.5	Financial Records of House, Savings.	3	Discussion	PPT & White board
	UNIT -4 St	tandard Of	Living	
4.1	Introduction and meaning	1	Lecture	LCD
4.2	Factors affecting	4	Chalk &	LCD

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	standard of living		Talk	
4.3	reasons for low standard of living	4	Lecture	PPT & White board
4.4	Remedial measures to overcome low standard of living	4	Chalk & Talk	LCD
4.5	Self Study: Remedial measures to overcome low standard of living	2	Discussion	PPT
	UNIT -5	Consume	rism	
5.1	-Meaning of consumer, Consumerism	1	Lecture	LCD
5.2	Problem faced by consumers Adulteration, Faulty weights and measures,	4	Chalk & Talk	LCD
5.3	misleading adverisements . Problem of purchasing – When, Where, How, how much to buy	3	Lecture	PPT & White board
5.4	Types of labels	1	Lecture	PPT & White board
5.5	Consumer rights consumer protection acts, consumer court,	4	Chalk & Talk	LCD
5.6	Consumer Guidance society of India	2	Discussion	PPT

	C1	C2	С3	C4	C5	Total Scholastic Marks	Non Scholas tic Marks C6	CIA Total
Levels	T1	T2	Quiz	Assignm ent	OBT/PPT			
	10 Mks.	10 Mks.	5 Mks.	5 Mks	5 Mks	35 Mks.	5 Mks.	40Mks.

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K1	2	2	-	-	-	4	-	4
K2	2	2	5	-	-	9	-	9
К3	3	3	-	-	5	11	-	11
K4	3	3	-	5	-	11	-	11
Non Scholastic	-	-	-	-	-		5	5
Total	10	10	5	5	5	35	5	40

CIA						
Scholastic	35					
Non Scholastic	5					
	40					

All the course outcomes are to be assessed in the various CIA components.

The levels of CIA Assessment based on Revised Bloom's Taxonomy for UG are :

K1- Remember, K2-Understand, K3-Apply, K4-Analyse

EVALUATION PATTERN

SCHOLASTIC					NON - SCHOLASTI C		MARKS	
C1	C2	С3	C4	C 5	С6	CIA	CIA ESE	
10	10	5	5	5	5	40	60	100

C1 – Internal Test-1

C2 – Internal Test-2

C3 - Quiz

C4 – Assignment

C5 - OBT/PPT

C6 – Non – Scholastic

COURSE OUTCOMES

On the successful completion of the course, students will be able to:

NO.	COURSE OUTCOMES	KNOWLEDGE LEVEL (ACCORDING TO REVISED BLOOM'S TAXONOMY)	PSOs ADDRESSED
CO 1	Describe the management process.	K1	PSO18
CO 2	Identify the human and non-human resource	K2, K3	PSO18
CO 3	Explain the financial management	K1,K2	PSO18
CO 4	Summerise the key elements of standard of living	K2, K4	PSO18
CO 5	Build the concept of consumerism.	K3, K4	PSO18

Mapping of COs with PSOs

CO/ PSO	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6	PSO 7	PSO 8	PSO 9	PSO1 0	PS01 1	PSO1 2
CO1	1	1	1	1	1	1	1	1	1	1	1	1
CO2	1	1	1	1	1	1	1	1	1	1	1	1
CO3	1	1	1	1	1	1	1	1	1	1	1	1
CO4	1	1	1	1	1	1	1	1	1	1	1	1
CO5	1	1	1	1	1	1	1	1	1	1	1	1

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CO/ PSO	PSO 13	PSO 14	PSO 15	PSO 16	PSO 17	PSO 18	PSO 19	PSO 20	PSO 21	PSO2 2	PSO2 3	
CO1	1	1	1	1	3	3	1	3	1	1	1	
CO2	1	1	1	1	3	3	1	3	1	1	1	
CO3	1	1	1	1	3	3	1	3	1	1	1	
CO4	1	1	1	1	3	3	1	3	1	1	1	
CO5	1	1	1	1	3	3	1	3	1	1	1	

Mapping of COs with POs

CO/ PSO	P01	P02	РО3	PO4
CO1	1	1	1	1
CO2	1	2	1	1
CO3	1	1	3	1
CO4	1	1	1	1
CO5	1	1	1	1

Note: ♦ Strongly Correlated – **3**

♦ Moderately Correlated - 2

♦ Weakly Correlated -1

COURSE DESIGNER: Dr. C. Priyalatha

Forwarded By

Masante E Rain

(Dr. Vasantha Esther Rani)

III B.Sc. HOMESCIENCE WITH FOOD BIOTECHNOLOGY SEMESTER -VI

For those who joined in 2019 onwards

PROGRAMME CODE	COURSE CODE	COURSE TITLE	CATEGORY	HRS/WEEK	CREDITS
UAHS	19N6CC18	Resource Management Lab	Practical	3	2

COURSE DESCRIPTION

This course trains the students in managing the resources efficiently.

COURSE OBJECTIVE.

- To understand the concepts of furniture
- To select the different types of lighting
- To develop skill in bouquet making

UNITS

UNIT-1 [5HRS]

Furniture Arrangement for living room, dining room, kids room, teenages room (girl,boy) and master room.

UNIT-2 [10 HRS]

Types of Lighting-Direct, Indirect and Diffused lightning.

UNIT- 3 [10HRS]

Arranging flowers in various styles for different areas, Vertical, Horizontal, Diagonal, Japanese, Mass, Crescent and S – bend.

UNIT- 4 [5 HRS]

Market-survey on availability of accessories forKitchen,Living,Dining and Bed room.

UNIT-5 [15 HRS]

Application of principles for efficient money, energy, and time management.

References

- 1. Maneesh.S. (2006). Home Management and Family Finance, Dominant Publishers and Distributors, New Delhi.
- 2. Mullick.P., (2007) Text Book of Home Science, Kalyani Publishers, Ludhiyana.
- 3. Nickell & Dorsey (1976), Management in Family living, Indian Edition, Swarison, V (1981). Introduction to Home Management, Mac Milan and Co.,

COURSE CONTENTS & LECTURE SCHEDULE:

Module No.	Topic	No. of Lectures	Teaching Pedagogy	Teaching Aids					
	UNIT 1								
1.1	Furniture Arrangement for living room, dining room	2	Chalk & Talk	РРТ					
1.2	kids room, teenagers room (girl,boy) and master room.	rl,boy) 3		PPT					
		UNIT -2							
2.1	Types of Lightning - Direct, Indirect	5	Lecture	Black board					
2.2	Diffused lightning.	5	Chalk & Talk	PPT					
		UNIT -3							
3.1	Arranging flowers in various styles fordifferent areas-Vertical,	3	Demonstration	РРТ					
3.2	Horizontal,Diagonal, Japanese	3	Demonstration	PPT					

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3.3	Mass, Crescent and S -bend	4	Demonstration	PPT
		UNIT -4		
4.1	Market survey on availability of accessories forKitchen, Living	3	Discussion Group work	Black board
4.2	Dining and Bed room.	2	Discussion	PPT
		UNIT -5		
5.1	Application of principles forefficient money	5	Lecture/Hands on Experience	LCD
5.2	energy and time management	10	Lecture/Hands on Experience	Black board

EVALUATION PATTERN

	SCHO	LASTIC		NON - SCHOLASTIC MARKS		MARKS	
C1	C2	С3	C4	C 5	CIA ESE TO		Total
10	10	10	5	5	40	60	100

C1 - Internal Test - 1

C2 - Internal Test - 2

C3 – Model Practical Exam

C4 - Record

C5 – Non – Scholastic

COURSE OUTCOMES

On the successful completion of the course, students will be able to:

NO.	COURSE OUTCOMES	KNOWLEDGE LEVEL (ACCORDING TO REVISED BLOOM'S TAXONOMY)	PSOs ADDRESSED
CO 1	Plan suitablefurniture fordifferent rooms	K4	PSO20
CO 2	Choose appropriate modes of lighting.	K1, K3	PSO20
CO 3	Illustrate and create various styles of flower arrangement.	K2	PSO20
CO 4	Classify accessories for home interiors.	K2, K4	PSO20
CO 5	Restate in own words the principles of resource management.	K1	PSO20

Mapping of COs with PSOs

CO/ PSO	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6	PSO 7	PSO 8	PSO 9	PSO 10	PSO 11	PSO 12
CO1	1	1	1	1	1	1	1	1	1	1	1	1
CO2	1	1	1	1	1	1	1	1	1	1	1	1
CO3	1	1	1	1	1	1	1	1	1	1	1	1
CO4	1	1	1	1	1	1	1	1	1	1	1	1
CO5	1	1	1	1	1	1	1	1	1	1	1	1
CO/ PSO	PSO 13	PSO 14	PSO 15	PSO 16	PSO 17	PSO 18	PSO 19	PSO 20	PSO 21	PSO 22	PSO 23	
CO1	1	1	1	1	3	3	3	1	1	1	1	
CO2	1	1	1	1	3	3	3	1	1	1	1	
CO3	1	1	1	1	3	3	3	1	1	1	1	
CO4	1	1	1	1	3	3	3	1	1	1	1	
CO5	1	1	1	1	3	3	3	1	1	1	1	

Mapping of COs with POs

CO/ PSO	P01	PO2	РО3	P04
CO1	3	3	1	1
CO2	3	3	1	1
CO3	3	3	1	1
CO4	3	3	1	1
CO5	3	3	1	1

Note: ♦ Strongly Correlated - 3
Weakly Correlated -1

♦ Moderately Correlated - 2

COURSE DESIGNER:

Dr. C. Priyalatha

Forwarded By

Marante E Rain

(Dr. Vasantha Esther Rani)

III B.Sc. HOME SCIENCE WITH FOOD BIOTECHNOLOGY SEMESTER -VI

For those who joined in 2019 onwards

PROGRAMME CODE	COURSE CODE	COURSE TITLE	CATEGORY	HRS/WEEK	CREDITS
UAHS	19N6CC19	Clinical Nutrition and Dietetics	Lecture	5	4

COURSE DESCRIPTION

The course gives a detailed picture of the normal & therapeutic nutrition, highlighting the importance, recommended dietary allowance, medical nutrition therapy for various stages of life cycle and all disease conditions.

COURSE OBJECTIVES

- Learn the principles of meal planning, plan and prepare meals for families at different income levels and for special groups.
- Gain knowledge and develop skills and techniques in the planning and preparation of therapeutic diets for nutritional deficiencies.
- To recommend and provide appropriate nutritional care, prevention, and treatment of various diseases

UNITS

UNIT -I NUTRITIONFOR DEVELOPMENTAL MILESTONES (20 HRS.)

Meal Planning – Principles of planning meals, meal pattern and its modification to suit to different disease conditions.

- 1. Nutrition during pregnancy importance changes nutritional requirements and complication.
- 2. Nutrition during lactation importance, advantages of breast feeding, need for enhanced nutritional requirements.
- 3. Nutrition during infancy nutritional requirement, weaning methods low-cost supplementary foods.

- 4. Nutrition for Preschoolers nutritional requirements, inculcating feeding habits.
- 5. Nutrition for school children and adolescents nutritional requirements in adolescence- nutritional problems of adolescents.
- 6. Geriatric nutrition changes during old age, nutritional requirements during old age, nutrition related problems of old age.

Self-Study: Nutrition for school children and adolescents – nutritional requirements in adolescence- nutritional problems of adolescents.

