

NAME : J. JOSEPHINE JESINTHA
POSITION : ASSISTANT PROFESSOR
FACULTY OF : HUMAN NUTRITION AND NUTRACEUTICALS
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LANGUAGES PROFICIENCY

READ : TAMIL & ENGLISH
WRITE : TAMIL & ENGLISH
SPEAK : TAMIL & ENGLISH



1. QUALIFICATION

S. No.	DEGREE / DIPLOMA / CERTIFICATE	DISCIPLINE	NAME OF THE INSTITUTION	YEAR OF PASSING
1.	UG	HOME SCIENCE WITH FOOD BIOTECHNOLOGY	FATIMA COLLEGE, MADURAI	2009
2.	PG	HUMAN NUTRITION AND NUTRACEUTICALS	FATIMA COLLEGE, MADURAI	2011
3.	M.PHIL.	FOOD SCIENCE AND NUTRITION	GANDHIGRAM RURAL INSTITUTE – DEEMED UNIVERSITY, GANDHIGRAM	2013
4.	NET	HOME SCIENCE	UNIVERSITY GRANTS COMMISSION	2013
5.	CERTIFICATE	COMPUTER (WINDOWS & MS-WORD)	FATIMA COLLEGE, MADURAI	2006
		COMPUTER (C, C++)	SSI EDUCATION, MADURAI	2007

2. TEACHING EXPERIENCE

S. No.	INSTITUTION	FROM – TO (PERIOD)
1.	FATIMA COLLEGE, MADURAI	OCT. 2013 - FEB. 2014 JUNE 2016 - TILL DATE

3. POSITION HELD IN FATIMA

S. No.	NAME OF THE POSITION	DURATION
1.	REPRESENTATION FOR THE DEPARTMENT FOR EXTENSION ACTIVITY	2014 - 2018
2.	DISCIPLINE COMMITTEE MEMBER	2017 - 2018

4. AREAS OF SPECIALIZATION

- **FOOD SCIENCE**
- **DIETETICS**
- **NUTRITION**

5. ORIENTATION/REFRESHER/TRAINING PROGRAMMES/FDP ATTENDED

S. No.	PROGRAMMES	THEME	ORGANIZED BY	DATE
1.	INTERNSHIP	HOSPITAL	DEPARTMENT OF DIETARY, APOLLO SPECIALTY HOSPITAL, MADURAI	08.05.2010 - 07.06.2010
2.	ON THE JOB TRAINING	INDUSTRY	RUMI HERBAL REMEDIES, CHENNAI	07.05.2009 - 20.05.2009
3.	INTERNSHIP	INDUSTRY	AMC INDIA	15.12.2008 - 31.12.2008
4.	FACULTY INDUCTION	CAPACITY BUILDING	FATIMA COLLEGE, MADURAI	14.12.2016 - 21.12.2016
5.	FACULTY INDUCTION	ALTERNATIVE TEACHING METHODOLOGY	IQAC, FATIMA COLLEGE, MADURAI	14.10.2017
6.	FACULTY INDUCTION	ALTERNATIVE TEACHING METHODOLOGY	IQAC, FATIMA COLLEGE, MADURAI	28.06.2018 - 30.06.2018

