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WRITE : TAMIL & ENGLISH
SPEAK : TAMIL & ENGLISH



1. QUALIFICATION

S. No.	DEGREE / DIPLOMA / CERTIFICATE	DISCIPLINE	NAME OF THE INSTITUTION	YEAR OF PASSING
1.	UG	HOME SCIENCE	FATIMA COLLEGE, MADURAI	1984
2.	PG	FOODS & NUTRITION	WOMEN'S CHRISTIAN COLLEGE, CHENNAI	1986
3.	M.PHIL.	FAMILY LIFE MANAGEMENT	MOTHER TERESA WOMEN'S UNIVERSITY, KODAIKANAL	1999
4.	PH.D.	FOODS & NUTRITION	MADURAI KAMARAJ UNIVERSITY, MADURAI	2011

2. TEACHING EXPERIENCE

S. No.	INSTITUTION	FROM – TO
1.	FATIMA COLLEGE, MADURAI	1986 - TILL DATE (U.G.)
2.	FATIMA COLLEGE, MADURAI	2004 - TILL DATE (P.G.)

3. POSITION HELD IN FATIMA

S. No.	NAME OF THE POSITION	DURATION
1.	STAFF IN CHARGE, ROTARACT CLUB	1986 - 1990
2.	SECRETARY, STAFF CLUB	1993 - 1995
3.	STAFF IN CHARGE, WOMEN'S CELL	1995 - 1999
4.	UGC INNOVATIVE PROGRAM, CO-ORDINATOR	2004 - 2009
5.	HEAD, DEPARTMENT OF HOME SCIENCE	1999 - 2018
6.	STAFF IN CHARGE, QUALITY CIRCLE	2008 - TILL DATE
7.	PRINCIPAL INVESTIGATOR, UGC SPONSORED MAJOR RESEARCH PROJECT	2011 - 2014
8.	COORDINATOR, RESEARCH ADVISORY CELL	2013 - 2015
9.	DEAN OF RESEARCH	2015 - TILL DATE
10.	HEAD, THE RESEARCH CENTER OF HOME SCIENCE	2018 - TILL DATE

4. AREAS OF SPECIALIZATION

- FUNCTIONAL FOODS & NUTRACEUTICALS
- FOOD SCIENCE, NUTRITION & DIETETICS

5. ORIENTATION/REFRESHER/TRAINING PROGRAMMES/FDP ATTENDED

S. No.	PROGRAMMES	THEME	ORGANIZED BY	DATE
1.	REFRESHER COURSE	ENTREPRENEURSHIP	CENTRE FOR ENTREPRENEURSHIP DEVELOPMENT, DEPT. OF MANAGEMENT STUDIES, MADURAI KAMARAJ UNIVERSITY, MADURAI	FEB. 2001
2.	ORIENTATION PROGRAM	RESEARCH GUIDES IN COLLEGES & MAJOR RESEARCH PROJECTS	COLLEGE DEVELOPMENT COUNCIL, MADURAI KAMARAJ UNIVERSITY, MADURAI	OCT. 2003
3.	REFRESHER COURSE	RECENT TRENDS IN HOME SCIENCE	GANDHIGRAM RURAL UNIVERSITY, DINDIGUL	DEC. 2004

6. NATIONAL/INTERNATIONAL SEMINAR, WORKSHOP, CONFERENCE & SYMPOSIUM

S. No.	PROGRAMMES & THEME	ORGANIZED BY	DATE	PARTICIPATED/ PRESENTED	TITLE OF THE PAPER
1.	NATIONAL SYMPOSIUM ON 'HEALTHY MIND, HEALTHY BODY'	SECRI, KARAUKUDI & AVINASHILINGAM UNIVERSITY, COIMBATORE	OCT. 10, 2000	PARTICIPATED	--
2.	INTERNATIONAL SYMPOSIUM ON 'SUSTAINABLE FUTURES'	FUTURE STUDIES CENTRE, MADURAI KAMARAJ UNIVERSITY, MADURAI	DEC. 12, 2000	PRESENTED	PREVALENCE OF MICRONUTRIENT DEFICIENCIES AMONG CHILDREN (3 -10 YEARS)
3.	REGIONAL SEMINAR ON 'CHILD HEALTH'	ARAVIND HOSPITALS, MADURAI	JAN. 09, 2001	PARTICIPATED	-
4.	XXXIV ANNUAL NATIONAL CONFERENCE ON 'NUTRITION FOR DEGENERATIVE DISEASES'	INDIAN DIETETIC ASSOCIATION & AVINASHILINGAM UNIVERSITY, COIMBATORE	NOV. 24, 2001	PRESENTED	A COMPARATIVE STUDY OF SUPPLEMENTATION OF VITAMIN A RICH PLANT AND ANIMAL SOURCES AMONG PRESCHOOL CHILDREN
5.	NATIONAL SEMINAR ON 'VALUE ADDITION OF SOYA FOR BETTER UTILISATION'	TAMIL NADU AGRICULTURAL UNIVERSITY, MADURAI	FEB. 12, 2002	PARTICIPATED	--
6.	NATIONAL CONFERENCE ON NUTRICON 2002 – ROLE & 'IMPORTANCE OF DIET IN HOSPITALS'	MEENAKSHI MISSION HOSPITAL & RESEARCH CENTRE	JUNE 21, 2002	PARTICIPATED	-
7.	STATE LEVEL SUMMIT ON 'WOMEN ENTREPRENEURSHIP'	MOTHER TERESA WOMEN'S UNIVERSITY & PSNA COLLEGE	OCT. 19, 2003	PARTICIPATED	-
8.	36 TH NATIONAL CONFERENCE ON 'BRIDGING THE NUTRITION GAP THROUGH VALUE ADDITION'	CFTRI, DFRL, & UNIVERSITY OF MYSORE	NOV. 24 - 26, 2004	PARTICIPATED	-
9.	UGC SPONSORED NATIONAL SEMINAR "METHODOLOGIES IN ERGONOMIC STUDIES"	GANDHIGRAM RURAL UNIVERSITY, DINDIGUL	FEB. 21 - 25, 2005	PARTICIPATED	-

10.	NATIONAL SEMINAR ON 'FOOD TECHNOLOGY'	DEPT. OF HOME SCIENCE, HOLY CROSS HOME SCIENCE, TUTICORIN	MAR. 10, 2005	PRESENTED	DIETARY FIBER IN PREVENTIVE DIETETICS
11.	NATIONAL SEMINAR ON 'FRONTIERS IN ENVIRONMENTAL SCIENCES'	DEPT. OF ENVIRONMENTAL SCIENCES, BHARATHIAR UNIVERSITY, COIMBATORE	SEP. 16 - 17, 2005	PRESENTED	PHYSIOLOGICAL COST OF WORK, VO ₂ MAX, HAEMOGLOBIN LEVELS OF COFFEE PLANTATION LABOURERS, THANDIKUDI, KODAI HILLS, TAMIL NADU, INDIA
12.	ANNUAL CONFERENCE OF NUTRITION SOCIETY OF INDIA 'NUTRITION & DIETETICS'	ICMR & NATIONAL INSTITUTE OF NUTRITION, HYDERABAD	NOV. 17 - 18, 2005	PARTICIPATED	-
13.	ANNUAL CONFERENCE ON 'RECENT TRENDS IN NUTRITION SCIENCES'	INDIAN DIETETIC ASSOCIATION & AVINASHILINGAM UNIVERSITY, COIMBATORE	MAR. 15 - 16, 2006	PRESENTED	ENERGY BALANCE AND PHYSIOLOGICAL WORKLOAD OF COFFEE PLANTATION LABOURERS, KODAI HILLS, TN, INDIA
14.	NATIONAL CONFERENCE ON 'ENVIRONMENTAL & SUSTAINABLE DEVELOPMENT'	DEPT. OF ENVIRONMENT, BHARATHIDASAN UNIVERSITY, TRICHY	SEP. 16 - 17, 2006	PRESENTED	ENVIRONMENTAL IMPACT ON THE PHYSIOLOGICAL WORKLOAD OF SELECTED COFFEE PLANTATION ACTIVITIES
15.	INTERNATIONAL CONFERENCE ON 'EXCELLENCE IN HOME SCIENCE – CONTEMPORARY ISSUES & CONCERNS'	DEPT. OF HOME SCIENCE, LADY IRWIN COLLEGE, NEW DELHI	OCT. 04 - 06, 2007	PRESENTED	ENERGY BALANCE AND PHYSIOLOGICAL WORKLOAD OF COFFEE PLANTATION LABOURERS- A DIETARY INTERVENTION STUDY
16	UGC SPONSORED NATIONAL SEMINAR ON 'HOME SCIENCE A PROMISING FUTURE AHEAD'	DEPT. OF HOME SCIENCE, FATIMA COLLEGE, MADURAI	DEC. 14 - 15, 2007	PRESENTED	HEALTH & NUTRITIONAL STATUS OF COFFEE PLANTATION LABOURERS OF K.C PATTI VILLAGE. KODAIKANNAL
17.	NATIONAL SEMINAR ON 'FUNCTIONAL FOODS FOR HEALTH PROMOTION & DISEASE PREVENTION'	CFTRI & UNIVERSITY OF MYSORE	FEB. 14 - 15, 2008	PRESENTED	IMPACT OF INTERVENTION OF SPIRULINA ON THE ENERGY BALANCE AND PHYSIOLOGICAL COST OF WORK OF COFFEE PLANTATION LABOURERS, KODAI HILLS, TN, INDIA
18.	NATIONAL SEMINAR ON 'CURRENT NUTRITION CHALLENGES & ROLE OF ACADEMIC INSTITUTIONS'	M.S SWAMI NATHAN RESEARCH FOUNDATION, CHENNAI	NOV. 21 - 22, 2008	PARTICIPATED	-
19.	NATIONAL SEMINAR ON "ENHANCING & SUSTAINING QUALITY IN HIGHER EDUCATION- INTERVENTION STRATEGIES"	IQAC, FATIMA COLLEGE, MADURAI	FEB. 27, 2009	PRESENTED	QUALITY INITIATIVES TO INCREASE EMPLOYABILITY WITH SPECIAL REFERENCE TO HOME SCIENCE EDUCATION.

