

NAME : Ms. P. MAGDALENE VIRJINI
POSITION : ASSISTANT PROFESSOR
FACULTY OF : HUMAN NUTRITION & NUTRACEUTICALS
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LANGUAGES PROFICIENCY

READ : TAMIL & ENGLISH
WRITE : TAMIL & ENGLISH
SPEAK : TAMIL & ENGLISH

1. QUALIFICATION

S. No.	DEGREE / DIPLOMA / CERTIFICATE	DISCIPLINE	NAME OF THE INSTITUTION	YEAR OF PASSING
1.	UG	HOME SCIENCE	TAMILNADU AGRICULTURAL UNIVERSITY, MADURAI	1990
2.	PG	FOOD SCIENCE & NUTRITION	AVINASHILINGAM UNIVERSITY, COIMBATORE	1993
3.	DIPLOMA	DIETETICS	VELLORE MEDICAL COLLEGE AND HOSPITAL, VELLORE	1991
4.	PH.D.	FOODS & NUTRITION	MOTHER TERESA WOMEN'S UNIVERSITY, KODAIKANAL	2014 PURSUING
5.	NET	HOME SCIENCE	UGC	1997 & 2001

2. TEACHING EXPERIENCE

S. No.	INSTITUTION	DURATION
1.	C.S.I.J.A. COLLEGE OF NURSING, MADURAI	SEP. 1993 - JULY 1998
2.	SOURASHTRA COLLEGE FOR WOMEN, MADURAI	AUG. 1998 - AUG. 2010
3.	ASSISTANT PROFESSOR, FATIMA COLLEGE, MADURAI	NOV. 2010 - TILL DATE

3. POSITION HELD OUTSIDE

S. No.	NAME OF THE INSTITUTION	NAME OF THE POSITION	DURATION
1.	SOURASHTRA COLLEGE FOR WOMEN, MADURAI	HEAD OF THE DEPARTMENT	AUG. 1998 - AUG. 2010
2.	SOURASHTRA COLLEGE FOR WOMEN, MADURAI	LEO CLUB COORDINATOR	AUG. 1998 - AUG. 2010

4. RESEARCH EXPERIENCE

➤ **EXPERIENCE IN GUIDING POST GRADUATE RESEARCH PROJECTS – 10 YEARS (FROM 2005 TO TILL DATE)**

5. ORIENTATION/REFRESHER/TRAINING PROGRAMMES/FDP ATTENDED

S. No.	PROGRAMMES	THEME	ORGANIZED BY	DATE
1.	IDEAL TRAINER PROGRAMME	PERSONALITY DEVELOPMENT	SOURASHTRA COLLEGE, MADURAI	2002

2.	UGC SPONSORED REFRESHER COURSE	HOME SCIENCE	GANDHIGRAM RURAL UNIVERSITY, DINDIGUL	DEC. 03 - 23, 2004
3.	ORIENTATION	QUALITY AWARENESS AND ITS SUSTENANCE IN HIGHER EDUCATION	VIVEKANANDA COLLEGE, TIRUVENGADAM	OCT. 01, 2005