UNIT -II DIET THERAPY

(15 HRS.)

Diet therapy – Objectives of therapeutic diets

- 1. Routine Hospital diet –
- a. a.TPN b. EN
- 2. Modification of diets in different diseases,

Etiology /Pre-disposing factors, clinical symptoms and modification of diets for

- a. Obesity and Underweight
- b. Diabetes mellitus
- c. Febrile disease conditions Typhoid (acute), Tuberculosis (chronic) and Malaria (intermittent).
- d. Gastrointestinal disorders Peptic- ulcer, diarrhoea, constipationSelf Study: Anemia types.

UNIT-III THERAPEUTIC DIETS FOR HEART, KIDNEY & LIVER DISEASES (15HRS.)

Etiology or Pre-disposing factors, clinical symptoms and modification of diets for

- a) CVD-Hypertension and Atherosclerosis.
- b) Diseases of urinary tract Nephritis, Nephrosis, Renal failure.
- c) Diseases of the liver Hepatitis and Cirrhosis

UNIT -IV DIET IN AIDS AND CANCER

(10 HRS.)

Etiology of Pre-disposing factors, clinical symptoms and modification of diets for a) Cancer b) AIDS

Allergy- symptoms, types of reactions & treatment-elimination diet.

Burns- symptoms, classification & dietary management.

UNIT -V COMMUNITY NUTRITION

(15 HRS.)

Malnutrition – etiology and measures to overcome

Assessment of nutritional status

Nutrition Education

Nutrition Intervention Programme - CMNMP, ICDS

National and International Organisations

FAO, WHO, UNICEF, CARE, CFTRI and NIN

Self -Study:Malnutrition - etiology and measures to overcome

REFERENCES:

TEXTBOOK:

1. Antia H. P (1989) Clinical Nutrition and Dietetics Oxford University press

REFERENCE BOOKS:

- 1. Caroll, A. Lutz (1997) *Nutrition for Diet Therapy*, Edition 2, F. A. Davis Company, Philadelphia.
- 2. Davidson S. Passmore, R. Brock J. K. & Truwell A. S.(1975) *Human Nutrition and Dietetics,* The English Language Book Society and Churchill.
- 3. Ghosh S (1976). The feeding and care of Infant and Young children
- 4. Gupta L. C. &. Kusium Gupta (1989). *Foods mid Nutrition, Facts and Figures*, Jayapahothas, New Delhi,
- 5. Passmore R. Eastwood (1986) *Human Nutrition and Dietetics*, Longman Group Ltd.,
- 6. Raheena Begum, A. (1989). *Textbook of food, nutrition and dietetics,* Stanley Publishers,
- 7. 8. Skinner Paul (2000) Development of a medical nutrition therapy protocol for female collegiate alhotetes, J. AM. Diet ASS 101
- 8. 9. Swaminathan M. (1988) *Advanced textbook of Food and Nutrition,* Vol. I and II, the Bangalore Printing and Publishing Co., Ltd.,
- 9. Williams S.R (1977). *Nutrition and Diet Therapy* C.V. Mospy CO.

Open Educational Resources:

- 1.https://clinical-nutrition.imedpub.com/
- 2.http://egyankosh.ac.in/bitstream/123456789/33402/1/Unit-8.pdf
- 3.<u>http://egyankosh.ac.in/bitstream/123456789/33399/1/Unit-9.pdf</u>

- 4. http://egyankosh.ac.in/bitstream/123456789/33394/1/Unit-11.pdf
- 5. http://egyankosh.ac.in/bitstream/123456789/33387/1/Unit-14.pdf
- 6. https://www.subhartidde.com/slms/M.Sc%20-202%20Clinical%20and%20Therapeutic%20Nutrition.pdf
- 7. www.who.int/mediacentre//cardiovascular diseases
- 8. www.cdc.gov/diabetes/pubs/factsheets/kidney.htm

COURSE CONTENTS & LECTURE SCHEDULE:

Module No.	Topic	No. of Lectures	Teaching Pedagogy	Teaching Aids
UNIT -	1 NUTRITION FO	OR DEVELO	OPMENTAL MILE	ESTONES
1.1	Meal Planning – Principles of planning meals, meal pattern and its modification to suit to different disease conditions.	2	Chalk & Talk	Black Board
1.2	Nutrition during pregnancy – importance – changes nutritional requirements and complication.	3	Chalk & Talk	Black Board
1.3	Nutrition during lactation – importance, advantages of breast feeding, need for enhanced nutritional requirements.	3	Lecture	PPT & White board
1.4	Nutrition during infancy – nutritional requirement, weaning – methods – low cost supplementary foods.	3	Chalk & Talk	Black Board
1.5	Nutrition for Preschoolers – nutritional requirements, inculcating feeding habits.	3	Lecture	Black Board
1.6	Nutrition for school children and adolescents – nutritional requirements in	3	Discussion	Black Board

Geriatric nutrition – changes during old age, nutritional requirements during old age, nutrition related problems of old age. UNIT -2 DIET THERAPY 2.1 Diet therapy – Objectives of therapeutic diets Routine Hospital diet – a.TPN b. EN 2.3 Obesity and Underweight 3 Chalk & Talk Black Board 2.4 Diabetes mellitus 3 Lecture LCD 2.5 Febrile disease conditions – Typhoid (acute), Tuberculosis (chronic) and Malaria (intermittent). 2.6 Gastrointestinal disorders – Peptic- ulcer, diarrhea, constipation UNIT -3 THERAPEUTIC DIETS FOR HEART, KIDNEY & LIVER DISEASES 3.1 CVD-Hypertension and Atherosclerosis 5 Lecture CVD Diseases of urinary tract – Nephritis, Nephrosis, Renal failure. 3.2 Diseases of the liver – Lecture White board UNIT -4 DIET IN AIDS AND CANCER		adolescence- nutritional problems of adolescents.			
2.1 Diet therapy – Objectives of therapeutic diets 1 Chalk & Talk Black Board 2.2 Routine Hospital diet – a.TPN b. EN 2.3 Obesity and Underweight 3 Chalk & Talk Black Board 2.4 Diabetes mellitus 3 Lecture LCD 2.5 Febrile disease conditions – Typhoid (acute), Tuberculosis (chronic) and Malaria (intermittent). 3 Lecture 4 Chalk & Talk Black Board Black Board Chalk & Talk Board Chalk & Talk Black Board Chalk & Talk Boa	1.7	during old age, nutritional requirements during old age, nutrition related problems of	3	Lecture	LCD
therapeutic diets Routine Hospital diet - a.TPN b. EN 2.3 Obesity and Underweight 3 Chalk & Talk Black Board 2.4 Diabetes mellitus 3 Lecture LCD 2.5 Febrile disease conditions - Typhoid (acute), Tuberculosis (chronic) and Malaria (intermittent). Chalk & Talk Black Board Chalk & Talk Black Board Chalk & Talk Black Board Lecture LCD Chalk & Talk Black Board Chalk & Talk Black Board Chalk & Talk Black Board Black Board Chalk & Talk Black Board Chalk & Talk Black Board Black Board Chalk & Talk Black Board Chalk & Talk Black Board Black Board Chalk & Talk Black Board Chalk & Talk Black Board Black Board Chalk & Talk Black Board Chalk & Talk Black Board Chalk & Talk Black Board Black Board Chalk & Talk Black Board Chalk & Talk Black Board FPT White board Diseases of univernity Substance of the liver - Hepatitis and Cirrhosis Lecture PPT & White board PPT & White board		UNIT -2 DIET	THERAP	Y	
2.2 a.TPN b. EN 2.3 Obesity and Underweight 2.4 Diabetes mellitus 3 Lecture 4 LCD 2.5 Febrile disease conditions – Typhoid (acute), Tuberculosis (chronic) and Malaria (intermittent). 5 Gastrointestinal disorders – Peptic- ulcer, diarrhea, constipation 4 CVD-Hypertension and Atherosclerosis 5 Lecture 6 CVD-Hypertension and Atherosclerosis 7 Diseases of urinary tract – Nephritis, Nephrosis, Renal failure. 7 CVD-Hypertension and Cirrhosis 8 Lecture 9 PT & White board 1 CVD-Hypertension and Atherosclerosis 1 Diseases of the liver – Hepatitis and Cirrhosis 1 Lecture 1 LCD 1 Lecture 1 LCD 1 Lecture 1 LCD	2.1		1	Chalk & Talk	
2.4 Diabetes mellitus 2.4 Diabetes mellitus 3 Lecture 4 LCD 5 Febrile disease conditions - Typhoid (acute), Tuberculosis (chronic) and Malaria (intermittent). 5 Gastrointestinal disorders - Peptic- ulcer, diarrhea, constipation 6 UNIT -3 THERAPEUTIC DIETS FOR HEART, KIDNEY & LIVER DISEASES 7 A Lecture 8 White board 7 Diseases of urinary tract - Nephritis, Nephrosis, Renal failure. 7 Diseases of the liver - Hepatitis and Cirrhosis 8 Chalk & Talk Black Board Chalk & Talk Black Board Chalk & Talk Black Board Chalk & Talk Board Chalk & Talk Black Board Chalk & Talk Board Chalk & Talk Board Chalk & Talk Board Chalk & Talk Black Board Chalk & Talk Disease Conditions - Typhoid Recture Board PPT & White board	2.2	-	3	Lecture	LCD
Febrile disease conditions – Typhoid (acute), Tuberculosis (chronic) and Malaria (intermittent). 2.6 Gastrointestinal disorders – Peptic- ulcer, diarrhea, constipation 2 Chalk & Talk Black Board PPT & White board UNIT -3 THERAPEUTIC DIETS FOR HEART, KIDNEY & LIVER DISEASES 3.1 CVD-Hypertension and Atherosclerosis 5 Lecture White board Diseases of urinary tract – Nephritis, Nephrosis, Renal failure. 5 Lecture PPT & White board LCD PPT & White board	2.3	Obesity and Underweight	3	Chalk & Talk	
2.5 Typhoid (acute), Tuberculosis (chronic) and Malaria (intermittent). 2.6 Gastrointestinal disorders - Peptic- ulcer, diarrhea, constipation 2.7 THERAPEUTIC DIETS FOR HEART, KIDNEY & LIVER DISEASES 3.1 CVD-Hypertension and Atherosclerosis 3.2 Diseases of urinary tract - Nephritis, Nephrosis, Renal failure. 3.3 Diseases of the liver - Hepatitis and Cirrhosis 3.4 Chalk & Talk Black Board PPT & White board PPT & White board Lecture LCD PPT & White board	2.4	Diabetes mellitus	3	Lecture	LCD
2.6 Peptic- ulcer, diarrhea, constipation UNIT -3 THERAPEUTIC DIETS FOR HEART, KIDNEY & LIVER DISEASES 3.1 CVD-Hypertension and Atherosclerosis 5 Lecture PPT & White board Diseases of urinary tract - Nephritis, Nephrosis, Renal failure. 5 Lecture LCD PPT & White board	2.5	Typhoid (acute), Tuberculosis (chronic) and	2	Chalk & Talk	
3.1 CVD-Hypertension and Atherosclerosis 5 Lecture PPT & White board 3.2 Diseases of urinary tract - Nephritis, Nephrosis, Renal failure. 5 Lecture LCD PPT & White board Lecture PPT & White board	2.6	Peptic- ulcer, diarrhea,	3	Lecture	&White
3.1 CVD-Hypertension and Atherosclerosis 5 Lecture White board 3.2 Diseases of urinary tract – Nephritis, Nephrosis, Renal failure. 5 Lecture LCD 3.3 Diseases of the liver – Hepatitis and Cirrhosis 5 Lecture White board	UNIT -3	B THERAPEUTIC DIETS FOR I	HEART, KI	IDNEY & LIVER I	DISEASES
3.2 Nephritis, Nephrosis, Renal 5 Lecture LCD failure. 3.3 Diseases of the liver – Hepatitis and Cirrhosis 5 Lecture White board	3.1		5	Lecture	White
3.3 Diseases of the liver – Hepatitis and Cirrhosis 5 Lecture White board	3.2	Nephritis, Nephrosis, Renal	5	Lecture	LCD
UNIT -4 DIET IN AIDS AND CANCER	3.3		5	Lecture	White
		UNIT -4 DIET IN A	IDS AND	CANCER	

