



FATIMA COLLEGE

(Autonomous)



Affiliated to Madurai Kamaraj University
Re-Accredited with 'A++' (CGPA 3.61) by NAAC (Cycle - IV)
Mary Land, Madurai - 625018, Tamil Nadu

FATIMA COLLEGE (AUTONOMOUS), MADURAI

CAPACITY BUILDING PROGRAMME (CBP) FOR THE NON-TEACHING STAFF

14 DECEMBER 2021

INVITATION




FATIMA COLLEGE
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Re-Accredited with A++ by NAAC (4th Cycle) with CGPA 3.61
College with Potential for Excellence (2004 - 2019)
Mary Land, Madurai - 625018.

Internal Quality Assurance Cell (IQAC)
Organizes a

CAPACITY BUILDING PROGRAMME
For the Non-Teaching Staff

Dr. M. Meenakumari
Head & Assistant Professor
Dept. of Sociology and Social Work



Speaks
on

**Ennam Uyarntal Vaanam
Vasappadum**
(எண்ணம் உயர்ந்தால் வானம் வசப்படும்)

Venue: Smart Room
December 14, 2021
Time: 2:00 p.m. to 03:30 p.m.



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Capacity Building Programme for the Non-Teaching Staff

Venue: Smart Room

Date: 14.12.2021

Time: 02.00 – 03.30 p.m.

Programme Schedule

Prayer

Welcome Address : Dr. S. Saira Banu
Associate Professor
The Research Centre of English & Head,
Department of Journalism and Mass Communication
Fatima College (Autonomous), Madurai.

Resource Person : Dr. M. Meenakumari
Head & Assistant Professor
Dept. of Sociology and Social Work
Fatima College (Autonomous), Madurai.
Speaks on
"Ennam Uamthal Vaanam Vasappadum"

Vote of Thanks : Ms. Sahaya Hilda Mary, Lab Assistant,
Fatima College (Autonomous), Madurai.



FATIMA COLLEGE (AUTONOMOUS), MADURAI INTERNAL QUALITY ASSURANCE CELL

CAPACITY BUILDING PROGRAMME FOR THE NON-TEACHING STAFF

REPORT

Date: 14.12.2021
Venue: SMART ROOM
Time: 2 – 4 PM

Internal Quality Assurance Cell of Fatima College organized a Capacity Building Programme for the non-teaching staff on 14.12.2021 at Smart Room from 2 to 4 pm. The Resource Person of the programme was Dr. M. Meena Kumari, Assistant Professor and Head, Department of Sociology and Social Work. Thirty two non-teaching staff attended the programme and benefitted.

The programme started with a prayer song by Ms. V. Ebenezar Vimala Rani. Dr. S Saira Banu, Assistant Coordinator of the IQAC, welcomed the gathering and introduced the Resource Person who had received Best Teacher and Young Woman Scientist Awards. Dr. M. Meena Kumari started her inspiring speech after the Welcome Address.

Dr. M. Meena Kumari cited writer Jeyagandhan's concept of beauty from his work *Agraharathu Poove* and pointed out the individual 'beauty' in non-teaching staff. By comparing the participants with the root of the tree, she acknowledged their tremendous yet hidden contribution to the growth of any institution. Then, pointing out to the death of the famous singer & dancer Michael Jackson, she mentioned how depression could be dangerous leading to death. In order to review oneself periodically, she urged them to ask questions to themselves for assuring mental health:

1. Do I sleep too much?
2. Do I have loss of appetite/more appetite?
3. Am I unstable emotionally?
4. Do I have fear unnecessarily?
5. Has my attention level come down?

The positive response to these questions refer to environment oriented depression. There were other realms causing impact, she said. They were:

- Work
- Family &
- Individual

Concentrating on the first, Work, the Resource person highlighted the services rendered by the Founder of Fatima College Mother Rose and said that we are gifted to work in an institution built by the vision of such great personality. She specified how Fatima College functions as a family and not merely as an institution. She also underscored the belongingness every staff has towards our institution.



Referring to the next, Home, Dr. M. Meena Kumari said that we take the members of the family for granted and do not pay enough attention on them. We need to appreciate and thank each other, she mentioned. She emphasized to understand that the worlds of the men and the women are different. She urged them to accept the members as they are and should not treat the children as 'disclaimer'.

The last most important realm was the individual for which she narrated the story of a Buddha statue to the participants. In the story, the reality that the statue is made of gold was realized by the local people very late. Similarly, the real worth of our 'self' is not realized by many, she said. So, it is of utmost importance to analyse the self. Then, she concluded by quoting from the book written by Mirolad, emphasizing the need for genuineness and disciplined life.

The participants were overwhelmed by the inspiring talk. Ms. Sahaya Hilda Mary proposed the vote of thanks. Ms. S. Alice Mary was the Master of ceremony.

The Programme started with



Prayer



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**DR. S. Saira Banu, Assistant Coordinator, IQAC, Introducing the Chief Guest
Dr.M.Meena Kumari, Associate Professor & Head, Department of Sociology and Social
Work**



**The Chief Guest Dr.M.Meena Kumari Orienting the Non-teaching Staff on Psychological
Stability**



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ATTENDANCE SHEET



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S.NO.	NAME OF THE STAFF	SIGNATURE
19.	Mrs. L. Shanthi	L. Shanthi
20.	Mrs. P. Jeya	P. Jeya
21.	Mr. M. Jeyakumar	M. Jeyakumar
22.	Mr. P. Palanikumar	ABSENT
23.	Mrs. R. Leema Mary	R. Leema Mary
24.	Mr. R. Gomathinathan	R. Gomathinathan
25.	Mrs. P. Nirmala	P. Nirmala
26.	Mr. R. Boominathan	R. Boominathan
27.	Mr. G. Sai Sankar	G. Sai Sankar
28.	Mr. R. Loyola Prince	R. Loyola Prince
29.	Mrs. P. Shanthi Reka	ABSENT
30.	Mr. V. Venis	V. Venis
31.	Mrs. P. Senthil Vadiuu	P. Senthil Vadiuu
32.	Mrs. A. Maria Pushpam	A. Maria Pushpam
33.	Mr. P. Gell Prabhakaran Henry	ABSENT
34.	Mrs. A. Kamali Ruby Rajakumari	A. Kamali Ruby Rajakumari
35.	Mrs. V. Saratha	ABSENT
36.	Mrs. S. Muthumeenal	S. Muthumeenal
37.	Mr. L. Antony Raj	L. Antony Raj
38.	Mrs. S. Sathya Kala	S. Sathya Kala
39.	Mrs. S. Meenakumari	S. Meenakumari
40.	Mrs. S. Florence Sylva	S. Florence Sylva
41.	Mrs. A. Sahaya Josphine	A. Sahaya Josphine
42.	Mrs. J. Sylvia Vaiz	ABSENT (ON DUTY)



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10/21/22, 11:40 AM

Capacity Building Programme for the Non-Teaching Staff - "Ennam Uyarntal Vaanam Vasappadum"



Capacity Building Programme for the Non-Teaching Staff - "Ennam Uyarntal Vaanam Vasappadum"

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