6. NATIONAL/INTERNATIONAL SEMINAR, WORKSHOP, CONFERENCE & SYMPOSIUM

S. No.	PROGRAMMES	SPONSORED BY	ORGANIZED BY	DATE	PARTICIPATED/ PRESENTED	TITLE OF THE PAPER
1.	INTERNATIONAL CONFERENCE ON HUMAN WELLNESS – A HOLISTIC APPROACH	UGC	DEPARTMENT OF HOME SCIENCE, SRI SARADA COLLEGE FOR WOMEN, SALEM	FEB. 12, 2018	PRESENTED	DETERMINANTS OF SOCIOECONOMIC FACTORS, NUTRITIONAL STATUS AND SCHOLASTIC PERFORMANCE OF INTELLECTUALLY DISABLED CHILDREN
2.	SEMINAR ON NUTRIGENOMICS	TRAINING DIVISION-GENEOBE	GENEOBE WELLNESS	MAR. 16, 2017	PARTICIPATED	-
3.	NATIONAL SEMINAR ON NUTRITIONAL MANAGEMENT OF METABOLIC SYNDROME	-	SRI. S. RAMASAMY NAIDU MEMORIAL COLLEGE, SATTUR	FEB. 08, 2017	PRESENTED	HYPOGLYCEMIC EFFECT OF ABELMOSCHUS ESCULENTUS- A REVIEW
4.	ENTERAL NUTRITION WORKSHOP	-	DEPT. OF DIETETICS, CMC & HOSP. VELLORE	FEB.04, 2017	PARTICIPATED	-
5.	INTERNATIONAL CONFERENCE ON NEW HORIZONS, EMERGING CHALLENGES & RECENT PARADIGMS IN FOOD MEDIATED IMMUNITY & THEIR ROLE IN HUMAN HEALTH & LONGEVITY	DBT & ICMR	PG & RESEARCH DEPT. OF ZOOLOGY & DEPT. OF IMMUNOLOGY & MICROBIOLOGY, THE AMERICAN COLLEGE, MADURAI	AUG. 31, 2016	PRESENTED	IMMUNE ENHANCING NUTRIENT RICH MILLET COOKIES FOR INTELLECTUALLY DISABLED CHILDREN
6.	INTERNATIONAL PRE-CONFERENCE ON FOOD, NUTRITION AND HEALTH	IDA KILAKARAI CHAPTER	INTERNATIONAL CONFERENCE ON FOOD, NUTRITION AND HEALTH	JUNE 07 & 08, 2016	PRESENTED	NUTRITIONAL STATUS , LIFE STYLE FACTORS AND SCHOLASTIC PERFORMANCE OF INTELLECTUALLY DISABLED CHILDREN
7.	TRAINING CUM WORKSHOP ON APPLICATION OF RSM IN FOOD PROCESSING	ICAR	CENTRAL INSTITUTE OF AGRICULTURAL ENGINEERING, COIMBATORE	JAN. 22, 2016	PARTICIPATED	-
8.	NATIONAL SEMINAR ON INCLUSION OF CHILDREN WITH DISABILITIES – CHALLENGES AND CONCERNS	UGC	DEPT. HOME SCIENCE, GANDHIGRAM DEEMED UNIVERSITY, GANDHIGRAM	JAN. 21, 2016	PRESENTED	DEVELOPMENT AND QUALITY ASSESSMENT OF MILLET BASED FOOD MIXTURE AND PRODUCTS FOR INTELLECTUALLY DISABLED CHILDREN
9.	NATIONAL SEMINAR ON PREBIOTICS & PROBIOTICS IN PROMOTING HUMAN HEALTH	UGC	SRI MEENAKSHI COLLEGE FOR WOMEN, MADURAI	FEB. 06, 2015	PARTICIPATED	-