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4.1	Etiology of Pre-disposing factors, clinical symptoms and modification of diets for Cancer	5	Lecture	LCD
4.2	Etiology of Pre-disposing factors, clinical symptoms and modification of diets for AIDS	5	Lecture	PPT & White board
	UNIT -5 COMMUN	NITY NUTI	RITION	
5.1	Malnutrition – etiology and measures to overcome	2	Chalk & Talk	Black Board
5.2	Assessment of nutritional status	3	Lecture	PPT & White board
5.3	Nutrition Education	2	Demonstrations	Charts
5.4	Nutrition Intervention Programme – CMNMP, ICDS	2	Chalk & Talk	Black Board
5.5	FAO, WHO, UNICEF	3	Lecture	LCD
5.6	CARE, CFTRI and NIN	3	Lecture	LCD

	C1	C2	C3	C4	C5	Total Scholastic Marks	Non Scholas tic Marks C6	CIA Total
Levels	T1	T2	Quiz	Assignm ent	OBT/PPT			
	10 Mks.	10 Mks.	5 Mks.	5 Mks	5 Mks	35 Mks.	5 Mks.	40Mks.
K1	2	2	-	-	-	4	-	4
K2	2	2	5	-	-	9	-	9

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К3	3	3	1	•	5	11	1	11
K4	3	3	-	5	-	11	-	11
Non Scholastic	-	-	-	-	-		5	5
Total	10	10	5	5	5	35	5	40

CIA					
Scholastic	35				
Non Scholastic	5				
	40				

All the course outcomes are to be assessed in the various CIA components.

The levels of CIA Assessment based on Revised Bloom's Taxonomy for UG are :

K1- Remember, K2-Understand, K3-Apply, K4-Analyse

EVALUATION PATTERN

	SCHOLASTIC				NON - SCHOLASTI C		MARKS	i
C1	C2	С3	C4	C 5	С6	CIA	ESE	Total
10	10	5	5	5	5	40	60	100

C1 – Internal Test-1

C2 – Internal Test-2

C3 - Quiz

C4 – Assignment

C5 - OBT/PPT

C6 – Non – Scholastic

COURSE OUTCOMES

On the successful completion of the course, students will be able to:

NO.	COURSE OUTCOMES	KNOWLEDGE LEVEL (ACCORDING TO REVISED BLOOM'S TAXONOMY)	PSOs ADDRESSED
CO 1	Identify the principles of meal planning in nutrition through life cycle.	K1, K3	PSO3&PSO4
CO 2	Recall the nutritive value of foods for planning diets	K1	PSO3
CO 3	Recognize the etiology and symptoms of diseases	K1, K2	PSO3&PSO4
CO 4	Examine skills in preparation of therapeutic diets	K4	PSO3&PSO4
CO 5	Solve problem of malnutrition through intervention programmes	К3	PSO3&PSO4

Mapping of COs with PSOs

CO/ PSO	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6	PSO 7	PSO 8	PSO 9	PSO1 0	PSO 11	PSO 12
CO1	1	1	3	3	1	1	1	1	1	1	1	1
CO2	1	1	3	3	1	1	1	1	1	1	1	1
CO3	2	1	3	3	1	1	1	1	1	1	1	1
CO4	1	1	3	3	1	1	1	1	1	1	1	1
CO5	1	1	2	3	1	1	1	1	1	1	1	1
CO/ PSO	PSO 13	PSO 14	PSO 15	PSO 16	PSO 17	PSO 18	PSO 19	PSO 20	PSO 21	PSO 22	PSO 23	
CO1	1	1	1	1	1	1	1	1	1	1	1	
CO2	1	1	1	1	1	1	1	1	1	1	1	

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CO3	1	1	1	1	1	1	1	1	1	1	1	
CO4	1	1	1	1	1	1	1	1	1	1	1	
CO5	1	1	1	1	1	1	1	1	1	1	1	

Mapping of COs with POs

CO/ PSO	P01	PO2	РО3	P04
CO1	3	3	1	2
CO2	3	3	1	1
CO3	3	3	2	1
CO4	3	3	2	1
CO5	3	3	1	2

Note: ♦ Strongly Correlated – **3**

♦ Moderately Correlated - 2

♦ Weakly Correlated -1

COURSE DESIGNER:

- 1.Dr.Vasantha Esther Rani
- 2. Mrs.D.Mouna

Forwarded By

Marante E Rain

(Dr. Vasantha Esther Rani)

III B.Sc. HOME SCIENCE WITH FOOD BIOTECHNOLOGY SEMESTER -VI

For those who joined in 2019 onwards

PROGRAMME CODE	COURSE CODE	COURSE TITLE	CATEGORY	HRS/WEEK	CREDITS
UAHS	19N6CC20	Clinical Nutrition and Dietetics Lab	Practical	3	2

COURSE DESCRIPTION

The course provides hands-on experience in the planning, formulation and calculation of nutrients for various stages of life cycle and deficiency disorders/degenerative diseases.

COURSE OBJECTIVES

- To enable the students to know the importance of the various stage of life cycle.
- To plan and prepare food for various therapeutic conditions.
- To alleviate deficiency disorders by planning diets rich in particular diseases.
- To share the knowledge from lab to land.

UNITS

UNIT -I (5 HRS.)

Planning meals for families at low, medium, and high-income levels.

UNIT -II (10 HRS.)

Planning, Preparation and serving of meals for

a) Expectant woman

- b) Lactating woman
- c) Preschool children
 - d) School going children

UNIT -III (10 HRS.)

Planning, Preparation and serving of meals for

- e) Adolescents boys, girls
- d) Adult woman Lady Lecturer
- e) Adult Man Hard working
 - f) Old man

UNIT -IV (10 HRS.)

Planning, preparation and service of diets for

- a) Post operative conditions
- b) Obesity
- c) Diabetes Mellitus
- d) Peptic Ulcer
- e) Hypertension, Atherosclerosis

UNIT -V (10 HRS.)

Planning, preparation and service of diets for

- f) Liver disorders Cirrhosis
- g) Renal disorders Nephritis
- h) Anaemia, Vitamin A deficiency disease
- i) Kwashiokar, Marasmus
 - j) Cancer

REFERENCE BOOKS:

- 1. Caroll, A. Lutz (1997) *Nutrition for Diet Therapy*, Edition 2, F. A. Davis Company, Philadelphia.
- 2. Davidson S. Passmore, R. Brock J. K. & Truwell A. S. (1975) *Human Nutrition and Dietetics,* The English Language Book Society and Churchill.
- 3. Ghosh S (1976). The feeding and care of Infant and Young children
- 4. Gupta L. C. &. Kusium Gupta (1989). *Foods mid Nutrition, Facts and Figures*, Jayapahothas, New Delhi,
- 5. Passmore R. Eastwood (1986) *Human Nutrition and Dietetics*, Longman Group Ltd.,

Open Educational Resources:

- 1. https://clinical-nutrition.imedpub.com/
- 2. http://egyankosh.ac.in/bitstream/123456789/33402/1/Unit-8.pdf

COURSE CONTENTS & LECTURE SCHEDULE:

Module No.	Topic	No. of Lectures	Teaching Pedagogy	Teaching Aids
	UNIT	-1		
1.1	Planning meals for families at low, medium and high income levels.	5	Preparation & Demonstration	Essential materials and utensils
	UNIT	-2		
2.1	Planning, Preparation and serving of meals for a) Expectant woman b) Lactating woman c) Preschool children d) School going children	10	Preparation & Demonstration	Essential materials and utensils
	UNIT	-3		
3.1	Planning, Preparation and serving of meals for e) Adolescents – boys, girls d) Adult woman – Lady Lecturer e) Adult Man – Hard working f) Old man	10	Preparation & Demonstration	Essential materials and utensils
	UNIT	-4		
4.1	Planning, preparation and service of diets for a) Post operative conditions b) Obesity c) Diabetes Mellitus d) Peptic Ulcer e) Hypertension & Atherosclerosis	10	Preparation & Demonstration	Essential materials and utensils

UNIT -5								
5.1	Planning, preparation and service of diets for f) Liver disorders Cirrhosis g) Renal disorders Nephritis h) Anaemia, Vitamin A deficiency disease i) Kwashiokar, Marasmus j) Cancer	10	Preparation & Demonstration	Essential materials and utensils				

EVALUATION PATTERN

SCHOLASTIC			NON - SCHOLASTIC		MARKS		
C1	C2	С3	C4	C 5	CIA	ESE	Total
10	10	10	5	5	40	60	100

C1 - Internal Test - 1

C2 - Internal Test - 2

C3 – Model Practical Exam

C4 - Record

C5 - Non - Scholastic

COURSE OUTCOMES

On the successful completion of the course, students will be able to:

NO.	COURSE OUTCOMES	KNOWLEDGE LEVEL (ACCORDING TO REVISED BLOOM'S TAXONOMY)	PSOs ADDRESSED
CO 1	Recall the principles of meal planning	K1	PSO3
CO 2	Choose and prepare balanced diets	К3	PSO3&PSO4
CO 3	Describe the dietary modification	K2	PSO3&PSO4
CO 4	Plan and prepare/execute therapeutic diets	K3, K4	PSO3&PSO4
CO 5	Construct diet for deficiency diseases	К3	PSO3&PSO4

Mapping of COs with PSOs

CO/ PSO	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6	PSO 7	PSO 8	PSO 9	PSO1 0	PSO 11	PSO 12
CO1	1	1	3	1	1	1	1	1	1	1	1	1
CO2	1	1	3	3	1	1	1	1	1	1	1	1
CO3	2	1	3	3	1	1	1	1	1	1	1	1
CO4	1	1	3	3	1	1	1	1	1	1	1	1
CO5	1	1	2	3	1	1	1	1	1	1	1	1
CO/ PSO	PSO 13	PSO 14	PSO 15	PSO 16	PSO 17	PSO 18	PSO 19	PSO 20	PSO 21	PSO2 2	PSO 23	
CO1	1	1	1	1	1	1	1	1	1	1	1	
CO2	1	1	1	1	1	1	1	1	1	1	1	
CO3	1	1	1	1	1	1	1	1	1	1	1	
CO4	1	1	1	1	1	1	1	1	1	1	1	
CO5	1	1	1	1	1	1	1	1	1	1	1	

Mapping of COs with POs

CO/ PSO	P01	P02	P03	P04
CO1	3	3	1	2
CO2	3	3	1	1
CO3	3	3	2	1
CO4	3	3	2	1
CO5	3	3	1	2

COURSE DESIGNER:

Dr.Vasantha Esther Rani Mrs.D.Mouna

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III B.Sc. HOME SCIENCE WITH FOOD BIOTECHNOLOGY SEMESTER -VI

For those who joined in 2019 onwards

PROC MM COI	1E	COURSE CODE	COURSE TITLE	CATEGO RY	HRS/WEE K	CREDITS
UAI	HS	19N6ME3	FAMILY DYNAMICS	Lecture	5	5

COURSE DESCRIPTION

This course describes the dynamics of the family with reference to its structure, function, problems, and supportive programmes.