20.	UGC SPONSORED NATIONAL SEMINAR ON 'FUNCTIONAL FOODS & NUTRACEUTICALS IN PREVENTIVE DIETETICS'	DEPT. OF HOME SCIENCE WITH FOOD BIOTECHNOLOGY, FATIMA COLLEGE, MADURAI	JULY 29 - 30, 2010	PRESENTED	LOTUS STEM INCORPORATED READY TO EAT SNACKS
21.					STANDARDISATION, NUTRIENT ANALYSIS AND PACKAGING OF POWDERED SAUROPLUS
22.					ANDROGYNUS LEAVES INCORPORATED BISCUITS
23.					CAPSAICIN A WONDERFUL COMPOUND COMBATING VARIOUS DISEASES
24.					IMPACT OF SUPPLEMENTATION OF SPIRULINA CHIKKIES ON THE COGNITIVE DEVELOPMENT OF SELECTED SCHOOL GOING CHILDREN OF SHOLAVANDAN, MADURAI DISTRICT
25.	EFFECT OF SUPPLEMENTATION OF GREEN TEA AMONG SELECTED OBESE COLLEGE LECTURERS				
26.	INTERNATIONAL CONFERENCE ON 'FUNCTIONAL FOODS FOR CHRONIC DISORDERS'	CENTRE FOR FUNCTIONAL FOODS, SOUTH METHODIST UNIVERSITY DALLAS, TEXAS, USA	DEC. 03 - 05, 2010	PRESENTED	EFFECT OF DIETARY INTERVENTION WITH FUNCTIONAL FOOD SUPPLEMENT TO COMBAT ANEMIA – THE BLOOD IRON DISORDER AMONG COFFEE PLANTATION LABOURERS
27.	NATIONAL WORKSHOP ON 'FASHION BUSINESS – EMERGING OPPORTUNITIES'	MADTSSIA & DEPT. OF HOME SCIENCE, FATIMA COLLEGE	APR. 11, 2010	PARTICIPATED	-
28.	NATIONAL SYMPOSIUM ON 'FASHION INDUSTRY: PRODUCT & DESIGN DEVELOPMENT'	DEPT. OF HOME SCIENCE WITH FOOD BIOTECHNOLOGY, FATIMA COLLEGE	FEB. 02, 2011	PARTICIPATED	-
29.	TAMIL NADU SCIENCE CONGRESS ON 'SCIENTIFIC APPROACH TO UPLIFT RURAL COMMUNITY'	GANDHIGRAM RURAL UNIVERSITY, GANDHIGRAM	JUNE 26 & 27, 2011	PRESENTED	WOMEN & HEALTH- A COMPARATIVE STUDY ON THE NUTRITIONAL STATUS OF MANUAL AND NON MANUAL CAREER WOMEN
30.	UGC SPONSORED INTERNATIONAL CONFERENCE ON "SPORTS AND NUTRITION 2012"	AVINASHILINGAM INSTITUTE FOR HOME SCIENCE AND HIGHER EDUCATION FOR WOMEN	MAR. 08 & 09, 2012	PRESENTED	FUNCTIONAL FOOD SUPPLEMENT TO ENHANCE PHYSICAL FITNESS, PHYSIOLOGICAL COST OF WORK AND PRODUCTIVITY OF COFFEE PLANTATION LABOURERS OF THANDIKUDI, KODAIKANAL
31.	INTERNATIONAL CONFERENCE ON 'SPORTS & NUTRITION'	DEPT. OF FOOD SCIENCE AND NUTRITION, AVINASHILINGAM UNIVERSITY, COIMBATORE	MAR. 23, 2012	PRESENTED	FUNCTIONAL FOOD SUPPLEMENT TO ENHANCE PHYSICAL FITNESS, PHYSIOLOGICAL COST OF WORK AND PRODUCTIVITY

32.	INDO US CONFERENCE INTERDISCIPLINARY CONFERENCE ON "NUTRITION PRACTICE GUIDELINES FOR TYPE II DIABETES MELLITUS"	INDO US SCIENCE AND TECHNOLOGY FORUM & AMERICAN OVERSEAS DIETETIC ASSOCIATION	Nov. 17 & 18, 2012	PARTICIPATED	-
33.	GOLDEN JUBILEE CONFERENCE OF INDIAN DIETETIC ASSOCIATION "INDIAN DIETS AND HEALTH: IN RETROSPECT AND PROSPECT"	INDIAN DIETETIC ASSOCIATION & NATIONAL INSTITUTE OF NUTRITION	Nov. 29 - Dec. 1, 2012	PRESENTED	IMPACT OF SUPPLEMENTATION OF SPIRULINA ON OBESITY AS TESTED ON ALBINO WISTAR RATS
34.	12 TH INTERNATIONAL CONFERENCE ON "FUNCTIONAL FOOD INGREDIENTS & NUTRACEUTICALS IN CHRONIC DISEASES: SCIENCE & PRACTICE"	FUNCTIONAL FOOD CENTRE, INC, DALLAS, TX, USA	Nov. 29 - Dec. 01, 2012	PRESENTED	EFFECT OF SPIRULINA ON HIGH FAT INDUCED ALBINO RATS
35.	REGIONAL WORKSHOP ON "REDISCOVERING THE MAGIC OF MILLETS"	MEENAKSHI GOVT. COLLEGE FOR WOMEN	JAN. 31,2013	PARTICIPATED	-
36.	NATIONAL SEMINAR ON "ERGONOMICS FOR ENHANCED PRODUCTIVITY"	TAMIL NADU AGRICULTURAL UNIVERSITY	FEB. 18 & 19, 2013	PRESENTED	PHYSIOLOGICAL PROFILE, ERGONOMIC ANALYSIS OF WORK AND DIETARY INTERVENTION
37.	INTERNATIONAL SEMINAR ON "EMERGING WOMEN IN INDIA SINCE INDEPENDENCE"	DEPT. OF YOUTH WELFARE STUDIES, MK UNIVERSITY, MADURAI	MARCH 26, 2013	PRESENTED	NUTRITION STATUS OF CAREER AND NON-CAREER WOMEN
38.	45 TH NATIONAL CONFERENCE ON "INTER-SECTORAL APPROACH TO PROMOTE FOOD & NUTRITION SECURITY"	NUTRITION SOCIETY OF INDIA, NATIONAL INSTITUTE OF NUTRITION, HYDERABAD	Nov. 21 & 22, 2013	PRESENTED	COMPOSITIONAL PROFILE OF SELECTED TRADITIONAL HERBS
39.	DST PROPOSAL PRESENTATION FOR MAJOR RESEARCH PROJECT	DST AND ASSAM SCIENCE, TECHNOLOGY & ENVIRONMENT COUNCIL, GUWAHATI	Nov. 25 & 26, 2013	PRESENTED	STUDY ON DIET BASED INTERVENTION & PEER GROUP NUTRITION EDUCATION ON NUTRITIONAL STATUS AND ACADEMIC PERFORMANCE AMONG ANAEMIC COLLEGE GOING GIRLS OF SOUTHERN TAMIL NADU AT 9 TH INTERNAL
40.	9 TH NUTRACEUTICAL INTERNATIONAL SUMMIT – NUTRA INDIA	INTERNATIONAL SOCIETY OF NUTRITIONALS, NUTRACEUTICALS & NATURALS	MAR. 12 - 14, 2014	PRESENTED	STANDARDIZATION AND SUPPLEMENTATION OF FUNCTIONAL FOODS INCORPORATED CHIKKIS FOR HIV POSITIVE ADULTS IN MADURAI DISTRICT
41.	47 TH ANNUAL NATIONAL CONFERENCE ON 'NUTRITION & AGRICULTURE – THE CONNECT & THE DISCONNECT'	NUTRITION SOCIETY OF INDIA	MAR. 09 & 10 2015	PRESENTED	DEVELOPING A SOFTWARE DIET@ EASE ON DIET ADVISE FOR DIABETICS
42.	9-DAY WORKSHOP ON "DEVELOPING COURSEWARE IN FOOD SCIENCE & NUTRITION" FOR E PG PATHSHALA UNDER NMEICT	AVINASHILINGAM INSTITUTE FOR HOME SCIENCE AND HIGHER EDUCATION FOR WOMEN, COIMBATORE	FEB. 01 - 09, 2015	PARTICIPATED	E- CONTENT FOR FUNCTIONAL FOODS & NUTRACEUTICALS

