Registration Form

# "Herbs for Holistic Health"

Name:	
Educational Qualification:	
Designation:	
Department/Institution:	
Area of Teaching/Research:	
Address for Communication:	
Phone:	
Fax:	
E-mail:	

Signature of the Applicant

# **REGISTRATION FEE**

Staff: Rs. 300

Research Scholar / Student : Rs. 150

Spot Registration can be done

Registration form can be photocopied. Kindly confirm your participation by e-mail or over phone on or before 17.12.2016. Seminar kit, Lunch and Refreshment will be provided.

## Participants/ Jarget Group

Participation open to students, dietitian, paramedical students, research scholars and faculty members from various disciplines related to life sciences.

#### Thrust Areas:

Phytopharmacy and Phytomedicine

Pharmacognosy

Herbs as functional foods

Herbs in disease management

**Health and Herbs** 

Herbs in traditional medicine

Scientific validation of herbal medicine

Herbs and Ethnomedicine

Survey and Database of medicinal plants

#### Poster Size:

The dimension of poster should be less than 1m x 1m.

## Submission of Abstract:

The last date for submission of abstract is

13th December, 2016. Abstract should be sent to the

Email Id : fchhh2016@gmail.com

Abstract : 250 words

Line spacing : 1.5

Font type and size: Times New Roman,12

Margins : 1" (Each side)

### Conveners

# Dr. Vasantha Esther Rani,

Associate Professor & Head of Home Science with Food Biotechnology- **9344775252** 

Dr. N. Malathi,

Assistant Professor & Head (i/c) of Zoology

9894012095

#### **Address for Communication**

Department of Zoology

#### Fatima College (Autonomous)

Madurai 625 018

Ph: (Off): 2668016, 2669015, Ext. No. 226

# Fatima College

(Autonomous)

(College with Potential for Excellence)
(Re-Accredited with "A" Grade by NAAC)

Mary Land, Madurai - 625 018.



UGC Sponsored National Seminar

# "Herbs for Holistic Health"

on

**December 20, 2016** 

Organized by

**PG Department of Zoology** 

&

PG Department of Human Nutrition and Nutraceuticals

Fatima College (Autonomous)

Madurai

#### **About the Seminar**

Medicinal plants have been acknowledged and are extremely valued all over the world as a prosperous source of bioactive compounds for the prevention and treatment of ailments. Healing with medicinal plants is as old as mankind itself. A large number of medicinal plant are known to possess one or other medicinal properties and are in use in the indigenous system of medicine. Herbal Nutraceuticals is one such concept used as a powerful instrument in maintaining and to act against nutritionally induced acute chronic diseases, thereby promoting optimal health, longetivity and quality of life. This seminar will bring the dissemination of information about the knowledge of Traditional system of medicines, their usage and practices from generation to generation. This will also help to examine the current status of knowledge about the sustainable utilization and conservation of medicinal plants.

## PROGRAMME

Registration : 8-15 a.m. Inauguration : 9-00 a.m.

**Prayer** 

**Welcome Address** 

Dr. N. Malathi

Assistant Professor & Head Department of Zoology

**Presidential Address:** 

Rev. Dr. Sr. K. Fatima Mary

Principal Fatima College

Inaugural Address :

Time: 10.00 a.m. - 11.00 a.m.

**Topic:** "Conservation, Characterisation

and Sustainable Utilisation of

Medicinal Plants".

**Resource Person:** 

Dr. Mathew Dan

Senior Scientist, Plant Genetic Resources Division, Tropical Botanic Garden & Research Institute, Palode, Thiruvananthapurum, Kerala

**Vote of Thanks:** 

Dr. R. Latha

Associate Professor

Department of Home Science with Food Biotechnology

**Tea Break** : 11.00 a.m. - 11.30 a.m.

**SESSION I** 

Time: 11.30 p.m. - 12.30 p.m

Topic : "Herbal Remedies for Metabolic

Disorders-Ancient Wisdom Validated in a Scientific Perspective"

Resource Person:

**Dr. Hannah Rachel Vasanthi** 

Associate Professor,
Department of Biotechnology
Pondicherry University, Pudhucherry.

Lunch Break : 12.30 p.m. - 1.30 p.m. Poster Presentation: 1.30 p.m. - 2.30 p.m.

SESSION II

Time: 2.30 p.m. - 3.00 p.m.

Topic : "Home Remedies from Plant Resources"

Resource Person:

Dr. A. Rohini B.S.M.S

Lakshmi Seva Sangam (A unit of Gandhigram Trust) Chinnalapatti, Dindigul Time: 3.00 p.m. - 3.30 p.m.

Topic : "Green Health"

Resource Person:

Dr. P. Sivaranjani B.A.M.S

Lakshmi Seva Sangam (A unit of Gandhigram Trust) Chinnalapatti, Dindigul

Tea Break : 3.30 p.m. - 4.00 p.m.

Valediction: 4.00 p.m.

**Welcome Address:** 

**Dr. Vasantha Esther Rani** 

Associate Professor & Head
Department of Home Science with

Food Biotechnology

**Valedictory Address:** 

Rev.Dr.Sr.M.Francisca Flora

Secretary Fatima College

Vote of Thanks:

Dr. Antony Amala Jayaseeli

Assistant Professor Department of Zoology

**National Anthem**