COURSE OBJECTIVES

- To acquaint the students with the problems associated with the marital life,
- To orient the students with the current family problems specially on the disintegration of family and the solving methods.
- To give them thorough knowledge on reproductive health education.

UNITS

UNIT -I ADULTHOOD AND MARRIAGE

(15 HRS.)

Adulthood early, middle, and late adulthood characteristics and psychological changes.

Marriage - definition, functions, types Monogamy, polygamy, and polyandry and group marriage

Marital adjustments and factors affecting marital life

Guidance and Counseling need, method, and Supportive Agencies.

UNIT -II FAMILY (15 HRS.)

Family – Meaning, characteristics and functions -essential and non-essential.

Types based on – structure, Authority and Marriage.

Family disintegration – reasons and remedial measures

UNIT -III FAMILY CRISIS

(15 HRS.)

Crisis and Crisis management – definition, Classification – usual and expected, unexpected. Prolonged illness, Bereavement, unemployment, Suicide, Divorce, Separation, Alcoholism and Drug addiction Stress

management

UNIT -IV WELFARE OF THE AGED AND CHILDREN WITH SPECIAL NEEDS (15 HRS.)

Welfare programme for the aged.Welfareprogramme for the children with special needs – Institutions, Services, Programmes and concessions for children with special needs

UNIT -V POPULATION EDUCATION AND FAMILY WELFARE (15HRS.)

Population – Definition, Population growth and Population explosion, causes and effect of population explosion

Self-Study: Population education, - definition, population education at various levels

Family planning methods- programmes, adolescent reproductive health education.

PRACTICALS

- i.A study on family structure and family problems
- ii.Visit to family counseling center
- Wisit to Old Age Home.

REFERENCES

TEXTBOOK:

• 1.Devadas R.P & Jaya (1991) *Text Book of Child Development* Macmillan India Ltd, Madras.

REFERENCE BOOKS:

- 1. Helen,B. (1995) *Developing Child* , HarpercolinsPublishers,Newyork.
- 2. 3.Hurlock E.B, (1981) Developmental psychology: a life-span approach
- 3. Tata McGraw -Hill., New York.
- 4. 4.Hurlock E. B, (2004). Child *Development*, (6th ed)., McGraw Hill Inc., New York
- 5. SharmaR.N (1986). *Indian Social Problems*. Media Promoters and Publishers Pvt Ltd Mumbai.
- 6. 6.Suria Kanthi A. (2004) *Child development- An introduction*. Kavitha Publications, Gandhigram, Tamil Nadu

OPEN EDUCATIONAL RESOURCES:

- 1. https://guides.lib.uconn.edu/humandevelopment/oer
- 2. http://egyankosh.ac.in/handle/123456789/55008
- 3. https://oer.uoch.edu.pk/home/watch_lecture/2131/130595

COURSE CONTENTS & LECTURE SCHEDULE:

Modul e No.	Topic	No. of Lecture	Teaching Pedagogy	Teaching Aids
e No.		S	1 euagogy	Aius
	UNIT -1ADULTHOO	DD AND M	ARRIAGE (15HRS.)	
1.1	Topic 1- Adulthood Early Middle and Late adulthood Characteristics and Psychological changes.	5	Chalk&Talk, discussion	Black Board
1.2	Subtopic - Marriage Definition Functions, Types Monogamy, polygamy, and polyandry and group marriage.	4	Lecture	LCD &White board
1.3	Marital adjustments and factors affecting marital life	4	Lecture anddiscussion	
	UNIT -II FAMII	LY (18 HR	S.)	
2.1	Topic 2- Family Meaning, characteristics Functions -essential and non-essential.	5	Lecture	PPT& Black Board
2.2	Subtopic Types based on – structure, Authority and Marriage	5	Chalk & Talk	Green Board
2.3	Topic 3 Family disintegration – reasons and remedial measures.	5	Chalk &Talk,Group Discussion	Black Board and PPT
	UNIT -III FA	MILY CRIS	SIS (15 HRS.)	
3.1	Topic 4- Crisis Crisis and Crisis management – definition, Classification – usual and expected,	3	Chalk & Talk	Black Board&LC D

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	unexpected.			
3.2	Prolonged illness, Suicide Bereavement,	3	Lecture	PPT& Black Board
3.3	Desertion, Divorce, Separation	3	Chalk & Talk	LCD & Smart Board
3.4	Alcoholism and Drug addiction unemployment	3	Chalk & Talk	Black Board
3.5	Stress ManagementTechnique s	3	Chalk & Talk, Group Discussion, Demonstration	Smart Board
UNIT -	IV WELFARE OF THE AG	ED AND C	HILDREN WITH SPE	CIAL
NEEDS (15 HR	S.)			
4.1	Topic5 Welfare programme for the aged. Government and Non-Govt	5	Lecture	Smart Board
4.2	Subtopics Welfare programme for the children with special needs – Institutions,andService s	5	Lecture	PPT
43	Programmes and concessions for children with special Needs	5	Chalk & Talk	LCD
UNIT	-V POPULATION EDUCA	TION AND	FAMILY WELFARE	(15HRS.)
5.1	Topic 6 Population – Definition, Population growth and Status	5	Lecture and Group Discussion	Models
5.2	Population Explosion, Causes and effect of population explosion	5	Lecture	Green Board Charts
5.3	Adolescent Reproductive health education	5	Lecture/Discussio n	PPT

	C1	C2	C3	C4	C5	Total Scholastic Marks	Non Scholas tic Marks C6	CIA Total
Levels	T1	T2	Quiz	Assignm ent	OBT/PPT			
	10 Mks.	10 Mks.	5 Mks.	5 Mks	5 Mks	35 Mks.	5 Mks.	40Mks.
K1	2	2	-	-	-	4	-	4
K2	2	2	5	-	-	9	-	9
К3	3	3	-	-	5	11	-	11
K4	3	3	-	5	-	11	-	11
Non Scholastic	-	-	-	-	-		5	5
Total	10	10	5	5	5	35	5	40

CIA						
Scholastic	35					
Non Scholastic	5					
	40					

- ✓ All the course outcomes are to be assessed in the various CIA components.
- √ The levels of CIA Assessment based on Revised Bloom's Taxonomy for UG are:
- K1- Remember, K2-Understand, K3-Apply, K4-Analyse

COURSE OUTCOMES

On the successful completion of the course, students will be able to:

NO.	COURSE OUTCOMES	KNOWLEDGE LEVEL (ACCORDING TO REVISED BLOOM'S TAXONOMY)	PSOs ADDRESSED
CO 1	Describe the characteristics different stages of adulthood.	K1,K2	PSO13
CO 2	Restate in own words the problems in the Institution of marriage and family.	K1, K2,	PSO14
CO 3	Identify and manage the stress arise out of family crisis.	K1, K3	PSO14
CO 4	Summarize the welfare programme for the aged and children with special needs	K2, K3 &K4	PSO12
CO 5	Built knowledge on the Growth status of population.	K2 & K4	PSO14

Mapping of COs with PSOs

CO/ PSO	PS 01	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6	PSO 7	PSO 8	PSO 9	PSO 10	PSO 11	PSO 12
CO1	1	1	1	1	1	1	1	1	1	1	1	1
CO2	1	1	1	1	1	1	1	1	1	1	1	1
CO 3	1	1	1	1	1	1	1	1	1	1	1	1
CO4	1	1	1	1	1	1	1	1	1	1	1	3
CO5	1	1	1	1	1	1	1	1	1	1	1	1
CO/ PSO	PS 01 3	PSO 14	PSO 15	PSO 16	PSO 17	PSO 18	PSO 19	PSO 20	PSO 21	PSO 22	PSO 23	
CO1	3	1	1	1	1	1	1	1	1	1	1	

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CO2	1	3	1	1	1	1	1	1	1	1	1	
соз	1	3	1	1	1	1	1	1	1	1	1	
CO4	1		1	1	1	1	1	1	1	1	1	
CO5	1	2	1	1	1	1	1	1	1	3	3	

Mapping of COs with POs

CO/ PSO	P01	P02	Р03	P04
CO1	1	1	1	1
CO2	3	1	1	1
CO3	3	1	1	1
CO4	1	1	3	1
CO5	1	1	1	1

◆ Strongly Correlated - 3 ◆ Moderately Correlated - 2 Note:

♦ Weakly Correlated -1

COURSE DESIGNER:

1.Dr.S.SANTHI

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III B.Sc. HOME SCIENCE WITH FOOD BIOTECHNOLOGY SEMESTER -VI

For those who joined in 2019 onwards

PROGRAMME CODE	COURSE CODE	COURSE TITLE	CATEGORY	HRS/WEEK	CREDITS
UAHS	19N6ME4	Nutrition For Health and Fitness	Lecture	5	5

COURSE DESCRIPTION

To integrate and apply the principles of sound nutrition to help, assess and evaluate physical fitness, body composition and dietary pattern and their interrelationship.

COURSE OBJECTIVES

- Understand the components of health and fitness and the importance of nutrition in maintaining health
- Make nutritional, dietary, and physical activity recommendations to achieve fitness and well-being.
- Develop ability to evaluate fitness and well-being.

UNITS

UNIT -I HOLISTIC APPROACH TO FITNESS AND HEALTH (15 HRS.)

Introduction to fitness and health; Classification of physical activity based on energy expenditure; Assessment of nutritional status

UNIT -II ENERGY SYSTEMS

(15 HRS.)

Aerobic and anaerobic energy system, Energy input and output, Shifts in Carbohydrate and Fat metabolism, Mobilization of fat stores during exercise

UNIT-III NUTRITION IN SPORTS

(15 HRS.)

Fuels and nutrients to support physical activity, Diet modification manipulation, Pre and Post game meals, Water and electrolyte balance, Losses and their replenishments during exercise and sports events, Carbohydrate Loading, Effect of dehydration, Ergogenic aids and Sports Drinks

UNIT -IV PHYSICAL FITNESS AND HEALTH - INTER-RELATIONSHIPS

(15HRS.)

Significance of physical fitness and nutrition in the prevention and management of weight, Obesity, Diabetes Mellitus, Cardiovascular Diseases, Disorders of bone health and Cancer, Sports anemia, Female Athlete Triad.

UNIT -V ALTERNATIVE SYSTEMS OF HEAL AND FITNESS (15 HRS.)

Yoga, Meditation, Vegetarianism, Herbal/Naturopathy Medicines

REFERENCES:

TEXTBOOK:

1. Gupta L. C. &. Kusium Gupta (1989). *Foods mid Nutrition, Facts and Figures*, Jayapahothas, New Delhi,

REFERENCE BOOKS:

- 2. Swaminathan M. (1988) *Advanced textbook of Food and Nutrition,* Vol. I and II, the Bangalore Printing and Publishing Co., Ltd.
- 3. Gitanjali Chatterjee, (1999) *Handbook of Nutrition*, Rajat Publications.
 - 4. Srilakshmi.B.(2007). *Food Science*, New age International Pvt.Ltd.,NewDelhi.

