



**FATIMA COLLEGE (Autonomous),
Madurai-625 018
Department of Sociology and Social Work**

Offers

**Value Added Crash Course
On**

INTRODUCTION TO COUNSELLING SKILLS

Fee Rs. 750/- No. of Hours: 30 hrs

**STEP INTO A FOUNDATION STONE FOR A
GREAT MILESTONE**

LAST DATE FOR REGISTRATION: September 31, 2021

FATIMA COLLEGE (AUTONOMOUS), MADURAI- 625 018
DEPARTMENT OF SOCIOLOGY AND SOCIAL WORK

Value Added Crash Course on Counselling Skills

HOURS: 30

Course Code: 19PGVAMSW1

COURSE DESCRIPTION

This course will provide a beginning to identify essential skills, processes, principles, techniques, Skills of counselling.

COURSE OBJECTIVE/S

To train the students with the basic concept of counselling.

To equip the learners with skill of counselling in various fields.

COURSE OUTCOMES (CO)

No.	Course Outcome	Knowledge Level (According to Bloom's Taxonomy)
CO 1	Describe the Scope of Counseling.	K1
CO 2	Identify the concept of Self and Personality.	K1
CO 3	Discover the knowledge on Counselling Interview.	K2
CO 4	Summarize the Counselling Process	K2
CO 5	Estimate the stages of human development and Socialization	K3

Unit 1: Counselling

[7 HRS]

Counselling-Meaning-Definition- Scope of Counselling. Counselling Skills

Unit 2: Concept of Self

[7 HRS]

Development of Self-Essential conditions for Personality Change-Behavioural Modification.

Unit 3: Developmental Tasks

[5 HRS]

Developmental Tasks – Adolescence – Erikson's Theory of Psychosocial Development – Socio cultural Factors in Socialization.

Unit 4: Counselling Process

[6 HRS]

Counselling Process - Preparation for Counselling – Limitations of Counseling.

Unit 5:Counselling Interview HRS]

[5

Meaning – Verbal and Non Verbal Communication
–Relationship Techniques.

Exercises :

- Personal counselling and Group counselling.

TEXT BOOK

1. Counselling and Guidance, Narayana Rao, Tata Mc.Graw- Hill Publishing company Ltd, New Delhi, 1991.

Reference Books:

1. Adjustment behavior and personality, Goodstein Lauyon, Arizona S e University, 1975.
2. The Fundamental of Human adjustment, Norman L. MunuBowdonin College, Houghton Mifflin Company – Bortan, 1961.
3. Abnormal Psychology and Modern Life. James C. Colemon, Scott, Foresman and company, 1998.
4. Psychology and Effective behavior. James C. Coleman, Foresman and Company.

EVALUATION PATTERN:

	C1	C2	C3	Int.	Ext.	Total
	10	20	10	40	60	100

***C1- Assignment**

***C2- Written Test**

***C3- Comprehensive Viva-Voce / Field Visit**

மாணவர்

மாணவர்

மாத்தவகக்கத்தில் இருந்தவர்கள் _____ மாத்தத்தில் புதிதாக சேர்ந்தவர்கள் _____ மாத்தத்தில் விலகியவர்கள் _____
 மாத்தத்தில் சராசரி வருகை _____ மாத்தத்தில் வராதவர் சதவீதம் _____ பள்ளி வேலை நாட்கள் _____

வருகைப் பதிவு
Introduction to Counseling Skills. 20 ஆண்டு

வருகைப் பதிவு
Introduction to Counseling Skills. 20 ஆண்டு

மாதம்

மாத்ததின் முடிவில் உள்ளவர்கள் _____ வகுப்பாசிரியர்
பள்ளி விடுமுறை நாட்கள் _____



FATIMA COLLEGE (AUTONOMOUS)

**Re-Accredited with 'A++' by NAAC (Cycle – IV)
Mary Land, Madurai**

DEPARTMENT OF SOCIOLOGY AND SOCIAL WORK

Value added Courses - Course Teacher Name list

S. No.	Course Title with Course Code	Course Teacher	No. of Hours Taken
1	Value Added Crash Course on Introduction to Counselling Skills 19PGVAMSW1	Dr.P.Jacintha Josephine Julie	30

A handwritten signature in black ink, consisting of a series of loops and a long horizontal stroke.

Signature of the HOD

Dr. M. MCEMUNDHARI, MA, MSc, PhD, DEd.,
Assistant Professor & Head
Department of Sociology and Social Work
FATIMA COLLEGE, MADURAI
Tamilnadu-625 015

DEPARTMENT OF SOCIOLOGY AND SOCIAL WORK



FATIMA COLLEGE (Autonomous)

Re-Accredited with "A++" Grade by NAAC (Cycle-IV)

Mary Land, Madurai - 625018.

This is to certify that Ms. T. SIRUMANI SATHYA - I MSW
has successfully completed the Value Added Crash Course on

INTRODUCTION TO COUNSELLING SKILLS

during the academic year 2021 - 2022 and has been
awarded Distinction / First / Second class.

Dr. Sr. G. Celine Sahaya Mary

Dr. Sr. G. Celine Sahaya Mary
Principal

[Signature]
Head of the Department

[Signature]
Co-ordinator