10.	NATIONAL WORKSHOP ON EMERGING TECHNOLOGY ON PROCESSING AND VALUE ADDITION OF MILLETS FOR BETTER UTILIZATION	NATIONAL MISSION ON FOOD PROCESSING	DEPT. AGRICULTURE MARKETING AND AGRIBUSINESS, CHENNAI	MAR. 13 & 14, 2014	PRESENTED	DEVELOPMENT OF MILLET BASED PASTA
11.	NATIONAL CONFERENCE ON FOOD TECHNOLOGY	MINISTRY OF FOOD PROCESSING INDUSTRY, GOVT. OF INDIA	IICPT, TANJAVUR	FEB. 07 & 08, 2014	PARTICIPATED	-
12.	NATIONAL SEMINAR ON RISING PREVALENCE OF CANCER AMONG WOMEN IN KERALA	UGC	DEPARTMENT OF HOME SCIENCE, ST. JOSEPH COLLEGE, KERALA	FEB. 04, 2014	PRESENTED	ANTIOXIDANT IN FIGHTING CANCER – DEVELOPMENT OF ANTIOXIDANT RICH FOOD PRODUCTS
13.	NATIONAL SEMINAR NUTRACEUTICAL AND THERAPEUTIC VALUE OF TRADITIONAL FOODS	-	LADY DOAK COLLEGE, MADURAI.	JAN. 30 & 31, 2014	PARTICIPATED	-
14.	NATIONAL SEMINAR ON EMERGING FOOD PROCESSING TECHNOLOGIES FOR RURAL DEVELOPMENT	UGC	GANDHIGRAM DEEMED UNIVERSITY, DINDIGUL	JAN. 04 - 05, 2014	PRESENTED	DETERMINATION OF NUTRIENT COMPOSITION AND PRODUCT DEVELOPMENT FROM JAMAICA CHERRY FRUIT
15.	REGIONAL WORKSHOP ON REDISCOVERING THE MAGIC OF MILLETS	-	SRI MEENAKSHI COLLEGE FOR WOMEN, MADURAI	JAN. 31, 2013	PARTICIPATED	-
16.	NATIONAL CONFERENCE ON INDIAN DIETS AND HEALTH: IN RETROSPECT AND PROSPECT	-	IDA	NOV. 29 - DEC. 01, 2012	PRESENTED	FLAXSEED POWDER INCORPORATED WHEAT FLOUR CHAPATHI AND ITS IMPACT ON BLOOD GLUCOSE LEVEL
17.	NATIONAL CONFERENCE ON LIFE STYLE MODIFICATION TOWARDS MANAGEMENT OF DIABETES	PANACEA HEALTH EDUCATION	PANACEA HEALTH EDUCATION AND HOLY CROSS HOME SCIENCE COLLEGE, TUTICORIN	FEB. 04, 2012	PRESENTED	FORMULATION & STANDARISATION OF FLAX SEED INCORPORATED WHEAT FLOUR CHAPATHI
18.	NATIONAL SEMINAR ON TRUTH BEHIND RECENT CONSORTIUM IN NUTRITION	UGC	HOLY CROSS HOME SCIENCE COLLEGE, TUTICORIN	DEC. 9, 2011	PRESENTED	OMEGA FATTY ACID AND HEALTH
19.	NATIONAL SYMPOSIUM ON FASHION INDUSTRY: PRODUCT & DESIGN DEVELOPMENT	-	DEPT. OF HUMAN NUTRITION & NUTRACEUTICALS FATIMA COLLEGE, MADURAI	FEB. 02, 2011	PARTICIPATED	-
20.	NATIONAL CONFERENCE ON FUNCTIONAL FOODS & NUTRACEUTICALS IN PREVENTIVE DIETETICS	UGC	FATIMA COLLEGE, MADURAI	JULY 29 & 30, 2010	PARTICIPATED	-
21.	WORK SHOP ON SOFT SKILLS TRAINING	CONFEDERATION OF INDIAN INDUSTRIES, CHENNAI	MKU, MADURAI	APR. 21 & 22, 2009	PARTICIPATED	-