OPEN EDUCATIONAL RESOURCES:

1. .http://www.hanoverhornets.org/pe/wp-content/uploads/2017/01/nutritionnotes-2.pdf

- $2. \quad . \underline{https://school.eckovation.com/short-notes-nutrition/}$
- 3. .https://ncert.nic.in/textbook/pdf/iehp104.pdf

COURSE CONTENTS & LECTURE SCHEDULE:

Module No.	Topic	No. of Lectures	Teaching Pedagogy	Teaching Aids				
τ	JNIT -1 HOLISTIC APPROA	сн то ғіт	NESS AND HEAI	тн				
1.1	Introduction to fitness and health	3	Chalk & Talk	Black Board.				
1.2	Classification of physical activity based on energy expenditure	4	Chalk & Talk	LCD				
1.3	Assessment of nutritional status-Direct Methods	4	Lecture	Black Board,PPT				
1.4	Assessment of nutritional status-Indirect Method	4	Lecture	White board PPT				
	UNIT -2 ENERGY SYSTEMS							
2.1	Aerobic and anaerobic energy system	4	Lecture	Black Board Charts				
2.2	Energy input and output	3	Chalk & Talk	Black Board				
2.3	Shifts in Carbohydrate and Fat metabolism	4	Lecture	Black Board				
2.4	Mobilization of fat stores during exercise	4	Lecture	PPT				
	UNIT -3 CASE STUDIES A	ND DIET M	MODIFICATIONS					
3.1	Fuels and nutrients to support physical activity	1	PPT	LCD				
3.2	Diet manipulation	2	Chalk & Talk	Black				

				Board
3.3	Pre and Post game meals	2	Lecture	Black Board
3.4	Water and electrolyte balance	2	Lecture	LCD
3.5	Losses and their replenishments during exercise and sports events	2	Lecture	PPT
3.6	Carbohydrate Loading	3	Lecture	PPT
3.7	Effect of dehydration	1	Lecture	PPT
3.8	Ergogenic aids and Sports Drinks	2	Lecture	PPT
UNIT	- 4 PHYSICAL FITNESS AND) HEALTH	INTER-RELATIO	NSHIPS
4.1	Significance of physical fitness and nutrition in the prevention and management of weight Obesity	2	Lecture	Black Board
4.2	Significance of physical fitness and nutrition in the prevention and management of Diabetes Mellitus	2	Chalk & Talk	Green Board
4.3	Significance of physical fitness and nutrition in the prevention and management of Cardio Vascular Diseases	2	Discussion	Black Board
4.4	Significance of physical fitness and nutrition in the prevention and management of Disorders of bone health	3	Lecture	LCD
4.5	Significance of physical fitness and nutrition in the prevention and management	3	Lecture	PPT

CBCS Curriculum for B.Sc. Home Science with Food Biotechnology

	of cancer							
4.6	Sports anemia, Female Athlete Triad	3	Lecture	PPT				
1	UNIT-5 ALTERNATIVE SYSTEMS OF HEAL WAND FITNESS							
5.1	Yoga	3	Lecture	Video				
5.2	Meditation	4	Chalk & Talk	PPT.				
5.3	Vegetarianism	4	Discussion	Black Board				
5.4	Herbal Medicines	4	Lecture	LCD				

	C1	C2	C3	C4	C5	Total Scholastic Marks	Non Scholas tic Marks C6	CIA Total
Levels	T1	T2	Quiz	Assignm ent	OBT/PPT			
	10 Mks.	10 Mks.	5 Mks.	5 Mks	5 Mks	35 Mks.	5 Mks.	40Mks.
K1	2	2	-	-	-	4	-	4
K2	2	2	5	_	-	9	-	9
К3	3	3	-	-	5	11	-	11
K4	3	3	-	5	-	11	-	11
Non Scholastic	-	-	-	-	-		5	5
Total	10	10	5	5	5	35	5	40

CIA

CBCS Curriculum for B.Sc. Home Science with Food Biotechnology

Scholastic	35
Non Scholastic	5
	40

- ✓ All the course outcomes are to be assessed in the various CIA components.
- √ The levels of CIA Assessment based on Revised Bloom's Taxonomy for UG are:

K1- Remember, K2-Understand, K3-Apply, K4-Analyse

EVALUATION PATTERN

SCHOLASTIC			NON - SCHOLASTIC		MARKS		
C1	C2	С3	C4	С5	CIA	ESE	Total
5	10	15	5	5	40	60	100

- **C1** Average of Two Session Wise Tests
- **C2** Average of Two Monthly Tests
- C3 Mid Sem Test
- C4 Best of Two Weekly Tests
- C5 Non Scholastic

COURSE OUTCOMES

On the successful completion of the course, students will be able to:

NO.	COURSE OUTCOMES	KNOWLEDGE LEVEL (ACCORDING TO REVISED BLOOM'S TAXONOMY)	PSOs ADDRESSE D
CO 1	Recall the relationship of food and health.	K1	PSO3
CO 2	Describe terminologies related to fitness.	K1, K2,	PSO3 & PSO4
CO 3	Identify the different macro and micro nutrients.	K1, K3	PSO3 & PSO4
CO 4	Plan the balanced diet for different age groups.	K1, K2, K3 & K4	PSO3 & PSO4
CO 5	Examine the holistic approach to fitness and health.	K2 ,K4	PSO3 & PSO4

Mapping of COs with PSOs

CO/ PSO	PS 01	PS O2	PSO 3	PSO 4	PSO 5	PSO 6	PSO 7	PSO 8	PSO 9	PSO 10	PSO 11	PSO 12
CO1	1	1	3	3	1	1	1	1	1	1	1	1
CO2	1	1	3	3	1	1	1	1	1	1	1	1
CO3	1	1	3	3	1	1	1	1	1	1	1	1
CO4	1	1	3	3	1	1	1	1	1	1	1	1
CO5	1	1	3	3	1	1	1	1	1	1	1	1
CO/ PSO	PS 01 3	PS 01 4	PSO 15	PSO 16	PSO 17	PSO 18	PSO 19	PSO 20	PSO 21	PSO 22	PSO 23	
-	01	01										
PSO	01 3	01 4	15	16	17	18	19	20	21	22	23	
PSO CO1	01 3	01 4 1	15	16	17 1	18 1	19 1	20	3	1	1	
CO1	01 3 1	1 1	15 1 1	16 1 1	17 1 1	18 1 1	19 1 1	1 1	3 1	1 1	1 1	

Mapping of COs with POs

CO/ PO	PO1	PO2	РО3	PO4
CO1	3	1	2	2
CO2	3	1	2	2
CO3	3	1	2	2
CO4	3	1	2	2
CO5	3	1	2	2

Note: ♦ Strongly Correlated – 3 ♦ Moderately Correlated – 2 ♦ Weakly Correlated -1

COURSE DESIGNER:

- 1.Dr.Vasantha Esther Rani
- 2.Ms.D.Mouna

Forwarded By

(Dr.Vasantha Esther Rani)

III B.Sc.Home Science with Food Biotechnology SEMESTER -VI

For those who joined in 2019 onwards

PROGRAMME CODE	COURSE CODE	COURSE TITLE	CATEGORY	HRS/WEEK	CREDITS
UAHS	19N6ME5	Food and Dairy Processing	Lecture	5	5

COURSE DESCRIPTION

This course enlightens the students to understand the various food processing operations in food industries.

COURSE OBJECTIVES

- To impart systemic knowledge of basic and applied aspects of food processing and technology.
- To understand the methods of heat and cold processing.
- To provide in-depth knowledge on production of processed food products.

UNITS

UNIT -I FOOD PROCESSING OPERATION

(15 HRS.)

Characteristics of food raw materials – Geometric, physical, functional properties. Preparative Operations in food industry – Cleaning – objectives, Methods – Dry cleaning – Screening, Abrasion, Aspiration and Magnetic. Wet cleaning – Soaking, Spray washing, Flotation washing. Sorting – Methods – weight, size, shape and photometric.

Grading – grading factors, methods.

Self -study: An overall view of commonly used packaging materials.

UNIT -II PROCESSING BY HEAT AND COLD

(15 HRS.)

Heat – blanching, canning, pasteurization, sterilization.

Cold - Refrigeration, freezing - direct and indirect freezing.

Processing by Dry heat

Drying – Definition, purpose, methods – sun drying, drying by mechanical.

Self-study:freeze drying.

UNIT -III PROCESSING OF PLANT FOODS

(15 HRS.)

Cereals – Processing of wheat - milling.
Pulses – Processing –germination, decortication.
Fruits & Vegetables – Harvesting and storage, canning, drying.
Self-study: vegetable paste and powders.

UNIT -IV PROCESSING OF ANIMAL FOODS

(15 HRS.)

Meat – Post mortem changes in meat – ripening and tenderizing meat, Grades of meat, Changes produced during heat processing.

Poultry – Classification and Processing.

Fish- Classification, Processing – Canning

Self-study:smoking, salting and drying.

UNIT -V DAIRY PROCESSING

(15 HRS.)

Milk-composition, nutritive value, processing-milk collection-transportation and grading of milk-

clarification,standardization,pasteurization,homogenization,packaging.

Fermented milk products-butter, cheese, curd, shrikhand, Non-fermented milk products-milk powder, sweetened condensed milk, skim milk

Self -study: Ice-cream.

REFERENCES:

TEXTBOOK:

1. Manay, S.N, Shadaksharaswamy, M. (2005). *Foods, facts and principles*, New age international publishers, New Delhi.

REFERENCE BOOKS:

- 1. Sivasankar, B. (2008). *Food Processing and Preservation*, Prentice-Hall of India Pvt Limited, New Delhi.
- 2. Srilakshmi, B. (2008). *Food science*, New age international publishers, New Delhi.
- 3. Subbulakshmi, G, Udipi, S.A. (2006). *Food processing and preservation*, New age international publishers, New Delhi.
- 4. Sudeshjood, Khetarpaul, N. (2002). *Food preservation*, Agrotech publishing academy, Udaipur.