6. NATIONAL/INTERNATIONAL SEMINARS, WORKSHOPS, CONFERENCES & SYMPOSIUMS

S. No.	PROGRAMME & THEME	ORGANIZED BY	DATE	PARTICIPATED / PRESENTED	TITLE OF THE PAPER
1.	NATIONAL SEMINAR ON FOOD TECHNOVATION	HOLY CROSS HOME SCIENCE COLLEGE, THOOTHUKUDI	SEPT. 30, 2008	PARTICIPATED	-
2.	STATE LEVEL WORKSHOP ON ENTREPRENEURIAL AVENUES IN HOME SCIENCE	FATIMA COLLEGE, MADURAI	JAN. 28, 2009	PARTICIPATED	-
3.	NATIONAL SEMINAR ON CAREER OPPORTUNITIES IN SERVICE SECTOR	FATIMA COLLEGE, MADURAI	SEP. 11 & 12, 2009	PARTICIPATED	-
4.	NATIONAL CONFERENCE- FUNCTIONAL FOODS AND NUTRACEUTICALS IN PREVENTIVE DIETETICS	FATIMA COLLEGE, MADURAI	JULY 29 & 30, 2010	PRESENTED	ASTRAGALUS AN IMMUNE BOOSTER FOR AIDS PATIENTS
5.	NATIONAL CONFERENCE - INTER SECTORAL APPROACH TO PROMOTE FOOD AND NUTRITION SECURITY	NUTRITION SOCIETY OF INDIA	Nov. 21 & 22, 2013	PARTICIPATED	-
6.	INTERNATIONAL SYMPOSIUM – EMERGING ISSUES ON HEALTH – A COMPREHENSIVE THERAPEUTIC APPROACH	FATIMA COLLEGE, MADURAI	DEC. 16, 2013	PARTICIPATED	-
7.	NATIONAL SEMINAR – THERAPEUTICS OF MARINE BIOACTIVE COMPOUNDS	GANDHIGRAM RURAL INSTITUTE – DEEMED UNIVERSITY, GANDHIGRAM	DEC. 09 & 10, 2013	PRESENTED	PHYTONUTRIENT AND ANTIOXIDANT ACTIVITY OF PANEER INCORPORATED WITH ULVA RETICULATE
8.	NATIONAL SEMINAR- NUTRACEUTICAL AND THERAPEUTIC VALUE OF TRADITIONAL FOODS	LADY DOAK COLLEGE, MADURAI	JAN. 30 & 31, 2014	PARTICIPATED	-
9.	INTERNATIONAL SEMINAR- DIET & DIABETES	GOVERNMENT SIDDHA MEDICAL COLLEGE, TIRUNELVELI	OCT. 17, 2014	PRESENTED	QUALITY EVALUATION OF PANEER INCORPORATED WITH HERBS, SPICES AND SEAWEED

10.	NATIONAL SEMINAR ON FRUITION OF NUTRI- HOSPITALITY	DEPARTMENT OF HOTEL MANAGEMENT AND CATERING SCIENCE AND DEPARTMENT OF NUTRITION AND DIETETICS, UDAYA COLLEGE, KANYAKUMARI	APR. 13, 2016	PARTICIPATED	-
11.	SEMINAR ON IMPLICATIONS OF NEW EDUCATIONAL POLICY: A DISCOURSE	IQAC, FATIMA COLLEGE, MADURAI	AUG. 10, 2016	PARTICIPATED	-
12.	NATIONAL SEMINAR ON FUNCTIONAL FOODS TO ACHIEVE NUTRITION AND HEALTH SECURITY	HOME SCIENCE COLLEGE AND RESEARCH INSTITUTE, TNAU AND IICPT, THANJAVUR	SEPT. 19, 2016	PRESENTED	MINT LEAVES MENTHA PIPERITA L. – AS A FUNCTIONAL FOOD INGREDIENT
13.	NATIONAL CONFERENCE OF NUTRITION SOCIETY OF INDIA ON “NUTRITION RISK MANAGEMENT AND COMMUNICATION”	NUTRITION SOCIETY OF INDIA ST JOHN'S RESEARCH INSTITUTE, BENGALURU, KARNATAKA	NOV. 04 & 05, 2016	PRESENTED	FORMULATION ND STANDARDIZATION OF ALOE VERA INCORPORATED APPLE JAM
14.	NATIONAL SEMINAR ON “HERBS FOR HOLISTIC HEALTH	DEPT. OF ZOOLOGY, FATIMA COLLEGE, MADURAI	DEC. 12, 2016	PRESENTED	FORMULATION ND STANDARDIZATION OF ALOE VERA INCORPORATED APPLE JAM
15.	STATE LEVEL SEMINAR ON “THERAPEUTIC POTENTIAL OF LOW CARB HIGH FAT DIET-AN OVERVIEW	SRI MEENAKSHI GOVERNMENT ARTS COLLEGE FOR WOMEN, MADURAI	JAN. 07, 2017	PARTICIPATED	-
16.	SEMINAR ON INTRODUCTION TO NUTRIGENETICS	GENEOBE WELLNESS	MAR. 16, 2017	PARTICIPATED	-
17.	ICMR SPONSORED INTERNATIONAL CONFERENCE ON ADVANCES IN NUTRITION AND HEALTH COMMUNICATION	DEPT. OF FOOD SCIENCE & NUTRITION, AVINASHILINGAM INSTITUTE FOR HOME SCIENCE AND HIGHER EDUCATION FOR WOMEN, COIMBATORE	AUG. 03 & 04, 2017	PRESENTED	ROLE OF SMART PHONES IN HEALTH COMMUNICATION
18.					ROLE OF MEDIA IN WOMEN HEALTH - A REVIEW
19.	INTERNATIONAL SYMPOSIUM ON RECENT TRENDS IN CHEMISTRY	DEPARTMENT OF CHEMISTRY, FATIMA COLLEGE, MADURAI	SEP. 20, 2017	PARTICIPATED	-
20.	NATIONAL CONFERENCE ON SOCIAL ISSUES: CHANGES AND CHALLENGES: (INTERDISCIPLINARY VIEW)	DEPARTMENT OF SOCIOLOGY AND SOCIAL WORK , FATIMA COLLEGE, MADURAI & CENTRE FOR RESOURCE, RESEARCH AND PUBLICATION SERVICES (CRRPS)	JAN. 25, 2018	PRESENTED	IMPACT OF MOBILE PHONES ON TEENAGERS
21.	NATIONAL LEVEL SEMINAR ON “NURTURING ACADEMIC INTEGRITY: CONSISTENCY & TRANSPARENCY IN ACADEMIA”	DEPARTMENT OF LIBRARY & THE RESEARCH ADVISORY COMMITTEE, FATIMA COLLEGE, MADURAI	SEP. 17, 2018	PARTICIPATED	-