43.	ONE DAY WORKSHOP ON "INTELLECTUAL PROPERTY RIGHTS"	RESEARCH ADVISORY COMMITTEE, FATIMA COLLEGE, MADURAI	DEC. 10, 2016	ORGANISED & PARTICIPATED	-
44.	UGC SPONSORED STATE LEVEL SEMINAR ON "THERAPEUTIC POTENTIAL OF LOW CARB HIGH FAT DIET-AN OVERVIEW"	DEPARTMENT OF HOME SCIENCE, SRI MEENAKSHI GOVERNMENT ARTS COLLEGE FOR WOMEN, MADURAI	JAN. 07, 2017	PARTICIPATED	-
45.	UGC SPONSORED NATIONAL LEVEL SEMINAR ON "HURDLES TO HORIZON EMERGING TRENDS IN FOOD TECHNOLOGY"	DEPARTMENT OF FOOD SCIENCE AND TECHNOLOGY, ARUL ANANDAR COLLEGE, KARUMATHUR	JAN. 28, 2017	PARTICIPATED	-
46.	SEMINAR ON INTRODUCTION TO NUTRIGENETICS	GENEOBE WELLNESS	MAR.16, 2017	PARTICIPATED	-
47.	NATIONAL LEVEL SEMINAR ON "NURTURING ACADEMIC INTEGRITY: CONSISTENCY & TRANSPARENCY IN ACADEMIA"	DEPARTMENT OF LIBRARY & THE RESEARCH ADVISORY COMMITTEE, FATIMA COLLEGE, MADURAI	SEP. 17, 2018	PARTICIPATED	-
48.	TNSCST SPONSORED WORKSHOP ON "AWARENESS ON INTELLECTUAL PROPERTY RIGHTS"	THE RESEARCH ADVISORY COMMITTEE & INTELLECTUAL PROPERTY RIGHTS CELL, FATIMA COLLEGE, MADURAI	JULY 26, 2019	PARTICIPATED	-
49.	NAAC SPONSORED NATIONAL SEMINAR ON "DISRUPTIVE INNOVATION IN HIGHER EDUCATION CURRICULUM-QUALITY ENHANCEMENT OF DIGITAL NATIVES AND PROMOTING SOCIAL EQUITY"	IQAC, FATIMA COLLEGE, MADURAI	AUG. 30, 2019	PARTICIPATED	-
50.	WORKSHOP ON "ENHANCING EMOTIONAL INTELLIGENCE"	IQAC, FATIMA COLLEGE, MADURAI	SEPT. 07, 2019	PARTICIPATED	-

7. RESEARCH GUIDES/GUIDANCE DETAILS

RESEARCH DETAILS

S. No.	NAME OF THE UNIVERSITY IN WHICH RECOGNIZED AS GUIDE	DATE OF REGISTRATION	REGISTRATION NUMBER	DATE OF GUIDESHIP RECEIVED	PH.D. GUIDESHIP DETAILS			
					ONGOING		COMPLETED	
					FULL TIME	PART TIME	FULL TIME	PART TIME
1.	MADURAI KAMARAJ UNIVERSITY	14.07.2014	1350	14.07.2014	2	5	-	-

PH.D. GUIDANCE COMPLETED/ONGOING

S. No.	STUDENT NAME	TITLE OF THESIS	MODE OF PH.D. (FULL TIME / PART TIME)	REG. NO.	DATE OF REGISTRATION	NAME OF UNIVERSITY/ INSTITUTION UNDER WHICH REGISTERED	REGISTERED/ PURSUING/ SUBMITTED/ PRE-VIVA/ VIVA/ AWARDED	DATE (SUBMITTED/ PRE-VIVA/ VIVA/ AWARDED)
1.	JEYAMANI DIVYA CHRISTADOSS	EVALUATING THE EFFICACY OF MILLED FLAXSEED SUPPLEMENTATION AMONG PCOS DIAGNOSED ADULT WOMEN IN THEIR REPRODUCTIVE AGE	PART TIME	P 3741	21.11.2014	LOYOLA COLLEGE, CHENNAI	PURSUING	-
2.	C. ANITHA	STANDARDIZATION OF SOY PRODUCTS FOR BETTER UTILIZATION	PART TIME	P 3942	23.07.2015	SRC, TRICHY	PURSUING	-
3.	V. SUGANYA	NUTRITIONAL ASSESSMENT AND SPECIALIZED NUTRITION THERAPY FOR CRITICALLY ILL PATIENTS	PART TIME	P 4128	07.09.2015	APOLLO MULTI-SPECIALTY HOSPITALS, MADURAI	PURSUING	-
4.	MADELINE CHERA	FOOD AND CULTURE IN TAMIL NADU	PART TIME	-	-	INDIANA UNIVERSITY, USA	SUBMITTED	20.01.2018
5.	P. REVATHI	STANDARDISATION, FORMULATION & DEVELOPMENT OF VALUE ADDED FOOD PRODUCTS	PART TIME	P 5227	28.03.2018	ARUL ANANDAR COLLEGE, MADURAI	PURSUING	-
6.	S. REKHA	IMPACT OF SUPPLEMENTATION OF BARLEY MALT SYRUP AMONG WOMEN SUFFERING FROM BREAST CANCER	FULL TIME	F10176	15.02.2019	MADURAI KAMARAJ UNIVERSITY	PURSUING	-
7.	V. THENMOZHI	ROLE OF WHEY PROTEIN SUPPLEMENTATION TO SARCOPENIC OBESE ADULTS WITH TYPE II DIABETES - AN EXPERIMENTAL STUDY	FULL TIME	UNDER REGISTRATION	-	MADURAI KAMARAJ UNIVERSITY	-	-

M.PHIL. GUIDANCE COMPLETED/ONGOING

S. No.	TITLE OF DISSERTATION	ORGANIZATION	STUDENT NAME	YEAR
1.	A COMPARITIVE STUDY OF THE NUTRITIONAL STATUS OF WORKING WOMEN AND FULL TIME HOUSEWIVES OF SIVAGANGAI DT.	MOTHER TERESA WOMEN'S UNIVERSITY, KOAIKANNAL	S. KAVITHA	JUNE 2006
2.	A STUDY ON THE DIETARY PATTERN OF ADOLESCENTS (17 -19 YEARS) IN INDIA AND PHILIPPINES.	MOTHER TERESA WOMEN'S UNIVERSITY, KOAIKANNAL	C. ANITHA	AUG. 2006
3.	IMPACT OF NUTRITION EDUCATION ON THE NUTRITIONAL KNOWLEDGE OF SCHOOL GOING ADOLESCENT GIRLS (13 - 14 YEARS) AT THIRUNAGAR, MADURAI	MOTHER TERESA WOMEN'S UNIVERSITY, KOAIKANNAL	S. MEENAKSHI	MAY 2007