Open Educational Resources:

- 1. .https://www.researchgate.net/publication/323167448 1 Introduction to cereal processing and by-products
- 2. .https://www.unido.org/sites/default/files/2009-04/Small scale cereal milling and bakery products 0.pdf
- 3. .https://ccsuniversity.ac.in/bridge-library/pdf/FST-Paper-II%20Technology%20of%20cereals,%20pulses%20and%20oilseeds-%20II%20Semester.pdf
- 5. .http://ecoursesonline.iasri.res.in/mod/page/view.php?id=807
- 6. .http://www.fao.org/3/V5030E/V5030E03.htm#1.2%20Importance %20of%20fruit%20and%20vegetables%20in%20world%20agriculture
- 7. https://meridian.allenpress.com/jfp/article/33/2/64/425033/EGG-PROCESSING-TECHNOLOGY-PROGRESS-AND-SANITATION
- 8. .<u>https://www.britannica.com/technology/meat-processing</u>

COURSE CONTENTS & LECTURE SCHEDULE:

Module No.	Topic	No. of Lectures	Teaching Pedagogy	Teaching Aids						
	UNIT -1 FOOD PROCESSING OPERATION									
1.1	Characteristics of food raw materials	2	Chalk & Talk	Black Board						
1.2	Preparative Operations in food industry	2	Chalk & Talk	Black Board						
1.3	Different Cleaning methods	4	Lecture, Group Discussion	PPT , Black Board						
1.4	Different Sorting methods	4	Lecture, Discussion	PPT, Black						

				Board						
1.5	Different Grading methods	3	Lecture	Black Board,PPT						
	UNIT -2 PROCESSING BY HEAT AND COLD									
2.1	Processing by heat-Canning & Blanching	3	Lecture	PPT & Videos						
2.2	Pasteurization and Sterilization	3	Chalk & Talk	Black Board						
2.3	Processing by Cold-Refrigeration	2	Lecture	Black Board						
2.4	Freezing	3	Lecture	Black Board						
2.5	Processing by dry heat-Different drying methods	4	Lecture	PPT & Videos						
UNIT -3 PROCESSING OF PLANT FOODS										
3.1	Cereal Processing-Wheat Milling	3	Chalk & Talk	Black Board						
3.2	Pulse Processing	4	Chalk & Talk, Discussion	Black Board						
3.3	Fruits Processing	4	Lecture	PPT & Videos						
3.4	Vegetable Processing	4	Lecture	PPT & Videos						
	UNIT -4 PROCESSING OF A	ANIMAL F	OODS							
4.1	Meat Processing	3	Chalk & Talk, Discussion	Black Board						
4.2	Meat Processing	3	Lecture	PPT & Videos						
4.3	Fish Processing	3	Lecture	PPT & Videos						
4.4	Fish Processing	3	Lecture	PPT & Videos						

4.5	Poultry Processing	3	Lecture	PPT & Videos						
	UNIT -5 DAIRY PROCESSING									
5.1	Milk Processing	4	Chalk & Talk, Discussion	Black Board						
5.2	Milk Packaging	3	Lecture	PPT & Videos						
5.3	Fermented Milk Products	4	Lecture	PPT & Videos						
5.4	Non-Fermented Milk Products	4	Lecture	PPT & Videos						

	C1	C2	C3	C4	C5	Total Scholastic Marks	Non Scholas ticMar ks C6	CIA Total
Levels	T1	T2	Quiz	Assignm ent	OBT/PPT			
	10 Mks.	10 Mks.	5 Mks.	5 Mks	5 Mks	35 Mks.	5 Mks.	40Mks.
K1	2	2	_	-	-	4	-	4
K2	2	2	5	-	-	9	-	9
К3	3	3	-	_	5	11	-	11
K4	3	3	-	5	-	11	-	11
Non Scholastic	-	-	-	-	-		5	5
Total	10	10	5	5	5	35	5	40

CIA				
Scholastic	35			
Non Scholastic	5			
	40			

All the course outcomes are to be assessed in the various CIA components.

The levels of CIA Assessment based on Revised Bloom's Taxonomy for UG are:

K1- Remember, K2-Understand, K3-Apply, K4-Analyse

EVALUATION PATTERN

SCHOLASTIC				NON - SCHOLASTI C		MARKS	3	
C1	C2	С3	C4	C 5	С6	CIA	ESE	Total
10	10	5	5	5	5	40	60	100

C1 - Internal Test-1

C2 - Internal Test-2

C3 - Quiz

C4 - Assignment

C5 - OBT/PPT

C6 – Non – Scholastic

COURSE OUTCOMES

On the successful completion of the course, students will be able to:

NO.	COURSE OUTCOMES	KNOWLEDGE LEVEL (ACCORDING TO REVISED BLOOM'S TAXONOMY)	PSOs ADDRESSED
CO 1	Define the characteristics of food raw materials	K1	PSO3
CO 2	Recall the preparative operations in food industries	K1	PSO3
CO 3	Classify the methods of heat and cold processing	К2	PSO3,PSO5
CO 4	Choose the different processing methods adopted for plant and animal foods	К3	PSO3
CO 5	Illustrate the processing & preparation of milk and milk products	K4	PSO3,PSO5

Mapping of COs with PSOs

CO/ PSO	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6	PSO 7	PSO 8	PSO 9	PSO 10	PSO 11	PSO 12
CO1	1	1	3	1	1	1	1	1	1	1	1	1
CO2	1	1	3	1	1	1	1	1	1	1	1	1
CO3	1	1	3	1	2	1	1	1	1	1	1	1
CO4	1	1	3	1	1	1	1	1	1	1	1	1
CO5	1	1	3	1	1	1	1	1	1	1	1	1
CO/ PSO	PSO 13	PSO 14	PSO 15	PSO 16	PSO 17	PSO 18	PSO 19	PSO 20	PSO 21	PSO 22	PSO 23	
004						_					_	
CO1	1	1	1	1	1	1	1	1	1	1	1	
CO2	1	1	1	1	1				1	1		
						1	1	1			1	
CO2	1	1	1	1	1	1	1	1	1	1	1	

Mapping of COs with POs

CO/ PSO	P01	P02	Р03	P04
CO1	1	1	1	1
CO2	1	1	1	1
CO3	1	1	2	1
CO4	1	1	2	1
CO5	1	1	2	1

COURSE DESIGNER: 1.Dr.K.Karthiga

Forwarded By

(Dr.Vasantha Esther Rani)

III B.Sc.Home Science with Food Biotechnology SEMESTER -VI

For those who joined in 2019 onwards

PROGRAM ME CODE	COURSE CODE	COURSE TITLE	CATEGO RY	HRS/ WEEK	CREDITS
UAHS	19N6ME6	Women and Entrepreneurship Development	Lecture	5	5

COURSE DESCRIPTION

This course offers deep insight into the concepts of entrepreneurship and the institution for entrepreneurship development. It also deals with the preparation of project report and appraisal.

COURSE OBJECTIVES

- To enable students to understand the concepts of entrepreneurship
- To motivate them to start business
- To impart knowledge on the financial institution entrepreneurship development.
- To train them to prepare project report.

UNITS

UNIT – I INTRODUCTION TO ENTREPRENEURSHIP	[15 HRS]						
Entrepreneurship- Meaning, Importance, Concept of	women						
Entrepreneurship, Characteristics of Entrepreneur, Function of women							
Entrepreneurship, Developing women Entrepreneur, Problems	of women						
Entrepreneur.							
UNIT - II INPUTS TO START BUISNESS	[15 HRS]						
How to start Business-Product selection -form of ownership - Sole							
proprietorship and partnership, Plant location - land, building,	water and						
power - raw materials- machinery - man power - other infra	astructural						
facilities -Licensing registration and bye laws.							
UNIT - III FINANCIAL INSTITUTION	[15 HRS]						
Self-study -InstitutionalArrangement for Entrepr	eneurship						
Development D.I.C. S.I.D.C.O, N.S.I.C. S.I.S.I. – Institutional Financeto							
Entrepreneurs – T.I.I.C. S.I.D, B.I, MSME androle of commercial b	anks.						
UNIT - IV REPORT PREPARATION	[15 HRS]						

Project ReportMeaning and importance-Contents of a project report -Format of a report (as perrequirements of financial institutions)

Project AppraisalMeaning, market feasibility, technical feasibility – financial feasibility-break even analysis.

UNIT – V RECENT TRENDS IN ENTERPRENEURSHIP [15 HRS]

Rural Entrepreneurship – Meaning, need, opportunities and problems of women entrepreneur

Agri – preneurship – Meaning, need, opportunities and challenges involved in developing agri-preneurship

REFERENCES:

TEXTBOOK:

Khanka.S.S (2018). *Entrepreneurial Development*, S.Chandhan Company Ltd, New Delhi

REFERENCE BOOKS:

Jose Paul, N, Entrepreneurship Development. India Taxmamn Publication, 2000.

- **2.** Khan, M.A, Entrepreneurship Development Programmes in India, Jaiphur, India, Kanishka Publishing House, 1992.
- 4. Vijayashree. P.T.-Entrepreneurial Development and Small Business Management, India Pearson Publishers. 2005.

OPEN EDUCATIONAL RESOURCES:

- 1. https://articles.bplans.com/how-to-get-your-business-funded/
- 2. https://accountlearning.com/important-qualities-entrepreneur/
- 3. https://www.businessmanagementideas.com/entrepreneurship-2/rural-entrepreneurship/21624
- 4. https://www.ukessays.com/essays/economics/opportunities-and-challenges-for-rural-entrepreneurship-in-india-economics-essay.php
- 5. https://www.g-fras.org/en/agripreneurship.html
- 6. https://www.researchgate.net/publication/339843368 What is AG RIPRENEURSHIP and why India needs it

COURSE CONTENTS & LECTURE SCHEDULE:

Module No.	Topic	No. of Lectures	Teaching Pedagogy	Teaching Aids
UNIT 1 I	NTRODUCTION TO ENT	REPRENE	URSHIP	

Meaning, objectives, concept of women Entrepreneurship	4	Chalk & Talk	Black Board	
Characteristics of entrepreneurship	2	Chalk & Talk	LCD	
Functions of women entrepreneurship	2	Lecture	PPT & White board	
Developing women entrepreneurship	4	Lecture	Smart Board	
Problems of women entrepreneur	3	Lecture	Black Board	
2 TECHNIQUES TO STAI	RT BUISNE	ESS		
How to start a business, product selection		Lecture	LCD	
Forms of ownership – sole proprietorship and partnership	3	Chalk & Talk	LCD	
Plant location, land building, water and power	2	Lecture	PPT & White board	
Raw materials, machinery, man power, other infrastructural facilities	4	Lecture	РРТ	
Licensing and registration and bye laws	3	Chalk and talk	Black board	
UNIT -3 FINANCIA	AL INSTITU	TION		
Self -study- institutional arrangement for entrepreneurship development	2	Lecture	Black board	
D.I.C, S.I.D.C.O.,	2	Lecture	LCD	
N.S.I.C, S.I.S.I	3	Chalk & Talk	LCD	
	concept of women Entrepreneurship Characteristics of entrepreneurship Functions of women entrepreneurship Developing women entrepreneurship Problems of women entrepreneur 2 TECHNIQUES TO STATE How to start a business, product selection Forms of ownership – sole proprietorship and partnership Plant location, land building, water and power Raw materials, machinery, man power, other infrastructural facilities Licensing and registration and bye laws UNIT -3 FINANCIA Self -study-institutional arrangement for entrepreneurship development D.I.C, S.I.D.C.O.,	concept of women Entrepreneurship Characteristics of entrepreneurship Functions of women entrepreneurship Developing women entrepreneurship Problems of women entrepreneur 2 TECHNIQUES TO START BUISNE How to start a business, product selection Forms of ownership – sole proprietorship and partnership Plant location, land building, water and power Raw materials, machinery, man power, other infrastructural facilities Licensing and registration and bye laws UNIT -3 FINANCIAL INSTITU Self -study-institutional arrangement for entrepreneurship development D.I.C, S.I.D.C.O., 2	Concept of women Entrepreneurship	

3.4	Institutional finance to entrepreneurs T.I.I.C., S.I.D.B.I.	4	Lecture	PPT & White board
3.5	Role of commercial banks	4	Chalk and talk	PPT & White board
	UNIT -4REPO	ORT PREPA	ARATION	
4.1	Project report- meaning and importance	2	Lecture	LCD
4.2	Content of project report, format of report	3	Chalk & Talk	LCD
4.3	Project Appraisal – meaning	1	Lecture	PPT & White board
4.4	Market and technical feasibility	4	Lecture	PPT & White board
4.5	Financial feasibility	2	Chalk & Talk	LCD
4.6	Break even analysis	3	Chalk & Talk	РРТ
	UNIT -5 RECENT TREM	NDS IN EN	TREPRENEU	JRSHIP
5.1	Rural entrepreneurship- meaning, need	2	Lecture	LCD
5.2	Opportunities and problems of women entrepreneurship	3	Chalk & Talk	LCD
5.3	Agri-preneurship – meaning, need	2	Lecture	PPT & White board
5.4	Opportunities in agripreneurship	4	Lecture	PPT & White board
5.5	Challenges involved in developing agripreneurship	4	Chalk & Talk	LCD
5.6	Rural entrepreneurship- meaning, need	2	Lecture	PPT

	C1	C2	C3	C4	C5	Total Scholastic Marks	Non Scholas tic Marks C6	CIA Total
Levels	T1	T2	Quiz	Assignm ent	OBT/PPT			
	10 Mks.	10 Mks.	5 Mks.	5 Mks	5 Mks	35 Mks.	5 Mks.	40Mks.
K1	2	2	-	-	-	4	-	4
K2	2	2	5	_	-	9	-	9
К3	3	3	-	-	5	11	-	11
K4	3	3	-	5	-	11	-	11
Non Scholastic	-	-	-	-	-		5	5
Total	10	10	5	5	5	35	5	40

CIA	
Scholastic	35
Non Scholastic	5
	40

All the course outcomes are to be assessed in the various CIA components.

