

NAME : D. MOUNA
POSITION : ASSISTANT PROFESSOR
FACULTY OF : HOME SCIENCE WITH FOOD BIOTECHNOLOGY
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LANGUAGES PROFICIENCY



READ : TAMIL & ENGLISH
WRITE : TAMIL & ENGLISH
SPEAK : TAMIL & ENGLISH

1. QUALIFICATION

S. No.	DEGREE / DIPLOMA / CERTIFICATE	DISCIPLINE	NAME OF THE INSTITUTION	YEAR OF PASSING
1.	UG	NUTRITION, FOOD SERVICE MANAGEMENT AND DIETETICS	GOVERNMENT ARTS COLLEGE FOR WOMEN, RAMANATHAPURAM	1999
2.	PG	HUMAN NUTRITION AND NUTRACEUTICALS	FATIMA COLLEGE, MADURAI	2006
3.	M.PHIL.	FOOD SCIENCE AND NUTRITION	MOTHER THERESA WOMEN'S UNIVERSITY, KODAIKANAL	2009
4.	NET	-	UGC	JUNE 2013
5.	PH.D.	FOOD AND NUTRITION	TBAK COLLEGE FOR WOMEN, KILAKARAI, ALAGAPPA UNIVERSITY, KARAIKUDI	PURSUING
6.	CERTIFICATE	DESKTOP PUBLISHING	DOLPHIN COMPUTERS	2000
7.	TECHNICAL	TYPE WRITING - ENGLISH	SRIRAM TECHNICAL INSTITUTE	2000

2. TEACHING EXPERIENCE

S. No.	INSTITUTION	FROM – TO (PERIOD)
1.	RASS ACADEMY COLLEGE OF NURSING, POOVANTHI (PART TIME)	2009 - 2011
2.	RASS ACADEMY COLLEGE OF NURSING, POOVANTHI, APOLLO COLLEGE OF NURSING, MADURAI & CSI JEYARAJ ANNAPACKIAM COLLEGE OF NURSING, MADURAI (PART TIME)	2011 - 2012
3.	CSI JEYARAJ ANNAPACKIAM COLLEGE OF NURSING, MADURAI (PART TIME)	2012 - 2014
4.	FATIMA COLLEGE, MADURAI	SEP. 2014 - TILL DATE

3. POSITION HELD IN FATIMA

S. No.	NAME OF THE POSITION	DURATION
1.	MEMBER, QUALITY CIRCLE	2015 - 2016
2.	MEMBER, GREEN CLUB	2016 - TILL DATE

4. AREAS OF SPECIALIZATION

- **FOOD SCIENCE & NUTRITION**
- **FUNCTIONAL FOODS & NUTRACEUTICALS**
- **DIETETICS**

5. FELLOWSHIP RECEIVED

S. No.	NAME OF THE FELLOWSHIP	TITLE OF THE PROJECT	SPONSORED BY	PERIOD
1.	TNSCST FELLOWSHIP	A SURVEY ON IMPACT OF NUTRITIONAL AND COGNITIVE STATUS OF CHILDREN UNDER MID DAY MEAL PROGRAMME IN MADURAI	TAMIL NADU STATE COUNCIL FOR SCIENCE AND TECHNOLOGY	NOV. 2017 - MAR. 2018
2.	TNSCST FELLOWSHIP	ADAMANT CREEPER AS AN AMAZING CALCIUM SUPPLEMENT TO BETTER THE BONE HEALTH FOR POSTMENOPAUSAL WOMEN	TAMIL NADU STATE COUNCIL FOR SCIENCE AND TECHNOLOGY	NOV. 2018 - MAR. 2019

6. ORIENTATION/REFRESHER/TRAINING PROGRAMMES/FDP ATTENDED

S. No.	PROGRAMME	THEME	ORGANIZED BY	DATE
1.	IL & FS	ENGLISH @WORK	FATIMA COLLEGE, MADURAI	NOV. 2015
2.	PRESERVATION	DOMESTIC PRESERVATION OF FRUITS AND VEGETABLES	FATIMA COLLEGE, MADURAI	JULY 2015
3.	FACULTY DEVELOPMENT PROGRAMME	IMPLICATIONS OF NEW EDUCATIONAL POLICY	IQAC, FATIMA COLLEGE, MADURAI	10.08.2016
4.	FACULTY INDUCTION PROGRAMME	CAPACITY BUILDING	IQAC, FATIMA COLLEGE, MADURAI	14.12.2016 - 21.12.2016
5.	FACULTY DEVELOPMENT PROGRAMME	ALTERNATIVE TEACHING METHODOLOGY	IQAC, FATIMA COLLEGE, MADURAI	14.09.2017