22.	REGIONAL SEMINAR ON CANCER AND HEALTH		DEPT. OF FOOD AND NUTRITION, SOURASHTRA COLLEGE FOR WOMEN, MADURAI	2009	ORGANIZED	-
23.	WORKSHOP ON BALANCED DIET FOR SPECIAL CHILDREN	BETHSAN SCHOOL FOR SPECIAL CHILDREN	SOURASHTRA COLLEGE FOR WOMEN, MADURAI	2009	ORGANIZED	-
24.	REGIONAL SEMINAR ON DIET AND KIDNEY DISORDERS	-	SOURASHTRA COLLEGE FOR WOMEN, MADURAI	2009	ORGANIZED	-
25.	NATIONAL SEMINAR ON ANIMAL FOOD PROCESSING	UGC	VVV COLLEGE VIRUDHUNAGAR	OCT. 07 & 08, 2008	PARTICIPATED	-
26.	REGIONAL SEMINAR ON CARDIO VASCULAR DISEASE	-	SOURASHTRA COLLEGE FOR WOMEN, MADURAI	2007	ORGANIZED	-
27.	REGIONAL SEMINAR ON DISEASE PREVENTION AND HEALTH PROMOTION	-	SOURASHTRA COLLEGE FOR WOMEN, MADURAI	2007	ORGANIZED	-
28.	NATIONAL SEMINAR ON HOME SCIENCE A PROMISING FUTURE AHEAD	UGC	FATIMA COLLEGE, MADURAI	DEC. 14 & 15, 2007	PARTICIPATED	-
29.	WORKSHOP ON REFLECTING PERSPECTIVES IN HOSPITAL MANAGEMENT	LAICO	ARAVIND EYE HOSPITAL, MADURAI	FEB. 25, 2006	PARTICIPATED	-
30.	INTERNATIONAL CONFERENCE ON PARENTERAL NUTRITION	ISPEN	ISPEN CHENNAI CHAPTER	NOV. 05-07, 2004	PARTICIPATED	-
31.	NATIONAL SEMINAR ON WATER WAYS	DIOCESE OF MADURAI AND RAMNA	C.S.I. DARLING SELVABAI DAVID COLLEGE FOR WOMEN, MADURAI	2000	PARTICIPATED	-