The levels of CIA Assessment based on Revised Bloom's Taxonomy for UG are :

K1- Remember, K2-Understand, K3-Apply, K4-Analyse

EVALUATION PATTERN

SCHOLASTIC					NON - SCHOLASTI C		MARKS	3
C1	C2	С3	C4	C5	С6	CIA	ESE	Total
10	10	5	5	5	5	40	60	100

C1 - Internal Test-1

C2 - Internal Test-2

C3 - Quiz

C4 – Assignment

C5 - OBT/PPT

C6 – Non – Scholastic

COURSE OUTCOMES

On the successful completion of the course, students will be able to:

NO.	COURSE OUTCOMES	KNOWLEDGE LEVEL (ACCORDING TO REVISED BLOOM'S TAXONOMY)	PSOs ADDRESSED
CO 1	Define the concept of entrepreneurship.	K1	PSO21
CO 2	Describe the requisites to establish business.	K1,K2	PSO21
CO 3	List the institutions for entrepreneur development.	K1	PSO21
CO 4	Plan and prepare the project report.	K3,K4	PSO21
CO 5	Recognize the components of project appraisal.	K1	PSO21

Mapping of COs with PSOs

1-14	Mapping of cos with 1 505											
CO/ PSO	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6	PSO 7	PSO 8	PSO 9	PSO 10	PSO 11	PSO 12
CO1	1	1	1	1	1	1	1	1	1	1	1	1
CO2	1	1	1	1	1	1	1	1	1	1	1	1
CO3	1	1	1	1	1	1	1	1	1	1	1	1
CO4	1	1	1	1	1	1	1	1	1	1	1	1
CO5	1	1	1	1	1	1	1	1	1	1	1	1
CO/ PSO	PSO 13	PSO 14	PSO 15	PSO 16	PSO 17	PSO 18	PSO 19	PSO 20	PSO 21	PSO 22	PSO 23	
_												
PSO	13	14	15	16	17	18	19	20	21	22	23	
PSO CO1	13	14 1	15	16	17	18	19 1	20	21 3	22	23	
PSO CO1 CO2	13 1 1	14 1 1	15 1 1	16 1 1	17 1 1	18 1 1	19 1 1	20 1 1	21 3 3	22 1 1	23 1 1	

Mapping of COs with POs

CO/PSO	P01	P02	P03	P04
CO1	1	1	1	1
CO2	1	2	1	1
CO3	1	1	1	1
CO4	1	1	1	2
CO5	1	1	3	1

Note: ♦ Strongly Correlated – **3**

♦ Moderately Correlated - 2

♦ Weakly Correlated -1

COURSE DESIGNER:

1.Dr. C. Priyalatha

Forwarded By

Marante E Rain

(Dr. Vasantha Esther Rani)

III B.Sc. HOME SCIENCE WITH FOOD BIOTECHNOLOGY SEMESTER -VI

For those who joined in 2019 onwards

PROGRAMME CODE	COURSE CODE	COURSE TITLE	CATEGORY	HRS/WEEK	CREDITS
UAHS	19N6SB5	Entrepreneurial Skills – Nutrition Counselling	Lecture / Practical	2	2

COURSE DESCRIPTION

This course provides a strong ground in the strategies and techniques of nutrition counseling, nutrition education, nutrition care plan, evaluation, and documentation.

COURSE OBJECTIVES

- To acquire skills needed for effective counseling sessions related to the field of nutrition and dietetics
- To develop skills for group education and counselling

UNITS

UNIT -I DIET COUNSELLING

(6 HRS.)

Diet Counselling – Definition, Counselling process and its significance.

Dietitian – Role of dietitian, classification, responsibilities and code of ethics. RD, Membership in IDA, NSI.

UNIT -II ASSESSMENT

(6 HRS.)

Assessment - Assessment of needs of patients, Establishing rapport Communication process, Patient education

UNIT-III CASE STUDIES AND DIET MODIFICATIONS

(6HRS.)

Case studies – Understanding Case Study - Clinical, Nutritional and Biochemical Profile, Therapeutic Modification of Diets, Report Writing

UNIT -IV COUNSELLING CENTER

(6 HRS.)

Counselling Center - Pre requisites and preparation for setting up a counselling center.

Self- study -Preparation of audio - visual aids for diet counselling.

UNIT -V COUNSELLING CAMPS

(6 HRS.)

Counselling Camps - Organizing counselling camps for specific diseases

REFERENCES:

TEXTBOOK:

1. Srilakshmi. B. (2002) . Dietetics, New Age International Publishers,

REFERENCE BOOKS:

- 1. Skinner Paul (2000), Development of a Medical Nutrition Therapy Protocol for Female Collegiate Athletes, JAMA 101.
- 2. Caroll, A. Lutz. (1997). *Nutrition for Diet Therapy*, Edition 2, F. A. Davis Company, Philadelphia.

OPEN EDUCATION RESOURCES:

- 1. https://www.slideshare.net/jippyjack5/diet-counselling-71525270
- 2. https://www.sciencedirect.com/topics/food-science/diet-counseling
- 3. https://www.slideshare.net/DrSusmitaShah/diet-and-diet-counselling
- 4. https://emedprimarycare.com/diet-counseling-jacksonville/
- **5.** https://www.encyclopedia.com/medicine/encyclopedias-almanacs-transcripts-and-maps/dietary-counseling
- 6. https://edepot.wur.nl/121590
- 7. http://seasonswomenscare.com/nutritional-counseling-steps-to-a-healthy-diet/

COURSE CONTENTS & LECTURE SCHEDULE:

Module No.	Topic	No. of Lectures	Teaching Pedagogy	Teaching Aids						
UNIT -1 DIET COUNSELLING										
1.1	Diet Counseling – Definition, Counseling process and its significance.	6	Chalk & Talk	Black Board						
	UNIT -2 ASSESSI	MENT								
2.1	Assessment - Assessment of needs of patients.	2	Discussion	Case Report						
2.2	Establishing rapport Communication process.	2	Chalk & Talk	Black Board						
2.3	Patient education.	2	Lecture & Role Play	PPT						
	UNIT -3 CASE STUDIES AN	ND DIET M	IODIFICATIONS							
3.1	Case C case Studies- Understanding Case Study - Clinical, Nutritional and Biochemical Profile.	3	Discussion	Case Report						
3.2	Therapeutic Modification of Diets and Report Writing.	3	Discussion	Case Report						
	UNIT -4 COUNSI	ELLING CE	NTER							
4.1	Counselling Center - Prerequisites and preparation for setting up a	6	Chalk & Talk	Black Board						
	counselling center. UNIT -5 COUNS	FILING CA	MDS							
	Counselling Camps -	ELLING CA								
5.1	Organizing counselling camps for specific diseases	6	Chalk &Talk& Role Play	Black Board						

CBCS Curriculum for B.Sc. Home Science with Food Biotechnology

	C1	C2	C3	C4	C5	Total Scholastic Marks	Non Scholas tic Marks C6	CIA Total
Levels	T1	T2	Quiz	Assignm ent	OBT/PPT			
	10 Mks.	10 Mks.	5 Mks.	5 Mks	5 Mks	35 Mks.	5 Mks.	40Mks.
K1	2	2	-	-	-	4	1	4
K2	2	2	5	-	-	9	-	9
К3	3	3	-	-	5	11	-	11
K4	3	3	-	5	-	11	-	11
Non Scholastic	-	-	-	-	-		5	5
Total	10	10	5	5	5	35	5	40

CIA	
Scholastic	35
Non Scholastic	5
	40

All the course outcomes are to be assessed in the various CIA components.

The levels of CIA Assessment based on Revised Bloom's Taxonomy for UG are :

K1- Remember, K2-Understand, K3-Apply, K4-Analyse

EVALUATION PATTERN

SCHOLASTIC					NON - SCHOLASTI C		MARKS	
C1	C2	С3	C4	C 5	С6	CIA	ESE	Total
10	10	5	5	5	5	40	60	100

C1 - Internal Test-1

C2 – Internal Test-2

C3 - Quiz

C4 - Assignment

C5 - OBT/PPT

C6 – Non – Scholastic

COURSE OUTCOMES

On the successful completion of the course, students will be able to:

NO.	COURSE OUTCOMES	KNOWLEDGE LEVEL (ACCORDING TO REVISED BLOOM'S TAXONOMY)	PSOs ADDRESSED
CO 1	Explain the counseling process.	K2	PSO1
CO 2	Identify the appropriate counseling techniques.	К3	PSO1
CO 3	Choose audiovisual aids for diet counseling.	К3	PSO1
CO 4	Organize counseling camps for specific diseases.	К3	PSO1
CO 5	Recall the principles of therapeutic diet.	K1	PSO1

Mapping of COs with PSOs

CO/ PSO	PSO 1	PSO 2	PSO 3	PSO 4	PSO 5	PSO 6	PSO 7	PSO 8	PSO 9	PSO 10	PSO 11	PSO 12
CO1	3	2	2	2	1	1	1	1	1	1	1	1
CO2	3	2	2	2	1	1	1	1	1	1	1	1
CO3	3	2	2	2	1	1	1	1	1	1	1	1
CO4	3	2	2	2	1	1	1	1	1	1	1	1
CO5	3	2	2	2	1	1	1	1	1	1	1	1
CO/ PSO	PSO	PSO	PSO	PSO	PSO	PSO	PSO	PSO	PSO	PSO	PSO	
P30	13	14	15	16	17	18	19	20	21	22	23	
CO1	13	14 1	15	16								
					17	18	19	20	21	22	23	
CO1	1	1	1	1	17	18	19	20	21 1	22	23	
CO1	1	1	1	1	17 1 1	18 1 1	19 1 1	20 1 1	21 1 1	22 1 1	23 1 1	

Mapping of COs with POs

CO/ PSO	P01	P02	РО3	P04
CO1	3	1	2	2
CO2	3	1	2	2
CO3	3	1	2	2
CO4	3	1	2	2
CO5	3	1	2	2

Note: ♦ Strongly Correlated – **3**

♦ Moderately Correlated - 2

Clasante Ek

♦ Weakly Correlated -1

COURSE DESIGNER:

1.Mrs. P. Magdalene Virjini

Forwarded By

(Dr. Vasantha Esther Rani)

III B.Sc. HOMESCIENCE WITH FOOD BIOTECHNOLOGY SEMESTER -VI

For those who joined in 2019 onwards

PROGRAMME CODE	COURSE CODE	COURSE TITLE	CATEGORY	HRS/WEEK	CREDITS
UAHS	19N6SB6	Entrepreneurial Skills - Interior Design and Decoration	Lecture / Practical	2	2

COURSE DESCRIPTION

This course offers deep insight on all the aspects of interior design and decoration.