7. ARTICLES PUBLISHED IN JOURNALS/PROCEEDINGS/MAGAZINES/BOOKS

S. No.	JOURNAL/PROCEEDING/ MAGAZINE/BOOK NAME	TITLE OF THE ARTICLE	MONTH / YEAR	VOL. No.	ISS. No.	PAGE No.	ISSN	PUBLISHER
1.	PROCEEDINGS ON NATIONAL SEMINAR ON FRUITION OF NUTRI HOSPITALITY	QUALITY EVALUATION OF PANEER INCORPORATED WITH HERBS, SPICES AND SEAWEED	APR. 2016	II	-	210-211	978-93-85977-10-7	SHANLAX PUBLICATIONS, MADURAI

2.	PROCEEDINGS ON "ADVANCES IN NUTRITION AND HEALTH COMMUNICATION"	ROLE OF SMART PHONES IN HEALTH COMMUNICATION	AUG. 2017	-	-	94-102	978-93- 85604- 03-4	SHANGA VERLAG, COIMBATORE
3.	PROCEEDINGS ON "ADVANCES IN NUTRITION AND HEALTH COMMUNICATION"	ROLE OF MEDIA IN WOMEN HEALTH- A REVIEW	AUG. 2017	-	-	138- 144	978-93- 85604- 03-4	SHANGA VERLAG, COIMBATORE
4.	INTERNATIONAL JOURNAL OF RESEARCH IN HUMANITIES, ARTS AND SCIENCE	IMPACT OF MOBILE PHONES ON TEENAGERS	MAR. 2018	2	4	80-83	2456- 5571	CENTER FOR RESOURCE, RESEARCH AND PUBLICATION, INDIA
5.	INDIAN JOURNAL OF ARECANUT, SPICES & MEDICINAL PLANTS	MINT LEAVES MENTHA PIPERITA L. – AS A FUNCTIONAL FOOD INGREDIENT"	JAN - MAR. 2018	20	1	43	0972- 2483	NISEEMA PRINTERS AND PUBLISHERS, KOCHI

8. MEMBERSHIP IN PROFESSIONAL BODIES

➤ **LIFE MEMBER, NUTRITION SOCIETY OF INDIA – 2013.**