7. NATIONAL/INTERNATIONAL/STATE/REGIONAL ETC..... SEMINAR, WORKSHOP, CONFERENCE, SYMPOSIUM ETC.....

S. No.	PROGRAMME & THEME	ORGANIZED BY	DATE	PARTICIPATED/ PRESENTED	TITLE OF THE PAPER
1.	XXXVI ANNUAL MEET OF THE NUTRITION SOCIETY OF INDIA	DEPARTMENT OF STUDIES IN FOOD SCIENCE AND NUTRITION OF THE UNIVERSITY OF MYSORE, CFTRI AND DFRL AT MYSORE	NOV. 05 & 06, 2004	PARTICIPATED	-
2.	NATIONAL SEMINAR ON "SOCIO – ECONOMIC IMPACT OF BIOTECHNOLOGY ON DEVELOPING COUNTRIES"	FATIMA COLLEGE, MADURAI	FEB. 22 & 23, 2005	PARTICIPATED	-
3.	NATIONAL SEMINAR ON "RECENT TRENDS IN BIOTECHNOLOGY OF FERMENTED FOODS"	TAMIL NADU AGRICULTURAL UNIVERSITY, MADURAI	JULY 13 - 15, 2005	PARTICIPATED	-

4.	UGC SPONSORED NATIONAL SEMINAR ON "CHEMINFORMATICS AND DRUG DESIGN"	FATIMA COLLEGE, MADURAI	SEP. 29 & 30, 2005	PARTICIPATED	-
5.	NATIONAL SEMINAR ON "FUNCTIONAL FOODS AND NUTRACEUTICALS IN PREVENTIVE DIETETICS"	FATIMA COLLEGE, MADURAI.	JULY 29 & 30, 2010	PRESENTED	STANDARDIZATION, NUTRIENT ANALYSIS AND PACKAGING OF POWDERED SAUROPLUS ANDROGYNUS LEAVES INCORPORATED BISCUITS
6.	INTERNATIONAL CONFERENCE ON "SOLUTIONS TO ECOLOGICAL CHALLENGES: MULTIDIMENSIONAL PERSPECTIVES"	FATIMA COLLEGE, MADURAI.	DEC. 13 – 15, 2014	PRESENTED	ASSESSMENT OF FRESHNESS OF CHEKKURMANIS LEAVES PACKED IN DIFFERENT PACKAGE AND STORAGE CONDITIONS
7.	UGC SPONSORED NATIONAL SEMINAR ON "PREBIOTICS & PROBIOTICS PROMOTING HUMAN HEALTH"	SRI MEENAKSHI GOVERNMENT ARTS COLLEGE FOR WOMEN, MADURAI	FEB. 06, 2015	PARTICIPATED	-
8.	STATE LEVEL SEMINAR ON "ADOLESCENT HEALTH"	GOVERNMENT ARTS COLLEGE FOR WOMEN, RAMANATHAPURAM	OCT. 2015	PARTICIPATED	-
9.	INTERNATIONAL SYMPOSIUM ON EMERGING TRENDS IN BIO-CHEM NUTRACEUTICALS	FATIMA COLLEGE, MADURAI.	DEC. 04, 2015	PARTICIPATED	-
10.	INTERNATIONAL CONFERENCE ON FOOD, NUTRITION AND HEALTH (ICFNH-2016)	INDIAN DIETETIC ASSOCIATION, KILAKARAI CHAPTER & DEPT. OF FOOD & NUTRITION RESEARCH CENTRE, THASSIM BEEVI ABDUL KADER COLLEGE FOR WOMEN, KILAKARAI	JUNE 06 - 08, 2016	PRESENTED	STANDARDIZATION OF BARNYARD MILLET INCORPORATED BREAKFAST MIX
11.	INTERNATIONAL CONFERENCE ON "NEW HORIZONS, EMERGING CHALLENGES AND RECENT PARADIGMS IN FOOD MEDIATED IMMUNITY AND THEIR ROLE IN HUMAN HEALTH AND LONGEVITY"	DEPT. OF MICROBIOLOGY & IMMUNOLOGY, THE AMERICAN COLLEGE, MADURAI	31.08.2016 & 01.09.2016	PRESENTED	FOOD AND NUTRITION CAN CONTRIBUTE BONE AND HEALTH
12.	NATIONAL SEMINAR ON FUNCTIONAL FOODS TO ACHIEVE NUTRITION AND HEALTH SECURITY	DEPT. OF FOOD SCIENCE & NUTRITION, HOMESCIENCE COLLEGE & RESEARCH INSTITUTE, TNAU AND IICPT, THANJAVUR	SEPT. 19, 2016	PRESENTED	EFFICACY ON SUPPLEMENTATION, QUANTITATIVE ANALYSIS AND TOTAL ANTI OXIDANT ACTIVITY IN HERBS INCORPORATED TEA
13.	NATIONAL CONFERENCE ON "NUTRITION RISK MANAGEMENT AND COMMUNICATION"	NUTRITION SOCIETY OF INDIA	NOV.4 & 5, 2016	PRESENTED	STORAGE STUDY OF BARNYARD MILLET INCORPORATED BREAKFAST MIX
14.	NATIONAL SEMINAR ON HERBS FOR HOLISTIC HEALTH	DEPARTMENT OF ZOOLOGY AND HUMAN NUTRITION AND NUTRACEUTICALS, FATIMA COLLEGE (AUTONOMOUS), MADURAI	DEC. 20, 2016	PRESENTED	PERIWINKLE AS AN IMMUNE BOOSTER