4.	SUPPLEMENTATION OF PROTEIN & IRON RICH FOODS TO ENHANCE THE HEALTH STATUS OF FEMALE CANCER PATIENTS.	MOTHER TERESA WOMEN'S UNIVERSITY, KOAIKANNAL	M. RAJESWARI	AUG. 2007
5.	NUTRITIONAL & HEALTH STATUS OF ADULT WOMEN EMPLOYED IN SWEET FACTORY AT OMATCHIKULAM, MADURAI	MOTHER TERESA WOMEN'S UNIVERSITY, KOAIKANNAL	S. NITHYA KALA	MAY. 2008
6.	PREVALENCE OF OBESITY AMONG SELECTED ADOLESCENT GIRLS	MOTHER TERESA WOMEN'S UNIVERSITY, KOAIKANNAL	T. AJIBA	JAN. 2008
7.	IMPACT OF NUTRITION EDUCATION ON THE HEALTH STATUS OF OSTEOPOROSIS PATIENTS OF ARALIKOTTAI, SIVAGANGAI	MOTHER TERESA WOMEN'S UNIVERSITY, KOAIKANNAL	GAYATHRI DEVI	NOV. 2008
8.	A STUDY ON THE IMPACT OF NUTRITION EDUCATION ON THE PROBLEMS OF OBESITY & CORONARY RISK FACTORS AMONG THE COLLEGE GIRLS IN MADURAI	MOTHER TERESA WOMEN'S UNIVERSITY, KOAIKANNAL	R. NIRANJANA	JULY. 2009
9.	NUTRITIONAL STATUS OF SELECTED HAEMOLYSIS PATIENTS IN MADURAI & THE IMPACT OF NUTRITION EDUCATION.	MOTHER TERESA WOMEN'S UNIVERSITY, KOAIKANNAL	R. GANDHIMATHY	DEC. 2009
10.	HEALTH AND NUTRITIONAL STATUS & IMPACT OF NUTRITION EDUCATION AMONG SELECTED COFFEE PLANTATION LABOURERS OF K.C PATTI VILLAGE, KODAIKANNAL TALUK	MOTHER TERESA WOMEN'S UNIVERSITY, KOAIKANNAL	S. JEYASELVI	DEC. 2009
11.	STANDARDIZATION, NUTRIENT ANALYSIS, PACKAGING OF POWDERED SAUROPLUS ANDROGYRUS LEAVES INCORPORATED BISCUITS.	MOTHER TERESA WOMEN'S UNIVERSITY, KOAIKANNAL	D. MOUNA	NOV. 2009
12.	STANDARDIZATION OF BISCUITS INCORPORATED WITH AMARANTH SPINOSUS AND FORMULATION POWDER.	MOTHER TERESA WOMEN'S UNIVERSITY, KOAIKANNAL	R. NITHYALAKSHMI	DEC. 2009
13.	PREVALENCE OF NON COMMUNICABLE DISEASES AMONG RURAL ADULTS	MOTHER TERESA WOMEN'S UNIVERSITY, KOAIKANNAL	C. MALATHI	MAR. 2010
14.	IMPACT OF AWARENESS ABOUT FUNCTIONAL FOODS & NUTRACEUTICALS AMONG EDUCATED WOMEN OF CHENNAI CITY.	MOTHER TERESA WOMEN'S UNIVERSITY, KOAIKANNAL	S. POORNIMA	AUG. 2011
15.	NUTRITIONAL PROFILE OF ADOLESCENT GIRLS OF BODINAYAKANUR	MOTHER TERESA WOMEN'S UNIVERSITY, KOAIKANNAL	N.K LATHA	JULY 2012

8. PH.D. VIVA VOCE - EXTERNAL EXAMINER

S. No.	TITLE OF DISSERTATION	INSTITUTION	STUDENT NAME	UNDER THE GUIDESHIP	DATE
1.	NUTRITIONAL STATUS OF RURAL ADOLESCENT GIRLS AND EFFICACY OF SARAVALLI INCORPORATED IRON RICH FOODS IN CORRECTING ANAEMIA	PSG COLLEGE OF ARTS & SCIENCE, COIMBATORE	Ms. M. EASWARI	DR. ARUNA NARAYANAN	23.04.2018
2.	DEVELOPMENT OF FOOD PRODUCTS USING COCONUT, THEIR QUALITY CHARACTERISTICS AND HEALTH BENEFITS THROUGH <i>IN VIVO</i> STUDIES	PSG COLLEGE OF ARTS & SCIENCE, COIMBATORE	Ms. R. SUGHANYA	DR. LALITHA RAMASAMY	16.07.2018
3.	DEVELOPMENT, PHYSICO-CHEMICAL PROPERTIES, ANTI-PATHOGENIC & ANTI TUMOR ACTIVITY OF WHEY BASED PROBIOTIC MUSK MELON HEALTH BEVERAGE	PSG COLLEGE OF ARTS & SCIENCE, COIMBATORE	Ms. KRISHNA PRABHA	DR. LALITHA RAMAKRISHNAN	25.08.2018
4.	NUTRITIONAL STATUS OF SEMAI ABORIGINES (ORANG ASLI) IN PERAK REGION OF PENINSULAR MALAYSIA	AVINASHILINGAM DEEMED UNIVERSITY, COIMBATORE	Ms. ANTO CORDILIA	DR. SLYVIA SUBAPRIYA	25.08.2018

9. ARTICLES PUBLISHED IN JOURNALS

S. No.	JOURNAL NAME	ARTICLE TITLE	MONTH / YEAR	VOL. No.	ISS. No.	PAGE No.	ISBN/ Issn	PUBLISHER
1.	THE JOURNAL OF FUNCTIONAL FOODS IN HEALTH AND DISEASE (FFHD) - PEER REVIEWED ACCESS JOURNAL	IMPACT OF INTERVENTION WITH FUNCTIONAL FOOD SUPPLEMENT TO COMBAT ANEMIA- THE BLOOD IRON DISORDER.	DEC. 2010	3	SUP PL. 1	43 - 46	2160-3855	FOOD SCIENCE PUBLISHERS, USA
2.	THE JOURNAL OF INDIAN DIETETIC ASSOCIATION (JDA)	IMPACT OF SUPPLEMENTATION OF SPIRULINA ON OBESITY AS TESTED ON ALBINO WISTAR RATS	Nov. 2012	36s	-	176	-	INDIAN DIETETIC ASSOCIATION, AP CHAPTER, HYDERABAD
3.	FUNCTIONAL FOODS IN HEALTH AND DISEASE	EFFECT OF SPIRULINA ON OBESITY	2013	3	1	42 - 44	-	FOOD SCIENCE PUBLISHERS, TEXAS, USA
4.	SOLUTIONS TO ECOLOGICAL CHALLENGES	SIGNIFICANCE OF FLAXSEEDS IN WOMEN'S REPRODUCTIVE HEALTH AND THE IMPACT OF DIFFERENT PROCESSING TECHNIQUES ON THE ALPHA LINOLENIC ACID LEVELS	DEC. 2014	2	-	243	978-81-926370-0	REFLECTION BOOKS
5.	SCHOLARS ACADEMIC JOURNAL OF BIOSCIENCES (SAJB)	IMPACT OF MILLED FLAXSEEDS IN ELEVATING THE SHBG (SEX HORMONE BINDING GLOBULIN) LEVELS AMONG YOUNG WOMEN DIAGNOSED WITH POLYCYSTIC OVARIAN SYNDROME (PCOS)	2017	5	10	753 - 758	2321-6883	©SCHOLARS ACADEMIC AND SCIENTIFIC PUBLISHER (AN INTERNATIONAL PUBLISHER FOR ACADEMIC AND SCIENTIFIC
6.	JOURNAL OF PROBIOTICS & HEALTH	EFFECT OF FUNCTIONAL FOODS (PREBIOTICS) INCORPORATED CHIKKIS FOR HIV POSITIVE ADULTS IN MADURAI DISTRICT, TAMIL NADU, INDIA	OCT 2018	6	-	30	2329-8901	CONFERENCE SERIES LLC LTD

10. ARTICLE PUBLISHED IN JOURNALS/PROCEEDINGS/BOOKS

S. No.	JOURNAL/PROCEEDING/BOOK NAME	ARTICLE TITLE	YEAR	PAGE No.	ISBN	PUBLISHER
1.	EPIGENESIS – EMPOWERMENT FOR EXCELLENCE IN HOME SCIENCE	ENERGY BALANCE AND PHYSIOLOGICAL WORKLOAD OF COFFEE PLANTATION LABOURERS, KODAI HILLS, TAMIL NADU, INDIA	2007	87	-	LADY IRWIN COLLEGE, NEW DELHI
2.	EXCELLENCE IN HOME SCIENCE – CONTEMPORARY ISSUES AND CONCERNS–COMPENDIUM OF PAPERS	ENERGY BALANCE & PHYSIOLOGICAL WORKLOAD OF COFFEE PLANTATION LABOURERS, KODAI HILLS, TAMIL NADU, INDIA	2008	76-79	978-81-89901-40-0	ACADEMIC EXCELLENCE, NEW DELHI
3	FUNCTIONAL FOODS IN PREVENTION AND MANAGEMENT OF METABOLIC SYNDROMES	IMPACT OF INTERVENTION WITH FUNCTIONAL FOOD SUPPLEMENT TO COMBAT ANEMIA- THE BLOOD IRON DISORDER	2010	13-18	13 - 978 - 1456382 889	FOOD SCIENCE PUBLISHERS, TEXAS, USA