7. ARTICLES PUBLISHED IN JOURNALS/PROCEEDINGS/MAGAZINES/BOOKS

S. No.	JOURNAL / PROCEEDING / MAGAZINE / BOOK NAME	TITLE OF THE ARTICLE	MONTH / YEAR	VOL. No.	ISS. No.	PAGE No.	ISSN / ISBN	PUBLISHER
1.	PROCEEDINGS OF THE NATIONAL SEMINAR ON NUTRITIONAL MANAGEMENT OF METABOLIC SYNDROME	HYPOGLYCAEMIC EFFECT OF ABELMOSCHUS ESCULENTUS	FEB. 2017	1	1	275	97881 93331 620	SHANLAX
2.	PROCEEDINGS OF THE INTERNATIONAL CONFERENCE ON NEW HORIZONS, EMERGING CHALLENGES & RECENT PARADIGMS IN FOOD MEDIATED IMMUNITY & THEIR ROLE IN HUMAN HEALTH & LONGEVITY	IMMUNE ENHANCING NUTRIENT RICH MILLET COOKIES FOR INTELLECTUALLY DISABLED CHILDREN	AUG. 2016	1	1	65	-	THE AMERICAN COLLEGE, MADURAI
3.	SOUVENIR - INTERNATIONAL CONFERENCE ON FOOD, NUTRITION AND HEALTH	NUTRITIONAL STATUS, LIFE STYLE FACTORS AND SCHOLASTIC PERFORMANCE OF INTELLECTUALLY DISABLED CHILDREN	JUNE 2016	1	-	88	-	IDA KILAKARAI

4.	BOOK OF HUMAN WELLNESS – A HOLISTIC APPROACH	INCLUSION OF CHILDREN WITH DISABILITIES- CHALLENGES & CONCERNS	JAN. 2016	1	-	140-143	97891 85771 27	EXCEL INDIA
5.	PROCEEDINGS OF THE NATIONAL WORKSHOP ON EMERGING TECHNOLOGY ON PROCESSING AND VALUE ADDITION OF MILLETS FOR BETTER UTILIZATION	DEVELOPMENT OF MILLET BASED PASTA	MAR. 2014	1	1	24	-	DEPT. AGRICULTURE MARKETING AND AGRIBUSINESS, CHENNAI
6.	PROCEEDINGS OF THE NATIONAL SEMINAR ON RISING PREVALENCE OF CANCER AMONG WOMEN IN KERALA	ANTIOXIDANT IN FIGHTING CANCER – DEVELOPMENT OF ANTIOXIDANT RICH FOOD PRODUCTS	FEB. 2014	1	1	78	-	ST. JOSEPH COLLEGE, KERALA
7.	PROCEEDINGS OF THE NATIONAL SEMINAR ON EMERGING FOOD PROCESSING TECHNOLOGIES FOR RURAL DEVELOPMENT	DETERMINATION OF NUTRIENT COMPOSITION AND PRODUCT DEVELOPMENT FROM JAMAICA CHERRY FRUIT	JAN. 2014	1	1	-	978-81-90883 7-9-5	OLIVIA
8.	JOURNAL- INDIAN DIETETIC ASSOCIATION	FLAXSEED POWDER INCORPORATED WHEAT FLOUR CHAPATHI AND ITS IMPACT ON BLOOD GLUCOSE LEVEL	Nov. 2012	36S	1	141	-	INDIAN DIETETIC ASSOCIATION, HYDERABAD
9.	PROCEEDINGS OF THE NATIONAL CONFERENCE ON “LIFE STYLE MODIFICATION TOWARDS MANAGEMENT OF DIABETES	FORMULATION & STANDARISATION OF FLAX SEED INCORPORATED WHEAT FLOUR CHAPATHI	FEB. 2012	-	-	26	-	HOLY CROSS HOME SCIENCE COLLEGE, TUTICORIN -