15.	STATE LEVEL SEMINAR ON THERAPEUTIC POTENTIAL UGC SPONSORED OF LOW CARB HIGH FAT DIET-AN OVERVIEW	DEPARTMENT OF HOME SCIENCE, SRI MEENAKSHI GOVERNMENT ARTS COLLEGE FOR WOMEN, MADURAI	JAN. 07, 2017	PRESENTED	EAT RIGHT, BEAT DIABETES WITH HERBAL TEA
16.	NATIONAL CONFERENCE ON EMERGING STRATEGIES IN GREEN TEXTILES AND SUSTAINABLE FASHION.	ALAGAPPA INSTITUTE OF SKILL DEVELOPMENT, ALAGAPPA UNIVERSITY, KARAİKUDI	JAN. 10 & 11, 2017	PRESENTED	TECHNOLOGICAL ADVANCEMENT IN HEALTH CARE TEXTILE.
17.	UGC SPONSORED NATIONAL LEVEL SEMINAR ON "HURDLES TO HORIZON-EMERGING TRENDS IN FOOD TECHNOLOGY	DEPARTMENT OF FOOD SCIENCE AND TECHNOLOGY, ARUL ANANDAR COLLEGE, KARUMATHUR	JAN. 28, 2017	PRESENTED	EXPENSIVE CAVIER DELICACY- AN EDIBLE BLACK GOLD
18.	SEMINAR ON INTRODUCTION TO NUTRIGENETICS	GENEOBE WELLNESS	MAR.16, 2017	PARTICIPATED	-
19.	INTERNATIONAL CONFERENCE ON "WOMEN LEADERSHIP AND EMPOWERMENT"	MOTHER TERASA WOMEN'S UNIVERSITY AND ACADEMIC RESEARCH CONFERENCES, MADURAI	APR. 06, 2017	PRESENTED	WOMEN AND HEALTH
20.	ICMR & NSI SPONSORED INTERNATIONAL CONFERENCE ON ADVANCES IN NUTRITION AND HEALTH COMMUNICATION	DEPT. OF FOOD SCIENCE & NUTRITION, AVINASHILINGAM INSTITUTE FOR HOME SCIENCE AND HIGHER EDUCATION FOR WOMEN, COIMBATORE	AUG. 03 & 04, 2017	PRESENTED	ROLE OF SMART PHONES IN HEALTH COMMUNICATION
21.					ROLE OF MEDIA IN WOMEN HEALTH- A REVIEW
22.	STATE LEVEL ONE-DAY SEMINAR ON "NUTRITION CONCLAVE-2017"	INDIAN DIETETIC ASSOCIATION-KILAKARAI CHAPTER & THASSIM BEEVI ABDUL KHADER COLLEGE FOR WOMEN, KILAKARAI	SEP. 13, 2017	PARTICIPATED	-
23.	INTERNATIONAL SYMPOSIUM ON RECENT TRENDS IN CHEMISTRY	DEPARTMENT OF CHEMISTRY, FATIMA COLLEGE, MADURAI.	SEP.20, 2017	PARTICIPATED	-
24.	UGC SPONSORED NATIONAL CONFERENCE ON "SPECTRUM OF HUMAN DEVELOPMENT: REACHING HORIZONS	DEPT. OF HUMAN DEVELOPMENT, AVINASHILINGAM INSTITUTE FOR HOME SCIENCE AND HIGHER EDUCATION FOR WOMEN, COIMBATORE	JAN. 24 & 25, 2018	PRESENTED	ASSESSMENT OF NUTRITIONAL STATUS OF CHILDREN
25.	NATIONAL CONFERENCE ON IMPACT OF SOLUTION ON HEALTH AND RESTORATION OF QUALITY ENVIRONMENT THROUGH BIOTECHNOLOGY APPLICATION	PG AND RESEARCH DEPARTMENT OF ZOOLOGY AND DEPARTMENT OF IMMUNOLOGY AND MICROBIOLOGY, THE AMERICAN COLLEGE, MADURAI	FEB. 02 & 03, 2018	PRESENTED	FOOD POLLUTION-A TOXIC COCKTAIL IN OUR FOOD CHAIN
26.	NATIONAL CONFERENCE ON SOCIAL ISSUES: CHANGES AND CHALLENGES	DEPARTMENT OF SOCIOLOGY, FATIMA COLLEGE, MADURAI	JAN. 25, 2018	PRESENTED	ASSESSMENT OF NUTRITIONAL STATUS OF CHILDREN