4.	RESEARCH PAPERS OF THE TAMIL NADU SCIENCE CONGRESS' WOMEN & HEALTH	WOMEN & HEALTH - A COMPARATIVE STUDY OF THE NUTRITIONAL PROFILE OF MANUAL AND NON MANUAL CAREER WOMEN OF MADURAI DIST.	2011	188-190	8177359 86- X30989	PAVAI PUBLICATIONS, CHENNAI
5.	SPORTS AND NUTRITION	FUNCTIONAL FOODS SUPPLEMENT TO ENHANCE PHYSICAL FITNESS, PHYSIOLOGICAL COST OF WORK AND PRODUCTIVITY	2012	313-319	978-9350-59339-4	MACMILLAN PUBLISHERS, INDIA LTD., MUMBAI
6.	4 TH INDO KOREAN CONFERENCE ON INTEGRATIVE BIO SCIENCES RESEARCH	FORMULATION AND STANDARDIZATION OF VALUE ADDED CHIKKIES	2012	30	978-93-81102-18-3	THANNAMBIKAI PUBLICATIONS, COIMBATORE
7.	NEW SUTRA FOR NUTRA FOR EMERGING GLOBAL ECONOMIES	STANDARDIZATION AND SUPPLEMENTATION OF FUNCTIONAL FOODS INCORPORATED CHIKKIS FOR HEALTHY HIV POSITIVE ADULTS IN MADURAI	2014	120	-	ISNAN & NUFFOODS EXPO & MM ACTIV SCI-TECH COMMUNICATIONS, BANGALORE
8.	SOLUTIONS TO ECOLOGICAL CHALLENGES: MULTIDIMENSIONAL PERSPECTIVES	ASSESSMENT OF FRESHNESS OF CHEKKURMANIS LEAVES PACKED IN DIFFERENT PACKAGING AND STORAGE CONDITIONS	2014	235-242	978-81-926370-2-0	REFLECTION BOOKS, MADURAI
9.		SIGNIFICANCE OF FLAXSEEDS IN WOMEN'S REPRODUCTIVE HEALTH AND THE IMPACT OF DIFFERENT PROCESSING TECHNIQUES ON THE ALPHA LINOLENIC ACID LEVELS		243-252		
10.	47 TH ANNUAL NATIONAL CONFERENCE: NUTRITION & AGRICULTURE – THE CONNECT AND DISCONNECT	DEVELOPING A SOFTWARE "DIA DIET" ON DIET ADVICE FOR DIABETICS	2015	133	-	NATIONAL INSTITUTE OF NUTRITION, HYDERABAD
11.	GENDER DYNAMICS – EVOLVING SYNERGIES	STANDARDISATION AND SUPPLEMENTATION OF FUNCTIONAL FOOD INCORPORATED CHIKKIS FOR HIV POSITIVE ADULTS IN MADURAI DISTRICT	JUNE 2016	68-72	978-93-85374-41-8	VISHNU PRINTS MEDIA
12.	48 TH NATIONAL CONFERENCE: NUTRITION RISK MANAGEMENT AND COMMUNICATION	EFFECT OF SUPPLEMENTATION OF GREEN TEA AMONG THE SELECTED OBESE COLLEGE LECTURERS.	NOV 2016	110	-	ST. JOHN'S RESEARCH INSTITUTE, BANGALORE NUTRITION SOCIETY OF INDIA
13.	SHANLAX INTERNATIONAL JOURNAL OF ARTS, SCIENCE & HUMANITIES	PHILIPPINES ATTIRE	JAN. 2017	13-18	2321 – 788X	SHANLAX PUBLICATIONS
14.	SCHOLARS ACADEMIC JOURNAL OF BIOSCIENCES (SAJB)	IMPACT OF MILLED FLAXSEEDS IN ELEVATING THE SHBG (SEX HORMONE BINDING GLOBULIN) LEVELS AMONG YOUNG WOMEN DIAGNOSED WITH POLYCYSTIC OVARIAN SYNDROME (PCOS)	2017: 5(10)	753-758	2321-6883	SCHOLARS ACADEMIC AND SCIENTIFIC PUBLISHER (AN INTERNATIONAL PUBLISHER FOR ACADEMIC AND SCIENTIFIC RESOURCES

11. BOOKS PUBLISHED

S. No.	BOOK NAME	YEAR	PUBLISHER	ISBN
1.	DEVELOPING A SOFTWARE DIA DIET@EASE ADVICE FOR DIABETICS	2016	LAMBERT PUBLISHING CO, GERMANY	978-3-659-84788-2

12. REVIEW ON BOOKS /JOURNALS

S. No.	JOURNAL NAME	CHAPTER TITLE	JOURNAL NO.	YEAR	ISSN No.	IMPACT FACTOR
1.	MALAYSIAN JOURNAL OF PUBLIC HEALTH MEDICINE (OPEN ACCESS JOURNAL)	NUTRITIONAL STATUS AND DIETARY INTAKE OF SEMAI INDIGENOUS CHILDREN BELOW FIVE YEARS IN PERAK, PENINSULAR MALAYSIA”	OPEN ACCESS JOURNAL 792/17	2018	1675-0306	0.254

13. MAJOR ASSIGNMENTS

S. No.	MAJOR ASSIGNMENTS	INSTITUTION	THEME/TITLE	DATE
1.	RESOURCE PERSON	ST. GEORGE’S CHELLADURAI COLLEGE FOR WOMEN, MADURAI	IMPORTANCE OF NUTRITION FROM CONCEPTION TO DEATH	FEB. 28, 2001
2.	GUEST LECTURE FOR ICDS HEALTH WORKERS & MOTHERS	FOOD & NUTRITION BOARD, GOVT. OF INDIA, MADURAI	BREAST FEEDING IN THE INFORMATION AGE	AUG. 01, 2001
3.	GUEST LECTURE TO COMMEMORATE NUTRITION WEEK	MINISTRY OF HEALTH, MADURAI	OVERCOMING DEFICIENCY DISORDERS OF WOMEN AND ENHANCING GOOD NUTRITIONAL STATUS OF WOMEN	SEP. 07, 2001
4.	GUEST LECTURE FOR ICDS HEALTH WORKERS	ICDS, MADURAI	ERADICATION OF DEFICIENCY DISORDERS	OCT. 06, 2001
5.	GUEST LECTURE FOR ELECTED WOMEN PANCHAYAT MEMBERS AT SIVAGANGAI	DEPT. OF FOOD AND CIVIL SUPPLIES, GOVT. OF INDIA, MADURAI	PREVAILING NUTRITIONAL PROBLEMS OF WOMEN AND CHILDREN	NOV. 23, 2001
6.	LECTURE FOR CHILD DEVELOPMENT PROJECT OFFICERS	FOOD & NUTRITION BOARD, GOVT. OF INDIA, MADURAI	NUTRITION FOR SCHOOL CHILDREN	SEP. 03, 2002
7.	RESOURCE PERSON FOR ORIENTATION PROGRAM FOR GRASS ROOT & MIDDLE LEVEL HEALTH WORKERS	DEPT. OF FOOD & CIVIL SUPPLIES, GOVT. OF INDIA, MADURAI	NUTRITION DURING ADOLESCENCE & SUPPLEMENTARY FOODS	DEC. 13, 2002
8.	LECTURE FOR HEALTH WORKERS MADURAI, RAMNAD ICDS WORKERS	ICDS, MADURAI	FOOD TOXICOLOGY, NUTRITIONAL ANAEMIA	FEB. 05, 2003
9.	LECTURE FOR CDPOS & HEALTH WORKERS	FOOD & NUTRITION BOARD, GOVT. OF INDIA, MADURAI	NUTRITION INDICATORS, NUTRITION MAPPING & SURVEILLANCE	FEB. 08, 2003
10.	INAUGURAL ADDRESS FOR INTERCOLLEGIATE ‘HEALTHFEST’	TBAK COLLEGE, KILAKARAI, RAMNAD	ADOLESCENT NUTRITION	FEB. 15, 2003
11.	RESOURCE PERSON FOR DIPLOMA IN CLINICAL NUTRITION & DIETETICS	V.V.V COLLEGE, VIRUDHUNAGAR	FAMILY MEAL MANAGEMENT & DIETETICS	MAR. 03, 2003
12.	INAUGURAL ADDRESS OF HEALTH WEEK	KATIE WILCOX SCHOOL, MADURAI	NUTRITIONAL STATUS OF SCHOOL CHILDREN	JULY 22, 2003
13.	INAUGURAL ADDRESS FOR INTERCOLLEGIATE FEST	LADY DOAK COLLEGE, MADURAI	HEALTH & YOUTH	SEP. 01, 2003