8. CHAPTERS PUBLISHED IN BOOKS

S. No.	BOOK NAME	TITLE OF THE CHAPTER	YEAR	PAGE No.	ISBN	PUBLISHER
1.	HUMAN WELLNESS – A HOLISTIC APPROACH	DETERMINANTS OF SOCIOECONOMIC FACTORS, NUTRITIONAL STATUS AND SCHOLASTIC PERFORMANCE OF INTELLECTUALLY DISABLED CHILDREN	2018	131	978-93-80800-87-5	Q BOOKS, COIMBATORE
2.	NUTRITIONAL MANAGEMENT OF METABOLIC SYNDROME	HYPOGLYCEAMIC EFFECT OF ABELMOSCHUS ESCULENTUS - A REVIEW	FEB. 2017	275	978-93-85754-14-2	SHANLAX, MADURAI
3.	NATIONAL SEMINAR ON INCLUSION OF CHILDREN WITH DISABILITIES – CHALLENGES AND CONCERNS	DEVELOPMENT AND QUALITY ASSESSMENT OF MILLET BASED FOOD MIXTURE AND PRODUCTS FOR INTELLECTUALLY DISABLED CHILDREN	JAN. 2016	140	978-93-85777-12-7	EXCEL INDIA, NEW DELHI
4.	EMERGING FOOD PROCESSING TECHNOLOGIES FOR RURAL DEVELOPMENT	DETERMINATION OF NUTRIENT COMPOSITION AND PRODUCT DEVELOPMENT FROM JAMAICA CHERRY FRUIT	JAN. 2014	153	978-81-907537-8-4	EXCEL INDIA, NEW DELHI

9. MAJOR ASSIGNMENTS

S. No.	MAJOR ASSIGNMENTS	INSTITUTION	THEME/TITLE	DATE
1.	RESOURCE PERSON	ARUL ANANDAR COLLEGE, MADURAI	FOUR ‘H’ FOR WOMEN	SEP. 26, 2018

2.	EXTERNAL EXAMINER	SRNM COLLEGE, SATTUR	B.SC. NUTRITION	APR. 12, 2018
3.	SUBJECT EXPERT	MANNAR THIRUMALAI NAICKER COLLEGE, MADURAI.	BOARD OF STUDIES, FOOD DAIRY TECHNOLOGY	FEB. 16, 2018
4.	EXTERNAL EXAMINER	VVV COLLEGE, VIRUDHUNAGAR	M.SC. END SEMESTER EXAMINATION	OCT. 12 & 13, 2017
5.	MEMBER	MOTHER TERESA WOMEN'S UNIVERSITY, KODAIKANAL	QUESTION PAPER SCRUTINY BOARD	OCT. 14, 2017
6.	RESOURCE PERSON	NATIONAL INSTITUTE FOR EMPOWERMENT OF PERSONS WITH MULTIPLE DISABILITIES, MINISTRY OF SOCIAL JUSTICE & EMPOWERMENT, GOVT. OF INDIA	CONTINUING REHABILITATION EDUCATION PROGRAM ON PHYSICAL EDUCATION, RECREATION, LEISURE AND SPORTS FOR PERSONS WITH DISABILITIES.	AUG. 21 - 25, 2017
7.	RESOURCE PERSON	VVV COLLEGE, VIRUDHUNAGAR	FOOD QUALITY ASSURANCE	AUG. 17, 2017
8.	RESOURCE PERSON	QUEEN MIRA INTERNATIONAL SCHOOL, MADURAI	MANAGEMENT OF CHILDHOOD OBESITY	AUG. 02, 2017
9.	RESOURCE PERSON	MOTHER TERESA WOMEN'S UNIVERSITY RESEARCH & EXTENSION CENTRE, COIMBATORE.	HAZARD ANALYSIS CRITICAL CONTROL POINT AND ITS APPLICATION	JUNE 14, 2017
10.	INSPECTION COMMISSIONER	MANNAR THIRUMALAI NAICKER COLLEGE, MADURAI	B.SC. FOOD & DAIRY TECHNOLOGY COURSE	APR. 18, 2017
11.	CHAIRPERSON FOR POSTER SESSION	SRI MEENAKSHI COLLEGE FOR WOMEN, MADURAI	UGC SPONSORED STATE LEVEL SEMINAR ON THERAPEUTIC POTENTIAL OF LOW CARB HIGH FAT DIET- AN OVERVIEW	JAN. 07, 2017
12.	SUBJECT EXPERT	MANNAR THIRUMALAI NAICKER COLLEGE, MADURAI.	B.SC. FOOD AND DAIRY TECHNOLOGY	SEP. 26, 2016
13.	INSPECTION COMMISSIONER	YADAVA WOMEN'S COLLEGE, MADURAI	B.SC. NUTRITION & DIETETICS	AUG. 14, 2016
14.	RESOURCE PERSON - BIONUTECH ASSOCIATION INAUGURATION	DEPT. NUTRITION & BIOTECHNOLOGY, SRI ADI CHUNCHANAGIRI WOMEN'S COLLEGE	NANOTECHNOLOGY AND ITS APPLICATION IN FOOD AND NUTRITION	JULY 04, 2016
15.	INSPECTION COMMISSIONER – B.SC. NUTRITION AND DIETETICS	VVV COLLEGE, VIRUDHUNAGAR	-	JUNE 06, 2016
16.	INSPECTION COMMISSIONER	THE AMERICAN COLLEGE, MADURAI	M.SC. FOOD SCIENCE	MAY 31, 2016
17.	INSPECTION COMMISSIONER	THE AMERICAN COLLEGE, MADURAI	M.SC. FOOD SCIENCE	MAY 27, 2016
18.	INSPECTION COMMISSIONER	VVV COLLEGE, VIRUDHUNAGAR	B.SC. NUTRITION & DIETETICS	MAY 06, 2016
19.	SUBJECT EXPERT	VVV COLLEGE, VIRUDHUNAGAR	PG FOOD PROCESSING & QUALITY CONTROL	APR. 01, 2016
20.	INSPECTION COMMISSIONER	THE AMERICAN COLLEGE, MADURAI	M.SC. FOOD SCIENCE	MAY 27, 2016
21.	RESOURCE PERSON	DEPT. BOTANY & MICROBIOLOGY, LADY DOAK COLLEGE, MADURAI.	PLANTS FOR HEALTH	JULY 20, 2015
22.	TRAINER	FATIMA COLLEGE, MADURAI	ENGLISH LANGUAGE	JUNE 23 - JULY 03, 2015
23.	EXTERNAL EXAMINER	VVV COLLEGE FOR WOMEN, VIRUDHUNAGAR	PG FOOD PROCESSING & QUALITY CONTROL	MAR. 27 & 28, 2014
24.	RESOURCE PERSON - NATIONAL SYMPOSIUM	ALPHA HOSPITAL & RESEARCH CENTRE, MADURAI	KNOWLEDGE ATTITUDE AND PRACTICE IN CHOOSING HEALTHY DIET	FEB. 28, 2015
25.	EXTERNAL EXAMINER FOR 12 TH GOVT - ISC EXAMINATION	VMJ SCHOOL, MADURAI	-	FEB. 12, 2015