27.	NATIONAL LEVEL SEMINAR ON "NURTURING ACADEMIC INTEGRITY: CONSISTENCY & TRANSPARENCY IN ACADEMIA"	DEPARTMENT OF LIBRARY & THE RESEARCH ADVISORY COMMITTEE, FATIMA COLLEGE, MADURAI	SEP. 17, 2018	PARTICIPATED	-
28.	INTERNATIONAL SEMINAR ON "RECENT TRENDS IN FOOD PROCESSING"	DEPARTMENT OF FOOD SCIENCE AND TECHNOLOGY, ARUL ANANDAR COLLEGE (AUTONOMOUS), MADURAI	JAN. 19, 2019	PARTICIPATED	-
29.	INTERNATIONAL CONFERENCE ON "ADVANCEMENT AND APPLICATIONS OF TECHNOLOGY IN FOOD AND TEXTILE INDUSTRY"	DEPARTMENT OF HOME SCIENCE, MOTHER TERESA WOMEN'S UNIVERSITY, KODAIKANAL	JAN. 22, 2019	PARTICIPATED	-
30.	WORKSHOP ON "ENHANCING EMOTIONAL INTELLIGENCE"	IQAC, FATIMA COLLEGE, MADURAI	FEB. 07, 2019	PARTICIPATED	-
31.	WORKSHOP ON "IEC- INFORMATION EDUCATION AND COMMUNICATION STRATEGIES"	THE GANDHIGRAM INSTITUTE OF RURAL HEALTH AND FAMILY WELFARE TRUST	JULY 03 - 05, 2019	PARTICIPATED	-
32.	TNSCST SPONSORED WORKSHOP ON "AWARENESS ON INTELLECTUAL PROPERTY RIGHTS"	THE RESEARCH ADVISORY COMMITTEE & INTELLECTUAL PROPERTY RIGHTS CELL, FATIMA COLLEGE, MADURAI	JULY 26, 2019	PARTICIPATED	-
33.	NAAC SPONSORED NATIONAL SEMINAR ON "DISRUPTIVE INNOVATION IN HIGHER EDUCATION CURRICULUM- QUALITY ENHANCEMENT OF DIGITAL NATIVES AND PROMOTING SOCIAL EQUITY"	IQAC, FATIMA COLLEGE, MADURAI	AUG. 30, 2019	PARTICIPATED	-

8. ARTICLES PUBLISHED IN JOURNALS/MAGAZINES/BOOKS

S. No.	JOURNAL / BOOK / MAGAZINE NAME	TITLE OF THE ARTICLE	MONTH / YEAR	VOL. No.	ISS. No.	PAGE No.	ISSN	PUBLISHER
1.	SOLUTIONS TO ECOLOGICAL CHALLENGES – MULTIDIMENSIONAL PERSPECTIVES	ASSESSMENT OF FRESHNESS OF CHEKKURMANIS LEAVES PACKED IN DIFFERENT PACKAGING AND STORAGE CONDITIONS	DEC. 2014	II	-	235-242	978-81-926370-2-0.	REFLECTION BOOKS, MADURAI
2.	PROCEEDINGS OF MTWU-ARC 2017- WOMEN LEADERSHIP AND EMPOWERMENT	WOMEN AND HEALTH	APR. 2017	-	-	43	978-0-9895150-7-8	ACADEMIC RESEARCH PUBLISHERS
3.	PROCEEDINGS ON "ADVANCES IN NUTRITION AND HEALTH COMMUNICATION"	ROLE OF SMART PHONES IN HEALTH COMMUNICATION	AUG. 2017	-	-	94-102	978-93-85604-03-4	SHANGA VERLAG, COIMBATORE