14.	LECTURE FOR CDPOS OF MADURAI, VIRUDHUNAGAR, SIVAGANGAI	FOOD & NUTRITION BOARD, GOVT. OF INDIA, MADURAI	NUTRITIONAL ANAEMIA,FOLIC ACID DEFICIENCY, CHRONIC ENERGY DISORDER	NOV. 17, 2003
15.	GUEST LECTURE	HOLY CROSS COLLEGE, TUTICORIN	ROLE OF DIETARY FIBER IN HUMAN NUTRITION	MAR. 06, 2005
16.	SPECIAL LECTURE	SOURASHTRA COLLEGE FOR WOMEN, MADURAI	NUTRITIONAL AWARENESS FOR COLLEGE GOING GIRLS.	AUG. 05, 2005
17.	GUEST LECTURE TO COMMEMORATE NATIONAL WEEK OF NUTRITION	SOURASHTRA COLLEGE FOR WOMEN, MADURAI	NUTRACEUTICALS IN PREVENTIVE DIETETICS	SEP. 07, 2007
18.	SPECIAL LECTURE FOR NSS PROGRAM COORDINATORS	NSS, MADURAI KAMARAJ UNIVERSITY, MADURAI	BALANCED DIET	SEP. 10, 2007
19.	SPECIAL LECTURE FOR NSS STUDENT LEADERS	NSS, MADURAI KAMARAJ UNIVERSITY	BASIC NUTRITION	SEP. 12, 2007
20.	LECTURE FOR NGO TRAINEES	SPIRULINA RESEARCH FOUNDATION, MADURAI	AN ALL IN ONE NUTRIENT – SPIRULINA	MAY 26, 2008
21.	PANEL DISCUSSION – NGOS OF TN, AP & KARNATAKA	MADURAI	INITIATION OF SPIRULINA PRODUCTION ON COMMERCIAL BASIS	JULY 7, 2008
22.	GUEST LECTURE FOR WORLD FOOD DAY	SRNM COLLEGE, SATTUR	DIETARY MANAGEMENT FOR OBESITY & DIABETES MELLITUS.	OCT. 16, 2008
23.	VALEDICTORY ADDRESS FOR INTERCOLLEGIATE ‘HOME FEST’	GANDHI GRAM RURAL UNIVERSITY, GANDIGRAM, DINDIGUL	NUTRITION FOR YOUTH	FEB. 2009
24.	SPECIAL LECTURE TO COMMEMORATE WORLD DIABETES DAY	GOPINATH DIABETOLOGY HOSPITAL, MADURAI	DIET AND DIABETES	SEP. 20, 2009
25.	SPECIAL LECTURE FOR STAFF OF POSTAL DEPT. OF TN, AP & KARNATAKA	POSTAL DEPT., GOVT PF INDIA, MADURAI	NUTRITION AND HEALTH	OCT. 10, 2010
27.	GUEST LECTURE TO COMMEMORATE WORLD HEART DAY	SARAH TUCKER COLLEGE, PALAYAMCOTTAI, TIRUNELVELI	FUNCTIONAL FOODS FOR HEART HEALTH	SEP. 2011
28.	RESOURCE PERSON FOR CERTIFICATE COURSE ON WOMEN’S HEALTH & FITNESS	WOMEN’S STUDY CENTRE, THIAGARAJAR COLLEGE(AUTONOMOUS), MADURAI	DIET FOR HEALTH AND FITNESS	NOV. 2011 – MAR. 2012
29.	CHIEF GUEST FOR WORLD FOOD DAY	VELLAMMAL MATRICULATION SCHOOL	FOOD IS THE TRIGGERING SOURCE OF LIFE	OCT. 16, 2012
30.	GUEST LECTURE FOR HEALTH AWARENESS CAMP FOR ADOLESCENT GIRLS	THIAGARAJAR COLLEGE (AUTONOMOUS), MADURAI	ADOLESCENT HEALTH	DEC. 28, 2012
31.	SUBJECT EXPERT FOR CURRICULUM REVIEW	VELLALAR COLLEGE FOR WOMEN, ERODE	SYLLABUS FOR B.SC. NUTRITION & DIETETICS	JAN. 05, 2013
32.	RESOURCE PERSON FOR STATE LEVEL SEMINAR	VVV COLLEGE FOR WOMEN, VIRUDHUNAGAR.	EMERGING TRENDS IN FUNCTIONAL FOODS	JAN. 31, 2014
33.	GUEST LECTURE	COMMUNITY FOOD AND NUTRITION, EXTENSION UNIT, GOVERNMENT OF INDIA	BREAST- FEEDING: A WINNING GOAL FOR LIFE” FOR CDPO’S AND GRASS ROOT LEVEL WORKERS	AUG. 1,2014
34.			NATIONAL NUTRITION POLICY	SEP. 15, 2014
35.	RESOURCE PERSON FOR INAUGURATION OF BIONUTECH	SRI ADI CHUNCHANAGIRI WOMEN’S COLLEGE	IMPORTANCE OF NUTRITION FROM CONCEPTION TO DEATH	JULY 08, 2015

36.	RESOURCE PERSON FOR STATE LEVEL SEMINAR	VVV COLLEGE FOR WOMEN	EMERGING TRENDS IN FUNCTIONAL FOODS	JAN 31, 2014
37.	GUEST LECTURE	ALPHA HOSPITAL	FUNCTIONAL FOODS & NUTRACEUTICALS IN DIETETICS	FEB. 28, 2015
38.	RESOURCE PERSON FOR INAUGURATION OF 'BIONUTECH' FOR BIOTECHNOLOGY, BIOCHEMISTRY AND NUTRITION DEPARTMENTS	SRI ADI CHUNCHANAGIRI COLLEGE FOR WOMEN	BIO-ACTIVE COMPONENTS FOR HEALTH PROMOTION	JULY 08, 2015
38.	DC MEETING FOR PH.D.	PSG COLLEGE OF ARTS & SCIENCE, COIMBATORE	PROTECTIVE EFFECT OF TRIBULUS TERRERTRIS AGAINST ADRIAMYCIN INDUCED CARDIOTOXICITY & LEAD INDUCED HEPATO RENAL TOXICITY	AUG. 30, 2015
39.	RESOURCE PERSON UGC SPONSORED NATIONAL SEMINAR	ARUL ANANDAR COLLEGE, KARUMATHUR	RECENT PERSPECTIVES IN FOOD TECHNOLOGY	FEB. 09, 2016
39.	VALEDICTORY ADDRESS	TBAK COLLEGE, KILAKARAI	FUNCTIONAL FOODS & NUTRACEUTICALS	FEB. 22, 2016
40.	CO-CHAIR FOR INTERNATIONAL CONFERENCE OF IDA	KEELAKARAI-MADURAI IDA CHAPTER	FOOD, NUTRITION AND HEALTH	JUNE 06 - 08, 2016
41.	CHAIR PERSON FOR NATIONAL SEMINAR	TAMIL NADU AGRICULTURAL UNIVERSITY	FUNCTIONAL FOODS TO ACHIEVE NUTRITION AND HEALTH SECURITY	SEP. 19, 2016
42.	VALEDICTORY ADDRESS UGC SPONSORED STATE LEVEL SEMINAR	SRI MEENAKSHI GOVT. ARTS COLLEGE FOR WOMEN	THERAPEUTIC POTENTIAL OF LOW CARB HIGH FAT DIET – AN OVERVIEW	JAN. 07, 2017
43.	MEMBER OF EQUIVALENCE COMMITTEE	TAMIL NADU STATE COUNCIL FOR HIGHER EDUCATION, CHENNAI	EQUIVALENCY OF M.Sc. FOOD & NUTRITION TO M.Sc. HOME SCIENCE AS COMPARED WITH UGC SYLLABI	AUG. 30, 2017
44.	MEMBER OF EQUIVALENCE COMMITTEE	TAMIL NADU STATE COUNCIL FOR HIGHER EDUCATION, CHENNAI	EQUIVALENCY OF M.Sc. FOOD & NUTRITION TO M.Sc. HOME SCIENCE AS COMPARED WITH UGC SYLLABI	OCT. 06, 2017 & JULY 10, 2018
45.	KEYNOTE ADDRESS - INTERNATIONAL CONFERENCE ON PROBIOTICS AND PREBIOTICS	CONFERENCE SERIES LLC LTD., SAN FRANCISCO, CALIFORNIA, USA	EFFECT OF FUNCTIONAL FOODS (PREBIOTICS) INCORPORATED CHIKKIS FOR HIV POSITIVE ADULTS IN MADURAI DISTRICT, TAMIL NADU, INDIA	Oct. 31 - Nov. 01, 2018
46.	MEMBER OF EQUIVALENCE COMMITTEE FOR ISSUANCE OF EQUIVALENCE TO COURSES OFFERED BY EDUCATIONAL INSTITUTIONS FOR EMPLOYMENT IN PUBLIC SERVICES	TAMIL NADU STATE COUNCIL FOR HIGHER EDUCATION	EQUIVALENCE TO COURSES OFFERED BY EDUCATIONAL INSTITUTIONS FOR EMPLOYMENT IN PUBLIC SERVICES	SEPT 23 & 24, 2019
47.	MEMBER OF COMMITTEE TO CONSIDER CHANGE IN NOMENCLATURE OF PH.D. IN HOME SCIENCE	ALAGAPPA UNIVERSITY, KARAGHUDI	CHANGE IN NOMENCLATURE OF PH.D. IN HOME SCIENCE	08.07.2019
48.	RESOURCE PERSON	AVINASHILINGAM UNIVERSITY	RESEARCH CONVENTION	16.11.2019