26.	RESOURCE PERSON - NATIONAL SEMINAR	DEPT. NUTRITION & BIOTECHNOLOGY, SRI ADI CHUNCHANAGIRI WOMEN'S COLLEGE	HEALTHY ADOLESCENT NUTRITION	JULY 09, 2014
27.	RESOURCE PERSON - NATIONAL SEMINAR	DEPT. BOTANY & MICROBIOLOGY, LADY DOAK COLLEGE, MADURAI	NUTRACEUTICAL AND THERAPEUTIC VALUE OF TRADITIONAL FOODS	JAN. 30, 2014
28.	RESOURCE PERSON - NATIONAL SEMINAR	DEPT. HOME SCIENCE, SRI. S. RAMASAMY NAIDU MEMORIAL COLLEGE, SATTUR	HEALTH AWARENESS WITH SPECIAL REFERENCE TO ANAEMIA	JAN. 28, 2014
29.	RESOURCE PERSON	MARY MATHA COLLEGE, PERIYAKULAM	FOOD & NUTRITION FOR HOTEL MANAGEMENT	SEP. 23, 2013
30.	MEMBER, SELECTION COMMITTEE FOR ASST. PROFESSOR, REGULAR VACANCY	VVV COLLEGE FOR WOMEN, VIRUDHUNAGAR	-	AUG. 24, 2013
31.	INSPECTION COMMISSIONER	YADAVA WOMENS COLLEGE, MADURAI	B.SC. NUTRITION & DIETETICS COURSE	JULY 05, 2013
32.	RESOURCE PERSON	VVV COLLEGE FOR WOMEN, VIRUDHUNAGAR	ASSESSMENT OF FUNCTIONAL FOOD	FEB.13, 2013
33.	RESOURCE PERSON	APOLLO NURSING COLLEGE, MADURAI	NUTRITION AND HEALTH	DEC. 11, 2012
34.	RESOURCE PERSON - NATIONAL SEMINAR	SRNM COLLEGE, SATTUR	HUMAN NUTRITION AND NUTRACEUTICALS	AUG. 30, 2012
35.	RESOURCE PERSON - STATE LEVEL SEMINAR	VVV COLLEGE FOR WOMEN, VIRUDHUNAGAR.	HUMAN NUTRITION	AUG. 24, 2012
36.	EXTERNAL EXAMINER- PROJECT	VVV COLLEGE FOR WOMEN, VIRUDHUNAGAR	FOOD PROCESSING & QUALITY CONTROL	APR. 30, 2012
37.	JUDGE	WOMEN'S DAY CELEBRATION, THINAMALAR	COOKING COMPETITION	MAR. 07, 2012
38.	INVITED SPEAKER	PANACEA HEALTH EDUCATION & HOLY CROSS COLLEGE, TUTICORIN	NATIONAL CONFERENCE ON LIFE STYLE MODIFICATION TOWARDS MANAGEMENT OF DIETETICS	FEB. 04, 2012
39.	RESOURCE PERSON	RAJIV GANDHI YOUNG WOMEN PROJECT & SABLA	NUTRITIOUS FOOD AND FOOD HYGIENE	FEB. 01, 2012
40.	RESOURCE PERSON - STATE LEVEL SEMINAR	SOURASTRA COLLEGE Foe WOMEN, MADURAI	ON MIND RELAXATION AND HEALTH PROMOTION	JAN. 25, 2012
41.	RESOURCE PERSON	SRNM COLLEGE, SATTUR	FUNCTIONAL FOODS	JAN. 12, 2012
42.	RESOURCE PERSON	STATE BANK OF INDIA, MADURAI	HEALTHY TIPS FOR SEDENTARY AND STRESSFUL LIFE	DEC. 2011
43.	RESOURCE PERSON	HOLY CROSS HOME SCIENCE COLLEGE, TUTICORIN	NATIONAL SEMINAR ON TRUTH BEHIND RECENT CONSORTIUM IN NUTRITION	DEC. 09, 2011
44.	RESOURCE PERSON	COMPASSION PROJECT, MADURAI	HEALTH AND NUTRITION	AUG. 2011
45.	RESOURCE PERSON	HOLY CROSS COLLEGE, TUTICORIN	CAREER ADVANCEMENT	FEB. 2011
46.	RESOURCE PERSON	POSTAL DEPARTMENT	POSTAL DEPARTMENT, MADURAI HEALTH AND NUTRITION	JAN. 2011
47.	CHAIR PERSON	UGC SPONSORED NATIONAL CONFERENCE	FATIMA COLLEGE, MADURAI	JULY 29 & 30, 2010
48.	RESOURCE PERSON - STATE LEVEL SEMINAR	HOLY CROSS COLLEGE, TUTICORIN	NUTRITION AND AIDS	2006
49.	RESOURCE PERSON	MADURAI KAMARAJ UNIVERSITY, MADURAI	FOOD AND HEALTH	2005