4.	PROCEEDINGS ON "ADVANCES IN NUTRITION AND HEALTH COMMUNICATION"	ROLE OF MEDIA IN WOMEN HEALTH- A REVIEW	AUG. 2017	-	-	138- 144	978-93- 85604- 03-4	SHANGA VERLAG, COIMBATORE
5.	INTERNATIONAL JOURNAL OF RESEARCH IN HUMANITIES, ARTS AND SCIENCE	ASSESSMENT OF NUTRITIONAL STATUS OF CHILDREN	MAR. 2018	II	4	64- 70	2456- 5571	CENTER FOR RESOURCE, RESEARCH AND PUBLICATION, INDIA
6.	MULTIDISCIPLINARY ANNUAL JOURNAL OF RESEARCH	STANDARDIZATION AND NUTRIENT ESTIMATION OF WHEAT GRASS LEMON JUICE	DEC 2018	9	-	107	0975697 3	FATIMA COLLEGE, MADURAI
7.	INTERNATIONAL JOURNAL OF RESEARCH AND ANALYTICAL REVIEWS	A MEAL A DAY KEEPS TRUANCY AWAY http://www.ijrar.org/viefull.php?&p_id=IJRAR19WP018	FEB.20 19	6	1	92- 100	2349- 5138 E-ISSN 2348- 1269,	IJRAR'S PUBLICATION

9. BOOKS PUBLISHED

S. No.	BOOK NAME	YEAR	PUBLISHER	ISBN
1.	STORAGE STUDY OF BARNYARD MILLET INCORPORATED BREAKFAST MIX	2018	LAMBERT ACADEMIC PUBLISHING COMPANY	978-613-7- 75079-8

10. MAJOR ASSIGNMENTS

S. No.	MAJOR ASSIGNMENT	INSTITUTION	THEME/TITLE	DATE
1.	GUEST LECTURE	ARUL ANANDAR COLLEGE, MADURAI	CONTAMINATION, SPOILAGE AND PRESERVATION OF FOOD	FEB. 2017
2.	RESOURCE PERSON	ARUL ANANDAR COLLEGE, MADURAI	WE ARE, WHAT WE EAT	SEP. 06, 2017
3.	RESOURCE PERSON	CHILD DEVELOPMENT PROJECT OFFICE, KALLIKUDI	BALANCED DIET & IMPORTANCE OF MICRONUTRIENTS	JUNE 12, 2018
4.	RESOURCE PERSON	DISTRICT SOCIAL WELFARE BOARD	NUTRITION & OLD AGE	NOV. 16, 2018
5.	EXTERNAL EXAMINER	THE LITTLE KINGDOM SENIOR SCHOOL, THENI	ISC BOARD EXAMINATION	FEB. 17, 2018
6.	EXTERNAL EXAMINER	ARUL ANANDAR COLLEGE, MADURAI	PROJECT VIVA VOCE EXAMINATION	APR. 03, 2018
7.	EXTERNAL EXAMINER	THE LITTLE KINGDOM SENIOR SCHOOL, THENI	ISC BOARD EXAMINATION	FEB. 12, 2019
8.	SUBJECT EXPERT	SUBBULAKSHMI LAKSHMIPATHI COLLEGE, MADURAI	BOARD OF STUDIES-B.Sc. FOOD SCIENCE & PROCESSING MANAGEMENT	MAY 25, 2019
9.	SUBJECT EXPERT	THE AMERICAN COLLEGE, MADURAI	BOARD OF STUDIES - B.VOC. FOOD PROCESSING & PRESERVATION	MAY 27, 2019

11. ACHIEVEMENTS

S. No.	NAME OF THE AWARD	AWARD RECEIVED FOR	SPONSORS / SOURCE	DATE
1.	BEST SOCIAL FORUM AWARD	GREEN CLUB	DR. ABDUL KALAM EDUCATIONAL TRUST	MAY 2017

12. MEMBERSHIP IN PROFESSIONAL BODIES

- LIFE MEMBER NUTRITION SOCIETY OF INDIA
- LIFE MEMBER INDIAN DIETETIC ASSOCIATION

13. FOREIGN COUNTRIES VISITED ON ACADEMIC ASSIGNMENTS/TRAINING/INVITED PROGRAMME

- MALAYSIA IN SEPTEMBER 2018: ATTENDING THE FORUM ON “WOMEN TRANSCENDING GENDER BOUNDARIES: THE MALAYSIAN STORY” ORGANIZED BY BINARY UNIVERSITY, MALAYSIA.