

INTER-COLLEGE COMPETITION

THEME: "EAT RIGHT, BITE BY BITE"

SLOGAN WRITING

1. Slogans must be written on the given specific theme.
2. It should be concise and not more than 15-20 words.
3. It should be original and relevant to the theme.
4. One slogan per participant.

POSTER MAKING

1. Poster must be made on A₄ size sheet with margins drawn.
2. Acceptable tools for drawing/painting include pencils, sketches, crayon, water colour and oil paint.
3. Photographs, Objects, Print-outs are not accepted.
4. It should be original, hand made and relevant to the theme.
5. Poster should not be framed.
6. Posters can have texts, numbers/slogans comprising only 30% of total space.
7. One poster per participant.

CARICATURE DRAWING

1. Participants are asked to draw in an A₄ size sheet.
2. Text or Captions, if any can be included.
3. It should be in black and white. (No colors, glitters, paints should be used)
4. It should be original and relevant to the theme.
5. One drawing per participant.

COMIC STRIPS

1. The submission can be composed of a series of 4 to 6 boxes with story suitable for the theme.
2. The story's font should be legible and logically coherent from left to right.
3. Pictures should be drawn by the participants.

VIDEO MAKING

1. Participants have to submit the original video for 1-2 minutes.
2. Video should be relevant to the theme.
3. One video per participant.

NOTE:

1. Submit on or before 9 September 2020 by 4:00 pm at fnutrifest2020@gmail.com
2. Remember to register in the link <https://forms.gle/xmELZbpQWNiK7dPB9> for participating in all the competitions.
3. All participants and prize winners will be appreciated with e-Certificate.
4. For queries, contact:
 - Ms.S.Pradeepa 7904269242
 - Ms.R.Yami 9626133392



FATIMA COLLEGE (AUTONOMOUS)

Re-Accredited with 'A' grade by NAAC (3rd Cycle)
College with Potential for Excellence (2004 - 2019)
94th Rank in India Ranking 2019 (NIRF) by MHRD
Mary Land, Madurai - 625 018, Tamil Nadu

Research Centre of Home Science

NUTRIFEST 2020

"EAT RIGHT, BITE BY BITE"

SEPTEMBER 11, 2020

TIME : 4:00 PM - 6:00 PM



RESOURCE PERSONS

Dt. Uma Maheshwari
Freelance Dietician

Happy Living Diet Clinic, Vietnam
"INVISIBLE INGREDIENT-BITE BY BITE"



Mrs. Ramya Sivaselvi
Subject matter Specialist (Home Science)
ICAR-KVK, Theni
"EAT RIGHT-NUTRI-SENSITIVE INNOVATIVE,
VALUE ADDED PRACTICES"

Presided By

Dr. Sr. G. Celine Sahaya Mary
Principal, Fatima College

Dr. Sr. M. Francisca Flora
Secretary, Fatima College

- No registration fee
- e-certificate will be provided to all the participants