14. ACHIEVEMENTS

S. No.	NAME	AWARDS RECEIVED	SPONSORS / SOURCE	DATE
1.	PROFICIENCY IN OVERALL B.Sc. HOME SCIENCE	GOLD MEDAL - UNIVERSITY FIRST RANK FOR MAJOR SUBJECTS.	MADURAI KAMARAJ UNIVERSITY, MADURAI	JUNE 1984

2.	PROFICIENCY IN PART I – ENGLISH	UNIVERSITY FIRST RANK IN ENGLISH	MADURAI KAMARAJ UNIVERSITY, MADURAI	JUNE 1984
3.	PROFICIENCY IN PART II – FRENCH	UNIVERSITY SECOND RANK IN FRENCH	MADURAI KAMARAJ UNIVERSITY, MADURAI	JUNE 1984
4.	PROFICIENCY IN OVERALL M.Sc. FOODS & NUTRITION	GOLD MEDAL FOR BEST THESIS –“EFFECT OF CAFFEINE ON THE SERUM PROTEIN & IRON LEVELS AS TESTED ON ALBINO RATS”	UNIVERSITY OF MADRAS, CHENNAI	JUNE 1986
5.	BEST PAPER IN EXPERIMENTAL NUTRITION	YOUNG SCIENTIST AWARD	NUTRITION SOCIETY OF INDIA, NIN, HYDERABAD	Nov. 1987
6.	CERTIFICATION OF THE MAJOR RESEARCH PROJECT	NUTRA INDIA SUMMIT AWARD 2014	9TH NUTRA INDIA SUMMIT, BANGALORE	MAR. 2014
7.	BEST PERFORMANCE AWARD 2015 – 2016	ACADEMIC EXCELLENCE, RESEARCH CULTURE AND DEDICATED SERVICE TO THE STUDENT COMMUNITY AND THE INSTITUTION	FATIMA COLLEGE (AUTONOMOUS), MADURAI	11.03.2016

15. PROJECT UNDERTAKEN

S. No.	TITLE OF PROJECT	POSITION	SPONSORED BY	DATE & YEAR	SANCTIONED AMOUNT (₹)
1.	FORMULATION & STANDARDIZATION OF FUNCTIONAL FOOD SUPPLEMENT FOR SELECTED HIV POSITIVE ADULTS IN MADURAI DT.	PRINCIPAL INVESTIGATOR	UGC	DEC. 2010 - 2014	10,21,800

16. POSITION HELD OUTSIDE

S. No.	NAME OF THE POSITION	NAME OF THE INSTITUTION / ORGANIZATION	DURATION
1.	CORE COMMITTEE MEMBER FOR INTERNATIONAL CONFERENCE OF IDA ON “FOOD NUTRITION AND HEALTH	KEELAKARAI-MADURAI IDA CHAPTER	APRIL - JUNE 2016
2.	PRESIDENT	INDIAN DIETETICS ASSOCIATION	2011 - 2015
3.	REGIONAL COORDINATOR	INDIAN ASSOCIATION OF PARENTAL & ENTERAL NUTRITION	2012 - TILL DATE
4.	CONVENOR OF MADURAI CHAPTER	NUTRITION SOCIETY OF INDIA	2018 - TILL DATE

17. MEMBERSHIP IN PROFESSIONAL BODIES

S. No.	NAME OF THE POSITION	NAME OF THE INSTITUTION / ORGANIZATION	DURATION
1.	FELLOW	INTERNATIONAL COLLEGE OF NUTRITION (FICN)	1990 - TILL DATE
2.	LIFE MEMBER	NUTRITION SOCIETY OF INDIA	1989 - TILL DATE
3.	LIFE MEMBER	INDIAN DIETETIC ASSOCIATION OF INDIA	2009 - TILL DATE
4.	LIFE MEMBER	HOME SCIENCE ASSOCIATION OF INDIA	2010 - TILL DATE
5.	CONVENER	MADURAI CHAPTER OF THE NUTRITION SOCIETY OF INDIA	1990 - 2000
6.	MEMBER	VOLUNTARY HEALTH ASSOCIATION OF INDIA	1986 - 2000
7.	MEMBER OF THE EXPERT COMMITTEE AND BOARD OF POST GRADUATE STUDIES	MADURAI KAMARAJ UNIVERSITY, MADURAI	2010 - 2013
8.	LIFE MEMBER OF “STATE LEVEL TASK FORCE – TAMIL NADU”	NUTRITION NETWORK FOR TAMIL NADU AND KERALA SPONSORED BY UNICEF	2000 - 2003

9.	MEMBER OF THE SCIENTIFIC /ORGANIZING COMMITTEE	INTERNATIONAL CONFERENCE IN FUNCTIONAL FOODS IN HEALTH & DISEASE, NEVADA UNIVERSITY, LES VEGAS, USA	2010 – 2015
10.	PRESIDENT	INDIAN DIETETIC ASSOCIATION OF KILAKARAI, MADURAI	2011 - 2015
11.	REGIONAL COORDINATOR & LIFE MEMBER	INDIAN ASSOCIATION OF PARENTAL AND ENTERAL NUTRITION (IAPEN)	2012 - TILL DATE
12.	MEMBER OF ACADEMIC SOCIETY OF FUNCTIONAL FOODS AND BIO ACTIVE COMPOUNDS (ASFFBC)	INTERNATIONAL FUNCTIONAL FOOD CENTER DALLAS, TEXAS, U.S.A	2016 - 2017
13.	MEMBER OF EXPERT REVIEW COMMITTEE	M.S. SWAMINATHAN RESEARCH ASSOCIATION	2008 - TILL DATE
14.	TRUSTEE, NUTRITION ADVISOR & CONSULTANT	ANTENNA NUTRITECH SPIRULINA RESEARCH FOUNDATION	2009 - TILL DATE
15.	LIFE MEMBER	THE SOCIETY FOR CLINICAL NUTRITION AND METABOLISM (IAPEN)	APRIL 2017