COURSE OBJECTIVES

- Know the concept of interior design and decoration
- Draw perspective views and House plans, Vastu application

UNITS

UNIT – I	HOUSE PLAN	[10 HRS]					
Floor plan- lo	Floor plan- low-income plan-medium income plan-high income plan-double						
storied plan.							
UNIT – II	INTERIOR DESIGNING	[5 HRS]					
Clearance spa	ces- Living room-dining room-Living cum Dining roon	n- bed					
room -Kitcher	room –Kitchen lay out-bath room						
UNIT – III	FLOOR COVERINGS	[5 HRS]					
Definition- Se	lection, Types of floor coverings						
UNIT – IV	WINDOW TREATMENTS	[5 HRS]					
Concept- Type	es of Windows – Types of Window Treatments						
UNIT – V	VASTU IN HOUSE PLANNING	[5 HRS]					
Self -study -Floor plan - Basics of Vastu- Feng Shui Application -Feng							
Shi,Scientific Evidence and Significance of Vastu.							

REFERENCE BOOKS:

- 1. Barrie Evans & James Powell.(1992). *Changing Design,* John Wiley Publication, New York,
- 2. Drievex Mary & Stevenson Isabelle. (1996). *The Complete Book of Interior Decoration,* Greystone Press, New York,

3. Faulkner ray (1995). Inside Today's Home, Kind Port Press, Tenesee,

OPEN EDUCATIONAL RESOURCES:

- 1. https://www.homify.in/ideabooks/6229813/basic-vastu-tips-for-interior-design
- 2. https://wwcw.homesandgardens.com/news/7-elements-of-design
- 3. https://www.hatchdesign.ca/principles-of-interior-design-part-1-balance/
- 4. https://hmhub.me/accessories-interior-decoration/
- 5. https://designingidea.com/types-of-flooring-materials-for-interior-design/
- 6. https://homedesignlover.com/interior-design/choosing-flooring-materials/
- 7. https://happho.com/different-materials-used-flooring/
- 8. https://theconstructor.org/environmental-engg/methods-of-solid-waste-disposal/4721/
- 9. https://www.conserve-energy-future.com/sources-effects-methods-of-solid-waste-management.php

COURSE CONTENTS & LECTURE SCHEDULE:

Module No.	Topic	No. of Lectures	Teaching Pedagogy	Teaching Aids						
	UNIT 1 - HOUSE PLAN									
1.1	Floor Plan- Meaning Introduction	2	Chalk & Talk	Black Board						
1.2	1 3 1		Chalk &Talk	LCD						
1.3	Medium Income plan	2	Lecture	PPT & White board						
1.4	High Income plan	2	Lecture	Smart Board						
1.5	Double Storied Plan	1	Discussion	Black Board						
	UNIT -2 Interior D	esigning								
2.1	Clearance spaces – Introduction	1	Lecture	Black board						

2.2	Living room-dining room	2	Chalk & Talk	PPT
2.3	Dining room- bed room	1	Lecture	PPT & White board
2.4	Kitchen lay out-bath room	2	Discussion	PPT
	UNIT -3 Floo	r covering	S	
3.1	Floor coverings -Introduction	1	Lecture	Black board
3.2	Definition- Selection of floor coverings	1	Lecture	Black board
3.3	Types of floor coverings	2	Chalk & Talk	PPT
3.4	Landscaping	1	Chalk &Talk	PPT
	UNIT -4 W	indow Trea	atments	
4.1	Introduction and meaning	2	Lecture	Black board
4.2	Concept- Types of Windows	2	Chalk & Talk	PPT
4.3	Types of Window Treatments	1	Lecture	PPT & White board
	UNIT -5	Vastu in In	teriors	
5.1	Self -study -Floor plan	1	Lecture	LCD
5.2	Basics of Vastu	1	Discussion	Black board
5.3	Feng Shui Application	3	Lecture	PPT & White board
5.4	Feng Shui Accessories	1	Discussion	PPT & White board

Levels	C1	C2	C3	C4	C5	Total Scholastic Marks	Non Scholas tic Marks	CIA Total
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CBCS Curriculum for B.Sc. Home Science with Food Biotechnology

							C6	
	T1	T2	Quiz	Assignm ent	OBT/PPT			
	10 Mks.	10 Mks.	5 Mks.	5 Mks	5 Mks	35 Mks.	5 Mks.	40Mks.
K1	2	2	-	-	-	4	-	4
K2	2	2	5	-	-	9	-	9
К3	3	3	-	-	5	11	-	11
K4	3	3	-	5	-	11	-	11
Non Scholastic	-	-	-	-	-		5	5
Total	10	10	5	5	5	35	5	40

CIA				
Scholastic	35			
Non Scholastic	5			
	40			

All the course outcomes are to be assessed in the various CIA components.

The levels of CIA Assessment based on Revised Bloom's Taxonomy for UG are:

K1- Remember, K2-Understand, K3-Apply, K4-Analyse

EVALUATION PATTERN

CBCS Curriculum for B.Sc. Home Science with Food Biotechnology

SCHOLASTIC					NON – SCHOLASTI C		MARKS	1	
C1	C2	С3	C4	C 5	С6	CIA	CIA ESE Total		
10	10	5	5	5	5	40	60	100	

C1 - Internal Test-1

C2 – Internal Test-2

C3 - Quiz

C4 – Assignment

C5 - OBT/PPT

C6 – Non – Scholastic

COURSE OUTCOMES

On the successful completion of the course, students will be able to:

NO.	COURSE OUTCOMES	KNOWLEDGE LEVEL (ACCORDING TO REVISED BLOOM'S TAXONOMY)	PSOs ADDRESSED
CO 1	Construct floor plan for different income groups.	K3,K4	PSO17
CO 2	Classify the concept of interior design	K2, K4	PSO17
CO 3	Describe the concepts of landscaping.		PS017
CO 4	Identify the different types of windows treatments K3		PSO17
CO 5	Explain the application of Vastu in interior	K1,K2	PSO17

Mapping of COs with PSOs

CO/	PS	PSO	PSO	PSO								
PSO	0 1	2	3	4	5	6	7	8	9	10	11	12
CO1	1	1	1	1	1	1	1	1	1	1	1	1
CO2	1	1	1	1	1	1	1	1	1	1	1	1
CO3	1	1	1	1	1	1	1	1	1	1	1	1
CO4	1	1	1	1	1	1	1	1	1	1	1	1
CO5	1	1	1	1	1	1	1	1	1	1	1	1
CO/ PSO	PSO 13	PSO 14	PSO 15	PSO 16	PSO 17	PSO 18	PSO 19	PSO 20	PSO 21	PSO 22	PSO 23	
CO1	1	1	1	1	3	1	3	3	1	1	1	
CO2	1	1	1	1	3	2	3	3	1	1	1	
CO3	1	1	1	1	3	1	3	3	1	1	1	
CO4	1	1	1	1	3	1	3	3	1	1	1	
CO5	1	1	1	1	3	1	3	3	1	1	1	

Mapping of COs with POs

CO/ PSO	P01	PO2	P03	P04
CO1	1	1	1	1
CO2	1	1	1	1
CO3	1	1	1	1
CO4	1	1	1	3
CO5	1	1	1	1

Note: ♦ Strongly Correlated – **3**

♦ Moderately Correlated - 2

♦ Weakly Correlated -1

COURSE DESIGNER:

1. Dr. C. Priyalatha

warded By

Maranter E Rain

(Dr. Vasantha Esther Rani)

SEMESTER -VI For those who joined in 2021 onwards

PROGRAMME CODE	COURSE CODE	COURSE TITLE	HRS/WEEK	CREDITS
UAHS	21UG6SLN	HOSPITAL MANAGEMENT		2

COURSE DESCRIPTION

Self-Learning Course on Hospital Management includes the structure and functions of health caresystems. Students can possess in-depth knowledge about services provided in the hospital settings

COURSE OBJECTIVES

To understand the hospital as the agency for the practice of health care.

To equip the learners as professional hospital administrators.

UNIT -I HOSPITALADMINISTRATION

Hospital: Definition, Meaning, Functions, History, Growth and Classification of hospitalsin India – Role of Hospital in the Health Care Delivery Systems.

UNIT -II MANAGEMENT CONCEPTS

Management-Definition, Principles of management, Functions of management.

UNIT -III HOSPITALORGANIZATION

Hospital Organization: Meaning – Functions of Governing Board – Role and Functions of Hospital Administrator – Hospital Auxiliary Services.

UNIT -IV HOSPITAL DEPARTMENTS

Hospital Departments: Types and Role of Out-Patient, Dietary Services, Nursing Services, MedicaRecords, Laboratory Services, Radiological Services, Emergency Services-Human ResourceManagement Department, Geriatric Care Department.

UNIT -V QUALITY ASSURANCE IN HOSPITAL SETTINGS

Quality Assurance in Hospital Service – Control of Hospital Acquired Infection and Associated Problems – National Accreditation Board for Hospitals and Health Care Providers (NABH).

REFERENCES:

- 1. Park K Park, "Text book of Preventive and Social Medicine, BanarsidarBhanot Publishers 2007
- 2. Goel S L, "Hospital Administration and Management: TheoryandPractice",Deep& DeepPublications, NewDelhi(2007).
- 3. Goyal RC, "Hospital Administration and Human Resource Management", Prentice Hall oIndia, NewDelhi(2005).

Digital Open Educational Resources (DOER):

- 1. https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5627783/
- 2. https://www.ncbi.nlm.nih.gov/pmc/articles/PMC1984815/

CIA

EVALUATION PATTERN

SCHOLASTIC					NON - SCHOLASTIC		MARKS	
C1	C2	С3	C4	C5	С6	CIA	ESE	Total
10	10	5	5	5	5	40	60	100

UG CIA Components

			Nos			
C1	-	Test (CIA 1)	1	-	10 Mks	
C2	-	Test (CIA 2)	1	-	10 Mks	
С3	-	Assignment	1	_	5 Mks	

C4 - Open Book Test/PPT 2 * - 5 Mks

C5 - Quiz 2 * - 5 Mks

C6 - Attendance - 5 Mks

COURSE OUTCOMES

On the successful completion of the course, students will be able to:

NO.	COURSE OUTCOMES	KNOWLEDGE LEVEL (ACCORDING TO REVISED BLOOM'S TAXONOMY)	PSOs ADDRESSED
CO 1	Identify the basic concepts of	K1	PSO1& PSO2
	Management		
CO 2	Summarize the significance of hospital administration	K2	PSO2
CO 3	Determine the functions of hospital organization	КЗ	PSO2
CO 4	Identify the basic needs and functions of various hospital departments	K1	PSO3
CO 5	Determine the significance of quality assurance in hospitals	К3	PSO3

COURSE DESIGNER:

3. Staff Name: P. Jesintha Josephine Julie

4. Staff Name: P. Magdalene Virjini

Forwarded By

(Dr. Vasantha Esther Rani)

HOD'S Signature & Name