10. ACHIEVEMENTS

S. No.	NAME OF THE AWARD	AWARD RECEIVED FOR	SPONSORS / SOURCE	DATE
1.	BEST PAPER AWARD	PAPER PRESENTATION - UGC SPONSORED NATIONAL SEMINAR ON RISING PREVALENCE OF CANCER AMONG WOMEN IN KERALA	THE DEPT. OF HOME SCIENCE AT ST. JOSEPHS' COLLEGE FOR WOMEN, ALAPPUZHA, KERALA	MAR. 2014
2.	HUMANITY BEST SOCIAL WORKER AWARD	SOCIAL WORK	HUMANITY PROTECTION ORGANIZATION	FEB, 2017

11. PROJECT UNDERTAKEN

S. No.	TITLE OF PROJECT	POSITION	SPONSORED BY	DATE & YEAR	SANCTIONED AMOUNT
1.	PHYSIOCHEMICAL PROPERTIES, GLYCEMIC INDEX AND ANTIDIABETIC EFFECT OF DEHYDRATED OKRA AND INCORPORATED PRODUCTS	GUIDE	TANCSST	APRIL 26, 2017	Rs. 10000

12. MEMBERSHIP IN ACADEMIC BODIES

S. No.	NAME OF THE POSITION	NAME OF THE BODY	NAME OF THE INSTITUTION	DURATION
1.	UNIVERSITY NOMINEE	BOARD OF STUDIES	MANNAR THIRUMALAI NAICKER COLLEGE, MADURAI	2017-2019
2.	CHAIRMAN	BOARD OF STUDIES (UG & PG)	MADURAI KAMARAJ UNIVERSITY, MADURAI	2010 - 2013, 2013 – 2016 & 01.01.2017 - 30.06.2017
3.	SUBJECT EXPERT	BOARD OF STUDIES (PG)	VVV COLLEGE, VIRUDHUNAGAR	2016 - 2018
4.	UNIVERSITY NOMINEE	BOARD OF STUDIES (PG)	THE AMERICAN COLLEGE, MADURAI	2016 - 2018
5.	UNIVERSITY NOMINEE	BOARD OF STUDIES (PG)	THE AMERICAN COLLEGE, MADURAI	2016 - 2018
6.	MEMBER	BOARD OF STUDIES (UG)	THE AMERICAN COLLEGE, MADURAI	2015 - 2016
7.	MEMBER	BOARD OF STUDIES (B.VOC, DIPLOMA & ADVANCED DIPLOMA PROGRAMME IN FOOD PROCESSING & PRESERVATION)	THE AMERICAN COLLEGE, MADURAI	2015 - 2016
8.	MEMBER	BOARD OF STUDIES (UG)	SRNM COLLEGE, SATTUR	2014 - 2016
9.	MEMBER	BOARD OF STUDIES	MEENAKSHI COLLEGE, MADURAI	2012 - 2014

13. MEMBERSHIP IN PROFESSIONAL BODIES

S. No.	NAME OF THE POSITION	NAME OF THE BODY	NAME OF THE INSTITUTION	DURATION
1.	MEMBER	NUTRITION SOCIETY OF INDIA	NSI	LIFE MEMBER
2.	MEMBER	INDIAN DIETETIC ASSOCIATION OF INDIA	IDA	LIFE MEMBER
3.	MEMBER	HOME SCIENCE ASSOCIATION OF INDIA	HSAI	LIFE MEMBER
4.	MEMBER	ISPEN	ISPEN	LIFE MEMBER

14. CONSULTANCY + RADIO TALK/TV SHOWS)

S. No.	PROGRAMME	RADIO/TV SHOWS/PUBLIC	ORGANIZED BY	PLACE	DATE
1.	NUTRIFIRST MEAL	CONSULTANCY	DEVELOPMENT PROMOTION GROUP	CHENNAI	10.10.2012
2.	ADOLESCENT NUTRITION	RADIO TALK	ALL INDIA RADIO	MADURAI	20.01.2012
3.	HEALTH AND FITNESS	PUBLIC PRESENTATION	AVAL VIKADAN	MADURAI	2010
4.	FOOD AND HEALTH	SOUTH ZONE NSS PROGRAMME OFFICERS	MADURAI KAMARAJ UNIVERSITY	MADURAI	2009
5.	NUTRITION FOR HEALTHY LIFE	NSS PROGRAMME	AMERICAN COLLEGE	MADURAI	2002- 2006
6.	FOOD AND HEALTH	NSS PROGRAMME	FATIMA COLLEGE	MADURAI	2006
7.	HEALTH AND NUTRITION	HEALTH CLUB	CAPRON HALL SCHOOL	MADURAI	2006

15. COURSE MATERIALS PREPARED

S. No.	NAME OF THE COURSE	SUBJECT TITLE	PROGRAMME TITLE	NAME OF THE UNIVERSITY	PERIOD
1.	M.SC. HOTEL MANAGEMENT & CATERING SCIENCE	FOOD PRESERVATION	DISTANCE EDUCATION	BHARATHIDASAN UNIVERSITY, TRICHY	2001
2.	M.SC. NUTRITION AND FOOD TECHNOLOGY	FOOD SAFETY & QUALITY CONTROL	DISTANCE EDUCATION	MADURAI KAMARAJ UNIVERSITY, MADURAI	2015
3.	B.SC. FOOD AND NUTRITION	FOOD SERVICE MANAGEMENT	DISTANCE EDUCATION	MADURAI KAMARAJ UNIVERSITY, MADURAI	2014
4.	B.SC. FOOD AND NUTRITION	DIETETICS PRACTICAL	DISTANCE EDUCATION	MADURAI KAMARAJ UNIVERSITY, MADURAI	2014

16. EXTENSION WORK EXPERIENCE

- **COMMUNITY OUTREACH PROGRAMME**
- **NUTRITION AWARENESS & ASSESSMENT PROGRAMME**
- **NUTRITION CAMP**

17. CLINICAL EXPERIENCE

- **SEPTEMBER 1993 - JUNE 2005 – DIETITIAN, CHRISTIAN MISSION HOSPITAL, MADURAI.**
- **SINCE 2005 – TILL DATE: FREELANCE NUTRITION AND DIET COUNSELOR / CONSULTANT.**

18. ANY OTHER

- **FREELANCE DIET CONSULTANT**