18. MEMBER OF THE BOARD OF STUDIES/EXAMINER

S. No.	NAME OF THE POSITION	NAME OF THE INSTITUTION / ORGANIZATION	DURATION
1.	CHAIRPERSON OF THE BOARD OF STUDIES FOR NUTRITION & CATERING SCIENCES	MANONMANIAM SUNDARANAR UNIVERSITY, THIRUNELVELI	2009 - TILL DATE
2.	CHAIRPERSON OF THE BOARD OF STUDIES	VVV COLLEGE FOR WOMEN (AUTONOMOUS), VIRUDHUNAGAR	2012 - TILL DATE
3.	UNIVERSITY NOMINEE, BOARD OF STUDIES	SRNM COLLEGE, SATTUR	2014 - TILL DATE
4.	MEMBER OF THE BOARD OF STUDIES	MADURAI KAMARAJ UNIVERSITY, MADURAI	2009 - TILL DATE
5.	MEMBER OF THE BOARD OF STUDIES, WOMEN'S STUDY CENTRE	THIAGARAJAR COLLEGE OF ARTS AND SCIENCE, MADURAI	2014 – 2016
6.	MEMBER OF THE BOARD OF STUDIES	AVINASHILINGAM UNIVERSITY, COIMBATORE	2010 – 2013
7.	UNIVERSITY NOMINEE OF THE BOARD OF STUDIES	SARAH TUCKER COLLEGE, THIRUNELVELI	2014 - TILL DATE
8.	UNIVERSITY NOMINEE OF THE BOARD OF STUDIES	TBAK COLLEGE FOR WOMEN, KILAKARAI	2014 - TILL DATE
9.	MEMBER OF DOCTORAL COMMITTEE	FOODS & NUTRITION, PSG COLLEGE OF ARTS & SCIENCE, BHARATHIAR UNIVERSITY, COIMBATORE	2015 - TILL DATE
10.	MEMBER OF DOCTORAL COMMITTEE	FOODS & NUTRITION, SARAH TUCKER COLLEGE, M.S. UNIVERSITY, TIRUNELVELI	2016 - TILL DATE
11.	CHAIRPERSON OF BOARD OF EXAMINERS	NUTRITION & DIETETICS; CATERING & HOTEL MANAGEMENT, BHARATHIDASAN UNIVERSITY, TRICHY	JULY 2016 – TILL DATE
12.	MEMBER OF THE BOARD OF STUDIES	M.SC. HOME SCIENCE, ALAGAPPA UNIVERSITY, KARAUKUDI	15.02.2017
13.	CHAIRPERSON OF BOARD OF STUDIES	MADURAI KAMARAJ UNIVERSITY	AUG. 2017
14.	EXTERNAL EXAMINER FOR PH.D. VIVA	PSG COLLEGE, BHARATHIAR UNIVERSITY, COIMBATORE	2018 - TILL DATE
15.	MEMBER OF INSPECTION COMMITTEE	MANNAR THIRUMALAI COLLEGE, COIMBATORE	MAR. 2018
16.	MEMBER OF INSPECTION COMMITTEE	VPMM COLLEGE, KRISHNAN KOIL	APRIL 2018
17.	MEMBER OF EXPERT COMMITTEE FOR SCRUTINY OF GUIDESHIP	MADURAI KAMARAJ UNIVERSITY, MADURAI	AUG. 16, 2018

19. CONSULTANCY / RADIO TALK / TV SHOWS

S. No.	CONSULTANCY	THEME	INSTITUTION / ORGANISATION	PLACE	DATE
1.	LIVE COUNCELLING	AROCKIYA UNAVUKU AALOSANIGAL	ALL INDIA RADIO	MADURAI	AUG. 21, 2000
2.	LIVE BROADCAST - NERADI THOLAIPASI NIGALAZCHI	KUZHANTHAI VALARPPU- SILA ANUGU MURAIGAL	ALL INDIA RADIO	MADURAI	NOV. 14, 2000
3.	INTEGRATED CHILD DEVELOPMENT SERVICE (ICDS) HEALTH WORKERS & MOTHERS	BREAST FEEDING IN THE INFORMATION AGE	FOOD & NUTRITION BOARD, GOVT. OF INDIA	MADURAI	AUG. 01, 2001
4.	INTEGRATED CHILD DEVELOPMENT SERVICE (ICDS)	OVERCOMING DEFICIENCY DISORDERS OF WOMEN & ENHANCING GOOD NUTRITIONAL STATUS	MINISTRY OF HEALTH. MADURAI WING	MADURAI	SEP. 07, 2001
5.	GRASS ROOT LEVEL HEALTH WORKERS	ERADICATION OF DEFICIENCY DISEASES, UPLIFTMENT OF HEALTH STATUS OF WOMEN & CHILDREN	GOVT. OF INDIA	MADURAI	OCT. 06, 2001
6.	ELECTED WOMEN PANCHAYATS	PREVAILING NUTRITIONAL PROBLEMS OF WOMEN & CHILDREN – MICRONUTRIENT DEFICIENCY	DEPT. OF FOOD & CIVIL SUPPLIES, GOVT. OF INDIA	SIVAGANGAI	NOV. 23, 2001
7.	LIVE BROADCAST	VALIMAI SERKUM NAL AMUTHU	ALL INDIA RADIO	MADURAI	AUG. 3, 2002
8.	DEVELOPMENT PROJECT & MEDICAL OFFICERS	NUTRITION FOR SCHOOL CHILDREN	DEPT. OF FOOD & CIVIL SUPPLIES, GOVT. OF INDIA	MADURAI	SEP. 03, 2002
9.	MIDDLE LEVEL HEALTH WORKERS	NUTRITION FOR ADOLESCENCE & SUPPLEMENTARY FOODS FOR CHILDREN	DEPT. OF FOOD & CIVIL SUPPLIES, GOVT. OF INDIA	MADURAI	DEC. 13, 2002
10.	CDPOS & MEDICAL OFFICERS	NURITION INDICATORS, NUTRITION MAPPING & SURVEILLANCE	MINISTRY OF HEALTH	MADURAI	FEB. 08, 2003
11.	HEALTH WORKERS OF MADURAI, RAMNAD ICDS WORKERS	FOOD TOXICOLOGY & NUTRITIONAL ANAEMIA	FOOD & NUTRITION BOARD, GOVT. OF INDIA	RAMNAD	FEB. 05, 2004
12.	LIVE BROADCAST	KUDUMBA NALAN AROCKIAM- KULANTHAI UNAVU THAYARIKKUM VAZHI MURAIGAL	ALL INDIA RADIO	MADURAI	MAR. 13, 2004
13.	MOTHERS OF INDIRA PRIYADHARSHINI NAGAR	ROLE OF IODINE IN ENHANCING HEALTH STATUS OF CHILDREN	-	MADURAI	MAR. 21, 2004
14.	CDOS OF MADURAI, RAMNAD, SIVAGANGAI	NUTRITIONAL ANAEMIA, FOLIC ACID DEFICIENCY, CED	FOOD & NUTRITION BOARD, GOVT. OF INDIA	MADURAI	NOV. 17, 2003
15.	NSS PROGRAM CO-ORDINATORS	BALANCED DIET	NSS, MKU	MADURAI	SEP. 12, 2007
16.	NSS STUDENT LEADERS OF COLLEGES	BASIC NUTRITION	NSS, MKU	MADURAI	SEP. 13, 2007
17.	NGOS	ALL IN ONE NUTRIENT - SPIRULINA	ANTENNA TRUST	MADURAI	MAY 26, 2008
18.	NGOS OF T.N., A.P., KARNATAKA	INITIATING PRODUCTION OF SPIRULINA ON A COMMERCIAL BASIS	FOOD & NUTRITION BOARD, GOVT. OF INDIA	MADURAI	JULY, 2008
19.	MEDICAL OFFICERS & NURSES	DIET AND DIABETES	GOPINATH DIABETOLOGY HOSPITAL	MADURAI	SEP. 2009

20.	POSTAL DEPT. STAFF OF T.N., A.P., & KARNATAKA	HEALTH AND NUTRITION	POSTAL DEPT., GOVT. OF INDIA	MADURAI	OCT. 2010
21.	CO-CHAIR	INTERNATIONAL CONFERENCE OF IDA ON "FOOD NUTRITION AND HEALTH"	KEELAKARAI-MADURAI IDA CHAPTER	MADURAI	JUNE 06 - 08, 2016
22.	MEMBER OF THE CHAIRPERSONS OF BOARD OF STUDIES – PG & UG OF ALL STATE UNIVERSITIES IN TAMIL NADU	EQUIVALENCE FOR VARIOUS DEGREES OF HOME SCIENCE	TAMIL NADU COUNCIL FOR HIGHER EDUCATION	CHENNAI	MAY 15, 2018
23.	MEMBER OF THE CHAIRPERSONS OF BOARD OF STUDIES – PG & UG OF ALL STATE UNIVERSITIES IN TAMIL NADU	EQUIVALENCE FOR VARIOUS DEGREES OF HOME SCIENCE	TAMIL NADU COUNCIL FOR HIGHER EDUCATION	CHENNAI	JULY 10, 2018

20. FOREIGN COUNTRIES VISITED ON ACADEMIC ASSIGNMENTS/TRAINING/INVITED PROGRAMME

- **ROME IN 1990:** INTERNATIONAL CONFERENCE ON NEURO SCIENCE AT ICTP, TRIESTE, ITALY
- **VIENNA IN 1990:** WORKSHOP ON ARTIFICIAL INTELLIGENCE
- **USA IN 2010:** INTERNATIONAL CONFERENCE ON FUNCTIONAL FOODS IN METABOLIC DISORDERS, DALLAS, UNIVERSITY OF TEXAS
- **USA IN OCTOBER 2018:** INTERNATIONAL CONFERENCE ON PROBIOTICS & PREBIOTICS, SAN FRANCISCO, CALIFORNIA